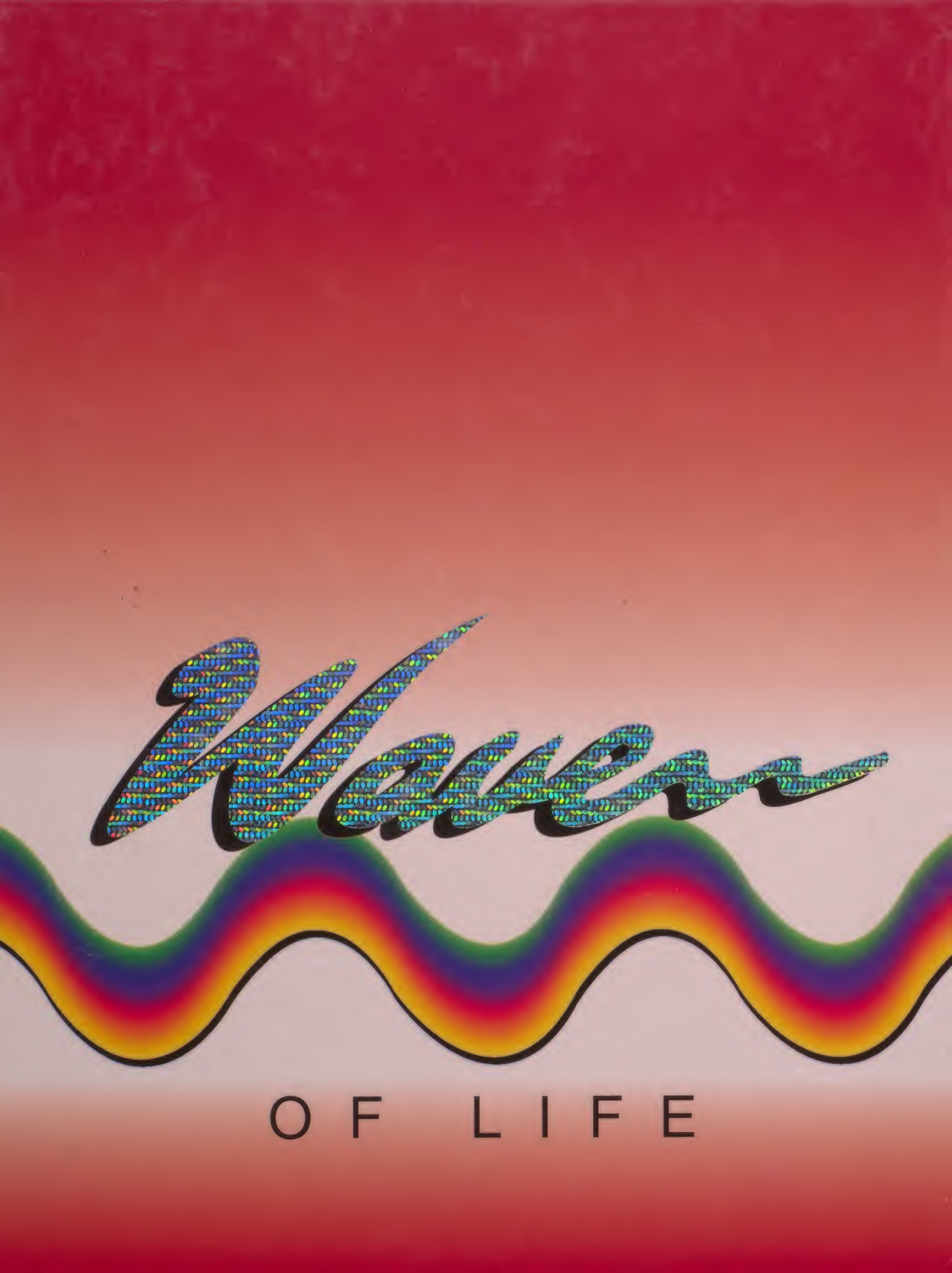

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Quill



East High School
815 E. 13th Street
Des Moines, IA 50316
(515) 242-7788
Enrollment 1,782



Standing *tall and proud on Unity night, members of the Leadership Council's "Voices of Change" receive a round of applause from the audience. The group performed several realistic skits about diversity and unity within the community.*





Kickin' *it high, the Steppers perform in a kick line at freshman orientation. They, along with other organizations, helped welcome the Class of 2000 to East.*

Memories *Honoring an East High tradition, representatives from EHS clubs, organizations and sports leave their mark on their alma mater. A senior from each group contributed a memento during the class day assembly in May.*





Posing *in front of a Pep 'E' Club-made sign, juniors* ***Khamnoy Sipaseuth, Mano Baccam*** *and seniors* ***Jennifer Jacobe*** *and* ***Nicole Littell*** *show their school spirit after performing at freshman orientation.*

Putting *on their game faces, members of the varsity football team get ready to leave the first pep assembly of the year. That night they pounded the North Polar Bears 37-0 in their first victory of the year.*



EHS

represents a wave of life in a metaphoric way. A lot of the "waves" that apply to East High School are a part of the gigantic wave of life that each and every one of us must ride.

Most would interpret a wave as water. In that sense, a wave is a continuous flow which travels a great distance, reaches a high crest and gradually descends to its final destiny.

EHS has a very diverse school community and each person joins with others in taking part in the EHS wave of life. Each has their own goals, yet here in the school everyone is working hard to teach, learn and achieve as a group.

We are trying to show how the four years spent in EHS are symbolic of the

Wave of Life

wave on which our life rides; EHS students are just beginning to reach the crest.

Life is a wave in other ways, too.

Brain waves are the tools by which students learn academically.

Sports generate power waves of prowess, dedication and effort.

The organizations of the school bring continuous ripples of talent to the school picture.

Inter-personality, all of us "going with the flow," is a big part of the ride through life too.

The people who make up the school–teachers, students, office secretaries, custodians and the cafeteria workers–all come together in perfect form when they surf the EHS wave of life.




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SAINT
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Diet Coke












EHS
EHS





Excitement vibes in crowd

As the crowd walked into the stadium on August 23, to get a sneak preview of the new football season, they went wild as the cheerleaders, Steppers, Colorguards, and marching band were introduced.

"The Jamboree gave everybody a chance to see what each different squad had in store for the new year," said junior Stepper **Jill Nowadzky**.

The proud parents of the new freshman football players watched their sons get painfully tackled.



"I was nervous because I didn't want to mess up in front of such a big crowd," siad freshman football player **Brian Sparks**.

"It was fun while it lasted," said freshman football player **Tom Morris**.

They also showed up to see their young cheerleader daughters cheer their hearts out for good ol' East.

"It was a lot easier to cheer because I wasn't as nervous because I knew a lot more people," said sophomore cheerleader **Shawna Finch**.

"It felt great to score a touchdown to celebrate hard work and achievement," said senior varsity football player **Kaiphat Phaydavong**.

The Jamboree wasn't the only exciting start to the football season. A mixer followed the event in the East cafeteria.

"Not too many people showed up, but it was a lot of fun," said sophomore football player **Brian Shepherd**.

"They need more activities like bobbing for apples or egg tosses and live bands," said sophomore **Luke Hayworth**.

Overall, Jamboree is a hit every year.

"I was reallly pumped up for the new season to start," said junior **Amanda Grant**.

Freshman *cheerleaders warm the fans up with a cheer. The freshman cheerleaders had a hard time learning the new cheers because everything was so new to them.*







Doing *the Macarena, students show off their stuff. The Latino dance was popular among the students this summer as it roared through the dance clubs of Iowa.*





Doing *the "Pulp Fiction" thing, sophomores* ***Jason Nutt*** *and* ***Stephanie Scigliano*** *are groovin' it. The Jamboree mixer was held in the school cafeteria right after the game.*

Dreams to Dream





Last year's prom had something that past years haven't had: exotic plants, trees and some wild life.

No, prom was not held in a tropical rain forest, though the Botanical Center was like one!

"I was impressed with the way everything turned out," said senior **Jill Ackelson**.

Despite the crowded dance room, students were able to roam around.

"It was nice to be able to take a break from dancing and take a walk around the building," said junior **Julie Johnson**.

There were mixed feelings about prom being held at the Botanical Center instead of the Historical Building, where it has been formerly held for many years.

"I thought that it was sort of crowded and people were cramped up in a small room," said senior **John Groen**, "but other than that, it was pretty cool."

Following the dance, post prom was the place to be.

"I had a total blast, especially when Nicki Mooers and I went on the bungee run," said junior **Megan Hill**.

Some of the activities at post prom consisted of: the bungee run, an inflated obstacle course, casino games, and appearances by a comedian and hypnotist.

"The hypnotist was my favorite thing because I got hypnotized but I don't remember what I did," said junior **Rickie Carlson**.

From dancing at a place with a unique atmosphere to gambling the night away at the casino, prom was a night to remember.

Striking *a pose, senior* ***Sean Saddoris*** *"gets down." The theme of prom was "Dreams to Dream."*





Enjoying *the evening, juniors* ***Jennifer Weeks, Megan Hill*** *and* ***Julie Johnson*** *take time off of the dance floor for a quick snapshot.*





Taking *a break, senior* ***Ryan Hale*** *and junior* ***Brandy Hyden*** *are enjoying the scenery. Prom was held at the Botanical Center on Saturday, May 4, from 8 - 11 p.m.*

Wearing *the same dresses, senior* ***Ashley Aldini*** *and junior* ***Deana Cruchelow*** *look like twins. It is not a rare thing to see people wearing the same attire.*

Is this the New York look? Stylin' in their new cool shades, seniors ***Joy Elliott, Melissa Bannick, Crystal Patterson*** *and their new friends take time out to pose for a picture. These girls were on the boat back from visiting the Statue of Liberty.*



Are these shoes made for walking? During the week, all students had to wear dress clothes and give up their denim and tennis shoes. Blisters on the feet were a common complaint throughout the week.







Don't eat the key! Seniors ***Kristi Cox*** *and* ***Katy Knight*** *pass the time by posing for a picture. During the bus rides students slept, met new people, or watched movies all night long.*

Are you done yet? These students take time out to pose for a group picture in front of the Washington Monument. This was the first night the Washington group took the crowded subway.

Students Invade the UN





It's a bird, it's a plane, no it's a lot of juniors from Iowa walking the streets of Washington, D.C. and New York.

What better way to promote friendship between schools than to put about 180 juniors from different schools in and around Des Moines on four buses for twenty-four hours.

"I didn't know many people on the trip except for the few East people, but towards the end of the bus ride everyone was friends. It felt like I inherited a lot of brothers and sisters for a week," said senior **Kristina Hughes**.

Yes, it was the annual United Nations Tour to Washington, D.C. and New York, traveled over spring break. The group of about 180 students toured many famous sites throughout the week. The large group was then divided into two groups of about 90 students each. One group went to Washington D.C., while the other group went to New York. The two groups switched places in the middle of the week.

"I liked going to New York first because I was separated from all of my usual friends and I made a lot of new friends. The New York group also got to be on the 'Sally' show," said senior **Kati Jividen**.

During the week they toured many famous sites ranging from the White House and different monuments to the Empire State Building and Canal Street. They also saw the Broadway play *"Miss Saigon"*.

"We had to stand in a lot of lines to see things. Since we were with all of our new friends, the week seemed to pass by very quickly," said senior **Matt Forest**.

After spending a fun-filled week together, everyone had new friends for life.

"It gave me a chance to get to know other students and to see part of the country I have never seen before. The best part was goin to the top of the Empire State Building," said senior **Jenny Grund**.



***Chillin'** on a bench, seniors **Gene Olson, Matt Forest**, and **Anand Gobin** take a break at Mt. Vernon after touring George Washington's house. Washington lived here from 1754-1799.*



Water Fun Eases Heat



Imagine this... The temperature is over 90° and the sizzling ground is hot enough to scramble an egg on. What did most people do when the weather was like this?

"My friends and I went to Big Creek beach to cool off," said senior **Sabrina Overton**.

Many students went swimming at many local pools and beaches in Des Moines or worked at one during the summer.

"Whenever the temperature was high (which was often) my friends and I usually went swimming at Camp Dodge or Ashworth," said junior **July Thongthi**.

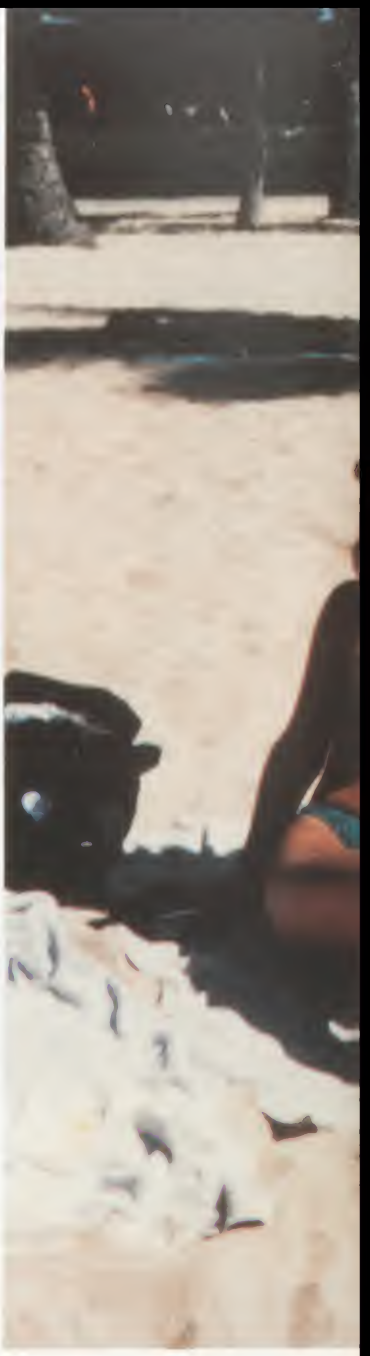
Not only was swimming the only way to cool off from the hot summer heat, many washed their cars, watered the garden, and some people even ran through sprinklers.

"During cheerleading camp, the sun was just burning us. The instructors turned on the hose and let us run through it to cool off, and it helped," said junior **Rickie Carlson**.

Sometimes getting into the water didn't cool people off.

"Whenever I went swimming, I still felt the burning of the sun against my back after I got out of the pool," said freshman **Linna Baccam**.

With everyone going swimming, many students had some wet and wild times.





Bombs away! *Junior* ***Crystal Leach*** *does a flip in the pool while freshman* ***Jackie Beener*** *tries to get out of the way. Both girls attended the Iowa City West softball tournament in July.*



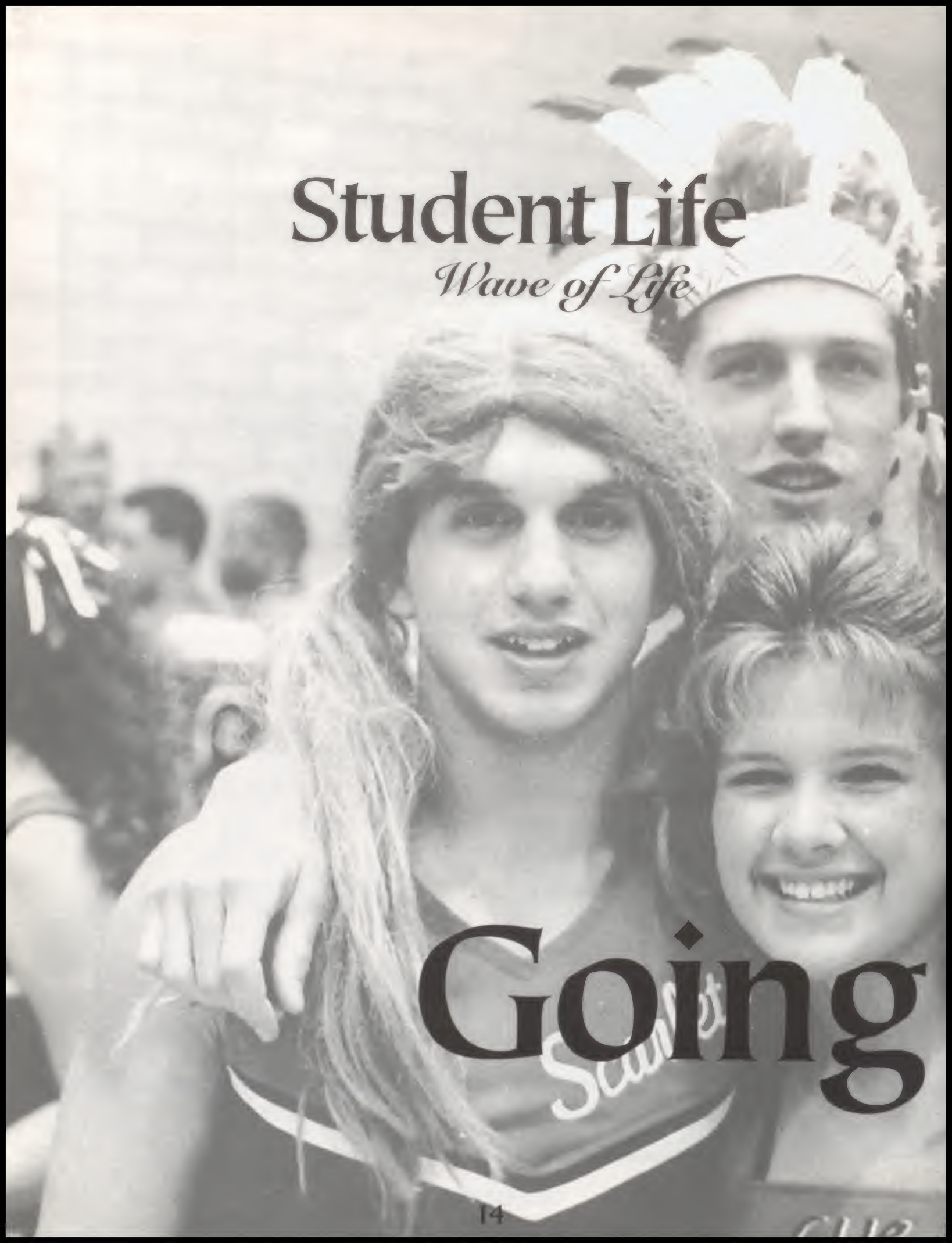
Enjoying *the warm weather in sunny California, juniors* ***Mindy Murray*** *and* ***Jill Nowadzky*** *take time off from the water to relax on the beach and work on their tans. They visited Los Angeles, California in the month of July.*



Taking *time off from softball games, junior* ***Beth Gale*** *and senior* ***Joy Elliott*** *escape the hot summer heat by cooling off at a pool in Iowa City. The girls softball team attended many tournaments throughout the summer.*



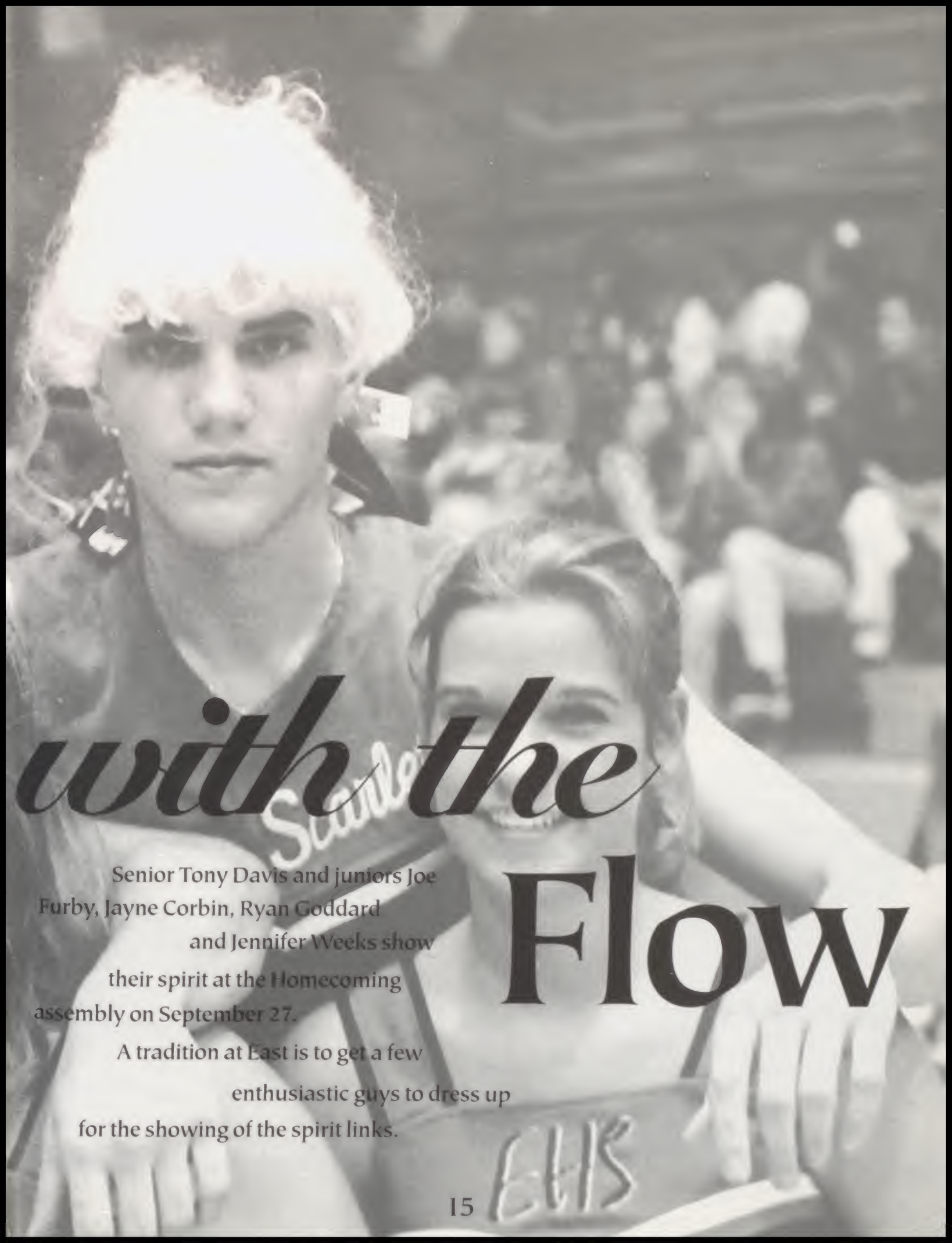




Student Life

Wave of Life

Going



with the Flow

Senior Tony Davis and juniors Joe Furby, Jayne Corbin, Ryan Goddard and Jennifer Weeks show their spirit at the Homecoming assembly on September 27. A tradition at East is to get a few enthusiastic guys to dress up for the showing of the spirit links.



Keeping Spirit Alive



Wherever you looked there were hippies, kids in pajamas and farmers. Many kids had a flashback to the'80s with big earrings and crimped hair. These were the days of Homecoming.

"We wanted something different this year with all the spirit. We tried staying away from things we did in the past. Like this year we didn't have the bonfire," said junior **Megan Hill**.

There's always a lot of spirit that goes on during Homecoming week. Every year there's a Powder Puff game, and miraculously the seniors always win.

"I had a lot of fun playing Powder Puff this year. It rained so much. I thought I was going to slip and fall," said sophomore **Stacey Zelenovich**.

There seems to be a tradition where people t-pee the school and their rival school.

Another thing that is done for spirit week is street painting. This year seemed to be a real blow-out because the weather was not very cooperative.

"I was all hyped up for street painting until I found out it was canceled because of the rain," said junior **Jill Nowadzky**.

With all the wonderful spirit at the assembly, the school got pumped up—the perfect way to end the perfect week.

"A lot of kids told me they had a great time at the assembly," said Student Government President senior **Sadanan Panvaree**. "Personally it was the best assembly I'd been to in my four years."

The morning car rally was another part of spirit week.

"Although not a lot of people showed up at the rally we still had a good time," said **Panvaree**.







Showing *their school sprit, juniors* ***Ryan Goddard, Joe Furby*** *and senior* ***Tony Davis*** *stop from cheering and pose together. Every year some guys dress up as cheerleaders for spirit week.*



Taking *a rest while giving a pep talk at the assembly, principal* ***Jerry Stilwell*** *talks to the students and faculty. Students placed an EHS decorated toilet on Hoovers front lawn during Homecoming week.*

Taking *a break from rockin' out all day, senior* ***Justin Bauman*** *gives his junior buddies* ***Julie Johnson*** *and* ***Amanda Grant*** *a hug. '80s day seemed to be a day that all the kids remembered from when they were young.*

Grubbing *on a sandwich, junior* ***Jason Irvin*** *takes a gigantic bite to win the eating contest at the Homecoming assembly. Students and faculty had a grade level eating contest to see who could devour the food the fastest.*



Peacing *the camera, sophomore* ***Justin Bolander*** *chills in the classroom on Hippie Day. Many teachers had flashbacks from their days in school when the students try to imitate the '60s and '70s style.*



Smiling *with joy, seniors* ***Lara Jones*** *and* ***Robert Apt*** *walk down the red carpet to top off the Homecoming evening.*

Making *memories, these East High students are posing for a memory they will never forget. Candids were one of the most popular things Homecoming evening.*







During *the Homecoming football game, coach* ***Ned Rasmussen*** *gives a pep talk to pump up the team. The Scarlets lost the Homecoming game 27-20.*



Memories worth keeping

Experiencing *their first dance, these freshmen are finding out what East High Homecoming is all about.*



After 5 days of fun and school spirit, Homecoming was topped off with the traditional football game and dance.

"Even though we lost the football game against Hoover, 27 - 20, our team rallied from a total defeat to a pretty good come back," said junior **Jason Irvin**.

Later in the evening of Sept. 28, many students attended the Homecoming dance.

"I had a really great time at the dance. I think Homecoming is probably the funnest dance of the school year," said junior **Frank Ewers**.

The theme of Homecoming was "Memories Worth Keeping," and the song of the dance was "I Can't Fight This Feeling" by REO Speedwagon.

"This was the best dance I've been to yet," said sophomore **Mystie Cook**. "Probably my most favorite part of any dance is to get dressed up and then go out to dinner."

The Homecoming court consisted of seniors **Jenie Fuller**, **Sherida Oltman**, **Jaimee Swayne**, **Kristi Cox**, **Tim Sams**, **Gene Olson**, **Justin Bauman**, and **T.J. Nicoletto**. The king and queen of Homecoming were **Robert Apt** and **Lara Jones**.

"I was really impressed with the way the school was decorated and how nice everyone looked," said freshman **Leslie Olson**.

The Homecoming attendants were juniors **Nicki Mooers** and **Jared Rose**, sophomores **Stacey Zelenovich** and **Jason Nutt**, and freshmen **Morgan Haynes** and **Jared Platt**.

Homecoming is a time to have fun and enjoy being in high school. The Homecoming dance is just one of the "Memories Worth Keeping."



HOMECOMING ATTENDANTS. Jenie Fuller,T.J.Nicoletto, Jaimee Swayne, Justin Bauman, Sherida Oltman, Gene Olson, Kristi Cox,Tim Sams.

Straight From The Heart

What was the theme to this year's Spree. This, along with the theme song "All Coming Back to Me Now" by Celine Dion, set a mood of lasting love for the four hundred students who attended the event.

"I was really excited about going this year," said freshman **Shane Davis**. "It was great and I danced with everybody!"

Even though the tradition of Spree is "girl-ask-guy," many people find just going stag is a lot more fun.

"I decided to go with my friends this year instead of a date," said sophomore **Stacey Zelenovich**. "I still had a blast because I was with my friends!"



The sounds of great music and laughter were heard all night as friends and numerous couples hit the dance floor singing and dancing to songs like "Wanna-Be" by Spice Girls and retro fave "Stayin' Alive" by the BeeGees.

"Dave Foreman from MC Unlimited came and DJ'd for us. The kids love him and he loves us!" said Pep Club sponsor **Linda Nemmers**.

Part of the popularity of Spree are all of the various things available to do.

For just one dollar, students received ten tickets. The tickets could put someone in jail, get a fortune read, or pay for a marriage at the altar.

"One of the reasons I went was to get married," said sophomore **Megan Wall**. "You can't go to Spree without getting married!"

Another fave is voting for grade level attendants. This year's freshmen were **Jenny Blakeman** and **Matt Constable**, sophomores were **Kerry Green** and **Patrick McNeely**, and juniors were **Jayne Corbin** and **David Suggett**.

"I was really nervous about going up there," said **Blakeman**. "But, it turned out to be really fun!"

For some, it was an unforgettable night. For others, Spree was just a great reminder of the support and hard work East stands for.

"I want to thank all of the students, teachers,staff and parents for all of their hard work," says **Nemmers**. "Without them, we wouldn't have had such a wonderful night."





***"Buds** for life," seniors **Melissa Bannick** and **Jill Ackelson** give the camera sweet smiles while holding their memorabilia. Both were on Pep Board.*



"**Now** *it's official" was on the minds of junior* ***Jenny Booth*** *and senior* ***Luke Storey*** *after they tied the knot at the "altar of love." Many marriages were performed by counselor* ***Pat Bannon****, aka. "Reverend Brother Love."*







First *seniors, now royalty! Spree King* ***Adam Fisher*** *and Queen* ***Amber Swayne*** *pose together proudly. Seeing these two dance together gave Spree a feeling that truly shot "Straight from the Heart."*

There's *nothing lovelier than friends! This group of lovely sophomores paused from "gettin' down" to give a great pose for the camera. "Friends," eat your heart out!*

Wait, *I thought they were twins not triplets. No these twin sophomores are joined at the dance by their older brother Josh who is an East High alum. Sophomore* ***Jason Milligan****, alum* ***Josh Milligan*** *and sophomore* ***Jeremy Milligan*** *all get their picture taken.*

Dancing *the night away, junior* ***Bethanie Roof****, senior* ***Jill Ackelson*** *and junior* ***Hillary Reynolds*** *do the "Strokin' It" dance. The dance was held on Saturday, November 30 and the song was "Because You Love Me" by Celine Dion.*









12-B HOSTESSES. Front Row: Jessica Piper, Diane Lovan, Sadanan Panvaree, Stephanie Carlson, Sabrina Overton, Stephanie Breese, Nicki Littell, Joy Elliot, Jennifer Weeks. Back Row: Tasha Welch, Kati Jividen, Paige Cowger, Krystal Young, Brenda Dalrymple, Katie Wilson, Sherida Oltman, Leslie Foreman, Lara Jones, Abby Lozano, Patty Mills, Jennifer Jacobe, Angie Jennings, Jill Ackelson, Ashley Aldini, Julie Johnson. Not Pictured: Melissa Bannick, Angie Moyle.





Tonight Is Forever

Dancing under a cloud in a purple-tinted room set the mood for the 12-B winter formal. Dressed in fancy dresses and tuxedos, students enjoyed an evening of dining out, dancing and refreshments.

"I thought the size of the airport's Cloud Room fit the smaller number of people at the dance, which made the dance a good time," said junior **Kate Olson**.

The dance was moved from its usual time in mid-December.

"I'm glad they held the dance in November, so I could save up my money after the dance for my Christmas shopping," said senior **Sherida Oltman**.



Others had a different attitude.

"I decided not to go to 12-B because it cost too much around the holiday season," said senior **Angi Allison**.

The atmosphere at the dance set the pace with music and friends.

"They played a good variety of music, slow and fast. Yet, during the slow songs the dance floor was really full and people were always bumping into other couples," said **Olson**.

Unfortunately, students were forced to pay for parking.

"I wish before the dance they would have told me to park in long term parking and to bring my ticket in so I would have only had to pay one dollar to park instead of $3.75," said senior **Adam Kilgore**.

Continuing a tradition, senior 12-B Chairperson **Sabrina Overton** passed down the honor of being the next year's chair to juniors **Julie Johnson** and **Jennifer Weeks**. It was felt two people would make it easier to coordinate the dance.



What *a common vest! Seniors* ***Brian Corbin, John McCaughey*** *and* ***Robert Apt*** *all seem to have the same taste in picking out tuxedo attire. The theme of the evening was "Tonight Is Forever."*

The past, present and future.



PAST

I remember when Melissa Bannick would start laughing really hard. She would sound exactly like the the dork in the movie *Revenge of the Nerds*.—Junior **Angie Beason.**

I remember when I was just marching along during Marching Band practice and I tripped over a trash can. My bass drum and I were both spralwed out on the ground.—**Carol Blair**

I remember when I was a sophomore and **Jenny Fallis** and I were walking down the hall and sheslipped and fell on this liquid that appeared to be water. To this day we still don't know what that strange liquid was.—**Jenie Fuller.**

I remember when Sabrina Overton and I were at this secret place we always went to make wishes and there were these two bums fishing and before we knew it they were chasing us. We were so scared but laughing at the same time and got stuck on this wall we had to crawl over. Our eyes were wet from laughing and so were our pants.—**Missy Gray.**

I remember when I was a freshman wrestling 103 and we were at S.E. Polk, we kicked their *@#!~@*.—**Ryan Hale.**

I remember when Amy Hollingsworth's horn got stuck at the end of a dead end street in the middle of the night.—**Mary Ann Murphy.**

I remember when Adam Kilgore ate moldy bread, a water flea, and a worm in Biology II.—**Gene Olson.**

I remember when Jenie Fuller's face turned red.—**Which time?**

I remember when Amy Goddard fell down while bowling and when she stood up she realized she had bowled a strike.—**Krystal Young.**

Whuz *up? Alum* ***Ann Cady*** *and senior* ***Lara Jones*** *and her teddy take a break while at districts last year. Jones made it to State from districts.*



Toilet *paper anyone? Seniors* ***T.J. Nicoletto, Seth Kouang, Anthony Davis,*** *and* ***Adam Fisher*** *gather around the Homecoming "memento." The toilet was "found" on Hoover's front lawn.*



What *a mess! It doesn't bother seniors* ***Amy Winebrenner, Brenda Dalrymple,*** *and* ***Missy Gray*** *as they do their work in the photo room. The table they are sitting at is the "gossip table."*

PRESENT

I, **Jill Ackelson**, will my AP English notes to **Laurie Brown**.
I, **Angi Allison**, will my used negative sleeves to **Katie Nevins**.
I, **Robert Apt**, will my *zube* to **Russ Hall**.
I, **Jennifer Fallis**, will my great parking spot to the lucky person who receives it next year. Remember to use the garbage can so you know which spot is yours.
I, **Jenie Fuller**, will my wonderful parking spot in Egypt, #109, to my brother **Michael Fuller**.
I, **Jennifer Jo Leete**, will my two study centers and release time to the next generation of lazy seniors!
I, **Nicki Littell**, will the front table (in the photo room) to next year's photojournalism students who love to gossip.
I, **Mary Ann Murphy**, will my sanity to **Lottye Childs**.
I, **Tim Sams**, will my *Tommy Boy* impersonation to **Ricki Carlson**.
I, **Chris Standley**, will my typing skills to **Julie Johnson**.
I, **Ben Watson**, will my right gym sneaker to **Andy Anderson**.
I, **Steve Webb**, will my strength, power and muscles to **Brad Cochran**.
I, **Krystal Young**, will a box of Lucky Charms to **Elizabeth Govoni**.



Friday *night football games were always fun! It was a chance for everyone to socialize and gossip. This was some of the senior class their sophomore year.*





Group *hug. Seniors* ***Kelli Cain***, ***Krystal Young***, ***Mary Ann Murphy***, *and* ***Amy Goddard*** *get together with each other.*

Real *funny! Senior* ***Sabrina Overton*** *slips and pulls down senior* ***Nicki Littell*** *with her on the Senior English Trip when they decided to take their own 'little trip.' They had to watch the play at the Guthrie Theater covered with mud.*

FUTURE

Robert Apt is most likely to own a juice bar.
Melissa Banick is most likely to write a gossip column.
Justin Bauman is most likely to play in the NBA.
Stephanie Carlson is most likely to stalk a man.
Tom Duffy and Sabrina Overton are most likely to get married, get a divorce, and get remarried.
Adam Erickson is most likely to marry Mariah Carey.
Missy Gray is most likely to be conned out of her money by a man.
Adam Kilgore is most likely to be a con man.
Tim Leabo is most likely to spend all of his money on tattoos.
Chad Lortscher is most likely to take his wife's maiden name.
Diane Lovan is most likely to be fat.
Adam McFadden is most likely to coach basketball.
Mary Ann Murphy is most likely to own (or distribute) a moist towelette factory(s).
T.J. Nicoletto is most likely to be the next Gavin Rossdale.
Crystal Patterson is most likely to be the first woman President.
Dave Penake is most likely to be a millionaire.
Joe Thomas is most likely to be a *Playboy* photographer.





Moo With Us





Hours *bent over the overhead in an effort to instruct his less-fortunate teammates in Geography have given* ***Swoboda*** *a rather manly tan. "A well-developed cerebrum and layers of sexy flannel," gushed* ***Braaksma****. "What else could you look for in a...decathlete?"*

Breathe, junior **Amy Braaksma** tells herself as the East High Quiz Bowl team is seated for the final match. She grips the buzzer in one hand with firm resolution, while the other hand, the one that trembles ever so slightly, clutches the "lucky" highlighters that have brought the team so much luck in past competitions. This was the final match, the match that decided the victor in the Hawkeye Quiz Bowl Tournament.

The East team, consisting of juniors Ryan Cook, Braaksma, Rachel Deierling, and sophomore Frank Swoboda, was head to head against South Hamilton High. What really mattered now was not so much whose grey matter was stuffed with the most information (each one of these supernerds spent his sufficient time at the Trivial Pursuit game board), but who could answer the quickest.

"The worst part comes when you just go, 'God, I knew that,' and you just didn't buzz in fast enough," said **Swoboda**.

The team was unusually successful, winning first place in the Hawkeye Quiz Bowl last October and third place in the Heartland Bowl at Drake in November.

Quiz Bowl's appeal lies not only in the numerous opportunities it offers students, but, along with Academic Decathlon (AD), it acts as a clubs where students can work with others with similar interests.

The 9 AD team members were required to study 9 different subjects; Math, Economics, Science (electricity), Fine Arts, Literature, Social Studies (geography), Speech, Interview, and Super Quiz (computers).



The tenth subject, Essay, only comes in at the State level. Luckily for the AD team, they've had a high enough point total to qualify for the state competion, which is held in Denison, Iowa. This was the team's second year to make it to the state level.

The team's success can be attributed to many factors.

"I really don't think we could've done it if we weren't all close friends," confessed **Braaksma**.

Cook said that the team's success was based more on individual effort than what the team did as a whole.

"We wasted a lot of meetings goofing off and not studying like we should," he said. "Amy, Frank and Rachel sang *Rent* most of the time, while some of the others just screwed around and made sarcastic comments."

"We had a lot of unusual traditions," agreed **Braaksma**, "like Morty, a plastic replica of this frog that died on us after Frank used him for a biology project. We call him our team mascot."

The average person walking into a normal Monday, Tuesday, or Thursday AD meeting might very well get the feeling of having stepped into a different sphere of reality, she said. Though constant noise, and omni-present inside jokes are characteristic, they aren't the only aspects of meetings

"We always try to get in some impromptu speeches," explained coach **Anda Liepa**. "I give one of the kids a topic, and he or she gets one minute to prepare and then speaks on it, in front of everybody, for two minutes."

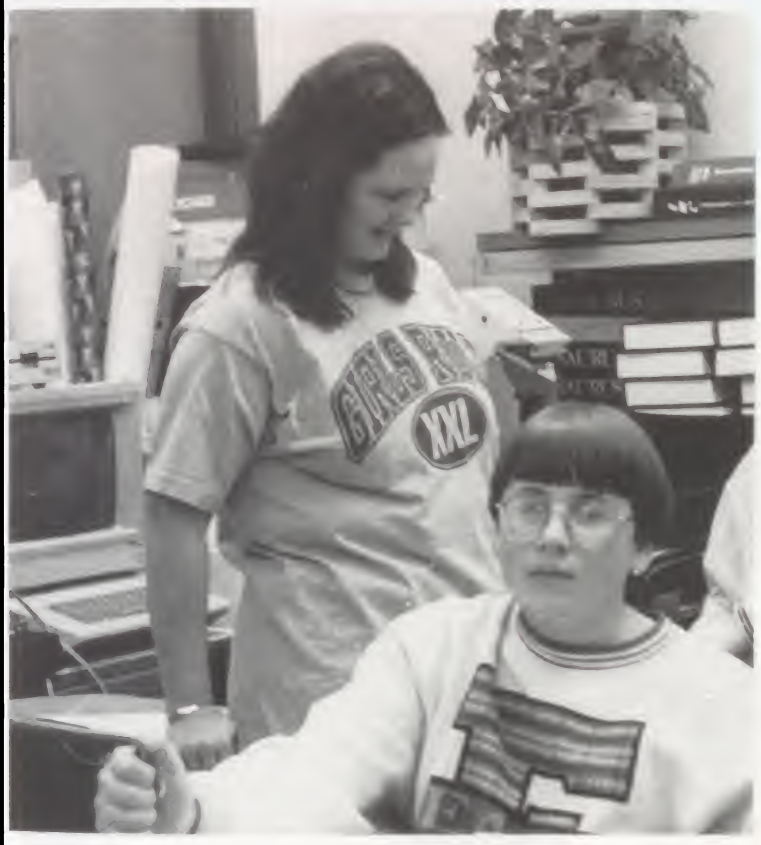
Stressful? It's all part of the preparation that goes on for months before the actual day of test-taking and speeches, when AD team members have to access all the information stored in their heads and wait for that moment when they're told whether or not they'll advance.

"It would be nice if we made it to nationals and got to go to Utah," said sophomore **Josh Dady**. "But if we don't, there's always next year."



Yeah, *maybe in a parallel universe we'd actually understand this stuff. David Deutsch's "Many Worlds" theory, which holds that an infinite number of different futures exist in parallel universes, is one of the things senior* ***Joel Jones*** *and sophomore* ***Ben Jones*** *had to learn at one of the countless after school meetings.*







ACADEMIC DECATHLON. FRONT ROW: Cody Pfau, Amy Braaksma, Rachel Deierling, Frank Swoboda. BACK ROW: Coach Anda Liepa, Ben Watson, Josh Dady, Ben Jones, Joel Jones, Ryan Cook. NOT PICTURED: Keith Twombly.

Second *year juniors* ***Amy Braaksma*** *and* ***Ryan Cook*** *have plenty of opportunities to share their experience with newcomers like freshman* ***Cody Pfau****. "We have a strong team this year," said* ***Liepa****. "The coming years are promising to be dynamite."*

Hyped *as the most popular British band since the Beatles,* ***Oasis*** *is a million-selling rock band that is about to begin work on its third album. After abruptly canceling a U.S. tour, they denied reports that the group would split up.*

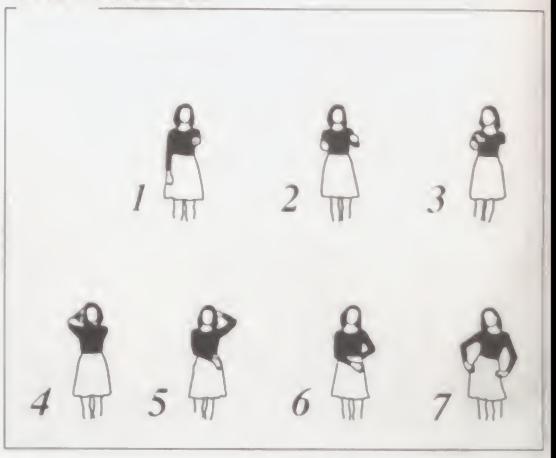




THE FLOW OF THE MUSIC WORLD

The ***Macarena*** *hit all the charts — from Latin to Pop — and enlivened dance floors all over the world. The song was first released three years ago and became a big hit in Spain. Then someone had the bright idea to market the song internationally.*

MACARENA



Celine ***Dion*** *had the impossible good fortune of taking two movie songs, "Beauty and the Beast" and "Because You Loved Me" (from Up Close and Personal) and took them to the top of the charts. The Canadian performer has a dynamic voice that raises even the most modest material to a level of loveliness. Her latest release, "Falling Into You," was a runaway hit.*





George ***Strait*** *began recording hit songs 25 years ago. Every one of his more than 20 albums for MCA records went at least gold and his total sales are now about 30 million albums. His latest hit, "Blue Clear Sky," is well on its way to gold sales.*



The ***Fugees*** *hit the charts with their best-selling album "The Score." One critic said: "The Fugees' sound, style and spirit go a long way to dispel the stereotypical approach to making modern urban melodies."*

Three *years ago Dave Matthews — a South African who settled in Virginia as a teenager — put together a quintet that became one of the biggest draws on the concert circuit. The Dave Matthews Band brought funk into the mainstream. Non-traditional instruments, such as the violin and the sax, expanded the band's sound and appeal.*





R&B *pop singer,* ***Toni Braxton****, hit the charts about three years ago and hasn't left. Her latest hit album, "Secrets," blends her rich, smooth voice with a versatility that continues to grow with each new hit. "Secrets" has the power to carry Toni to the top.*



Tracy ***Chapman*** *was back on the charts with her latest album "New Beginning." As one critic wrote, "This new album is simply and impeccably orchestrated. The songs are adorned with soft jazz accouterments."*



Three *years ago* ***Jewel*** *was living on carrots and peanut butter sandwiches. Now the 22-year-old performer is a smashing success. Her debut album of bittersweet folk songs, "Pieces of You," just went platinum.*



Monica's *"Miss Thang" is her debut hit with Roudy Records. The critics say "it's a potent, persuasive, and personal statement from a young woman who's heading up the new breed of R&B singers."*



Alanis ***Morissette's*** *debut album, "Jagged Little Pill," attracted a lot of attention due to the hit single "You Oughta Know," a fiery rant at a former boyfriend. She delivers the lyrics with a dramatic voice and rhythm.*



"The *Woman in Me"* *was* ***Shania Twain's*** *hit album of the year. It was her second album released, but it was by far the bigger hit. It went platinum and stayed on the Billboard Top 200 for more than a year.*



After *100 years of British rule, British administration and jurisdiction over their colony, Hong Kong, will end on July 1, 1997 and it will become a Special Administrative Region of the People's Republic of China.*



Iraq *sent its troops into the Kurdish enclave in northern Iraq and in retaliation, the United States launched air attacks against* ***Saddam Hussein****'s southern air defenses for the first time since the Gulf War in 1993.*



A *crisis erupted after Israel opened an exit in a tunnel beside a plateau, raising suspicions among Muslims that the Israelis were seeking to change the religious balance in Jerusalem. Demonstrations followed where nearly 100 were killed.*



Prime *Minister of Israel,* ***Benjamin Netanyahu****, was elected. He declared that he would honor the existing agreements on peace and security issues and continue toward a final peace agreement in the Middle East.*



Boris ***Yeltsin*** *was re-elected President of Russia and pledged to continue the reforms he began. He had at least two heart attacks in the past two years and open-heart surgery was the only solution to his life-threatening disease.*

William ***Jefferson Clinton*** *began his second term in January 1997 as the 42nd President of the United States. He placed his left hand on a family Bible held by his wife, Hillary, and took the 35-word oath of office administered by Chief Justice William H. Rehnquist, who wished him "Good luck."*





President ***Bill Clinton*** *and Vice President* ***Al Gore*** *maintained a strong and consistent lead in the polls during their campaign for the White House. The Democratic platform featured a strong economy and a lower crime rate.*

The Flow Of The Political World



Hillary ***Rodham Clinton*** *shied away from confrontation. The 48-year-old First Lady championed the massive health care reform plan but it never became law. Nevertheless, Mrs. Clinton pushed ahead and had a long history of work on children's issues. She buried the image of a super-activist First Lady and became a model of traditional political spousehood.*

Bob ***Dole*** *retired after 35 years in Congress to devote himself full time to running for President. At the age of 73, he would have been the oldest person elected to a first term as President. As his running mate he picked* ***Jack Kemp****. They attacked the president Clinton's character and ethics while promoting the Republican 15% tax cut.*



For *the first time in its history the House of Representatives voted to reprimand and fine its speaker for bringing discredit on the House. The House Ethics Committee ruled that House Speaker* ***Newt Gingrich*** *was involved in using tax-exempt foundation money for his political ends.*





Sixteen-*year-old* ***Chelsea Clinton*** *hit the campaign trail with her father, the President of the United States. She did not play an active role in the presidential campaign, but all of her limited appearances were great successes.*



Ross ***Perot*** *launched a campaign as the 1996 nominee of his Reform Party. He was a less formidable figure than he was in 1992, but a very vocal candidate nevertheless. Lacing his speeches with inspirational anecdotes from American history and his own life, Perot attacked budget deficits and big government.*

THE FLOW OF TODAY'S WORLD

The *stock market surged to record high as the school year began. It was a continuation of one of the greatest bull markets in history. The Dow Jones Industrial Average hit record highs in late September, closing at over 6,000 in October and over 7,000 in February. The spark that kept the markets moving upward was news that suggested that the economy was slowing down, thus keeping interest rates low.*

- With growing complaints against violence on television, top TV-industry executives came up with a system to rate TV shows for violence, sex and rough language. The ratings are: TV-Y (all children); TV-7 (unsuitable for kids under 7); TV-G (general audience); TV-PG (parental guidance suggested); TV-14 (unsuitable for children under 14); and TV-M (mature audiences only).

- New evidence, including pictures of **O.J. Simpson** wearing the same kind of shoes as the footprints that the killer left behind, led a second jury to find **Simpson** guilty in the civil trial. He was ordered to pay $8.5 million in compensatory damages and $12.5 million to both the Brown and Goldman families.

- President **Clinton** appointed the first female U.S. Secretary of State, **Madeline Albright**, who left her job as U.S. Ambassador to the United Nations in order to take her new position.

- On January 15, 1997, **Ennis Cosby**, 27, was murdered on Skirball Center Drive in Los Angeles while he was fixing a flat tire. He was the only son of actor **Bill Cosby**.

- **Harold Nicholson** has become the highest-ranking CIA official to be indicted for allegedly spying for Russia. A branch chief in the counterterorism center, he was an instructor at Camp Peary, the CIA spy school near Williasburg, Virginia.

Months *after TWA Flight 800 exploded in midair in the summer of 1996, investigators were still searching for a cause. The Boeing 747 jumbo jet plunged into the Atlantic Ocean off the coast of Long Island, N.Y. just minutes after taking off from Kennedy Airport for Paris. All 230 people on board were killed. The theories ranged from a mechanical failure to a bomb, from an exploded fuel tank to a missile.*



Shannon ***Lucid*** *is a new record holder. The 53-year-old shuttle astronaut veteran set the women's record for consecutive days in orbit—188—beating Russian cosmonaut Elena Kondakova. She also has amassed 223 days in orbit since 1995, making her America's most experienced astronaut.*









A pipe bomb packed with nails exploded during the Olympic Games in Atlanta in the crowded Centennial Olympic Park. One person died instantly and another died of a heart attack. More than 100 people were injured.



Gold medal winner **Michael Johnson** won an unprecedented double win in the Summer Olympics in Atlanta. He won the 200 and 400 meter races. Food poisoning weakened him and he failed to qualify for the 100 meter final.



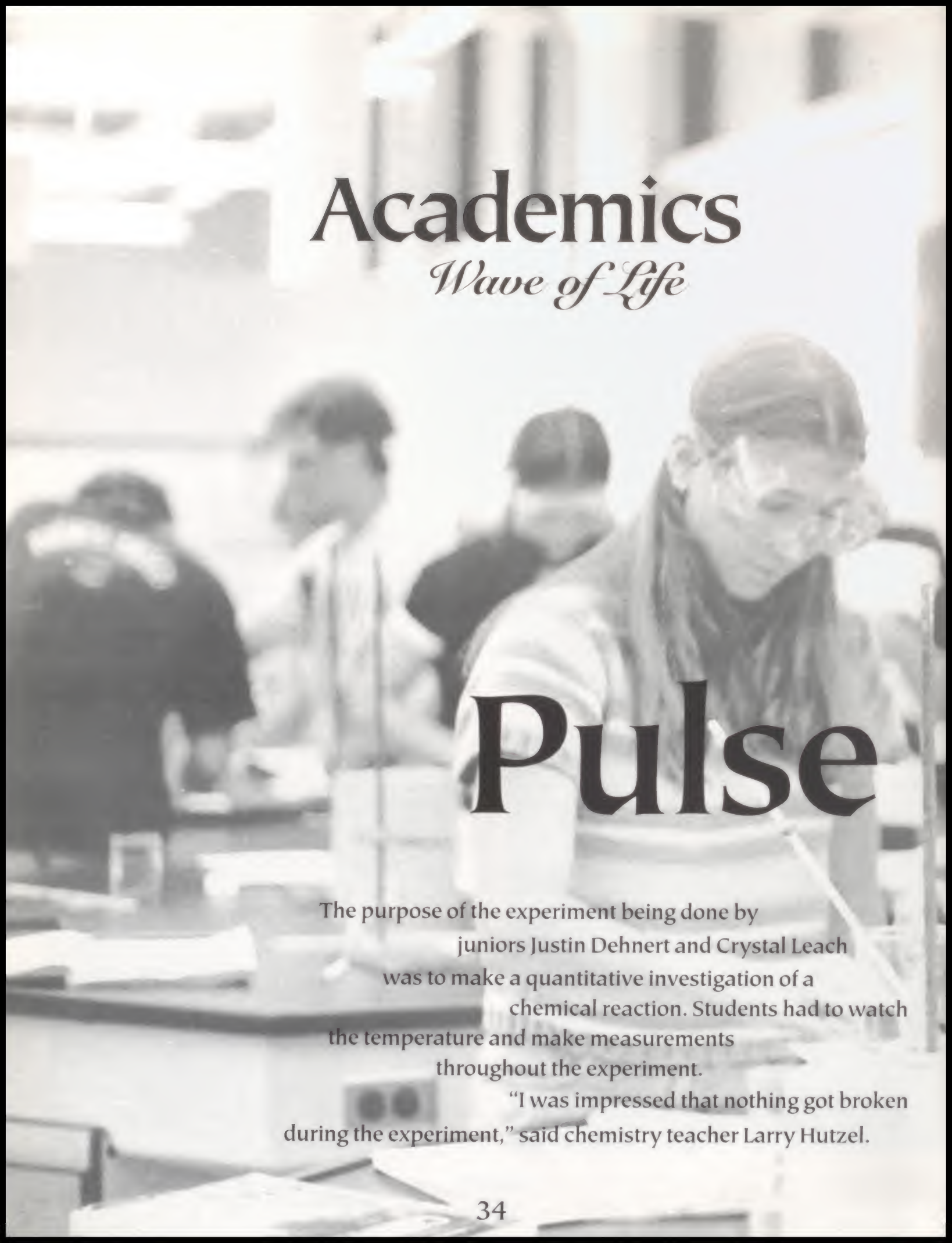
The U.S. women's gymnastics team won the unlikeliest of gold medals. **Kerri Strug** made the clinching vault on a bad ankle; becoming an Olympic heroine. Her coach, Bela Karolyi, carried her to receive her medal.



It was late in the third quarter when **Desmond Howard** of the Green Bay Packers returned his first kickoff 99 yards for a touchdown, the longest kickoff return in bowl history. The New England Patriots lost 35-21 in Super Bowl XXXI.



The New York Yankees brought a world championship back to the Bronx by edging the defending champion Atlanta Braves 3-2 in Game 6 of the World Series. This was their first championship since 1978, and their 23rd overall.



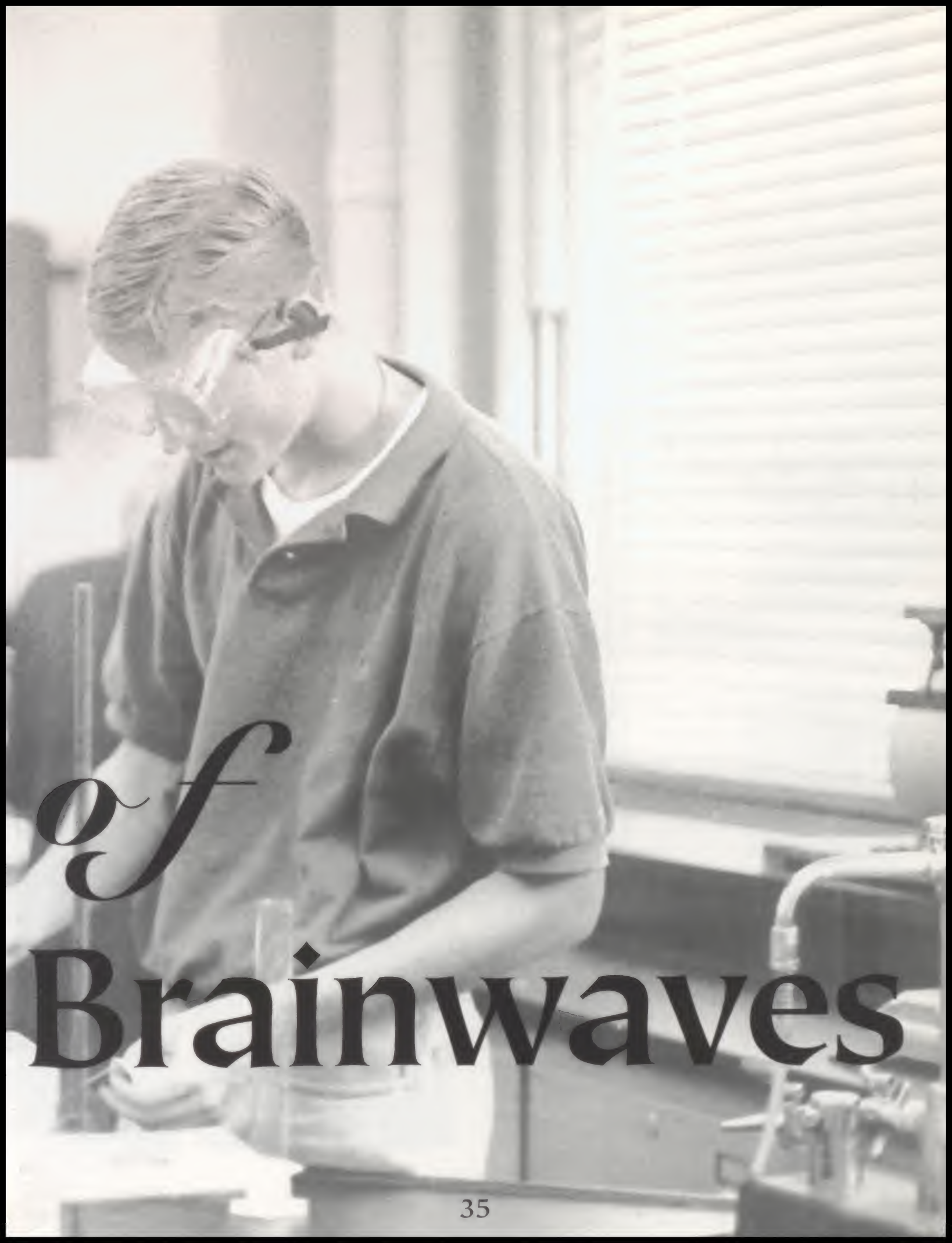
Academics

Wave of Life

Pulse

The purpose of the experiment being done by juniors Justin Dehnert and Crystal Leach was to make a quantitative investigation of a chemical reaction. Students had to watch the temperature and make measurements throughout the experiment.

"I was impressed that nothing got broken during the experiment," said chemistry teacher Larry Hutzel.



of Brainwaves

Watching the time go by

Tick, tock, tick, tock. Seems as if seventh period just drags on forever. Maybe it's just the end of the day jitters or maybe it's because that's the hour of the day you have math. If that's the case you probably find yourself watching the clock, just waiting for those fifty minutes to slip away, but they don't.

Of course there are always the brainiacs who love math and always have the right answer. For many however, it's a different story.

"Math is okay if you have a teacher that makes it fun, but sometimes you get teachers that are really boring and don't really help you out a lot," said sophomore **Cornell Collins**. "When they make you redo a problem because you didn't show your work even though you and the teacher both know that you know how to get the answer without showing your work, it's a bummer."

It's true. The further someone goes in math the harder it is. It's not like gym where every year it's the same things. But why take math if all that happens is that it just gets tougher?

"I understand most of it although there is some of the stuff that I'm totally lost on. There are probably many students who feel the same way that I do," said junior **Kelly Kraska**.

Teachers tell students all the time that math is used in almost every profession there is. You may think, I don't need math, my job won't require it. But in most jobs today, math is required and unless you want to be flipping burgers at McDonald's forever, you'll need it.

Math not only teaches numbers and theorems but it helps students think and reason and listen, all skills adults need.

There are many reasons students don't like math, probably the same ones their parents had.

Chances are, unless it's a nuclear physicist or a rocket scientist they probably didn't like it any more than most students do. Then ask them if they are happy they took it, ask them if they think it has helped them today. Chances are they will say yes.

"Math is definitly not my favorite subject in school, but I'm sure that in some little way it helps me out. Maybe in physics," said senior **Natalie Rooker**.

Why don't most students like math? Is it the long hours of homework, all the paper, the cramping of your hand after writing out and showing all your work.

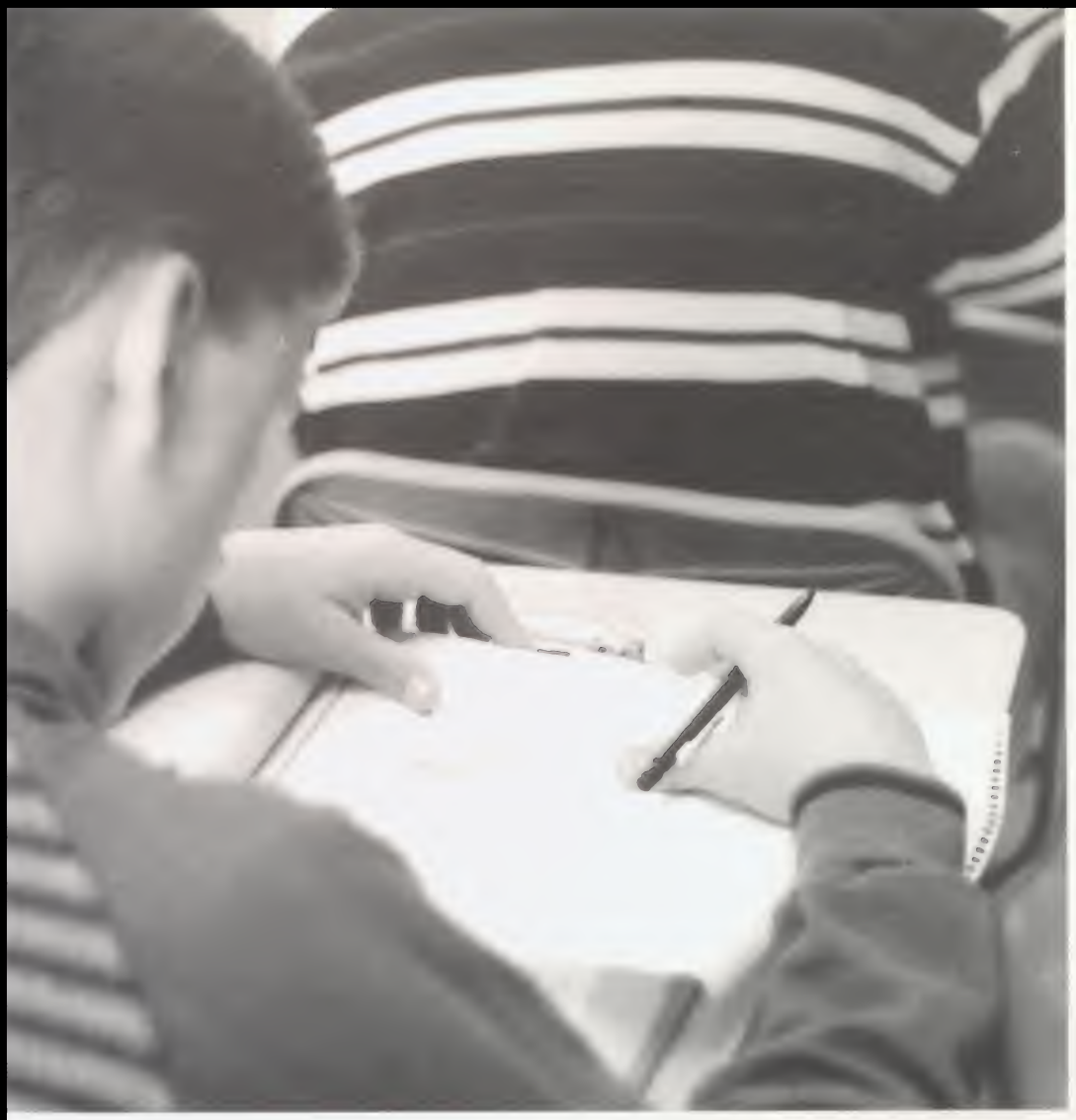
Maybe, but next time you're sitting in math just watching the clock move by and thinking, Boy I'd rather be anywhere else right now, know that the stuff they're teaching now, will somewhere along the line help you out.



*Clock gazing, junior **Megan Hill** stares with impatience hoping for the bell to ring, while freshman **Jesse Reeves** is hard at work. At the beginning of the year, the bells were not operating properly causing many students and teachers confusion.*







Working *away at one's geometry homework can make the time just fly by. There are twelve geometry classes taught at East.*







Studying *hard, sophomore* ***Jody Reed*** *prepares for a test in* ***Linda Nemmers'*** *class.* ***Nemmers*** *has been teaching at East for eight years.*

Working *hard, senior* ***Sadanan Panvaree*** *can't wait to finish her Algebra II test. Many students who take algebra find it easier than geometry.*

Concentrating *on the quadratic equation, junior* ***Nicki Mooers*** *and* ***Tascha Torgeson*** *get help on a problem from math teacher* ***Karen Cross****. Cross is always willing to help her students.*

Reading can take you anywhere

How can that be? Well, reading and writing expand your imagination and mind. Reading for that matter also expands your vocabulary, which is good for writing.

"Freshmen and sophomores mainly concentrate on writing, while juniors and seniors focus on reading," said English department chair and teacher **Julia Hagen**.

"So far in Mrs. Rush's class we have done a lot of writing and I've learned to compose papers the "RUSH" way, that is, 'perfect'," said junior **Arron Johnston**.

Some could say that English can get confusing with all the new reading and writing skills they consume over the years.

"I'm glad I paid attention in 9th grade English because otherwise I would be lost this year with all those compound/complex sentences," said sophomore **Courtney Reeves**.

"One thing I want from all of my students is reaction," said **Hagen**.

"I like when we work in groups, and I feel that people get more involved," said senior **Ryan Haag**.

Others have different thoughts of it being 'confusing.'

"Once you're a senior and you've been in school this long, English is no different from the year before," said senior **Nicole Stevenson**.

So what are some good methods for expanding the mind?

"We always read at the beginning of every class, and it's a book of our choice," said freshman **Chad Lint**.

"Every day at the beginning of class we write in our journal for about five minutes," said junior **Nicole Garland**.

So where does speech come into all of this expansion of the mind and vocabulary? To give a speech you have to "write" of course.

"I don't mind getting in front of the class and giving a speech because I've never really been shy," said sophomore **Alex Bibbins**.

If exercise sounds dreadful than don't do it. But if reading sounds good, then exercising isn't that bad, that is, exercise of the mind.



Nervously *giving a speech, senior* ***Kristina Hughes*** *runs for senior class secretary. This is one case in which 10th grade speech can help.*

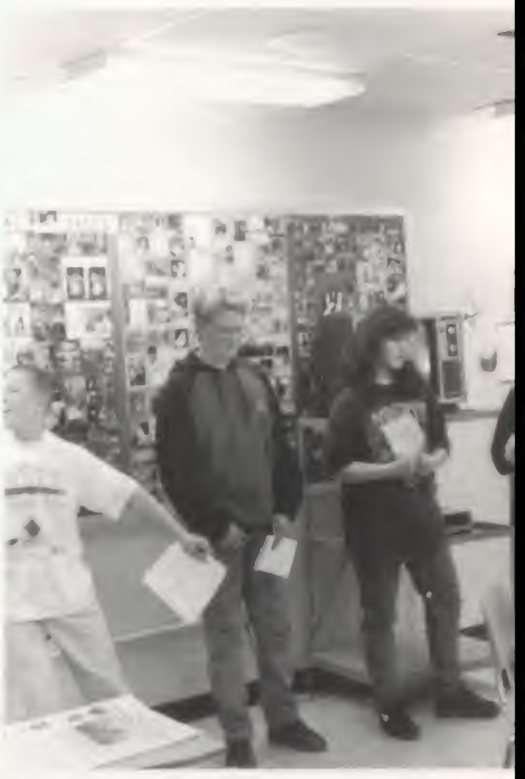




Crawling *up the window, senior* ***Ashley Aldini*** *paints her nickname 'Ash.' Kay McCollum was one of the teachers who allowed graffiti on the walls. Isn't that vandalism?*



"Peacing" *the camera person senior* ***Gene Way*** *obviously wasn't paying attention while teacher* ***John Raymond*** *lectured. Raymond's class room was one of the few with paintings on the wall.*







Ballet *dancing? Wait that's sophomore* ***Drew Davis****. He's not a girl! Sophomores* ***Levi Overton*** *and* ***Stephanie Gibb*** *act with Davis while pantomiming.*

Welcoming *her sophomores and seniors back from their summer vacation is head of the English department and teacher* ***Julia Hagen****.*

Key to our future

The business department unlocked their doors to the rest of East High this year.

Teachers brought their classes up to type or work on the computers and there was always a business teacher available to help.

All of East found out about what a fabulous facility the business department has become.

"This is a show place for our district. Many English programs come and use the computers. As usual the computers are open to anyone," said business teacher **Elaine Peterson**.

Students would come in all hours of the day and work on the computers. Many typed stories or reports for other classes, or they just went in to work on the computer.

Sales and marketing classes sell ads for the yearbook and *Scroll*. That is a big part of their program.

"Although this is my first year, it seems like a lot of fun. We usually get real busy in some parts of the year, and that's when it gets hectic," said senior **Anourine Baccam**.

Business programs offer activities outside the school; also, anyone is welcome to attend the summer Business Horizons program.

"We went in July. I applied to go in February of last year," said **Michelle Slaughter**.

Business classes prepare you for the future and teach mainly the skills needed.

"I started (business class) in the second semester of last year. I think it will help me a lot. Especially if I'm going to work with computers, then I know I have that extra computer background," said junior **Patchay Kamvanh**.





While *checking over students' work, business teacher* ***Elaine Peterson*** *logs in her grades in the computer. Peterson always found time in her busy day to help out students.*

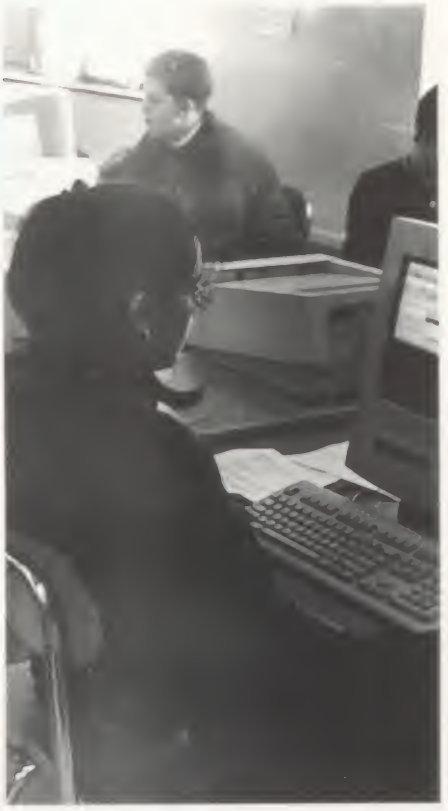


Intently *staring at the computer screen sophomore* ***Clint Czizek*** *works on assignments that are due. Some student find that business is a fun class while others don't care for it much.*





Working *hard and having fun, senior* ***Mike Peterson*** *stares at the screen of his computer. Students learned that working on the computers was serious business.*





Glaring *at the computer screen, senior* ***Helen Martinez*** *works on her assignment. The students had to get their assignments in on time or they didn't get credit for the work.*

FRONT ROW: Mary Jane Kaldenberg, Ken Stock, Nancy Hansen. ROW 2: Elaine Peterson, Phyliss Phoenix, Mary Ann Ochs, Clara Day

History in the making

Good news – the city of Des Moines has decided to experiment in education and has just granted the history department at East $1 million to do whatever they want.

No, not really, but if that ever happened, you'd find a computer at every desk in teachers **Jim Bush** and **John Bankus**'s rooms, equipped with CD-ROM and Internet access for all students.

Teacher **Fred Vanderley** would take his classes to major city museums.

Teacher **Ted Christenson** would buy a giant projection TV to view classic historical movies.

Unfortunately, it's unlikely East will ever get a break of that proportion, so history teachers utilize other techniques to influence students.

"Hopefully the videos used (in class) enhance learning," said **Bush**.

Historically-based movies can also stimulate the imagination outside of class – at least for those who can stay awake long enough.

"*Sense and Sensibility* is my favorite movie," said senior **Jen Watkins**. "I rented it with some friends one night and by the end of the movie I was the only one awake. I love everything about the aristocratic Victorian society, the clothes, the chivalry...sometimes I think I was born in the wrong era!"

Everyone has a favorite person or time period to study in history. Senior **Scott Hayworth** admires Albert Einstein for his superior intellect and morality.

Sophomore **Chris Merten**'s favorite subject of interest is the Civil War.

"It's interesting to learn about how the nation split over the issue of slavery and then rejoined again," he remarked.

Junior **Amy Braaksma** is fascinated by the Middle Ages.

"The contrast between how we live now and what life was like back then is amazing," said **Braaksma**. "Back then women had limited status, the gap between the rich and the poor was enormous, and wars were fought in the name of religion...well, actually, maybe things weren't so different after all."

The connection between the past and present is exactly the goal of history teachers; they actively try to personalize history for every student and realize for each the value of knowledge that is relative to other courses.

"History is the background for other subjects. It describes the beginning of all subjects – math, science and literature. History and literature have always been intertwined," **Bankus** explained.

History teachers also strive to teach students something that can't be explained in a textbook, that history is more than a class to take and an exam to pass or fail; it is part of an endless cycle, a chain reaction of events that began before written history and is still reaching forward into the present to affect us and the way we live. A great wheel, always in motion, never ending; a wave of life.

"History is the essence of our existance; where we are from, what we are about," explained **Christenson**. "All people have histories; some are great, some are minor, yet all have importance and significance. I try to weave a connection between the past and present."

So even without high-tech equipment the average student can expect to learn something important from history class.

"It is the story of people, their lives, their achievements, and their relationships," said **Bankus**.





Hey, *what are you looking at? Most students, including junior* ***Clarence Voy****, watch historical videos throughout the year, including Iceman, which, according to teacher* ***Fred Vanderley****, "gives students insights into the process of discovery."*





Believe it or not, there's more to history class than taking notes and doodling on your paper. Students in teacher ***Jim Bankus'*** class play chess to visualize feudalism in the middle ages, and teacher ***Ted Christenson*** takes his class on field trips to the Historical Building.



Yeah, yeah, we know you'd rather be laying on a beach somewhere in Mexico than be in history class, but now, thanks to teacher ***Bob Collins***, you know that Mexico was once ruled by the mighty Montezuma of the Aztec Empire. Isn't that something?

Who's your favorite person in history?



"Jesus, *because he saved my life."*
– Junior Bryan Erickson



"Gandhi. *He overcame the biggest empire in the world without provoking violence."*
– Sophomore Ben Jones



"Louis XIV. *He was probably closest to today's politicians – pure image."*
– Sophomore Dan Evans



"George Washington. *America wouldn't be where it is today if he handn't started it all."*
– Junior Lacey McCuen



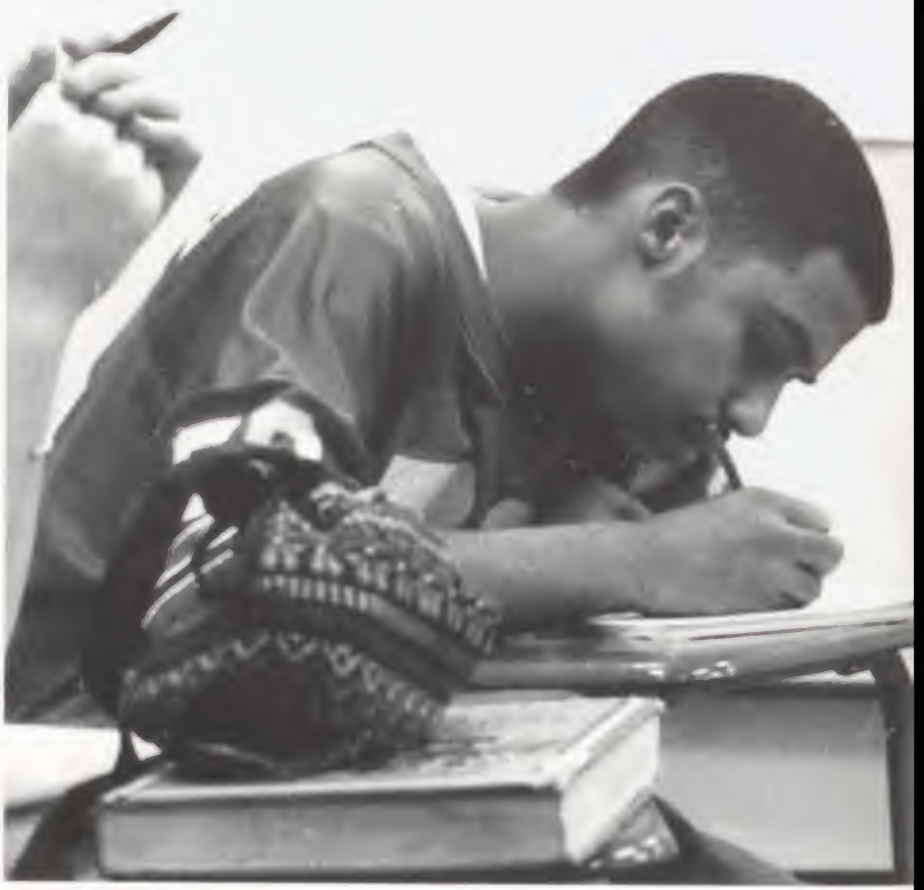
"Truman. *His personal courage as the first modern president shaped much of the 20th century."*
– Teacher John Hodson

During *the last few minutes of class, students had time to talk, sleep and have fun every once in awhile in econ. As senior* ***Lance Larson*** *sleeps, senior* ***Van Garmon*** *pretends to hit him.*

The *students in teacher* ***Stan Thompson****'s government class raise their hands to answer a question. Government students who have Thompson must turn in a current event every Friday.*







Taking *notes, senior* ***Chris Hemesath*** *writes down what teacher Stan Thompson says. The notes helped students prepare for chapter tests.*

Five *students in economics first semester volunteered to participate in a midwest regional stock market competion. These students were* ***Steven Kitikiatisak, Eric Henderson, Slawek Blondowski, Seth Koung*** *and* ***Elizabeth Mefford.***







Teacher John Hodson *uses the overhead to help his students understand what he is saying. Students held their own presidential election in which Bill Clinton won by a landslide.*





Learning in different ways

To graduate, all students must take Government and Economics; most end up taking it their senior year. Students find that the class teaches them about the things that go on in the business world.

Senior **Johanne Thompson** said, "I like Econ. because we learned things that relate to real life and stuff that we will use later in life."

Teachers used many different techniques to keep the students interested.

"I liked the videos that we watched in Econ. because they let us look at what goes on behind the scenes in a business. The businesses are also ones that we know like Subway and Wendy's," said senior **Katie Anderson**.

Since this was an election year, the Government students spent a lot of time in and out of class learning about the candidates.

"Mr. Thompson's classes had to work at a campaign office for fifteen hours. I was glad he made us do this because I learned a lot about politics. It was hard to fit my hours in, but I ended up enjoying it once I started," said senior **Patience Swacker**.

The Applied Economics classes were assigned to set up a company and tried to sell their products to learn about how businesses work.

Senior **Jamaal Clarkson** said, "I took it because I like to sell things. We sold pens for one dollar and we will get about six dollars profit."

"It was easy to sell the flashlight key chains if you convinced your friends to buy them," said senior **Angie Moyle**.

Teaching *a lesson about the evils of gum-chewing, the 'Oompa-loompas' appeared as workers in the play 'Charlie and the Chocolate Factory'.*





Break a leg

"Lights! Cameras! Action!" is what students in drama heard while rehearsing a play and it didn't take long for the new thespians to get busy this year.

"We started working and planning our first play a couple of weeks after school started," said junior **Hillary Reynolds**.

"We worked on a play based on Mother Goose called *Once Upon a Shoe* and we planned the *Wizard of Oz*," **Reynolds** added.

On November 8, the drama class held a matinee for *Shoe*.

"The play and the practices went really well, and when everything was set up and ready, it was neat," said sophomore **Michelle Colvert**.

Drama class is a class that many enjoy taking. There are many chances and opportunities available.

"On Nov. 5-6, eight students from our class performed in a multi-cultural play in Minnesota," said drama teacher **Ruth Ann Gaines**.

For many students taking the class, drama is a way to overcome shyness in front of an audience.

"I took drama because I wanted to make it easier for myself when I get in front of a group of people. Now I have no worries because I'm so used to it," said **Colvert**.

"I enjoy teaching drama and seeing my students show their feelings through acting and overcome their fear of stage fright," said teacher **Ruth Ann Gaines**.

Students sometimes follow the acting bug to EHS right out of their middle school.

"I loved it at Hoyt and took drama my freshman year. My sister is an actress and I found it was a lot of hard work, but I had to stop because of too many other interests," said junior **Bethanie Roof**.





'Charlie' *(alum* ***Deangelow Dudley****, at right) asks Willie Wonka (alum* ***Cory Dawson****, at left) a question about the chocolate river in the spring play. Alum* ***Eric Dority*** *and senior* ***Tywon Dudley*** *listen, at back.*

Drama IV *sophomores* ***Mark Von Ahnen, Alvin Snyder, Craig Webber*** *and* ***Andre Graves*** *do the cheerleading 'thang' at the Homecoming assembly.*







Helping *position sophomore* ***Lindsay Jensen****, teacher* ***Steve Beaver*** *works on her improv with sophomore* ***Mike Gary*** *in Drama I. Skilled technique and raw talent will take beginning students a long way — if they work hard.*

Improvising *on the spot, junior* ***Karen Djuth*** *and sophomores* ***Meredith Smith*** *and* ***Lacey Miller*** *act out an emotional scene between a mom and two daughters. Drama I classes write their own comedic and dramatic scripts, then act them out to polish their skills.*

Hey you ...draw this for me

It's not often a class actually gets to see first-hand what it studies all year, or turns out a work that will be viewed by the student body or will be eligible to win in a contest. But art provides that kind of opportunity for students.

"Some kids take art because it is a requirement, but I like to think most are in art because they really enjoy it," said teacher **Jerry Goodrich**.

Sophomore **Ben Jones** took art because he was interested in painting, drawing, and especially airbrushing (a new addition to the curriculum this year.)

"Surrealism and oil pastels are my favorite types of projects to work on," **Jones** said. "But the dotting project was the hardest. I dotted 4,302,945 times."

Teacher **Shirley Gooch** said the commercial design class enjoyed scratch board and dry point prints and 3D paper designs.

"They also like impressionism and surrealism," she added. "Everyone can recognize an important painting but art students can recognize Renaissance and Baroque works, distinguish between Impressionism and Post-impressionism...they need to see the style and know the properties of the painting.

Art students had the chance to exercise their cultural flair when a group of 23 spent ten days in Europe last summer. They traveled from London to Paris, touring the Versailles palace and the Louvre; Switzerland; Austria; and Berlin, Germany.

"We went to Germany for what seemed like two hours," said senior **Ben Watson**, "but it wasn't long enough. Things were cheap there. They had Birkenstocks for $30 when they sell over here for $110."

Sightseeing was one of **Gooch**'s main pleasures.

"It was like a dream come true when I was at the top of Mt. Pilatus," gushed **Gooch**. "You had to pinch yourself to make sure you were really there and you weren't imagining it all."

The trip was a positive experience for **Watson**.

"It was expensive, but worth the money. I'd do it again if I could," he said.

Even without the trip, students still have plenty of opportunities to expand their education outside of the classroom. Students enter work in contests at Simpson College and at Grandview College in January. They exhibit work at the Des Moines Art Center. And, of course, student artwork can always be observed decorating the front hall.

"It's nice to know all that hard work pays off when you see the mural hanging there and no one has scribbled and spit on it," noted **Jones**.

Art may seem to the outsider as an easy, "fluff" course, but it can really pay off in the long run...especially if you know where to take your talent.

"In art you don't have to have a college degree," said **Goodrich**. "If you're good enough you can go to work at Walt Disney studios."

Gooch agreed, "No matter what career a person goes into they can use art to an advantage. No matter what career you go into, you'll always find an artist."

What's so *funny? You might wonder why school would make senior* ***Grant Scott*** *so happy. In art class, students throw aside the tense scholarly atomosphere for a casual, light-hearted learning environment.*





"Cable" *from the X-Men comics is immortalized forever in senior* **Matt Byars'** *scratchboard design.*





Junior ***Jason Bueller*** *and sophomore* ***Amanda Pratt*** *work on getting it just right. "Art tells the story of history and it gives kids a reason to create," said teacher* ***Shirley Gooch****.*

What a guy! *Teacher* ***Jerry Goodrich*** *could have opened his own gallery by now. Instead, he helps other aspiring art students, like freshman* ***Amanda Clarke****. But then again, what else are art teachers for?*

Great graphics

After fifteen years of teaching, things still seem to be the same for graphic arts teacher Jeff Bock.

"The only new and exciting things are the new students," said graphic arts teacher **Jeff Bock**. "I also have little siblings of old students now."

Graphic arts is a hands on course where you can learn a lot.

During this semester class kids learn how to make several things. One of the most popular things are business cards.

"I like being able to design different things," said sophomore **Adreanne Clark**. "I liked that my business card had a lot of contrast, and had Mickey Mouse on it."

Graphic arts is a fun class for students where they learn how to use all the different machines.

"There is only one of Mr. Bock to go around and there is twenty-five students who need him all at once," said junior **Cindy Michael**. "It is important to learn how to use the machines on your own."

The students are free to choose the order in which they do their projects. Bock gives them choices on what projects to do but it is the students' final decision.

"I like how Mr. Bock teaches the class; he is pretty easy going," said junior **Angie Carey**. "Also I think the projects are fun."

During this class students are given the right to work at their own pace, but they are not allowed to sit around and do nothing.

"You're wasting daylight, let's get to work," is one of Bock's favorite sayings during his classes.

If you're looking for a fun but challenging course to take, you might want to check this one out.



"Graphic arts is a fun class. We learned how to make a lot of stuff. This class teaches you a lot about the machines. Mr. Bock does a good job at teaching us also."
-Junior Cindy Michael



"I really like Graphic Arts. We get to make a lot of different projects and learn how to run all of the machines."
-Sophomore Hillary Beaman







Squirting *a solution on the machine junior,* ***Travis Head*** *cleans the printing press. It is important to keep the machines clean and in good working condition.*

Looking *carefully at her negative, senior* ***Kristi Cox*** *fills in the spots. The light table is used for looking at negatives and tracing pictures.*







"I really like graphic arts. It gives you a chance to do hands on activities. My favorite project was the note pad."
-**Sophomore Kristen Moraine**



Explaining *carefully, teacher* ***Jeff Bock*** *shows his students how to use the printing press. Students use this press to print the majortity of their projects. It is rated to print ten thousand sheets per hour.*

Cutting *the stacks of paper, junior* ***Melissa Medearis*** *works very hard. A lot of strength is required to be able to pull the lever down to slice the paper.*



"I like graphic arts, it's fun and you do hands on work. My favorite was the business cards."
-**Junior Stacy Haws**

Shaping *that bat to perfection, senior* ***Matt Schnoor****, observes safety precautions around the machines by wearing safety glasses. Safety glasses are always required when working with the machines.*



Airbrushing *EHS in the airbrushing module wasn't too hard for sophomore* ***Jason Milligan*** *to do. Technology Today lets students explore modules of all sorts, from fun ones to serious ones.*



Getting ready for the future

Drafting, Woods and Technology Today are some classes that prepare students for the future, but is getting ready for the future something anyone thinks about in high school? Is taking some basic classes in high school a basis for a career? It is for some students.

"Mr. Mohler's drafting class is teaching me the basic fundamentals for my future career in architecture," said junior **Justin Dehnert**.

Students aren't just taking classes to get ready for a career; some take them to gain a hobby.

"I'm taking drafting because I want to design my own house, one I can call *my* house," said freshman **Scott Appleby**.

For many, woodworking will be a great hobby.

"You can make things as a gift or you can collect the things you make," said senior **Thu Vorasane**.

Drafting and woods are hands-on classes rather than book-work classes and this works out better for some students.

"I learn better in this class because I like building things with my hands and it just gives me more experience," said senior **Orlando Turner**.

Even though drafting and woods can be both a hobby and a class to get your future in gear, Technology Today explores possible careers.

"This class is designed to let students become aware of new technologies in the industry and possibly introduce them to future careers," said technology teacher **Marty Mohler**.

The modules are short, only ten days long, but the students get a lot out of them.

"The modules get you interested in a variety of different careers and helps a lot, but they're too short to get you really interested," said sophomore **David Giles**.





DM TECHNOLOGY EDUCATION
Classroom Of The Future
F·A·I·R

Making *something for himself, sophomore* ***Chris Wood*** *carefully sands. In woods class students can make whatever they want to.*





Trying *his hardest to get that socket to work, senior* ***Chad Lortscher*** *plays around with the wires. The Technology Today modules only run for ten days, then the students rotate to a new module.*



Learning *how to weld, senior* ***Steve Penman*** *takes time to fix a track. "I like taking the class. I learn a lot about cars, along with being able to spend time with my friends doing what I love to do," said sophomore* ***Jason Embrey****.*

Carefully *using pliers, sophomore* ***Nick Helmers*** *is making hinges on his new tool box. The students also made dust pans, cubes, and other items for a grade.*





"That's *what they call a car," said sophomore* ***Neil White*** *as he decides what to fix. Students had to learn as they carefully did the work. They also had a lot of fun fixing other students' cars.*



Hands-on
learning without books

Being on a first-come first-serve basis, industrial arts auto and metal are classes many students line up to take.

"I've always liked to work on the body of a car," said sophomore **Ethan Herrera**. "Now I'm learning the skill to do it professionally."

Only 100 students are allowed in the auto classes and only another 100 in metal. Auto and metal both have two different classes, one for beginners and one for advanced students.

Russ Junck, the auto teacher, has been teaching for twenty years. His favorite class is Auto II because "the students have more skills than when they first took Auto I."

At the beginning of the semester, students work on repairing fenders.

"It's not hard," said sophomore **Chris Ulmer**, "but it is a lot of fun."

Students learn how to repair fenders, fill scratches, and learn how to use a lot of tools. The class is only a semester long, but everything is taught at a steady pace.

"You don't have to mess with a book. That makes it really nice," said **Herrera**. "There is no homework and you get to do a lot of 'hands-on'."

The class has fast and slow moments. Many times it's a rush to finish.

"I will be in the middle of fixing a fender," said senior **Denny McMahon**, "and the bell will ring. I would have all my paint, filler putty, and sanders out all over the shop. My project won't be finished yet, and I have to take time to put everything away before I am late for my next class."

"Sometimes it goes so slow because my project will already be done," said **Ulmer**. "I just use the time as a study hall."





Welding *a cube of metal, senior* ***Jay Samuelson*** *practices safety by wearing the proper goggles. "We might not look the hottest," said junior* ***Andy Padgett****, "but we are following the rules."*



Photo by Joe Thomas: Photo Two



Photo by Courtney Reeves: Photo One



Photo by Jessica Oldham: Advanced Photo





All *eyes, senior* ***Tom Duffy*** *looks through the book of negatives. There are tons of books to look at with negatives in them. The pictures in those books are taken by Photojournalism kids.*



Concentrating *really hard, sophomore* ***Amanda Kerr*** *looks for just the right picture. The photo students loved to look at negatives — not really.*

Look! *This picture is worth 2000 words!* ***Nancy Holmes*** *has been known to have weird facial expressions when getting her picture taken.*



Grinning *from ear to ear junior* ***Joe Furby*** *sits in class with senior* ***Nicole Kock*** *and senior* ***Missy Gray****.*

picture this....

O.K., get focused. The photo kids were this year. They learned everything from the basics of photography to how to develop film.

"One thing they learn is composition which includes five categories: landscape, candid, post-candid, portrait, and still life," said photo teacher **Nancy Holmes.**

When someone decides to be in photo class they take Photo I, then Photo II, and lastly, they enter Advanced Photo.

"I didn't like Photo I as much because that's when you have to learn all about what a good picture is and stuff like that," said junior **Nicole Garland.** "But once you've passed that stage it is a lot of fun because you get to shoot pictures during class."

"Sure we have work to do but when it is done Mrs. Holmes can be pretty cool," said junior **Travis Head.**

There is a lot of so-called "cool" teachers out there, but what makes Holmes such a cool teacher?

"One of my favorite things I look forward to when I go to develop my film is the little wind-up toys that she puts in the water in the dark room," said junior **Toby Herrera.**

Little wind-up toys? That's the only thing to get excited about?

"The part I like about Photo class is the days we get to eat, which is pretty often," said junior **Vanessa Kinear.**

"Lets just put it this way, when you're in photo you get a lot more privileges," said junior **Tascha Torgeson.**

Some people stereotype classes like photo, sewing, and cooking as "easy." Well, think again; a lot of students are planning a career in those fields. Photography is one of the most popular.

"I'm in the photo room about three periods a day. I plan on going to Hawkye College in Waterloo, where they have a really good photography course," said senior **Stacey Hull.**

Still focused? That's what photo kids did while everyone else was in class listening to a teacher's lecture.

Long-*lasting relationships were formed in period 3's photojournalism class, such as this one between seniors* ***Stacey Hull*** *and* ***Angi Allison****. Working closely together, often under deadline pressure, photo kids get to know each other pretty well.*





LANCE GITKOE

Patience, Perseverance & Pastry

One group in the school has to attend every school event throughout the whole year. The photojournalism class can be seen taking pictures at everything from assemblies to field trips.

"It really isn't that time-consuming and we basically get to pick which events we want to go to," said junior **Katie Nevins**.

Photojournalism is different from the majority of classes offered.

Senior **Brenda Dalrymple** said, "I like the class because you don't just sit at a desk, but actually get to get out and do things."

"You get to take pictures of friends and have an affect on the *Scroll* and *Quill*," said senior **Missy Gray**.

It's not just the class that makes things fun, but also the people involved.

Junior **Joe Furby** said, "Everyone works together and helps each other out and we get to have parties."

With all the fun also comes a lot of hard work and stress.

"Sometimes I just wanted to quit because of the confusion of picture, but I hung in there," said **Furby**.

"The class can be very stressful at times but over-all it is fun and the people in it are fun to be around," said senior **Stewart Hanke**.

Advisor **Nancy Holmes** said, "I try to balance fun and function in photojournalism. It's still an elective class, but we are also a staff with a job to do. The longer I'm here, the easier it is, but we still run into deadlines head-on sometimes. The students continue to rise to the occasion; and I think every year the publications look better."

With all the time put in and the added stress, students learn about life and teamwork, a skill they will always find useful.





Photo- *journalists constantly exchange ideas and encouragement, as demonstrated here by senior* ***John Groen Jr.*** *Students work each year to make yearbook coverage varied and interesting.*







PHOTOJOURNALISM. FRONT ROW: Stacey Hull, Angi Allison, Brenda Dalrymple, Nicki Littell, Amy Winebrenner. ROW 2: Dana Gerlach, Joe Furby, John Groen Jr., Tricia Forest, Monty Ross, Missy Gray, Lora Hewitt, Joe Thomas, Stuart Hanke. BACK ROW: Jennifer Prudencio, Katie Nevins, Jessica Davis, Jennifer O'Connor, Jodi Hills, Mz. Holmes, Dusty Johnson.

Seniors ***Brenda Dalrymple*** *and* ***Missy Gray*** *are sorting film and loading cameras. Students manage to keep photo fun — even under deadline pressures.*



Where *did the water go? Seniors* ***Jenny Fallis, Andrea Curl,*** *and* ***Jenie Fuller*** *stand in the wave pool at White Water University. These three girls were three of the four seniors on the staff.*

Which *one should I choose? Juniors* ***Amy Klopfenstein*** *and* ***Cindy Michael*** *work together to pick the perfect picture. The photojournalism and the Quill staff work together to produce a great book.*





Are *we at the zoo? No, it's juniors* ***Angie Beason, Jill Nowadzky, Amanda Grant,*** *and seniors* ***Andrea Curl*** *and* ***Jenie Fuller*** *having fun at a party after the first deadline. The yearbook staff has a total of five deadlines.*



Focusing *on the computer screen, juniors* ***Mano Baccam, Angla Curtis*** *and senior* ***Andrea Curl*** *work carefully at the computers. All layouts are done on the computers on Aldus Pagemaker 5.0.*

Building to the crest

Late nights + hard work (divided by stress) = a great yearbook.

This is the formula that the yearbook staff follows to put out a great publication.

"I think we have one of the greatest yearbooks around because we put in a lot of hard work into it," said junior **Amanda Grant**.

This is a building year for the yearbook staff. There are 13 new members and only four seniors.

"The first deadline was really hard because this was the first time we worked together as a team. It took a lot of patience and time, but we made it," said senior **Jenie Fuller**.

"At the beginning I was really stressed out with all the work that needed to be done and only four seniors returning. After a while, things finally calmed down and everything ran smoothly," said senior **Andrea Curl**.

This is also the first year that there has been a co-editor position.

"They are doing a great job. They have great ideas for the present and future times and I hope to follow along in their footsteps," said junior **Angla Curtis**.

"Things are running real smooth. It's nice to know if I don't have time to do something I know I can rely on Fuller, and Fuller knows she can rely on me. Being such good friends, it's easy to know what certain areas we each are strong at," said senior **Jenny Fallis**.

Throughout the year the staffers become great friends and have a lot of fun especially the late nights and the rewarding parties after they meet a deadline.

"After we meet a deadline the party gives us a chance to relax and prepare for our next deadline," said junior **Ryan Cook**.



QUILL. FRONT ROW: Jamie Swacker, Mano Baccam, Jenie Fuller, Landna Baccam, Jenny Fallis, Angla Curtis, Andrea Curl. ROW 2: Steve Porter, Anourine Baccam, Patchay Kamvanh, Amy Klopfenstein, Cindy Michael, Rachel Deierling, Ryan Cook. BACK ROW: Angie Beason, Amanda Grant, Jill Nowadzky.

Editors-in-Chief
Jenie Fuller
Jenny Fallis

Design Editor
Andrea Curl

Student Life
Landna Baccam

Academics
Angla Curtis

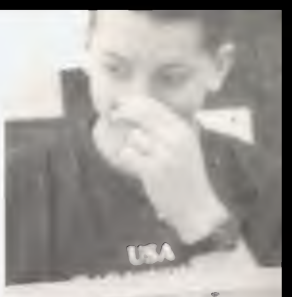
People
Cindy Michael

Organizations
Ryan Cook

Sports
Amanda Grant

Copy
Jill Nowadzky
Rachel Deierling

Ad Editor
Jamie Swacker





SCROLL. FRONT ROW: Kelly Potter, Matt Leonard, Patience Swacker, Bethanie Roof, Tiphany Van Blaricum. ROW 2: Madeline Wiseman, Kati Jividen, Blaine Moyle, Kristi Cox, Adam Fisher, Kari Teske, Kristina Hughes. BACK ROW: Justin Shelburg. NOT PICTURED: Amy Braaksma, Bryan Erickson, Glenna Frank, Randy Stevens.



Striking up a story



Deadlines, layouts, quotes and dedication all play a big part in making sure the school bi-monthly newspaper comes out.

With every new year a new look arrives to the *Scroll*.

"This year Kristi Cox and I decided to change the flag. I also feel the other slight changes with the body text and by-lines have made the paper simpler and cleaner," said senior **Adam Fisher**.

Along with a fresh look the process of the getting the paper out took a new turn.

"This year the class is a little more structured and things run a little smoother. There are a lot of new people, though, so there is a lot of learning going on," said junior **Kari Teske**.

Helping out others has also helped the process.

"This year the experienced staff members are more willing to help those with less experience. Getting the paper out means everyone depends on everyone else and help along the way makes things easier," said senior **Patience Swacker**.

Pressure always occurs no matter how smooth the staff works while putting the paper out.

"I'm feeling a lot of stress this year I've got to think up ideas for my sports page, do the copy editing, plus write articles, so I'm really stressed when it comes to making deadlines," said senior **Kati Jividen**.

High school journalism teaches students a lot about the real writing of professional papers.

" I want to write fiction so writing for the *Scroll* gives me a chance to get practice and receive criticism," said junior **Bryan Erickson**.



Leaning *on the file cabinet, senior editor-in-chief* ***Kristi Cox*** *reads her article that just came out of the printer. This year* ***Cox*** *and* ***Fisher*** *decided to cut back to one page of sports, so the stories were stronger and left more room for creativity.*





Working *at the layout table, senior* ***Kati Jividen*** *concentrates on her sports page to make sure everything is correct. Afterward the page is sent over to the graphic arts class to be printed.*

Folding *the papers and getting them ready to be passed out to the school during fourth hour, juniors* ***Tiphany Van Blaricum***, ***Justin Shelburg*** *and senior* ***Matt Leonard*** *all work at making sure the Scrolls are creased and the pages are in order.*

Scroll Editors



Kristi Cox
Editor-in-chief



Adam Fisher
Design Editor



Kati Jividen
Copy Editor
Sports Editor



Kristina Hughes
Copy Editor
News Edior



Glenna Frank
Opinion Editor



Bethanie Roof
Feature Editor

Year of firsts



El día de los muertos. El día de San Valentin. La Toussai.

What do all these things have in common?

If you said they are all festivals celebrated by one or more of the foreign language classes every year, you are right. For those who don't *habla español* or *parlent francais*, the above holidays are Halloween, Valentines Day and All Saint's Day.

These famous *fiestas* (Spanish) and *boums* (French) are one common reason for taking a foreign language.

"At the fiesta for Columbus Day we had food from *El Tapatio*. I liked it because I've grown up around Mexican food," said sophomore **Meredith Smith**.

While some may take another language for the fun of it, others have more practical reasons.

"I want to go into international relations," said senior **Glenna Frank**, who takes both French and Spanish. "I figure it will help me out in the long run for my career. Plus, I like both languages."

"I plan to take as much French as possible in high school – colleges love foreign languages," said sophomore **Frank Swoboda**.

Many other opportunities are reserved for those who enroll in a foreign language. Both languages have clubs which promote various cultural and social activities, not to mention activities available in class.

All Spanish I and II students had a chance to hear guest speakers from the community this year, some who were native Spanish speakers.

"They spoke on a variety of Spanish-related topics, such as careers in which Spanish is useful," said teacher **Margaret Severino**.

In **Marilyn Miller**'s classes, students had to solve a mystery entirely in Spanish as a major project for the year.

"The students act out parts as witnesses to a theft (speaking only Spanish); the class must then decide who's lying," said **Miller**.

French teacher **Susan Lorence** led a group of 31 French students on a trip to Central College in Pella for French Day, held on November 1. Among the highlights of the day were a performance by the Claude Beauclair Theater Group and poetry readings of the late French poet Jacques Prévert's work.

"We watched a series of poems by Jacques Prévert. Many of us couldn't understand them because they were talking so fast, but we all enjoyed it we did know some of them, like 'Rappelle-toi Barbara,'" said senior **Kati Jividen**.

From college entrance requirements to fun, students take a foreign language for many reasons. But why do teachers choose to teach it?

"Spanish was just always fascinating and easy for me in high school," said teacher **Kathy Hansen**.



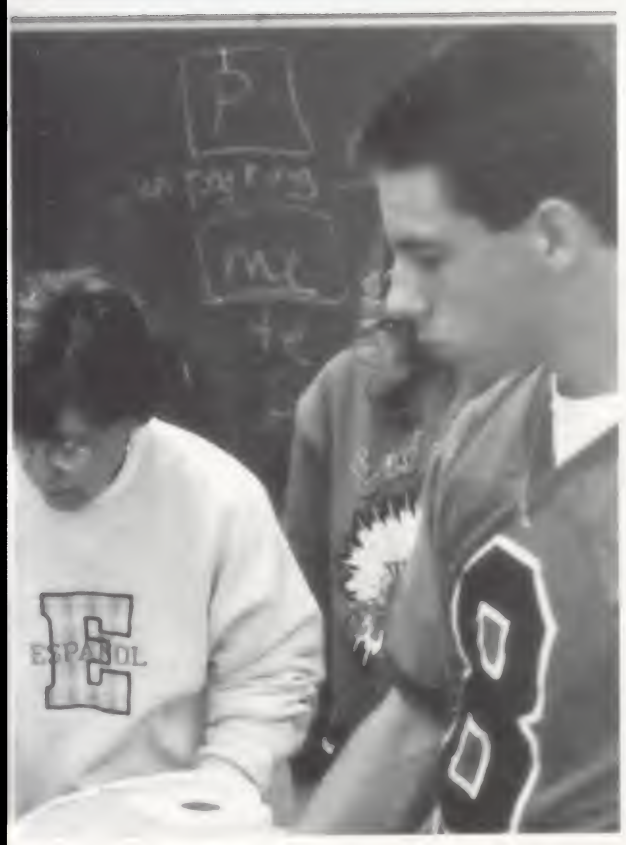
Candles *burn on the table set up by freshman* ***Justin Minor****'s Spanish class to mourn his death. No, he did not really die — he was selected by his class to play dead for el Diá de los Muertos.*





Listening *closely to French teacher* ***Susan Lorence****, juniors* ***Steve Porter, Ashley Inthalangsy*** *and* ***Elizabeth Govoni*** *smile to show their enthusiasm for the French language. A total of 94 students were enrolled in the French classes this year.*







Party *time! Teacher* ***Kathy Hansen*** *and senior* ***Chris Standley*** *grab some food during a Spanish party. This party was to celebrate Columbus Day, just one of many Spanish holidays celebrated at East.*

After *being brought back from the dead on el Diá de los Muertos, freshman* ***Justin Minor*** *is dressed in the traditional sombrero and scarf. He is holding the Day of the Dead bread, a Spanish class tradition.*

Seniors ***Jessica Piper, Emily Lewis*** *and* ***Amanda French*** *have a group conversation in Spanish in front of their class. Group conversations were a frequent activity in* ***Kathy Hansen****'s Spanish classes to help her students learn the language.*

Mixing up a solution

Poof! Wow! As everyone looks in awe at what just took place. There are twenty eight kids just staring at the center of the room at what was a three second fire ball shooting out of the mouth of a bottle, or a fire shooting pile of orange powder which has now turned to black, and tripled in size.

It's chemistry. True it's not always fire and explosions. There're not always experiments and fun, but there seem to be a lot of students who are interested in it.

"I like chemistry. It's a lot of fun, but it's a lot of hard work. I also think I'll need it for when I go to college," said junior **Julie Yang**.

There are currently seven chemistry classes and three physics classes. Is it that physics is harder or that there are less people interested in it?

"No, not really. I mean there are a lot of notes and things to memorize, but if you pay attention and you like science, you shouldn't have a hard time in there," said senior **Natalie Rooker**.

Teachers enjoy teaching the class and even get a little excited when something happens. Like a fire ball or sparks. They just like teaching science and hope the kids like learning about it.

"I love teaching chemistry. It's a lot of fun. I try to have at least one experiment a week," said teacher **Keri Frommelt**.

Students sometimes get the same teachers, if they take the class over again or if that teacher teaches two different classes.

"I really like Frommelt's class. I had her for biology and now I have her for chemistry," said junior **Amy Klopfenstein**.

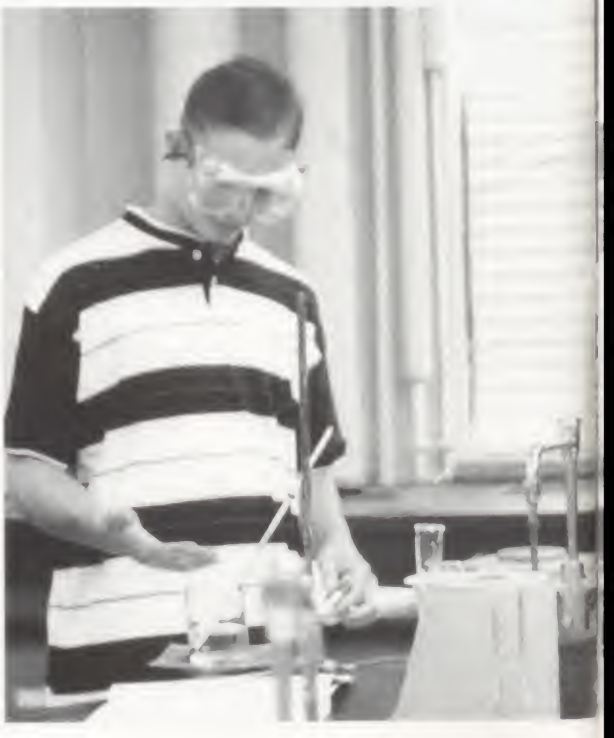
"Nice to have some of the same kids, familiar faces are nice to see," said **Frommelt**.

There are of people who think that their teachers don't care, but as long as there are kids who are interested in science, there will be someone interested in teaching it to them.





Listening *closely to what Larry Hutzell is telling them to do, juniors* ***Sharee Thomas*** *and* ***Brenda Villarreal*** *complete their lab. Hutzell works to help students understand chemistry.*



Wondering *what should happen, juniors* ***Jason Irvin*** *and* ***Lance Lethcoe*** *watch an experiment with anticipation. Activities range from burning magnesium strips to experimenting with acids.*



Waiting *for the chemical reaction, juniors* ***Renee Heseltine*** *and* ***Kari Teske*** *look on with eagerness.*







Concentrating *on precise measurements, junior* ***Nicole Garland*** *works hard on her lab project. Most of the time the experiments go according to plan, but occasionally equipment is broken and chemicals are mismatched. No explosions so far!*

Taking *a break from their normal routine, juniors* ***Amanda Grant, Sarah Christenson, Nick Kligopoulos*** *and* ***Julie Johnson*** *relax after a lab in Mr. Hutzell's class. Hutzell has six chemistry classes which do approximately one lab a week.*



Observing *his plant, senior* ***Matt Forest*** *talks to his teacher* ***Kacia Cain****. Plant growing is a major project in Biology II courses.*

Checking *the leaves on his plant, junior* ***Kevin Minard*** *shows the vein structure to teacher* ***Kacia Cain****. Taking care of their plants is a very important assignment to accomplish for a grade.*



Experience it all

Family pedigrees, kingdom columns, plant survival and disease research might not sound like too much fun, but for students taking Biology I or II classes it is a lot of fun.

"Biology is cool because it teaches you about life," said sophomore **Chad Welch**.

During the class students learn about human cells and animal cells. They are then assigned to make a 3D model of a cell.

"Our cell contained grits, licorice, jello with a gumball in the middle for the nucleus and a plastic ball," said sophomore **Megan Wall**.

Other projects include making kingdom columns from two liter bottles and learning about patterns of inheritance from family pedigrees.

"I think biology is a killer because it teaches you all the chemical components of all living beings," said sophomore **Justin Bolander**.

There are many fun events that students enjoy throughout the year.

"My favorite part of the entire day is when Mr. Long breaks the chalk," said sophomore **Courtney Hurdle**.

During the course, students have the challenge of keeping their plants alive until Christmas. Also they research diseases.

"In Biology II you learn what you want, when you want," said senior **Christina Taha**. "There's nobody telling you what to do or looking over your shoulder."

One project students explore outside of class is shadowing someone at a job.

"Biology provides you with an opportunity to explore a medical profession so that you can have some idea as to what you may do in the future," said senior **Katie Anderson**. "I am shadowing in physical therapy."

Though this course may be fun there are a lot of responsibilities to accomplish all assignments on time.

Senior **Jill Cameron** said, "You choose when and where you want to do your homework."





Working *on his evolutionary tree, sophomore* ***Dan Rendall*** *tries to glue the right pieces down for his imaginary animal. All of the students in* ***Keri Frommelt's*** *class were required to come up with an animal and make its tree.*







Carefully *gluing down the pieces to their evolutionary tree, sophomores* ***Shannon Kingrey*** *and* ***Jake Anderson*** *work very hard. In order to make their tree, first they had to study animal fossils.*

Planting *their seeds carefully, seniors* ***Sherida Oltman*** *and* ***Jenifer Cosner*** *had the challenge of trying to get their plants to grow. Students had to keep their plant projects alive until Christmas.*

Exploring the world



Many people would believe that environment and surroundings are the same. But two of East's science classes prove them wrong.

Earth science is the study of our surroundings. It covers areas ranging from Earth's development to how rocks are created, using lab experiments to help students learn.

"My favorite experiment was the spectroscope. We would look through these glasses and see how light is broken into colors," said freshman **Zach Peterson**.

But students aren't the only ones who enjoy the experiments. According to science teacher **Lowell Long** everyone has a good time when they take the class.

"We do a lot of fun things in earth science. My favorite is water tables, where we make rivers in class and watch as the water makes a path."

Created many years ago, earth science is one of the oldest, and largest science classes taught.

"Earth science has been one of the best classes to teach, I feel," said Long.

"You get to see freshmen discovering real science for the first time."

But while some students learn the workings of the world, others are learning how to save it.

"Ecology covers many areas, including plants and animals to our surroundings," said science teacher **Debbie Neustadt**.

Ecology is taught one period a day by **Neustadt**, but the class still gets to do a lot.

"The small classes allows the the students to recieve more attention," said sophomore **Taylor Webb**.







*"**So** that's how sedimentary rocks form!" said freshman **Kena McCaughey**. This is one of the many facts that earth science students learn each day in class.*

***One** student proves that earth science isn't all work. Many often took breaks when finished with their class work.*

***Though** one of the longest classes taught at East, teachers never get bored with earth science. Those like **John Rudisill** have been teaching for many years.*



"**Boy**, *these beans are hard. I wonder what they taste like," said sophomore* ***Lisa Baker*** *as sophomore* ***Brandi McAninch*** *watches. Students studied many things, from beans to the nitrogen cycle.*





Beans *truly are the magical fruit. Ecology students try to discover the probability of finding a jumping bean.*



Thinking *hard, junior* ***Jared Rose*** *works away at a psychology problem. Students do a lot of collaborative work, but this was one of the times when the students were doing their own work.*

Analyze the brain

Analyzing the human brain is not all that simple. Just ask the students of **Fred Vanderley's** psychology and sociology classes. The classes explores the human psyche, human interaction and human behavior.

Students can take the classes together, one right after the other, or just take one. Sociology, which is the study of human interaction, is only offered first semester.

Students keep journals in class, which Vanderley collects about every four weeks. The folders are big part of the class grade and so it's important to keep up on them.

"I really like the class and I think it's a lot of fun. I like learning about why people's minds work the way they do," said senior **Johanne Thompson**.

Students participate in a lot of class discussions and there are quite a few movies. The class requires many notes, which some complain about says **Vanderley**.

"There are a lot of notes but I think that they help to get a better grade," said junior **Emily Sawhill**.

Psychology is the unit offered second semester and is the study of the human mind and human behavior.

"I think students enjoy this unit more than sociology, but I think they get more out of it if they take both," said **Vanderley**.

There are not many changes in the way the class operates, from year to year, except for the fact that it's always in demand.

"I really liked the class. It's pretty fun and it doesn't seem to be all that hard," said junior **Ken Rodine**.





Studying *hard, junior* ***Ashley Inthalangsy*** *reads the class textbook. There is a lot of reading and analyzing to do in psychology.*



Bookwork *is one of the most important activities in psychology, and the second period psychology class of* ***Fred Vanderley*** *learns about the Gestalt theory. This is among the many principles* ***Vanderley*** *teaches in the class.*





Listening *and taking notes,* ***Fred Vanderley's*** *second period psychology class listens to a lecture. There are quite a few lectures in psychology and a lot of notes which the students keep in their journals.*

These *students discuss some questions. Unlike sociology, psychology students work together a lot of the time, so class efforts are allowed.*

After *arriving at their destination, sophomores* ***Kristina Hokanson*** *and* ***Lauren Rice*** *unload the van. At this fall competition the novices "broke" two finals.*





Receiving *help from* ***Kathie Danielson****, senior* ***Jamie Swacker*** *is working on her Individual Event (I.E.) performance. Only two members of the team participated in the fall,* ***Swacker*** *and sophomore* ***Kristina Hokanson****. In I. E., students give speeches or they act out a dramatic scene for judges.*



Spending *time with friends, freshmen* ***Stephanie Miller****,* ***Tracy Halsband****, and* ***Jessica Twombley*** *all gather around a desk to talk about debate. Students often practice using their friends as their opponents.*







Searching *for his research is junior* ***Gary Schnoor****. Students in debate have to do research which is given to them by Coach* ***John Williams****.*



Creatively *thinking over debate, Coach* ***John Williams*** *and assistant Coach* ***Paul Beaudry*** *plan strategy for an up-coming meet. The coaches put in late hours to help the students prepare for their competitions.*





Resolved: EHS debate rules

In debate students argue against other schools over a national topic. Winners are those who best represent the yes/no side of the policy topic they take.

"In this year's topic, we have to come up with programs to help reduce juvenile crime," said freshman **Abby Oliver**.

The actual topic is "Resolved that the federal government should establish a program to substantially reduce juvenile crime in the United States."

There are two sides in debate. The affirmative side, which is the team that is for the topic, the negative side, arguing against the policy in question.

John Williams, the debate coach, helps give the squad information against and for the topic and works with them on strategy. A student mainly uses common sense and knowledge to "limit the ground of the opposite side," said freshman **Crystal Kinney**.

"The hardest thing to teach students is to do more than just survive, to argue to win — to go for the jugular," said **Williams**.

Students often become as, if not more, expert in a particular subject than the national policymakers themselves.

"A lot of parents and teachers don't realize how much time this can take. It's all day, every day, all year — we need space," said sophomore **Lauren Rice**.

"Staying until 9 p.m. to work is not unusual," added junior **Keith Twombley**.

Debate provides a chance to see both sides of a "real world" topic. Plus, it's fun.

"I get to yell at people and the judge, and I don't get yelled at for doing that," said **Oliver**.

"The best is traveling. It's exhausting, but it's a great time making friends on the 'circuit,'" said **Rice**.

"We win more trophies than any other school organization and the competition is great," said **Twombley**.

Fashion
from sewing to showing



Fashion is anything from the designers who make it (Lucky, Girbaud, Polo, etc.) to the way it fits. Then there are the fashion shows which consist of people modeling the different styles of clothing. In fashion class students prepare for some of the fashion shows. One of the fashion shows was at Central Campus and another one was at DMACC.

"Some of the things we go over in class are the history of clothes, the qualities, and how to shop wisely," said fashion teacher **Carolyn Chase**.

Do people actually look at the quality and care labels and spend their money wisely?

"When I shop I check the qualities and coordinate shape, but I never used to do that before I was in this class," said sophomore **Sara Kelley**.

Can this class be for fun if it doesn't matter to you what the qualities of clothes are?

"One of the things I really enjoyed was when we studied the clothes eras," said sophomore **Megan Cardine**. "A friend and I did the `60s and it was really interesting."

Everyone has a different outlook on fashion. One person might think of fashion as the Gap, Gadzooks, and J. Crew, whereas someone else might think of RCC Western Store and Goodwill.

"The class is fun but I can't really relate since I'm a 'cowgirl,' I have a totally different style than what they teach in fashion class," said sophomore **Lissa Baker**.

To have all of these different styles of clothes of course they have to be made and that is where sewing fits in.

"In sewing class the students start out with things like boxers and end with prom dresses," said teacher **Deann Hebert**.

Sewing machines and sergers make the projects go a lot faster.

"I made a pair of red fleece gloves with a matching hat," said junior **Sarah Halsten**, "of course without a sewing machine I don't think it would have been possible."

"I made a pair of red slick pants," said junior **Kenneth Rodine**. "This class was one of my difficult classes."



Taking *a break, junior* ***Kenneth Rodine*** *finishes cutting some material for a pair of slick pants. Each student got to choose what they wanted out of a book of designs, anything from gloves to boxers.*



Laying *back and kicking up her feet is junior* ***Sarah Halsten's*** *best policy after finishing a project. After finishing her gloves and hat, she even had time to make her friend a pair.*





Walking *down the runway at the 'Esoteric' Fashion Show at Central Campus last year, alum* ***La Vongphasouk*** *struts in her outfit. All the students from the Des Moines area schools involved designed their own clothes.*

Feeding *the material through the sewing machine, freshman* ***Tyson Robinson*** *was working on a pair of boxers. They took a couple of weeks to make.*

Cookin' up a grade

How do these students learn to cook? Is it from the educational cooking shows or from their moms and grandmas?

No, these students learn in a class especially for cooking.

"I've learned a lot from this cooking class but I already knew how to cook somewhat before I took the class. This class helped me with the things I didn't know," said junior **Stacey Pruitt**.

Students have many food projects to do in cooking. The smell of breakfast lingers through the hallways of the school during the first few periods of the day.

"I really enjoyed making breakfast because I'm always hungry in the mornings. I had the class first thing in the morning so it was convenient," said junior **Sarah Halsten**.

Child development is also a course offered to students. The class basically tells you about life, children and how they grow.

This year many students were seen with flour babies in their arms. Everywhere the students went the babies were with them.

"Child development really taught me how to take care of kids. I have two nephews but still there were a lot of things I didn't know about children," said junior **Julie Johnson**. "I've benefited a lot from child development. I've learned about babies and how they grow.





Smiling *at her students, foods teacher* ***Linda Berg*** *takes time out from her book to help. The teachers are always willing to help students with their cooking dilemmas.*



Taking *a break from making a pie, freshmen* ***Carmel Stewart, Kieondra Gates*** *and* ***Maria Herrera*** *smile for a picture. The foods classes spent a lot of time making things like monkey bread and scrambled eggs.*





Surrounding *a little visitor, freshmen* ***Brooke Bennett*** *and* ***Amber Reed*** *sit in the middle of the floor. The child development department invited small children that students knew to come spend time at East.*







Looking *confused, little Megan glances at everyone in the classroom. This was one of the special times the child development department invited their younger friends to come to East.*

Preparing *cookies, freshman* ***Charles Yaw*** *stares intently at the cookie dough. Never mind the "too many cooks..." warning, working with a partner seems to make the cooking time go faster.*

Putting *the biscuits in the oven, freshman* ***Maria Herrera*** *is preparing some breakfast for her fellow classmates. Some students seemed to enjoy the class in the morning so they could eat breakfast.*

A Wave of Tradition

How *many bodies does it take to form the letters EHS? The senior board figured out it takes sixteen plus four to supervise. Vice Principal* ***Ken Miller*** *is the senior advisor for the class of '97.*

Clowning *around, the membe of the senior boa show off their cra sides. Each member the board purchased black sweatshirt whi has their name a "class of '97" on it.*

From senior activities all the way to graduation, Senior Board is busy throughout the year.

In October, the board organized a Fall Festival Fun Night for the children of the community.

"We wanted to do something for the community, and we came up with a Fall Festival Fun Night so young kids could come, have fun and enjoy some free candy," said senior President **Crystal Patterson**.

'97

The planning was easy, but getting around authority became tricky.

"We ran into trouble having an official fall festival. The fire marshall had to come and inspect everything for safety," said senior **Abby Lozano**.

The event cost each child one dollar and all of the proceeds went to the Combat Hunger campaign.

"We raised around $300. I felt the event was a huge success and I think they should do it again in future years," said senior **David Penake**.

For the evening all of the clubs, organizations and sports groups were asked to participate in setting up a booth.

"It was great, everyone handed out candy. There was a coloring contest, face painting and balloon animals done by clowns, and tons of neat costumes," said senior **Talisa Butts**.

Senior Board also participated in a canned food drive and an annual senior breakfast. They also raised money for the senior class to buy something to leave for the school so the Class of '97 will live on.







SENIOR BOARD. FRONT ROW: Abby Lozano, Adam Fisher, Crystal Patterson, Vice Principal Ken Miller, Jenie Fuller, Nicki Littell, Melissa Bannick. BACK ROW: Talissa Butts, Sadanan Panvaree, Lara Jones, Sherida Oltman, Jenny Fallis, Chris Standley, Amy Hollingsworth, Sabrina Overton, Steve Webb, David Penake, Stephanie Breese, Jill Ackelson, Amber Swayne, Jaimee Swayne.



SENIOR BOARD. FRONT ROW: Crystal Patterson (Pres.), Principal Ken Miller, Nicki Littell (VP). BACK ROW: Fisher (Treas.), Jenie Fuller (Sec.).





After *learning that they were in the top 15% of the senior class, these students gathered in the multi-purpose room to prepare for the year ahead. About 60 students made up the top 15% of the 316 seniors class.*

Top 3%



TOP 3%. FRONT ROW: Khou Yang, Jen Watkins, Jennifer Jacobe, Crystal Patterson, Glenna Frank, Jamie Swacker, Christina Taha. ROW 2: Laura Fetter, Jennifer Fallis, Andrea Curl, David Penake, Kati Jividen, Anthony Davis. BACK ROW: Scott Haworth, Choua Sayaxang. NOT PICTURED: Nicole Jacobs, Winell Waterhouse, L. Maddy Wiseman.

Top 15%



TOP 15%. FRONT ROW: Amanda French, Crystal Patterson, Noi Vongchanh, Nichole Garringer, Jamie Swacker, Christina Taha, Glenna Frank, Khou Yang, Jennifer Watkins. ROW 2: Danielle Blue, Michelle Slaughter, Choua Sayaxang, Ashley Aldini. ROW 3: Katie Anderson, Melissa Mauk, Jenie Fuller, Jennifer Fallis, Kati Jividen, Laura Fetter, Krystal Young, Nicki Lacquement. ROW 4: Adriana Shilling, Abigail Lozano, Sherida Oltman, Scott Haworth, Adam McFadden, Lance Larsen, Paula Roush, Presha Matticks. ROW 5: Matthew Forest, Adam Erickson, Michael Peterson, Justin Bauman. BACK ROW: David Penake, David Djuth, Matthew Leonard, Matthew Humphrey, Anthony Davis, Soukham Baccam, Jacki Jacobus. NOT PICTURED: Carrie Alderman, Amanda Arpy, Carol Blair, Andrea Curl, Cortnei Davenport, Autum Davis, Erika Gervais, Jennifer Jacobe, Joel Jones, William Kaiser, Steven Kitikiatisak, Abby Medearis, Eugene Olson, Laura Shelton, Letisha Taycher, Winell Waterhouse, Jay Wedman, Laura Wiseman.

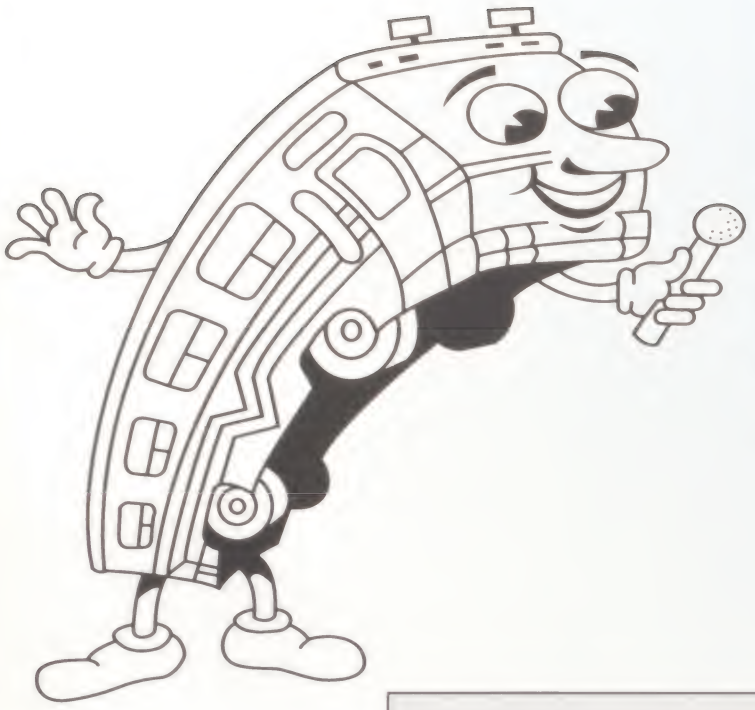
Class o



f EHS



1997





MINNESOTA OR BUST

Keeping the tradition alive, each year the senior English classes take a bus trip up to Minneapolis, Minnesota.

This year on Nov. 6, about 90 seniors went to see *A Doll's House*, at the Guthrie Theater in Minneapolis.

"The play was a lot more formal that I thought it would be; it was very professional," said senior **Jill Cameron**.

The play lasted about three hours with an intermission.

"It was *fabulous*," said English teacher **Kay McCollum**. (Of course!)

The lead character in the play was performed by Megan Follows, who was the main character in the movie Anne of Green Gables.

"I thought it was really cool seeing someone (in person) that has been in a movie," said senior **Andrea Curl**.

Not only did the seniors go to the play, but they also went to the Minneapolis art exhibit.

"The art exhibit was pretty weird," said senior **Mike Ingersoll**. "There were things like watches, canoes, tents, new colors and shapes, but mostly just common, everyday things."

After the art exhibit, everyone loaded up in the buses and prepared themselves for about a four hour drive back to Des Moines.

"By the end of the day, everyone was really tired; eight-thirty felt like midnight. The trip was well worth it, fun but yet a learning experience," said senior **Jay Wedman**.



Senior English Trip

Taking *a little nap, senior* ***Robert Apt*** *gets rested up before he sees the play A Doll's House. The 4 hour bus ride up to Minneapolis was very tiring for most students.*

Posing *by a sculpture, some of the students were fascinated by the different things they saw. The seniors went to an art exhibit while in Minneapolis.*

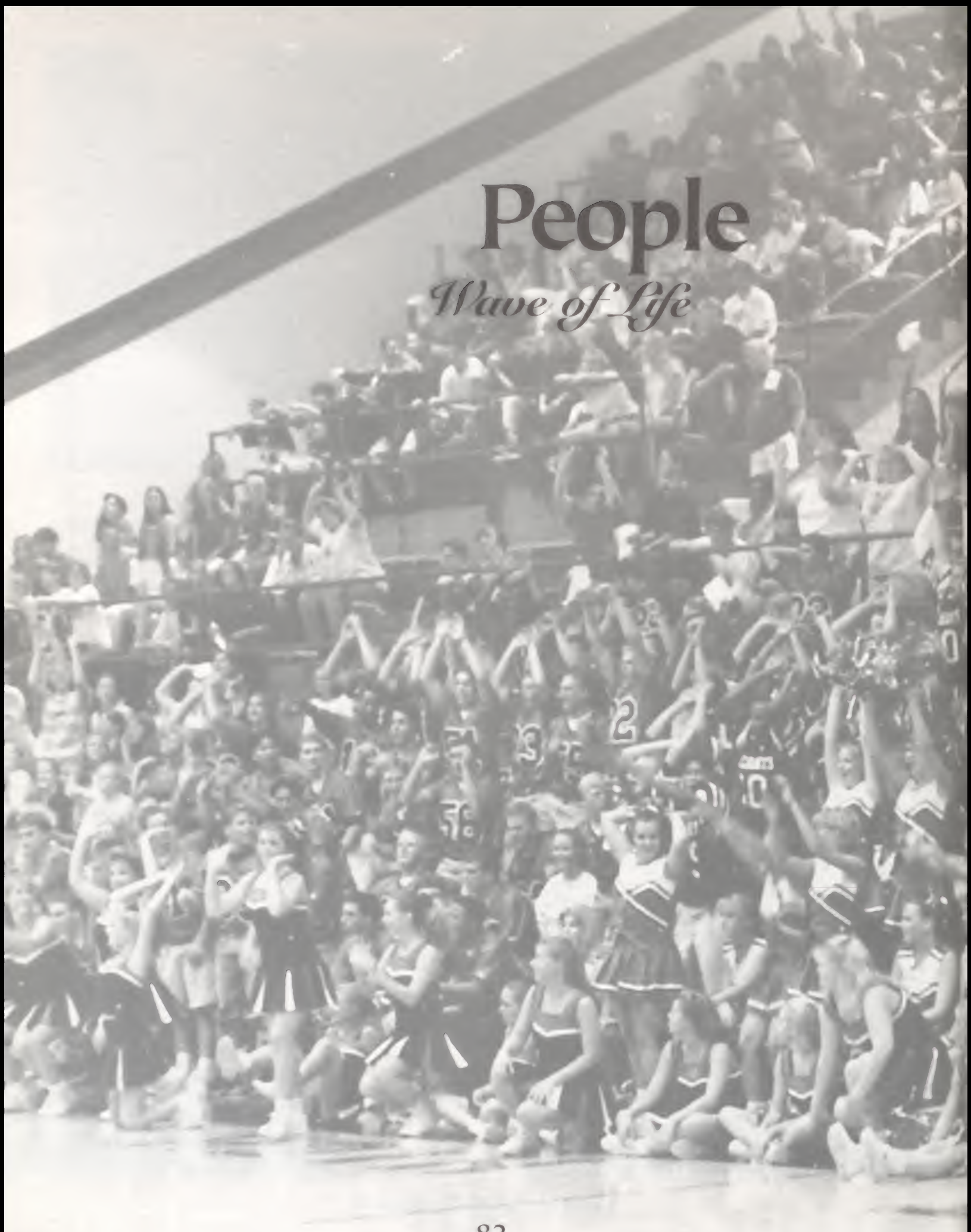




While *in the sculpture garden, seniors* ***Sherida Oltman*** *and* ***Crystal Patterson*** *keep the statues dry. They spent an hour sight-seeing at the exhibit.*

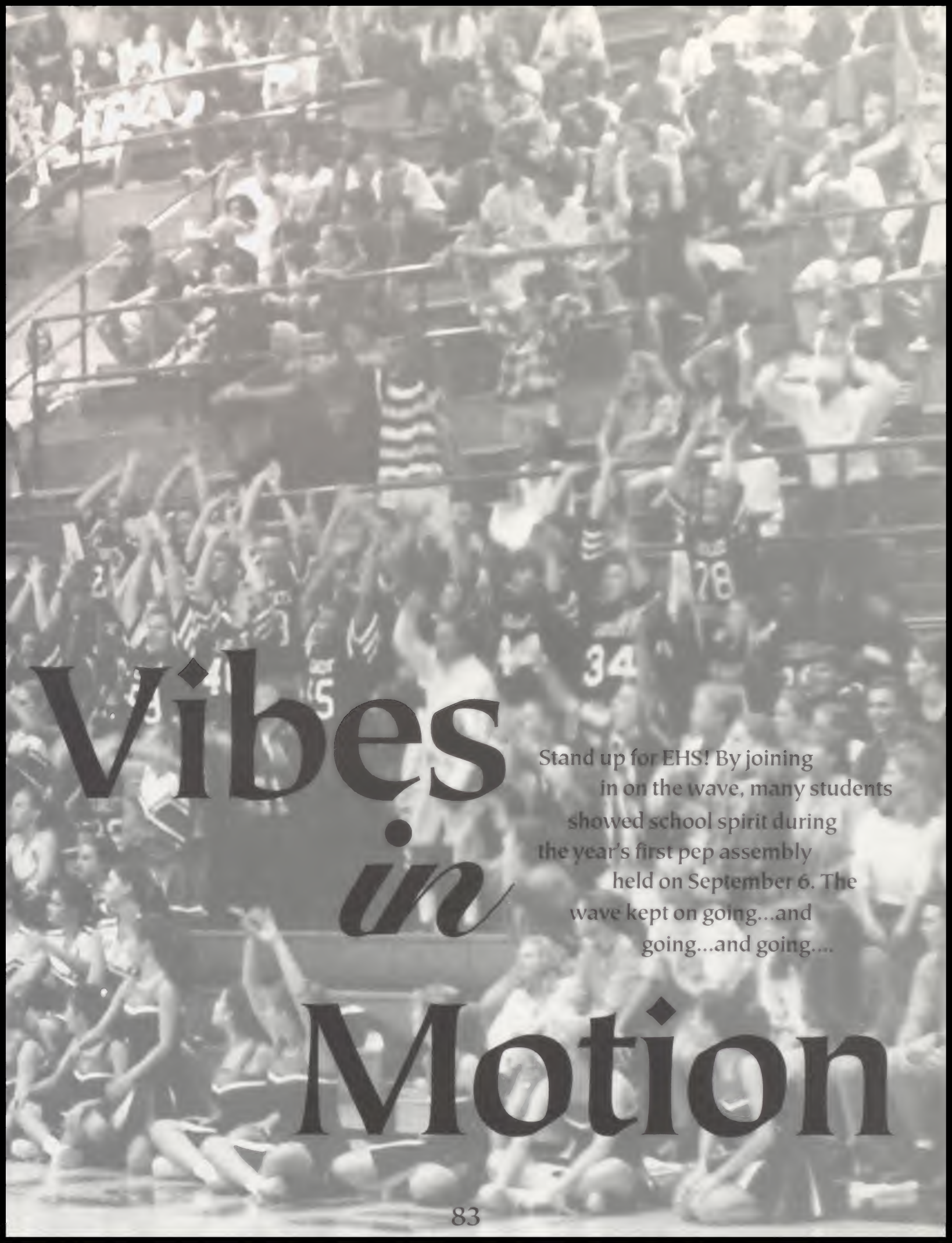
Staring *in awe, seniors* ***Lance Larsen, Justin Bauman, Tim Sams,*** *and* ***Adam Fisher*** *are amazed at some of the things they saw at the art exhibit.*





People

Wave of Life



Vibes *in* Motion

Stand up for EHS! By joining in on the wave, many students showed school spirit during the year's first pep assembly held on September 6. The wave kept on going...and going...and going....



Abbreviations:

AHSME.....American High School Mathematics Exam
AIB.....American Institute of Business
BPA.....Business Professionals of America
CAI..... Corporate Academic Institute
DMACC.....Des Moines Area Community College
EEE.....Triple 'E' Club
FCA.....Fellowship of Christian Athletes
ISU.....Iowa State University
JA.....Junior Achievement
JROTC.....Junior Reserve Officer's Training Corps
NCYL .....National Council on Youth Leadership (no number)
NHS.....National Honor Society (no number)
OA.....Office/Library Aide
SBAC.....School Board Advisory Committee
SCHC.....South Central Honors Choir
UB.....Upward Bound
UI.....University of Iowa
UN.....United Nations
UNI.....University of Northern Iowa



Ackelson, Jill—Class Officer (Treas. 1-2, 4-5); Jr. Board; Kiwanian; Market Sales 7; OA 1-8; Pep "E" Club 1-8 (Treas. 7-8); Scarlet Standout; Scarleteers 5-6; Spanish Club 5-8; Sr. Board; Stud. Gov't. 1-2; UN Trip; Volleyball 1-4; 12th. Kiwanian; Grand View

Akerberg, Brian—Market Sales 7; DMACC

Alderman, Carrie—Acad. Letter; Pep "E" Club 1-4; Top 15%; ISU

Aldini, Ashley—Acad. Letter; Market Sales 7; OA 5-6; Pep "E" Club 7-8; Scarlet Standout; Steppers 3-8; Top 15%; ISU

Allison, Angela—Pep "E" Club 1-6; Photojournalism 5-8; Scarlet Standout; Soccer (Mngr. 1-8); DMACC

Anderson, Donald—Baseball 1-8; Football 1-2; Pep "E" Club 5-8; Scarlet Standout

Anderson, Katie—Acad. Letter; Basketball 1-8; Concert Band 1-8; Jazz Band 5-8; Marching Band 1-8 (Drum Major 7-8); NHS 7-8; Pep "E" Club 7-8; Scarlet Standout; Track 1-4; Volleyball 1-8; Top 15%; Grand View

Apt, Robert, Jr.—Baseball 1-8; Football 1-4; PEOPEL PE; Pep "E" Club 4-8; Homecoming King; Graceland College

Arey, Amanda—Acad. Letter; Talent Search 1-8; Top 15%; DMACC

Baccam, Anburine—Market Sales 6; Pep "E" Club 3-8; Portal 4; Quill 7-8; Scarlet Choir 1-3; Stud. Gov't. 8; ISU

Baccam, Solkham—Acad. Letter; Cross Country 1-2; Leadership Council 3-8; Pep "E" Club 3-4; Portal 5-6; Scarlet Standout; Stud. Gov't. 8; Volleyball 3-4; Top 15%

Baccam, Vathana—UI

Baker, Russell

Bannick, Melissa—Cheerleaders 1-8; Jr. Board; Market Sales 5; OA 1-8; Pep "E" Club 1-8 (Sec. 7-8); Photojournalism 8; Scarlet Standout 4-5; Scarleteers 5-6; Spanish Club 5-8; Sr. Board; Stud. Gov't. 1-4; UN Trip; Grand View

Battin, Christina—Scarlet Standout



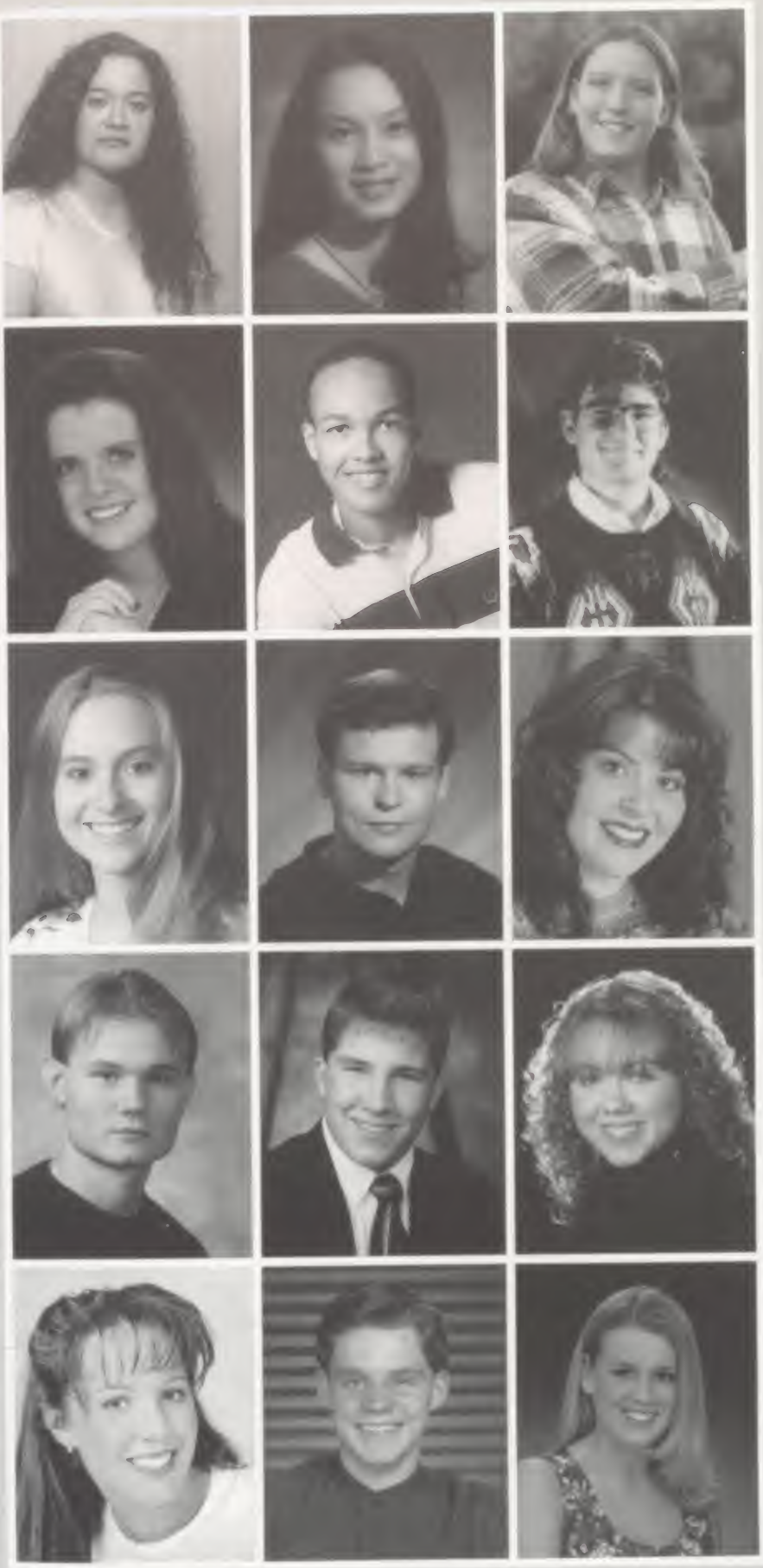
Bauman, Justin—A Cappella 3-6; Basketball 1-8; OA 3; Pep "E" Club 5-8; Prep Ensemble 1-2; Scarlet Standout; Show Choir 3-6; Top 15%.
Bennett, Thomas, Jr.—Football 1-4; Pep "E" Club 7-8; DMACC
Bethards, Nickolals

Blackford, Mario—Key Club; Pep "E" Club 1-8; Spanish Club 1-2; Talent Search 1-6; Russian Exchange; Grand View College
Blair, Cardi—Acad. Letter; Concert Band 1-8; Honor Band; Jazz Band 7-8; Marching Band 1-8 (Drum Major 7-8); NHS; Scarlet Standout; Spanish Club 3-4; Top 15%.
Blonerowski, Slawomir

Blue, Danielle—Pep "E" Club 1-2; Top 15%; Grand View
Bos, Melissa
Bosley, Joseph

Boucher, Maryanna
Breese, Stephanie—BPA 7-8; Cheerleaders 5-6; Class Officer 1-4; Jr. Board; OA 7-8; Pep "E" Club 1-8; Photojournalism 6; Scarleteers 5-6; Stud. Gov't. 1-2; Volleyball 1-2; DMACC
Brookes, Donald

Brown, Philip—Scarlet Standout; School Play 1-6; Theater Arts 5-6; Home Remodeling
Butts, Talisa—Basketball 1-4; Leadership Council 7-8; Pep "E" Club 7-8; Sr. Board; Talent Search 1-8; Treble Choir 1; Science Bound 1-8; Success 6-8; ISU
Byars, Matthew



Cain, Kelli—Pep "E" Club 1-8; Nursing, Grand View
Cain, Kingsley—Key Club 5-8; Leadership Council 5-8; Pep "E" Club 5-8; Scarlet Standout; Spanish Club 5-8; Stud. Gov't 5-8 (VP 7-8); UI
Cameron, Jill—Basketball 1-8; Golf 1-6; Spanish Club 8.

Carlson, Stephanie—Acad. Letter; BPA 5-8; Cheerleaders 1-7; Class Officer 3-6 (VP 3-4, Secretary 5-6); Jr. Board; Pep "E" Club 5-6; University of Texas
Cashin, Joseph—Basketball 1-8; Track 8; Grand View
Casper, Georgia

Cheek, Sheela
Clark, Dale
Clesbirn, Michale—Market Sales 3; Pep "E" Club 1-2; Scarlet Standout; Iowa School of Beauty

Conn, Ricky
Corbin, Brian—Baseball 1-4; Football 1-6; Wrestling 3-6
Cosner, Jenifer—Pep "E" Club 3-6; Scarlet Standout; Steppers 3-4; DMACC

Cowger, Paige
Cowie, Robert
Cox, Kristi—Cheerleaders 3; Class Officer 1-6; Jr. Board; Pep "E" Club 1-4; Play Production 1-4; Scarlet Standout; School Play 1-4; Scroll 3-8 (Ed.-in-Chief 7-8); Softball 1-2; Stud. Gov't. 1-2; Theater Arts 3-4; Track 1-2; UN Trip; UI

Crook, Nicole—Drama Club 1-8; Key Club 7-8; Leadership Council 3-8; Mock Trial 1; Orchestra 1-3; Play Production 1-8; Scarlet Standout; School Play 1-8; Soccer 6-8; Talent Search 1-2; Theater Arts 3-8; Thespians 1-8; Track 2; UB 2; UL

Crum, Anthony—Baseball 1-8; Basketball 1-4; Market Sales 7-8; Pep "E" Club 7-8; Scarlet Standout; Spanish Club 4-8; Florida State

Curl, Andrea—Acad. Letter; Concert Band 1-8; Key Club 5-8 (Sec. 7-8); Marching Band 1-8; NCYL; NHS; Pep "E" Club 7-8; Portal 7-8; Quill 3-8 (Copy Ed. 5-6, Design Ed. 7-8); Russian Exchange 3-4; Scarlet Standout; Stud. Gov't. 3-4; Top 5%; UNI

Dahlberg, Jamie—Indian Hills College

Dalrymple, Brenda—OA 1-5; Photojournalism 4-7; Scarletteers 3-4; 12B; UN Trip; Volleyball 1; DMACC

Davenport, Corynd—Top 15%.

David, Anthony—Acad. Decathlon 6; Acad. Letter; Basketball 1-2; Japanese Exchange; Knowledge Masters 5-6; NHS; Scroll 3-4; Swimming 7-8; Track 1-4; 7-8; Top 3%; Augsburg College

Davis, Autum—A Cappella 5-6; Cheerleaders 1-8; Jr. Board; PEOPEL/PE 7; Pep "E" Club 1-6; Prep Ensemble 1-4; Scarlet Standout; Show Choir 6; Stud. Gov't. 1-5; Tennis 4-6; UN Trip; Top 15%; DMACC

Davis, Mendy

Dix, Lisa—Grand View

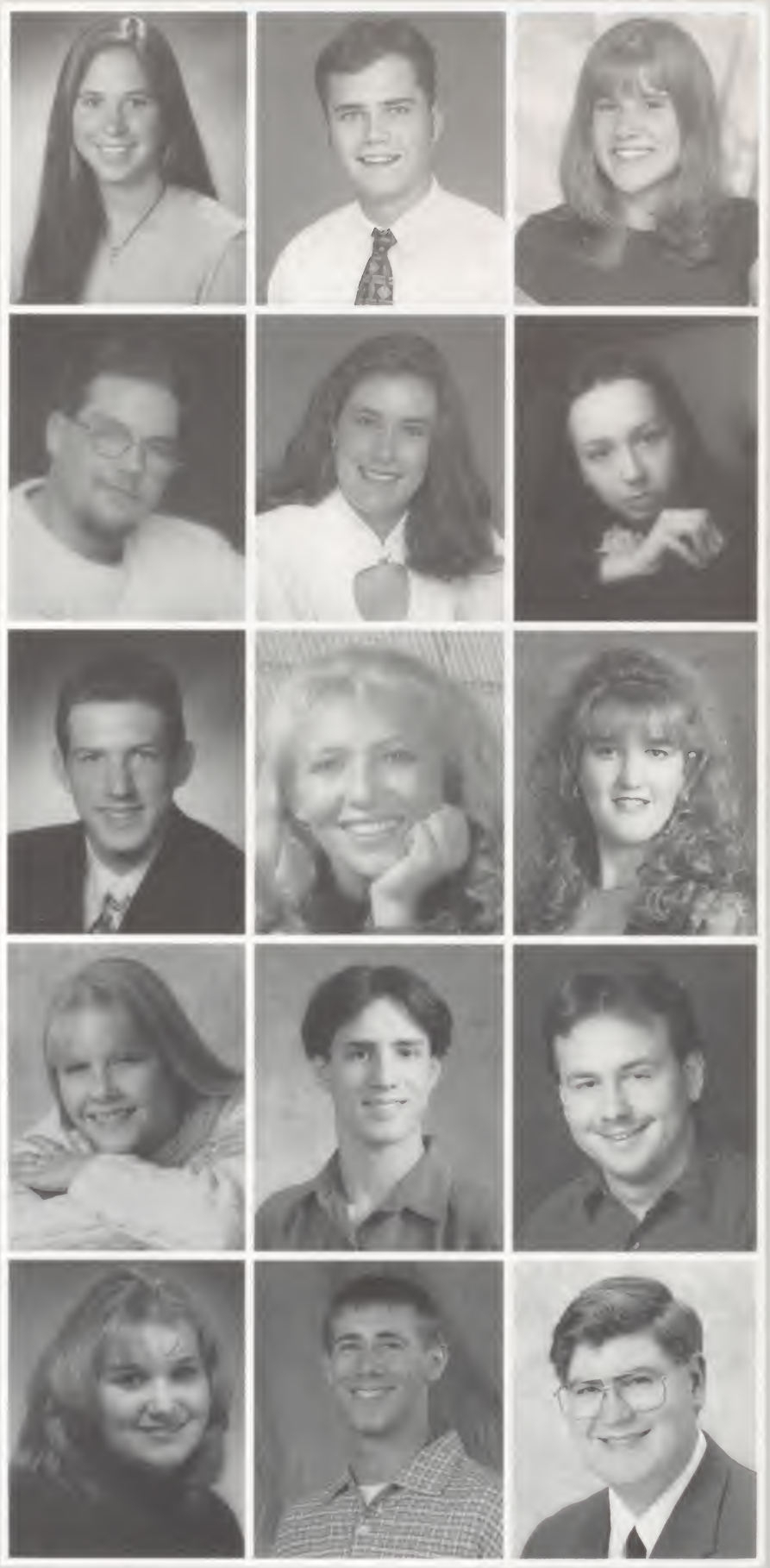
Delfs, David—Acad. Letter; Scarlet Standout; Track 4-8; Top 15%; ISU;

Dougherty, Jeff—A Cappella 4-6; Chamber Choir 7-8; Football 1-3; Show Choir 4-6

Dudley, Lindsay—Central Campus Radio Station; New Horizons 3-4; Pep "E" Club 7-8; Portal 7-8; Scarlet Standout; DMACC

Dulin, Thomas—Football 5-7; New Horizons 4; Pep "E" Club 7-8; Scarlet Standout; Wrestling 5-6; DMACC

Duncan, Steven—Football 3-4; Scarlet Standout; School Play 3-4; Air Force





Elliott, Joy—BPA 7-8; Cheerleaders 1-8; Jr. Board; Market Sales 5; OA 1-8; Pep "E" Club 1-8; Softball 1-8; UN Trip. DMACC
Erickson, Adam—Acad. Letter; Chamber Choir 1-8 (Treas. 7-8); NCYL; NHS. Pep "E" Club 1-8; Quill 4; Scarlet Standout; Show Choir 1-8; Spanish Club 7-8; Top 15%. North Park University
Fallis, Jennifer—Acad. Letter; Key Club 7-8; Kiwanian; NCYL; NHS (Treas.); Pep "E" Club 1-8 (VP 7-8); Quill 3-8 (ORG. Ed. 5-6, Co-Ed. 7-8); Scarlet Standout; Spanish Club 3-4; Sr. Board; Volleyball 1-8. Top 3%. UNI

Fetter, Laura—A Cappella 3-6 (Sec. 5-6); Acad. Letter; Drama Club 3-4; Key Club 7-8; NHS; Pep "E" Club 3-8; Prep Ensemble 1-2; Scarlet Standout; Show Choir 3-6; Spanish Club 3-4; Stud. Gov't. 3-4. Top 3%. Central Bible College of the Assemblies of God
Fisher, Adam—Art Club 1-2; Class Officer 7-8 (Treas.); Kiwanian; Pep "E" Club 1-8; Portal 7-8; Scarlet Standout; Scroll 3-8 (Design Ed. 5-8); Spanish Club 3-8; Sr. Board. UNI
Foreman, Leslie—Market Sales 5; Pep "E" Club 7-8; 12B; UN Trip. DMACC

Forest, Matthew—Pep "E" Club 7-8; Scarlet Standout; UN Trip. Top 15%. UI
Fox, Amanda
Frank, Glenna—A Cappella 3-4; Acad. Letter; Drama Club 1-4; French Club 1-2, 5-8; HOBY 3; Key Club 3-8 (Pres. 7-8); Leadership Council 5-8; NCYL; NHS (Sec.); Scarlet Standout; Scarleteers 7-8; Scroll 3-8 (Opinion Ed. 7-8); Show Choir 3-4; Stud. Gov't. 7-8. Tennis 1-8; Treble Choir 1-2. Top 5%. Central

French, Amanda—OA 5-8; Pep "E" Club 5-8; Scarlet Standout; Spanish Club 5-8. Top 15%. Air Force
Fuller, Jenn—Acad. Letter; Class Officer 7-8 (Sec.); HOBY 3; Key Club 5-8 (Historian 7-8); Kiwanian; NCYL; NHS (Pres.); Pep "E" Club 1-8 (Pres. 7-8); Quill 3-8 (PEC). Ed. 5-6, Co-Ed. 7-8); Scarlet Standout; Soccer 2-4 (Mgr. 2-4); Sr. Board; Stud. Gov't. 1-2; Treble Choir 1-2; UN Trip. Top 15%. Luther College
Garringer, Nichole—Acad. Letter; Colorguard 1-2; French Club 3-4; NHS. Top 15%. Drake

Garrison, Heather—Leadership 3-4; Play Production 2, 7-8; Scarlet Standout; School Play 2, 7-8; Silent Vibes 4, 7.
Gary, Thomas
Gathercole, Jeffrey—Baseball 1-8; Basketball 1-4; Pep "E" Club 7-8; Track 1-2. Grand View



GERVAIS, ERIKA—Golf 2,6,8; Pep "E" Club 1-2,5-8; Scarlet Standout; Scroll 5-8; Stepper 5-8 (Co-Capt. 5; Capt. 6); Talent Search 1-8; Top 15%; ISU
GIST, NICOLE
GODDARD, AMY—Basketball 1; Leadership Council 5-6; Market Sales 7; Pep "E" Club 3-8; Scarlet Choir 1-2; Scarlet Standout; Spanish Club 3-6; Talent Search 1-8; ISU

GRAY, MELISSA—Pep "E" Club 1-8; Photojournalism 3-8; Softball 1-8; UN Trip.
GRIFFIN, JODIE—Colorguard 1-4; Drama Club 3-4; Leadership Council 5-8; New Horizons 8; Play Production 1-8; Scarlet Standout; School Play 1-8; Silent Vibes 1-8; Steppers 5-8; Talent Search 1-8; Tennis 5-6; Theater Arts 3-8; Thespians 5-6; DMACC
GRUND, JENNIFER—BPA 7-8; Pep "E" Club 7-8; Steppers 3-8 (Capt. 7-8); UN Trip; DMACC

GUFFEY, CHRISTOPHER
GUYER, JEFFREY
HAAG, RYAN—Pep "E" Club 7-8

HALE, DEANN—Scarlet Standout; Nursing 5-8; DMACC
HAMM, KEVIN
HANKE, STUART—Art Club 7-8; Drama Club 7-8; Leadership Council 7-8; Orchestra 1-3; Pep "E" Club 7-8; Photojournalism 7-8; Play Production 7-8; Spanish Club 7-8; Theater Arts 7-8; Webster University

HANSEN, SHARI—Key Club 5-8; Pep "E" Club 2-4; DMACC
HARRIS, ELIZABETH
HART, CHARITY—PEOPLE PE 1-8; Pep "E" Club 7-8; Scarlet Choir 1-2





Haws, Stacy—New Horizons 7-8; OA 5-8; Pep "E" Club 1-8; Portal 7-8; Quill 4; Scarlet Standout; DMACC
Heckenbrand, Josh—Basketball 1-7; Track 1-3
Hemsath, Christopher





Henderson, Samuel—Scarlet Standout; Wrestling 5-8
Hewitt, Rebecca—Nursing
Hicks, Amy—Scarlet Standout





Hills, Jodi—Cheerleader 1-2; Pep "E" Club 1-6; Photojournalism 7-8; Spanish Club 7; DMACC
Hollingsworth, Amy—Basketball 1-2 (Manager 3-4, 7-8); Junior Board; OA 1-8; Pep "E" Club 1-8; Scarlet Choir 3-4; Scarleteers 2-4; Scroll 5; Senior Board; Stud. Gov't. 1-8 (Publicity); Track Manager 3-4; Treble Choir 1-4; Volleyball 1-2; UI
Hovey, Angela—BPA 7-8; Pep "E" Club 5-8; AfB





How, Vann
Hughes, Kristina—Debate 3-4; Key Club 7-8; Orchestra 1-4; Pep "E" Club 1-8; School Play 3-4; Scroll 7-8 (News Editor); Stud. Gov't. 5-7; Tennis 3-8; Un Trip CAI 7-8; Tutoring 8; UI
Hull, Amanda





Hull, Stacey
Hummel, Sheila—Pep "E" Club 1-6; Volleyball 1; DMACC
Humphrey, Matthew—Acad. Letter 1-4; BPA 4; French Club 1-4; Golf 1, 5; NHS 5-8; Portal 4; Scarlet Standout; Talent Search 1-8; Top 15%; Army Reserves



Hunt, Scott—A Cappella 1-6; Chamber Choir 7-8; Concert Choir, NYC Choir; OA 5; Pep "E" Club 1-2, 7-8; Prep Ensemble 3-4; Show Choir 1-8.
Hutchison, Melissa
Jacobs, Jennifer—Acad. Letter; Cheerleaders 7-8; Market Sales 7-8; Pep "E" Club 5-8; Scarlet Standout; Top 3%; DMACC

Jacobs, Nicole—Top 3%.
Jacobus, Jacki—Acad. Letter; Concert Band 1-6; Marching Band 1-6; NHS 6-8; Scarlet Dance Squad 3-6; Scarlet Standout; Treble Choir 1-2, 5-6; Top 15%.
James, Angela—New Horizons 3-4; Scarlet Dance Squad 1-8; Scarlet Standout; School Play 5-6; Track 1-2; UCLA

James, Valora
Jennings, Angela—BPA 7-8; Cheerleaders 3-8 (Capt. 7-8); Jr. Board; Market Sales 5-6; Pep "E" Club 1-8; Scarlet Standout; Scarleteers 5-6; Volleyball 1-2; A|B
Jividen, Kati—Acad. Letter; Colorguard 3-4, 7-8; French Club 3-8; Key Club 5-8 (VP); NHS 7-8; PEOPEL PE 5-8; Pep "E" Club 5-8; OA 4-8; Scarleteers 5-8; Scarlet Standout; Scroll 3-8 (Copy Ed. 5-8, Sports Ed. 7-8); Soccer 5-8; Stud. Gov't. 7-8; UN Trip; Top 3%; ISU

Johnson, Misty—PEOPEL PE 1-8; Scarlet Choir 1-2.
Jones, Joel—Acad. Decathlon 5-8; Art Club 5-8; Knowledge Masters 5-8; Scarlet Standout; Top 15%.
Jones, Lara—Pep "E" Club 5-8; Sr. Board; Stud. Gov't. 1; Swimming 1-8; Tennis 1-2; UN Trip

Jones, Nicholas—DMACC
Kilgore, Adam—Pep "E" Club 7-8; Spanish Club 5-6; Talent Search 1-8; UNI
King, Lisa—Track 1-2; Swimming 3-6; Spanish Club 1-2; Pep "E" Club; DMACC



KNIGHT, KATY—BPA, Jr. Board; Market Sales 5-6; Pep "E" Club 7-8; UN trip. AIB.
KOCK, NICOLE—Cheerleaders 2-4, OA 3-4, 7-8; Pep "E" Club. DMACC.
KOUANG, KHAMSOUTH—Wrestling 1-2. Grand View.

LACQUEMENT, NICKI—Scarlet Standout; Softball 1-2. Top 15%. DMACC.
LARSEN, LANCE—Acad. Letter; Basketball 1-8; Cross Country 1-4; NHS 1; Pep "E" Club 5-8; Talent Search 1-8; Track 1-4. Top 15%.
LEARD, TIM—Football 1-8; Market Sales 5-6; Pep "E" Club 5-8; Scarlet Standout; Talent Search 1-8; Wrestling 1-6. DMACC.

LECLERC, ELIZABETH—BPA 3; Chamber Choir 5-6, OA 5-6; Treble Choir 1-2, Drake Honor Choir 5.
LESTER, AMI
LEITE, JENNIFER—Basketball 1-2, Colorguard 3-8; French Club 1-8 (Sec. 7-8); OA 2; Pep "E" Club 1-2, 5-8; Stud. Gov't. 7; Tennis 7-8. UN Trip. ISU.

LEFLEUR, ANNA—Chamber Choir 7-8; Scarlet Choir 1-2; Tennis 3-4; Treble Choir 3-6.
LEONARD, MATT—Basketball 1-8; Golf 1-8; Pep "E" Club 5-8; Scarlet Standout; Scroll 3-8 (Ad Mgr.); Tennis 1-8; NCYL; Kiwanian. Top 15%. Bradley University.
LESTER, MELISSA—Pep "E" Club 1-8. DMACC.

LEWIS, EMILY—Basketball 1-4; Chamber Choir 7-8; Pep "E" Club 5-8; Scarlet Choir 1-2, Show Choir 7-8, Spanish Club 7-8; Stud. Gov't. 7-8; Track 1-4; Treble Choir 3-6. UNI.
LEWIS, LAURA—BPA 6; Cheerleaders 1-5; OA 1-6; Scarlet Standout; Scarlettes 1. University of Texas.
LINVILLE, CHRISTINA

Littell, Nicole—Basketball 1-4; Cheerleaders 7-8; Class Officer (VP 7-8); Junior Board; Kiwanian; OA 1-8; Photojournalism 6-8; Scarlet Standout; Scarleteers 3-6; School Play 4-6; Senior Board 7-8; Steppers 5-6; Talent Search 1-8; Volleyball 1-6; Pep "E" Club 1-8 (Board 3-8). UNI

Lockman, Lydel—Basketball 1-2; Football 1-8; Scarlet Standout; Track 1-2

Lorfscher, Chad—Baseball 1-8; Basketball 1-4; Football 1-2. DMACC

Lovan, Diane—A Cappella 5-6; Junior Board; Prep Ensemble 1-4; Scarlet Standout; Show Choir 5-6; JV Steppers 3-6(Co-Captin 5-6); Concert Choir 7-8. La James School of Beauty

Lovell, Shane—Market Sales 5-6; Talent Search 1-8. DMACC

Lozano, Abigail—Acad. Letter 5-8; Concert Band 1-6; Marching Band 1-4; NHS 7-8; OA 7-8; Scarlette Standout; Senior Board; Swimming 1-8; Tennis 3-4; NCYL; Top 15%. ISU

Lucas, Stephanie

Manninga, Adam—Market Sales 5-6. DMACC

Matticks, Presha—Acad. Letter 1-4; Colorguard 1-2; OA 1-6; Scarlet Standout; Top 15%.

Mauk, Melissa—BPA 5-6; Debate 1-4; Key Club 7-8; Leadership Council; NHS; Student Government 5-8 (Sec 7-8); Top 15%.

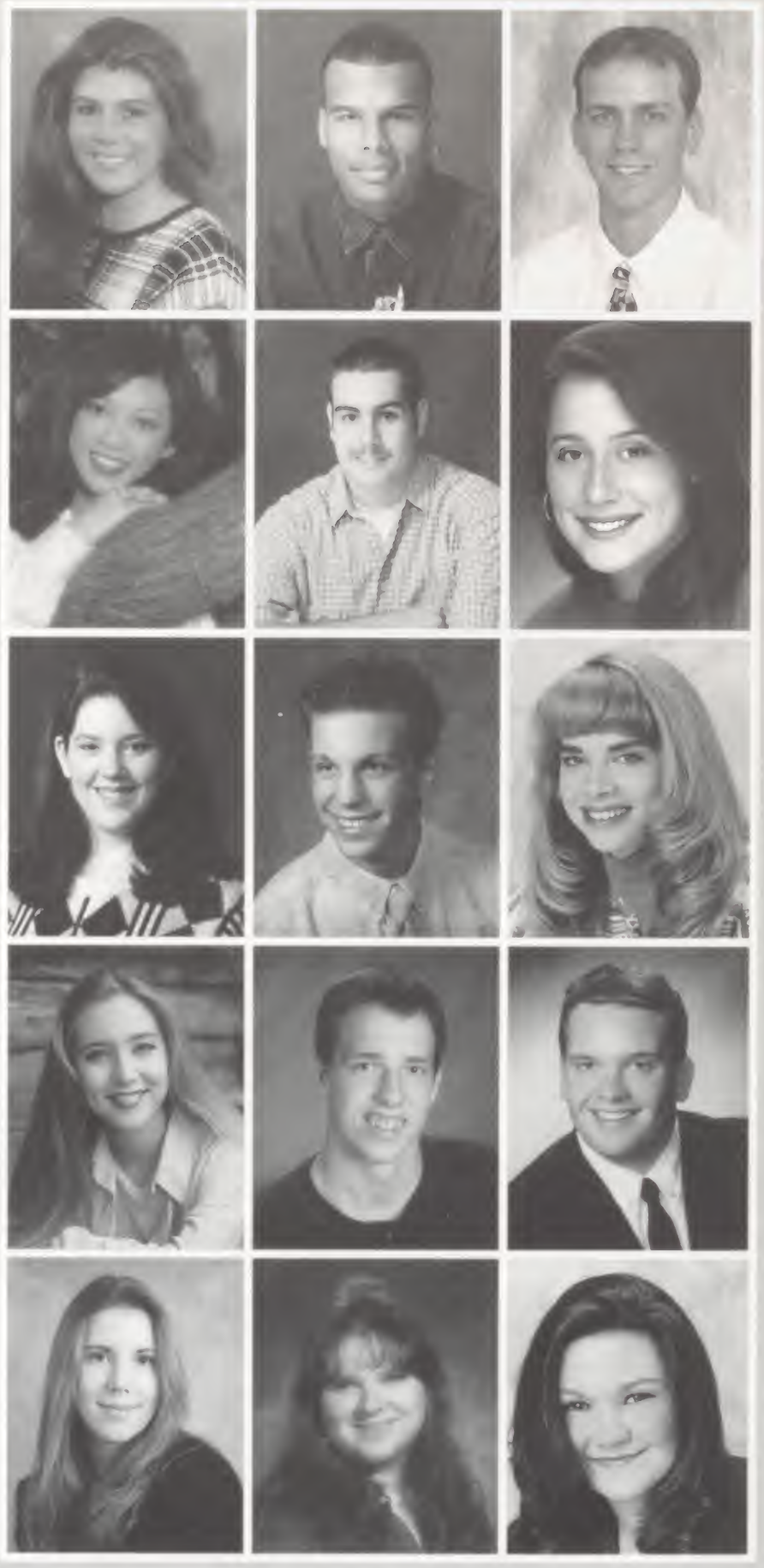
May, Rhoney

Mc Aninch, Brant—Football 3-6; New Horizons 7-8; Pep "E" Club 7-8

Mc Carl, Becky

Mc Crea, Stacee—Pep "E" Club

Mc Elvogue, Alesha





Mc Fadden, Adam—Acad. Letter 1-2; Baseball 1-2; Basketball 1-8; Market Sales Pep "E" Club, Top 15%. DMACC
Mc Mahon jr., Dennis —School Play 1-2, 5-6; Silent Vibes 3-8; Theater Arts 5-6; Army
Mc Williams, Craig—Football 1-8. DMACC

Meehaus, Abby—Top 15%.
Medina, Michael—Football 1-4. DMACC
Mefford, Elizabeth—Acad. Decathlon 3-4; Basketball 1-2; Chamber Choir 1-4; Concert Band 1-2; Jazz Band 1-2; Marching Band 1-2; Play Production 1-4; Scarlet Choir 3-4; School Play 1-4; Softball 1-2; Thespians 1-8; Track 1-8; Treble Choir 7-8; Volleyball 1-4; CAI 5-6. DMACC

Mills Patricia—Market Sales 7-8; OA 3-8; Scarlet Standard; JV Steppers 5-6.
Mix, Stephanie
Moon, Jennifer

Moyle, Angie—Basketball 1-2; Colorguard 3-8 (Capt 5-8); Market Sales 7-8; Pep "E" Club 3-8; Scarlet Choir 1-2; Scroll 5-6; Stud. Gov't 7-8; UNI
Murphy, Mary Ann —French Club 5-8; Pep "E" Club 3-8; Scarlet Choir 1-2; Stud. Gov't 7-8.
Murray, Thomas—Pep "E" Club; AV Aide; National Concrete Service

Myer, Jenni—Pep "E" Club 1-8; Spanish Club 3-4; Talent Search 7-8; Tennis 3-6; Treble Choir 5-6; Grand View
Navratil, Ryan—Baseball 3-4, 7-8; Wrestling 1-8
Nicoletto, Timothy—Pep "E" Club 7-8; Stud. Gov't 7-8; UNI



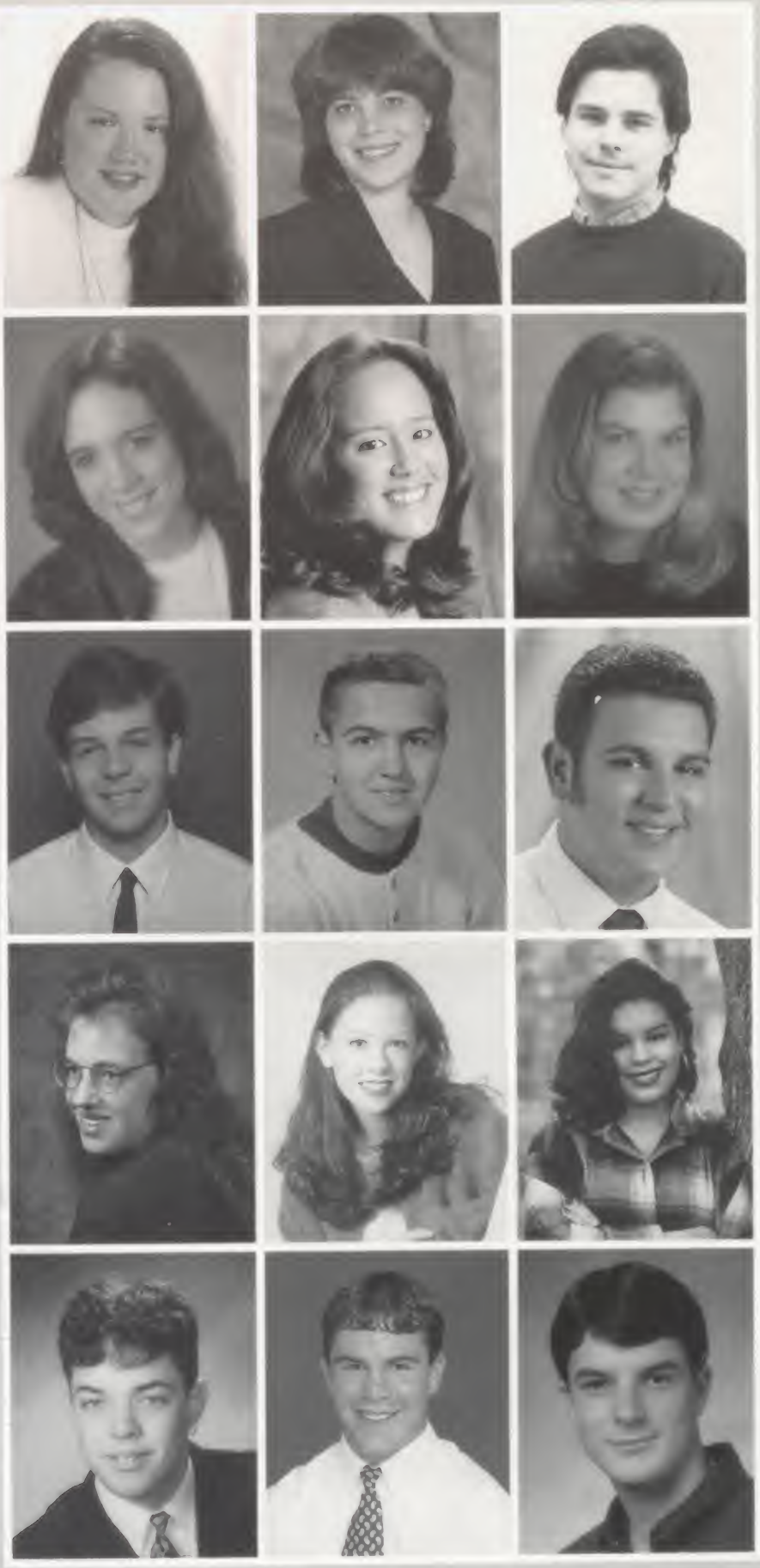
Noble, Jeremy
Olson, Eugene—Baseball 1-8; Basketball 1-2; Football 1-8; Pep "E" Club 7-8; Scarlet Standout; UN Trip; Top 15%.
Oltman, Sherida—A Cappella 3-6; Acad. Letter; Chamber Choir 7-8; Pep "E" Club 5-8; Scarlet Standout; Show Choir 3-6; Sr. Board; Treble Choir 1-2; Volleyball 1-4; Top 15%.

Overton, Sabrina—Cheerleading 1-8; Class Officer 1-2 (VP) 3-4 (Pres.); Jr. Board; Market Sales 7; Pep "E" Club 1-8; Photojournalism 6; Spanish Club 5-8; Sr. Board; Stud. Gov't. 1; UN Trip; 12B (Chairperson); DMACC.
Pace, Celeste—New Horizon 1; JROTC.
Palmer, Debra—BPA 7-8; Scarlet Standout.

Panvaree, Sadanan—BPA 5-6; Jr. Board; Leadership Council; Market Sales 5-6; OA 3-4, 7-8; Pep "E" Club 1-8; Sr. Board; Stud. Gov't. 1-8, 7-8 (Pres.); Tennis 3-6; UN Trip; Volleyball 3-4; 12B; Kiwanian. The Art Institutes International
Parcel, Colleen—Drama Club 3-8; Orchestra 1-4; Play Production 5-7; School Play 3-7; Silent Vibes 5-7; Theater Arts 5-7.
Patterson, Crystal—Acad. Letter; Basketball 1-4; Class Officer 7-8 (Pres.); Debate 1-2; Kiwanian ; NHS 7-8; Pep "E" Club 1-8; Scarlet Standout; Soccer 5-8; Softball 4; Spanish Club 1-8; Sr. Board; Swimming 3-8 (Capt. 7-8); Track 3-8 (Capt. 7-8); UN Trip; CAI 7-8; NCYL 6-7; Top 3%. UI

Penake, David—Acad. Letter; Football 3-8; NHS 7-8; Scarlet Standout; Soccer 1-8; Spanish Club 7-8; Sr. Board; Stud. Gov't. 1-4; Talent Search 1-8; UN Trip; District Advising Committee On Curriculum 7-8; Central Academy 1-8. Top 3%. Colorado School of Mines
Perkins, Vanessa—Debate 1-2; Pep "E" Club 7-8; Soccer 7-8. Western Missouri State College
Peterson, Michael—Acad. Letter; Baseball 1-8; Basketball 1-2, 7-8; NHS; Scarlet Standout; Talent Search 3-8. Top 15%. Simpson College

Phaydavong, Kaiphat—Cross Country 1-2; Debate 1-2; Football 7-8; Forensics 1-2; French Club 1-4; Scarlet Standout; Swimming 7-8; Track 1-8. ISU
Pierson, Jennifer—Pep "E" Club 1-8.
Piper, Jessica—Basketball 3-6; OA 5-8; Pep "E" Club 1-8; Scarlet Choir 1-2; Softball 1-8; Track 3-4. Volleyball 1-8. Grand View



Porter, Dawn—Concert Band 1-8; Leadership Council 5-8, Marching Band 1-8; Play Production 5-8; School Play 5-8; Silent Vibes 3-4, 7-8; Theater Arts 5-8.
Potter, Kelly—Concert Band 2-8; French Club 1-8; Jazz Band 3-8; Key Club 5-8; Marching Band 3-8; Pep "E" Club 3-8; Scroll 7-8; SCI-LINK 3-4. York College
Potts, Jason—OA 5-8.

Pratt, Jennifer—OA 5-8; Scarlet Standout; Stud. Gov't. 7-8.
Prudencio, Jennifer—French Club 3-4; Photojournalism 7-8; Scarlet Standout; Scarleteers 5. DMACC.
Reese, Carrie—DMACC.

Reuppel, Bradley—Concert Band 5-8; Jazz Band 5-8; Marching Band 5-8; School Play 1-2, 5-6.
Reynolds, Bradly—JROTC.
Rivas, Shaun—BPA 7-8; Market Sales 5-6.

Robuck, Tara—Pep "E" Club 7-8; School Play 7-8; Theater Arts 5-6. DMACC.
Rooker, Natalie—Pep "E" Club 7-8; Scarlet Standout; Stud. Gov't. 5. ISU.
Ruiz, Lenvia—Basketball 1-2; New Horizons 7-8; Science Bound 1-4. Air Force.

Saddoris, Sean—All City Honor Band 7; Basketball 2; CJC Honor Jazz Band 1, 6; Concert Band 1-8; Cross Country 2; Golf 3; Iowa State Honor Band 5-6; Jazz Band 1-8; Marching Band 1-8; SCIBA Honor Band 8.
Sams, Timothy—Baseball 1-8; Basketball 2; Football 1-8; Pep "E" Club 1-8; Spanish Club 7-8; Pat McManus Organization. North Central Missouri Jr. College.
Samuelson, Jay—Basketball 1-2; Market Sales 5-6. DMACC.

Sayaxang, Chola—Acad. Letter; NHS 7-8; Scarlet Standout; Top 3%. UI
Schillinger, Michelle—New Horizons 1-8; Scarlet Choir 3-4.
Schillinger, William—DMACC

Shanahan, Brendan.
Shelton, Laura—Acad. Letter; Key Club 7-8; Orchestra 1-4; Pep "E" Club 1-8; Portal 7-8; Quill 4; Scarlet Standout; Spanish Club 3-6; Tennis 3-8; UN Trip. Top 15%.
Shilling, Adriana—Basketball 1-2; Leadership Council 7-8; NHS 7-8; Scarlet Standout. Top 15%.

Short, Jason—New Horizons 3-4.
Sims, Timothy—Football 1-4.
Slaughter, Michelle—Track Mgr. 7-8; Leadership Council 5-8; New Horizons 1-8; Pep "E" Club 3-8; Scarlet Choir 1-2; Scarlet Standout; Spanish Club 7-8; Clerical Aide. Top 15%. DMACC

Smith II, David—Pep "E" Club 1-8; Student Government 3-6.
Smothers, Angela—Iowa School of Beauty
Sou, Leann—Basketball 1-2; Cheerleading 3-7; French Club 1-8; Jr. Board; Leadership Council 1-4; OA 1-5; PEOPEL PE 5; Pep "E" Club 1-8; Scarlet Standout; Scarleteers 1-6; Stud. Gov't. 1-6; Tennis 3-8; Volleyball 3-4. ISU

Stammer, Zachary—Football 1-8.
Standley, Christopher—Acad. Letter; Baseball 1-8; Basketball 1-8; Football 1-8 (Capt 7-8); Pep "E" Club 7-8; Scarlet Standout; Spanish Club 7-8; Sr. Board; Track 3-6.
Stephenson, Chad





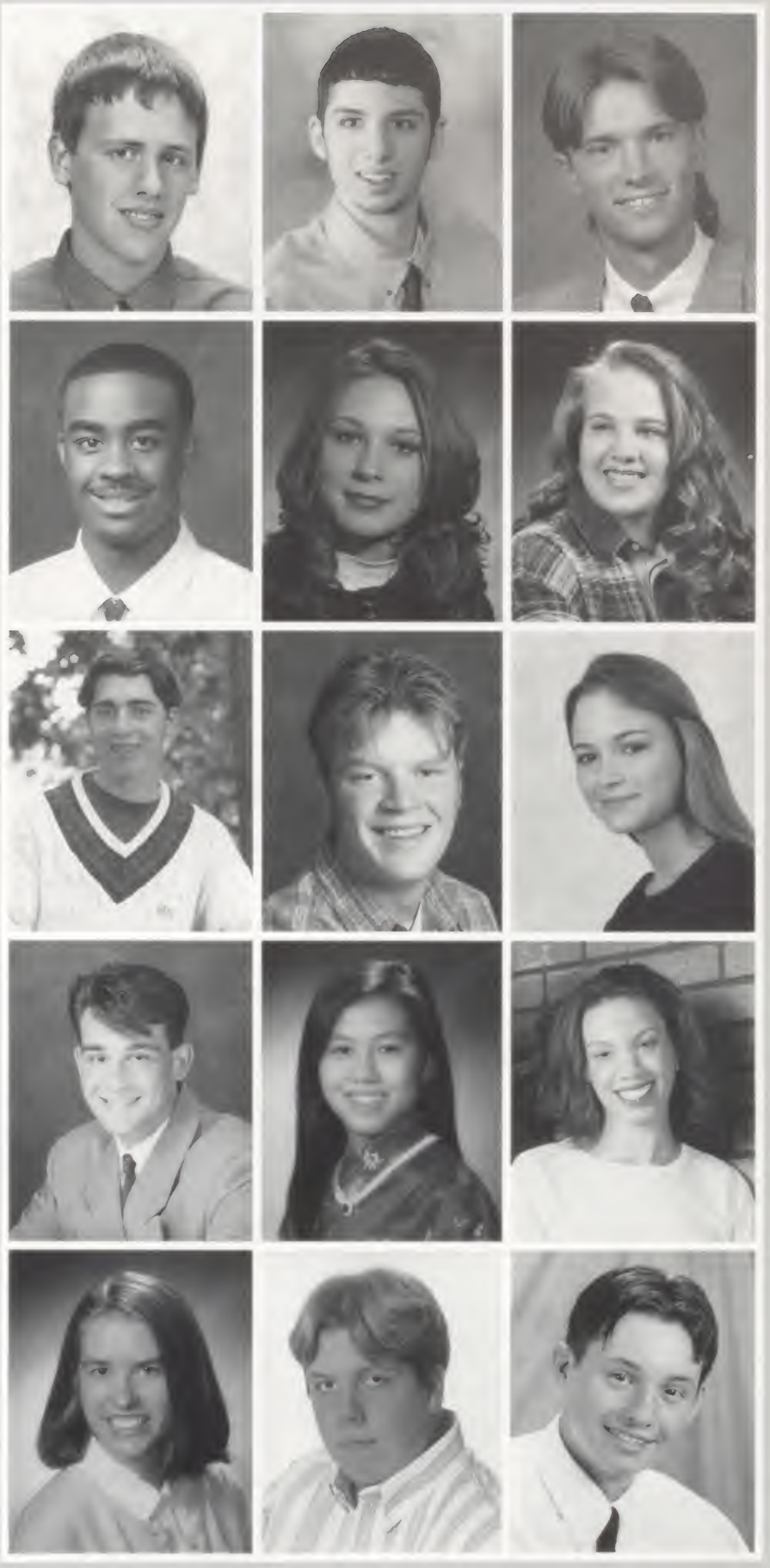
Stevenson, Nicole—Basketball 1-2; New Horizons 7-8; Pep "E" Club 1-8; Scarlet Standout; DMACC.
Stirrs, Luke—PEOPEL PE 3-4; Pep "E" Club 1-8; Scroll 5-6; Wrestling 7-8; Nashville Auto Diesel College.
Straub, Amanda—A Cappella 7-8; Prep Ensemble 3-4; Treble Choir 5-6; DMACC.

Straub, Robert—Acad. Letter; Art Club 7-8; Portal 5-6; Scarlet Standout; Home Remodeling 3-8.
Swacker, Jami—Acad. Letter; Debate 5-8; NHS 6-8; Pep "E" Club 5-8; Quill 3-8 (Ad. Editor); Scarlet Standout; Swimming 1-8; Talent Search 5-8; NCYL 7-8; Top 3%; Drake University.
Swacker, Patience—New Horizons 4-7; OA 5-6; Scarlet Standout; Scroll 5-8.

Swayne, Amber—A Cappella 3-6; Basketball 1-6; BPA 7-8 (VP); Chamber Choir 7-8; Key Club 5-8; PEOPEL PE 3-8; Pep "E" Club 1-8; Scarlet Choir 1-2; Scarlet Standout; Show Choir 3-8; Sr. Board; Stud. Gov't. 5-8; Tennis 7-8; Track 1-2; Volleyball 3-4; UNI.
Swayne, Jaime—A Cappella 1-4; Basketball 1-4; Concert Band 1-3; Marching Band 1-3; PEOPEL PE 6-8; Pep "E" Club 1-8; Prep Ensemble 1-2; Scarlet Standout; Show Choir 2, 7-8; Sr. Board; Stud. Gov't. 7-8; Track 2; Volleyball 3-4; Mercy School of Nursing.
Swinehart, Victoria—Scarlet Standout.

Taha, Christina—Acad. Letter 3-8; Basketball 1-8; BPA 7-8 (Pres.); Cross Country 3-5 (capt.), NHS 7-8; OA 1-8; Pep "E" Club; Portal 1-4; Scarlet Standout; Spanish Club 3-6; Track 1-8; NCYL 6-7; Top 3%; ISU.
Tallman, Kevin—Wrestling 1-4; UI.
Taycher, Letisha—Basketball 1-2; Colorguard 3-6; Concert Band 1-6; Marching Band 1-6; Quill 3-4; Scarlet Standout; Sci-Link 3-4; Top 15%.

Thompson, Cynthia—Basketball 1-2; Market Sales 7.
Thompson, Jacob—Debate 1-2; Pep "E" Club 7-8; Scarlet Standout.
Thompson, Johanne—Colorguard 5-8; PEOPEL PE 7-8; Pep "E" Club 5-6; Scarlet Standout; Stud. Gov't. 7-8; Swimming 3-4; UNI.



THOMPSON, KENNETH
TURVEY, BRAD—Market Sales 5; New Horizons 5-8, Portal 6.
TYLER, DUSTIN

UBOM, ANIEKAN—Basketball 1; Football 3; New Horizons 1-2, Scarlet Standout. Howard University
VAHEY, STACY
VAN BLARICUM, TIPHANY—New Horizons 5-6; Pep "E" Club 3-4; Scarlet Standout; Scroll 5-6. AIB

VANCE, TROY—Baseball 3-4; Basketball 1-2; Cross Country 3-8; Football 1-2; Track 1-8. UNI
VENN, JEREMY—Football 1-2; PEOPLE PE 7-8. US Air Force
VESTAL, SARA—School Play 1-8.

VITIRITTO, RYAN—New Horizons 3-6; Scarlet Standout; Talent Search 1-8. Grand View
VONGCHANH, NOI—Acad. Letter 1-2; NCYL 7-8; NHS 7-8; Pep "E" Club 3-6; Quill 3-6; Scarlet Standout; Spanish Club 3-4; Top 15%. Drake
WATERHOUSE, WINELL—Acad. Letter 1-8; Colorguard 1; Leadership Council 5-7; NHS 7-8; Pep "E" Club 7-8; Scarlet Standout; Spanish Club 5-6; Top 3%.

WATKINS, JENNIFER—Acad. Letter 1-6; Campus Bible Study 3-8 (5-8 Pres.); French Club 1-6; Key Club 3-4,7-8; NCYL; NHS 7-8 (VP); Pep "E" Club 1-8; Portal; Scarlet Standout; Stud. Gov't. 7; Treble Choir 3; Voice Class 7-8; Top 3%. North Central Bible College
WATSON, BENJAMIN—Acad. Decathlon 7-8; Art Club 5-6; Light & Sound Crew; Pep "E" Club 5-6; Portal 7-8; School Play 1-2. Grand View
WAY, GENE III—Portal 7; Scarlet Standout. University of Arizona



Webb, Steven—Class Officer 5-6, Football 1-8, Jr. Board, Leadership Council 5-6, Pep "E" Club 7-8, Sr. Board, Track 3-4, Wrestling 1-8, Youth Advisory Board. ISU
Weidman, Jay—NCYL, Pep "E" Club 7-8, Swimming 1-6, Track 1-4. ISU
Welch, Natasha—Concert Band 1-8, Drum Major 7-8, Honor Band 1-6, PEOPLE PE 7-8, Pep "E" Club 1-2, 7-8, Senate Page 8, Talent Search 1-8, Central

Welker, Cheryl—Pep "E" Club 5-6, Scarlet Choir 1-6, Scarlet Standout, Treble Choir 7-8
West, Barbara—Basketball 1-4, Colorguard 7-8, Concert Band 1-2, 5-6, Marching Band 1-8, Play Production 7-8, School Play 7-8, Stud. Gov't. 7-8, Theater Arts 7-8. UNI
White, Krystal—New Horizons 4, Pep "E" Club 3-4, Scarlet Standout

Williams, Chasyti—Nursing Student 4-8, Pep "E" Club 3-8, Grand View
Williams, Jesse—Market Sales 6, Pep "E" Club 7-8, Talent Search 1-8, Wrestling 1-4. DMACC
Wilson, Kathleen—Drama Club 3-8, Leadership Council 7-8, Pep "E" Club 1-8, School Play 3-8, Show Choir 5-8, Silent Vibes 5-8, Steppers 5-6, Theater Arts 3-8. DMACC

Winebrenner, Amy—BPA 7, Photojournalism 5-7. DMACC
Winterberg, Nicholas—Market Sales 8, Scroll 5-6, 8, Spanish Club 3-4, Stud. Gov't. 3. DMACC
Wiseman, Laura—Acad. Letter 5-8, Basketball 1-2, Concert Band 1-8, Honor Band 1-6, Key Club 6-8, Marching Band 1-8, NCYL/NHS 7-8, Scarlet Standout, Scarleteers 3-6, Scroll 3-8, Steppers 3-6 (Sec.), Stud. Gov't. 3-4, Track 1-4, Top 3%. ISU

Wood, Molly—Scarlet Standout, Spanish Club 3-6, Swimming 1-6. ISU
Woodard, Melissa—Basketball 1-2, BPA 7-8, Colorguard 5-6, Concert Band 1-4, Jr. Board 5-6, Marching Band 1-4, OA 3-8, Pep "E" Club 3-6, Scarleteers 5-6. AIB
Yaw, Christina—OA 7. AIB



YOUNG, JOSEPH
YOUNG, KRYSTAL—Acad. Letter; Market Sales 7; NHS; Pep "E" Club 3-8 (Board 7-8); Spanish Club 3-4; Stud. Gov't 7; UN Trip 6; 12B; Top 15%; ISU
HAWORTH, SCOTT—A Cappella 1-8; Acad. Letter; Art Club 7-8; Chamber Choir 7-8; NHS; Portal 7-8; Scarlet Standout; Show Choir 1-8; Spanish Club 7-8; Young Writer's Conference 8; National Merit Scholar Commended Student; Choir Letter 1-8; Solo & Madrigal Ensemble; State Music Contest 6-8; Top 3%.

Out of the Flow

BAKER, DAVID
BAKER, LISA
BARNARD, LISA
BELL, BRIAN
BITTING, NEIL—Basketball 3-4; New Horizons 7-8; Police Academy
BOLSHUN, TATYANA
BRAGG, TERENCE
BUTLER, JEREMY—Football 3-4; Universal Technical Institute
CAIN, SHERICE—New Horizons 6-8; Scarlet Standout; National Guard
CASON, TIFFANI
CLARKSON, JAMAAL
CONNORS, TIM
CRANE, RUSSELL
CROWLEY, REED
DEERING, MONTEZ—Leadership Council 5-6; New Horizons 5-8; Talent Search 3-8
DUDLEY, TYWON—Basketball 2; Football 1-8; School Play 3-8; Theater Arts 4; Track 1-8; Wrestling 3-6.
ELDER, SARAH
GARMON, VAN—Basketball 7-8; Pep "E" Club 7-8; DMACC
GILBERT, DANIEL
GOBIN, VIJAYANAND
GREEN, JOSHUA
HARPER, SEAN
HARRIS, LUKE
HELM, JEREMY
HENDERSON, ERIC
HILLS, JEREMY—Baseball 1-4; Football 1-6; Junior Board; Market Sales 6; Pep "E" Club 7-8; Wrestling 1-2
HOUSE, JERAMY—US Army
INGERSOLL, MIKE—Indian Hills Community College
ISSAC, DAVENITA—Track 7-8; ROTC 3-8; DMACC
JAMES, CARDELL
JENKINS, ANGELA
JOHNSTON, LISA—Acad. Letter; Drama Club 1-8 (Pres. 7-8); Play Production 1-8; School Play 1-8; Silent Vibes 4-8; Theater Arts 3-8; Thespians 1-8; Grand View College
KAISER, WILLIAM—Acad. Letter; Top 15%.
KELLY, ANNA
KITIKIATISAK, STEVEN—Top 15%
LAMB, MELISSA—Art Club 3-4; Cheerleader 3-4; French Club 5-6; Pep "E" Club 1-8; Scarlet Standout; Stud. Gov't 1-2; UN Trip; ISU
LAMPMAN, LUCAS
LEE, NENG—ISU
LIM, JAMES
LLOYD, JENNIFER
LO, TOUGEE—Leadership Council 5-6; Pep "E" Club 6; Spanish Club 5-6
LORENZ, TORY
LOVAN, VILAY—Market Sales 7-8; Pep "E" Club 5-8; Talent Search 1-8; Michigan
LUND, TODD
LY, LINSAO—A Cappella 3-4; Prep Ensemble 1-2; UI
MARTIN, MELLISA
MARTINEZ, HELEN
MCCANN, ANGELA
MAY, RODNEY
MCCAUGHEY, JOHN
MCCUEN, JOLYNN
METHENY, JEFF—Football 1-6; Market Sales 7-8; Wrestling 1-6
MILLER, CORTEZ
MOORE, MICHAEL—Pep "E" Club; Scarlet Standout; Indian Hills Community College
MULLINS, JENNIFER
NELSON, MATT—New Horizons 6-8
OLSON, JOSH—Baseball 1-2; Basketball 1-8
OSBORN, MARTY—New Horizons 3-6; PEOPEL PE 1-8
PALMER, JON
PALMER, LARISA
PALMER, RACHEL
PAYNE, HOLLY
PENMAN, STEVE—Scarlet Standout
PRESSWOOD, MARK
RAMIREZ, SABAS—Cross Country 1-8; Scarlet Standout; Track 1-8
ROBINSON, TERRANCE
ROSS, ROY
ROUSH, PAULA—Top 15%
SAMS, JAMES
SCHIERHOLZ, JESSICA—PEOPEL PE 3-4
SCHNOOR, MARTIN
SCHNOOR, MATT—Pep "E" Club.
SELLERS, JUSTIN
SHAVER, DAWN—BPA 5-8; French Club 1-2; Junior Board; OA 1-8; Pep "E"Club 1-8 (Board 7-8); AIB
SHIPMAN, RYAN
SKLAVENITIS, OLGA—Scarlet Choir 1-2; Soccer 5-6.
STEVENS, RANDALL
TREVILLYAN, TIFFANY
THOMAS, JOE—Honors Photo 8; Photojournalism 5-8.
TURNER, ORLANDO
VANCE, DAVID—New Horizons; DMACC
VANGUNDY, GINGER—New Horizons 2-8.
WHITE, KRYSTAL
WILLIAMS, MIKIISHA
WILSON, CARL
WOODS, ANNETTE—New Horizons 5; Scarlet Standout
WORTHAM, TYHEISHA—New Horizons 4-5; Scarlet Dance Squad 5-7; Volleyball 5; US Army
YANG, KHOU—Scarlet Standout; Top 3%

A Wave . . .



1. "Chubby Cheeks"



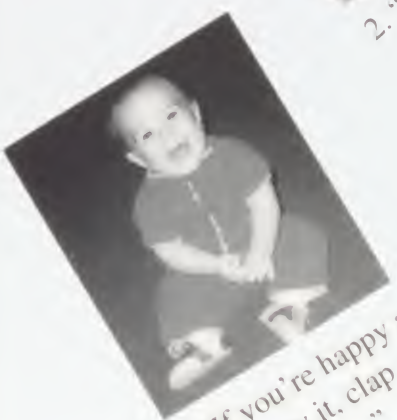
5. "See ya soon!"



8. "Let me sunbathe in peace!"



2. "Ouch! That hurts!"



3. "If you're happy and you know it, clap your hands."



6. "I don't need my two front teeth for Christmas."



9. "This isn't a donut!"



4. "Come on, let's play."



7. "Look at the birdie!"

For the identities of these mystery babies, see page 278.



10. "Wild & Crazy"

From the



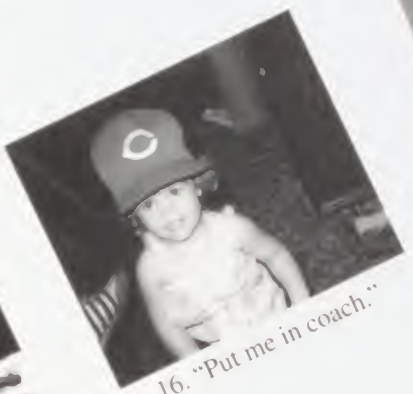
11. "Shhh! Baby's Sleeping!"



15. "It's the leaning tower of...me!"



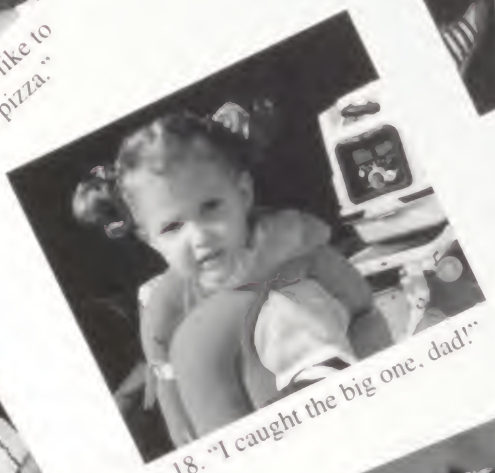
12. "Hello, I'd like to order a large pizza."



16. "Put me in coach."



19. "Cooling off!"



18. "I caught the big one, dad!"



13. "Mommy, can I go swimming?"



20. "Anyone in for a game of catch?"



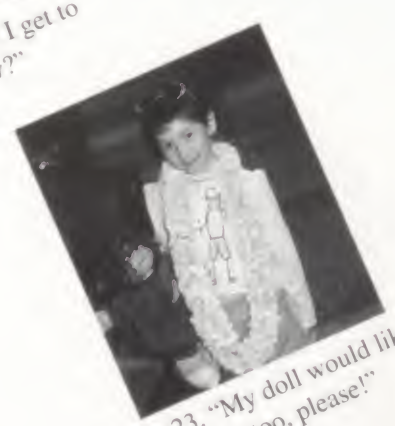
21. "When do I get to interview?"



14. "I think I can reach it."



22. "Yeah, I could get that bird!"



23. "My doll would like one too, please!"

Past



31. "Yes, I am always this sweet!"



32. "No, I will not let go!"



24. "Where's that thumb?"



30. "Mommy, get the bow out of my hair."



33. "I am mean and very, very dangerous!"



17. "I'm smiling for the birdie."



25. "Where did that boy go?"



29. "Oh, it was supposed to go into my mouth?"



27. "I'm not a punk, I have dimples!"



26. "See? My hair is prettier than yours!"



28. "Yes, I am innocent."



Juniors



Jason Allison
Andrew Anderson



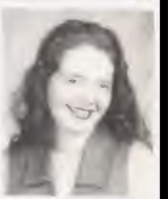

Landna Baccam
Malissa Baccam




Mano Baccam
Allen Bacon




Amanda Bailey
Diane Bailey

Mindy Baker
Tory Baker




Tanya Ball
Jennifer Ballard




Amy Banks
Elizabeth Barefield




Michael Barlow
Douglas Beach




Angela Beason
Danielle Bell






Adam Bennett
Richard Bennett
Stephanie Bernard
Scott Betts
Angela Bolio
Jennifer Booth
Amy Braaksma
Eric Brannon



Cecil Brewton
Dale Brockman
Laurie Brown
Leah Browne
Rebecca Buchholtz
Dana Bucklin, Jr
Jason Buehler
Thomas Burk



Kourtney Butts
Rachel Byars
Annie Byers
Adam Calvert
Chad Campbell
Jennifer Campbell
Sara Campbell
Shonna Cannon



Angela Carey
Rickie Carlson
Shannon Carlson
Steven Chance
Lottye Childs
Sarah Christenson
David Clark
Angela Clater



Gina Cole
Maya Coleman
Heather Collins
Jeffrey Collins, Jr.
Kevin Collins, Jr.
Heather Connor
Ryan Cook
Jayne Corbin



Vanessa Coverdale
Nicholas Crawford
Deana Cruchelow
Kylie Culp
Maurice Currie
Angla Curtis
Angela Davis
Benjamin Davis



Davina Davis
Jessica Davis
Mendy Davis
Joseph Deaton
Justin Dehnert
Rachel Deierling
Amber Devan
Marlin Devan



Cassie Devoung
Ngalula Ditu
Karen Djuth
Lori Doornenbal
Rosa Dozal
Thomas Eddis, Jr
Jeffery Edler
Jason Embrey



Bryan Erickson
Leslie Evans
Franklin Ewurs
Andrea Farnsworth
Brenda Faux
Dawn Ferguson
Christina Fetters
Christopher Flagg



Jaclyn Flagg
Monique Flipping
Joseph Florez
Benjamin Forest
Tricia Forest
Chad Foster
Clarence Foy
Anesha Franklin

Joseph Furby
Bethany Gale
Rashawnda Gardner
Nicole Garland
Brianne Garrett
Dana Gerlach
Angela Gilbert
Patrick Gilbert

Scott Gist
Ryan Goddard
Elizabeth Govoni
Amanda Grant
David Graves
Stacy Griffith
Anthony Grother
Tanner Guy

Oulaythone Hacknorath
James Hagins
Sarah Halsten
Jodie Hansen
Katherine Harrington
Edward Haworth
Jamie Hayes
Tonette Haygood

Travis Head
Matthew Heman
Timothy Henderson
Toby Herrera, Jr
Renee Hesseltine
Joshua Hibben
Megan Hill
Tessa Hill

Angela Hoard
Jessica Hoard
Arlyn Hodson
Paul Holmes
Michael Housman
Melissa Hovey
Benjamin Howard
Joshua Huitt

Christina Hunt
David Hutson
Sarah Ingersoll
Outhay Inthalangsy
Jason Irvin
Sarah Jackson
Angela James
Chree Johnson

Jennifer Johnson
Jeremy Johnson
Julie Johnson
Aaron Johnston
Desiree Jones
Jeffery Jones
Patchay Kamvanh
Melinda Kimball

Trond King
Michael Kingrey
Vanessa Kinnear
Rachael Kinney
Susan Kirk
Manivone Kitthikoune
Nick Kligopoulos
Amy Klopfenstein



Kelly Kraska
Elizabeth Lamb
Jennifer Lamb
Bryce Landers
Casey Law
Edward Lawrence
Crystal Leach
Kamila Lee



Marcy Lehman
Lance Lethcoe
Joy Lloyd
Matthew Logsdon
DeEnda Lopez
Kalongkhone Lovan
Tony Ly
Kenneth Manirath



James Marker II
Andrew Marquis
Michael Martin
Heather Martineau
Genaro Mata
Monica Mata
Danielle Mathias
Stacy Matzke



Kailee Mauk
Christina McCann
Heather McCarl
Courtney McClelland
Lacy McCuen
Amanda McFarland
Ryan McIntosh
Melissa Medearis



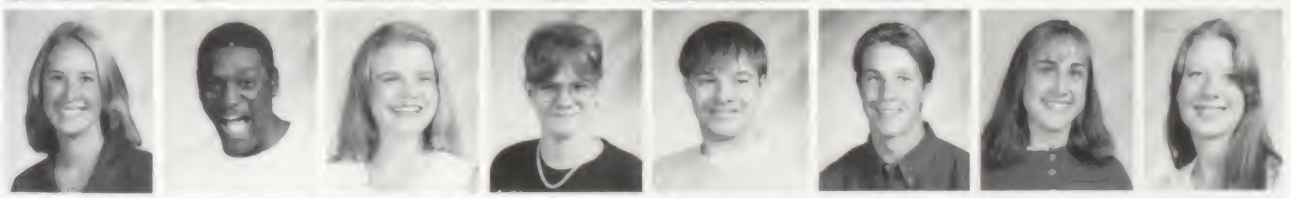
Nicholas Menough
Todd Mentzer
Amy Merryfield
Stephanie Merryfield
Christopher Merten
Cynthia Michael
Jason Miller
Kevin Minard



Justin Mitchell
Teresa Moberg
Jeannine Mooers
LaDondra Moon
Ryan Moses
Blaine Moyle
Mark Mullin
Nicholas Mundy



Kevan Murphy
Amy Nemmers
Kathryn Nevins
Jill Nowadzky
Erin O'Connor
Jessica Oldham
Eric Olson
Erika Olson



Kate Olson
Greg Owens
Josie Owens
Matthew Oxenford
Andrew Padgett
Timothy Page
Kate Pagel
Angela Parsons



Laura Pastore
Lucas Payton
Angela Pebbles
Joseph Peek
Melissa Peek
Thanongsack Pephiron
Kaiphet Phaydavong
Megan Plummer

Steven Porter II
Heather Pratt
Aaron Pruitt
Raychelle Puchta
Amanda Ragan
Paulette Rains
Cory Rankin
Holly Reese

Hillary Reynolds
Nathan Richards
Anthony Rivera
Charles Robbins
Kenneth Rodine IV
Bethanie Roof
Jared Rose
Montgomery Ross

Paula Roush
Michelle Sabin
Angela Sager
Emily Sawhill
Katie Sawhill
Kendra Sawhill
Keri Sawhill
Brandon Sayles

Kimberly Scarlett
April Schatz
John Schatz
Jessica Schierholz
Gary Schnoor
Dusty Schooley
Grant Scott
Tyrone Scott

Brady Shanahan
Nicholas Sharp
Justin Shaw
Justin Shelburg
Martin Shogren
Jason Shootman
Richard Shutt
Georgina Siders

Jeremy Sims
Kenneth Sinclair
Khamnoy Sipaseuth
Jeremy Skinner
Joshua Skinner
Nicole Slater
Steven Slaughter
Nicholas Smith

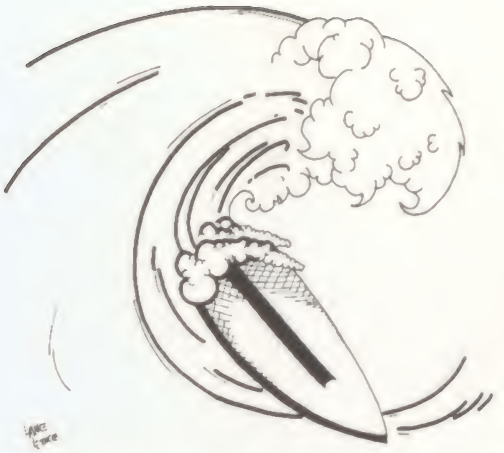
Brandi Smithhart
Siaolong Southammavong
Rebecca Stamper
April Steen
Dustin Stevens
Joshua Stewart
Lindsey Stocker
David Suggett

Ernest Taylor
Kari Teske
Krystal Tharp
Sharee Thomas
Brandan Thompson
Joseph Thompson
July Thongthi
Keri Thornton

Christine Timmerman
Tascha Torgeson
Tiffany Torrans
Jon Trogdon
Keith Twombley
Kristie Vahey
Chad VanGundy
Emily VanHorn



Junior Board is catching the WAVES



Junior Board planned some of their junior and senior events during their meetings, usually in the morning. One of the waves the Junior Board caught was their Senior Prom.

"I thought it would be cool to have our Senior Prom somewhere different so we decided to book it at the Holiday Inn on 6th Ave," said President **Kate Olson**. "It has a revolving dance floor in the 'Top of the Tower'."

Why would they plan for their senior year so early? Senior Prom isn't even until the end of senior year.

"I think it's good to plan ahead so that we don't get stuck with something we won't like," said Vice President **Megan Hill**.

The board in the past hasn't been too active but this year was different.

"Most of the people on the board are considered 'leaders' of the junior class," said member **Nicole Slater**.

For a while now Junior Board has consisted of females. If Junior Board represents "leaders" then where are the males?

"I didn't go for the board because of all the other activities I'm in, I just don't have the time," said **Lance Lethcoe**.

"I would have gone out for it, but I didn't know when the sign-ups were," said **Ryan Goddard**.

Is there anything to set these members apart from the typical East student?

"We got some really warm black winter fleeces that say our name and 'East High Junior Board' in red writing," said member **Sara Campbell**.

"The fleeces were so warm we even went outside the day we got them and rolled in the snow," said member **Amy Banks**.

Testing *out their new Junior Board fleeces in the snow are Vice President* ***Megan Hill****, President* ***Kate Olson****, and member* ***Sara Campbell****. A lot of organizations got sweat shirts but the board wanted to be different so they got fleeces instead.*





JUNIOR BOARD OFFICERS. FRONT ROW: Secretary Amy Nemmers, Vice President Megan Hill. BACK ROW: Treasurer Landna Baccam, President Kate Olson.



JUNIOR BOARD. FRONT ROW: Amy Banks, Jill Nowadzky, Sarah Halsten, Sara Campbell. ROW 2: Julie Johnson, Raychelle Puchta, Bethanie Roof, Jennifer Weeks, Becca Stamper. ROW 3: Nicole Slater, Presha Matticks, Mano Baccam, Lacy McCuen, Manivone Kitthikoune, Deana Cruchelow, Landna Baccam, Angie Beason, Renee Hesseltine, Sarah Ingersoll. BACK ROW: Tascha Torgeson, Megan Hill, Amy Nemmers, Kate Olson, Angie Davis. NOT PICTURED: Amber DeVan, Patchay Kamvanh, Kamila Lee, Holly Reese.

Chanthone Vang
Brenda Villarreal
Virexay Vorasane
Kathy Waldron
Scott Walker
Moses Ward
Brandon Waugh
Jennifer Weeks

Tisha Wells
Carrie Whalen
Melissa Wheeler
Dennis White
Kristi White
Kate Wieck
Traci Williams
Melissa Wiseman

Krista Wonders
Dana Worthington
Heather Wright
Julie Yang
Meng Yang
Mark Young



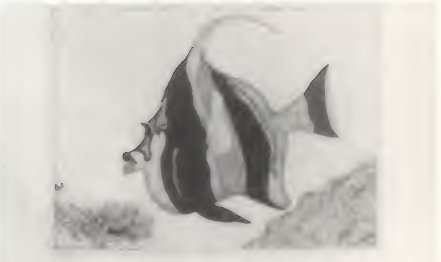
Out of the *Flow*

Angela Archer
Michael Audas
Felix Baccam
Pakakham Baccam
James Beeman III
Misty Beerbower
Jerimiah Breeze
Shane Burkhead
Martina Carr
Christopher Collett
Shawna Corbin
Martin Cross
Andrew Davis
Derek Donaldson
Yakonda Dudley
Kimberly Duong
LaMonte Fisher
Billy Formaro
Daniel Frost
Sean Frost
Christopher Griffin
Corey Guessford
Jason Hanson
Joshua Hayes
Steven Heathcote
Timothy Heckinger
Matthew Helmers
Justin Herndon
Laura Hewitt
Benji Hildebrand
Andrea Hill
Jennifer Huffman
Brandy Hyden
Kittivath Inthavong
Mayme Jenkins
Leron Jennings
Brian Johnson
Donald Kendrick
Jason Kern
William Kinney IV
Tonya Lange
Justin Leader
Kaseem Majied
Melissa Martin
Jennifer McClure
Jeffrey Miller
Kevin Mogle
Brian Muir
James Murray
Nicholas Neal
Nha Nguyen
Aaron Pemble
Brandy Porter
Palina Prasasouk
Estevan Ramirez
Jessie Rivas
Brad Rodgers
Matthew Salasberry
Joe Sarabia
Joshua Shaw
Amphayvanh Siharath
Kirk Sly
Christopher Stewart
Leorn Stier III
Donald Stone, Jr.
Ginger Van Gundy
Lee Vang
Jeremy Vansice
Nikhom Vansylalom
Ivan Wagner
Robert Whistler
Autumn Witzenburg
James Woodyard
Tyheisha Wortham
Sonia Zuniga















ART CLUB. Front Row: Emily Johnson, Laura Hewitt, Jeremy Noble. Back Row: Chao Xiong, Eric Flaherty, Joshua Skinner.









Sophomores



Heather Adamson
Curtiano Allen




David Anderson
Deann Anderson




Jacob Anderson
Kristen Anderson




Stacie Atkinson
Angela Avery




Erica Bailey
Jason Bailey



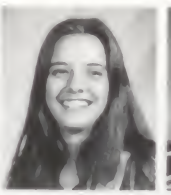

Lissa Baker
Tyler Baker




Jennifer Ball
Zachary Banks




Stacy Barnes
Larry Barnett




Barbara Battin
Scott Bauer






Hillary Beaman
Joshua Belcher
Gavin Bell
Todd Bennett
Lewis Benson, Jr.
Renee Bernhardt
Alex Bibbins
Carrie Birkhofer



Dorene Black
Courtney Blakeman
Kelly Bloomquist
Cary Bockoven
Rhiannon Bode
Justin Bolander
Pamela Bouaphakeo
Aaron Boylan



Chad Boyles
Jennifer Breese
Kristin Britt
Eric Brown
Tracy Bruce-Harbour
Scott Brueck
Stephanie Burch
Gerald Burkhart



Abigail Burkhead
Jesse Burnfin-Watterson
Lindsey Burton
April Butler
Anthony Buttrey
Kerrie Calhoun
Michael Camp
Bryan Campbell



Megan Cardines
Brian Carey
Stacey Carney
Tracey Carney
Courtney Carpenter
Alvaro Castro
Courtney Chapin
Michael Charvat



Adreanne Clark
Andrew Clark
Brandi Clark
Bradley Cochran
Brady Coe
Trisha Cole
James Collins, Jr.
Michelle Colvert



Amanda Conlin
Sarah Consorti
Vicki Convery
Mystie Cook
Bradley Cosner
Cameo Cott
Ben Cowie
Dana Crewse



Fred Csader
Kari Cummins
Randle Cunningham, Jr.
Angela Curry
Clint Czizek
Joshua Dady
Heather Dahlberg
James Dake



Jerry Danielson
Christine Davis
Markevta Davis
Jami Demoss
Stephany Denning
Amanda Dillard
Elizabeth Drey
Julieanna Duff

Janee Earp
John Easter III
Gene Eide
Jason Embrey
Justin Embrey
Emily Erickson
Daniel Evans Jr
Elizabeth Faber

Melissa Fagen
Stephanie Fallis
Christie Fausett
Andrea Ferrell
Jacob Ferrell
Jesse Fetters
Christopher Fidler
Shawna Finch

Joseph Finn
Niccole Flagg
Anthony Foley
Bryan Ford
Amy Forkner
Marlon Fowler
Nathan Freel
Nichole French

Timothy Froehle
Anesa Gardner
Meredith Garlick
Michael Gary
Jennifer Gering
Len Gerrietts
Stephanie Gibb
David Gibson

David Giles
Katrina Gipson
Brandie Gist
Terry Goltz
Pedro Gomez
Angela Gorman
Anthony Graham
Kimberly Graham

Dray Grantham
Andre Graves
Kerry Green
Tamara Gregory
Stephanie Groves
Teresa Gustafson
Lindsay Guy
Savanchay Hacknorath

Matthew M. Hall
Matthew L. Hall
James Hansen Jr
Chantell Harris
Schanell Harris
Nicholaus Hartkopp
Traves Hartman
Nicholle Havens

Morgan Haynes
Lucas Hayworth
Landon Heck
Nicholas Helmers
Ethan Herrera
Jessica Hill
Charity Hodson
Kristina Hokanson

Nicole Hook
Stacie Hornocker
Brian Humphrey
Brian Hungate
Courtney Hurdle
Dawn Hutchison
Adam Ivanovich
Shannon Iverson






Josephine Jackson
Shauna Jackson




Bobby Jay
Troy Jeffries




Lindsay Jensen
Stephan Joanides




Dustin Johnson
Jennifer Johnson




Christine Jones
Malissa Jones




Khamla Kamvanh
Sara Kelley




Soneprasith Keothammakhoun
Amanda Kerr




Kelley Kilbane
Andrew Kilgore




Amanda Kindhart
Meggan King

What's In Your Car?

"I have toys from happy meal lunches, french fries and clothes in my car. I've only cleaned my car once, and that's when I got it."
Junior **Julie Johnson**

"About the only thing that's in my car would have to be a piece of celery I was eating when I almost got in a car wreck; I threw the celery and haven't seen it since."
Junior **Angie Beason**

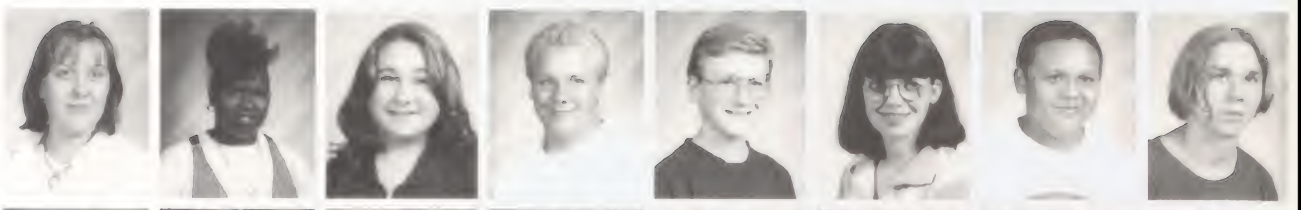
"I have snow boots, a blanket, jumper cables, pop bottles, air fresheners, an ice scraper and an umbrella in my car."
Senior **Anthony Crum**

"I have tapes, hairspray, make-up, school books, jewelry, candy, an insurance card, air bags and napkins in my car."
Sophomore **Lindsay Guy**

"I have a whole bunch of voting registrations and pamphlets in my car and I can't even vote (I'm not old enough to)."
Junior **Sarah Jackson**

"I have clothes, 2 1/2 hub caps, headlight pieces, a Kraco radio, last week's lunch, a Jim Morrison sticker, money, a toothbrush and the map to the Sunken City of Atlantis. What's not in my car is the question."
Junior **Sarah Halsten**

Shannon Kingrey
Kenielle Kinney
Judy Kligopoulos
Bert Knapp
Rustin Knouf
Mindy Kohrs
Keopasith Kouang
Todd Lane



Courtney Laruc
Michael Laurie
Eric Lay
Bridget Lee
Long Lee
Frankley Lem
Stacey Letze
Marques Lewis



Sarah Lewis
Jennifer Lim
Jeremy Lint
Mikeya Linton
Chommany Lo
Aaron Long
Shawna Lore
Luang Lovan



Manila Lovanh
Nicole Lovell
Chad Lowe
Tracy Lowe
Soulinthone Luangaphayvong
Sheriva Luong
Maychoua Ly
Heather Main



Asia Majied
Chauncey Mallett
Jeremy Mally
Amanda Markle
Donald Martin
Amanda Mason
Jason Mason
Vanessa Mata



Tara Mathews
Michael Mauk
Deja May
Tiffany Mayse
Brandi McAninch
Jennifer McCann
Ramon McCarrell
Derek McChurch



Melinda McConnell
Chantelle McFadden
Christopher McKean
Travis McKean
Patrick McNeley
Evangeline McPherson
Nophalak Meksay
Sandra Mendenhall



Charles Mercer
Joel Metheny
Jessica Miller
Lacey Miller
Tameka Miller
Jason Milligan
Jeremy Milligan
Mark Mitchell



Robert Montis
Bradley Moore
Robert Moore
Kristen Moraine
Sarah Moran
Brian Moss
Senaida Mota
Robyn Mundo



William Muniz
Michelle Murphy
Amanda Myer
Lindsay Neal
Christopher Nelson
Mylee Nguyen
Brian Norton
Jason Nutt

Anna Ochoa
Jessica O'Connor
Chad Olson
William Olson
Thad Oppenheim
Joyce Ortega
David Overlin
Levi Overton

April Parker
Tabatha Parks
Natalie Patterson
Shawn Pepel
Saengchanh Phaviset
Gary Phillips, Jr
Nicole Poland
Andrew Powell

Amanda Pratt
Stacey Pruitt
Raffaela Punelli
Marcos Ramirez
Holli Ramsey
Jessica Randolph
Robert Randolph
Bradley Reed

Jody Reed
Courtney Reeves
Daniel Rendall
D.J. Renslow, Jr
Julie Rice
Lauren Rice
Ryan Rinehart
Hope Robbins

Andre Robinson
Alexandria Rocha
Rory Rodriguez
Shannon Root
Rusty Roustio
Brian Ruchti
Angie Rustan
Katy Ryan

Chineda Sam
Amanda Sargent
Stanley Satterfield, Jr
Adam Schaff
April Schaffer
Mollie Schirman
Tracie Schlotterbeck
Jereme Schulz

Stephanie Scigliano
Kenny Scott
William Sevenbergen
Jacara Sheley
Bryan Shepherd
William Shepherd
Amanda Shipman
Eric Short

Joseph Sickeles
Edward Signs, Jr
Ian Sims
William Sitthisay
Randy Slaughter
April Smith
Bradley Smith
Douglas Smith

Dustin Smith
Jason Smith
John Smith
Meredith Smith
Miles Smith, Jr
Tabatha Smothers
Alvin Snyder III
Sarah Southard

Adam Sparks
Megan Staley
Brian Stapleton
Thomas Stark II
Roy Stevens
Joseph Stewart
Michael Stoker
Aaron Storm

Bobbie Stout
William Stradley
Timothy Sudbrock
Bryan Summy
Randall Swisher
Frank Swoboda
Angkham Sybangone
Ricky Taylor

Jesse Tharp
Phanh Theppanya
Christina Thomas
Kristin Tiedemann
Charles Tonsi
Ilana Tyler
Christopher Ulmer
Jennifer VanBlaricum

Ralph VanDyke, Jr
Tony Vang
Gustavo Villarreal, Jr.
Marc VonAhnen
Kea Vongchanh
David Walker
Megan Wall
Alisha Wallace

Brett Waugh
Matthew Waugh
Taylor Webb
Craig Webber
Heather Weber
Amy Welch
Chad Welch
Travis Wesley

David West
Matthew White
Shawna White
Frantz Whitfield
David Wicker
Stephanie Widlund
Jennifer Williams
Kyle Williamson

Ryan Witt
Shawn Wolfe
Dillon Wonders
Christopher Wood
Melissa Woodard
Floyd Wright
Joseph Wyckoff
Kenneth Wyckoff

Chao Xiong
Jesse Yeomans
Stacey Zelenovich



Out of the Flow

Marijean Atkinson
Derrick Backstrom
Stacey Barefield
Jason Boehme
Reyna Borges
Jessica Buffum
Carl Busch
Chris Coleman
Nicki Convery
Robert Crane
McKenzie Daggett
Amy Ellis
Roland Farnsworth
Charles Franks
Michael Gardner
Kelly Garner
Shane Gee
Andy Gregory
Russell Hall
Travis Hall
Joseph Inman
Angela Jackson
Tabatha Jennings
Benjamin Jones
Felicia Lee
Timothy Mastin
Joshua Miller
Frank Ounlokham
Curtez Patton

Sophomores

Ronald Lewis
Joyce Loghry
Bagdy Lovan
Joshua Martin
Ryan Maschke
David Petithory
Hugo Ramirez
Sergio Ramirez
Terrence Reasby
James Regan
Frank Rivas
Nathaniel Robinson
Erik Rodgers
Karla Sanchez
Marlisha Slaughter
Calvin Smith
Jeffrey Smith, Jr.
Mark Smith
Jesse Stammer
Salena Stanley
Anthony Stephens
Pelon Streeper
Darius Vaughn
Erica Vestal
Nicole Vulgamott
Bradley Wadsworth
Luke Warburton
Tiffany Webb
Neal White
Larry Xiong
Sandy Yang
Jessica Zepeda







Look, *it's Clifford the big red dog! Well, actually it's junior* ***Angla Curtis*** *dressed as a dog. She volunteers her time at various places to brighten the day for little kids. Curtis is seen here helping at the Stowe Elementary Book Fair.*

Sophomores: Not Pictured



Freshmen



Christina Ackelson
Branden Adair




Steven Adams
Scott Adamson




Jose Aguilar Jr
Hannah Alford




Melissa Allen
Kristina Alvarez




John Anderson
Maceo Anderson




Jared Andrews
Scott Appleby




Sheilla Archer
Russell Armstrong




Cory Aswegan
Jacob Audsley




Heidi Austin
Johnathan Avitt






Linna Baccam
Peter Baccam
Soupradith Baccam
Kerrin Baker
Tara Baker
Joshua Barker
Jaclyn Beener
Jenny Benge



Brooke Bennett
Christina Bennett
Gary Bennett
Lindsey Bennett
John Bidwell
Matthew Bird
Misty Bishop
Steven Blair



Jennifer Blakeman
Leah Bloomer
Amy Blume
Candi Bockoven
Bryon Boggs
Brian Bos
Angela Bowman
Benjamin Braafhart



Bianca Bradley-Jackson
Tyrone Bragg
Brooke Brass
Tisha Brooks
Julanda Brown
Matthew Brown
Tory Browne
Julia Bryan



Amber Bucklin
Jeffrey Buehler
Christopher Bump
Bradley Burgess
Tyechia Burgess
Tres Busby
Angelia Busch
Michael Bushong



Warnell Butts
Stephanie Byars
Stephanie Caldwell
Diana Calo
Vathsana Cam
Amirah Camp
Stacy Cardines
Jennifer Carico



Nicholas Carney
Gabriel Carrasco
Stephanie Carter
Joshua Carton
Jahmal Cavil
Carrie Chance
Maria Chapple
Savanna Chau



Miranda Clark
Amanda Clarke
Chandal Clemons
Corey Coleman
Karmaon Colemon
Brian Collins
Kenneth Collins
Matthew Constable



Micheal Cook
Clyde Copeland
Jerry Corbin
Sheila Countryman
Lou Ann Covalt
Nathan Crooks
Timothy Crowder
Levi Culp

Angela Cupp
Adam Curl
Darwin Curl
Nicole Curry
Robert Curtis
Shelly Dake
Michael Dare
Jason Davidson



David Davis
Harold Davis
Preston Davis
Shanda Davis
Shane Davis
Tiffany Davis
Silvia De La Cruz
Jessyca Densley



Demitrus Diedrich
Sarah Dority
Nicole Drayton
Mandi Dudley
John Dunaway
Abby Earp
Jessica Eaton
Alston Edwards



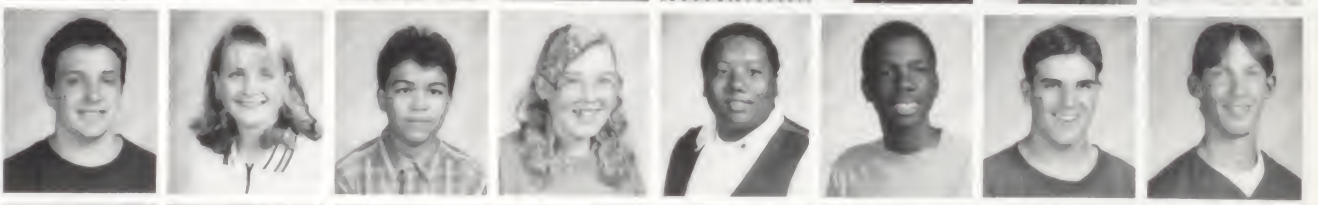
Jennifer Edwards
Alisha Ellis
John Ellis
James Enos
Lynnea Erickson
Lacey Etter
Brandi Fairman
Dawn Farrell



Joshua Farrell
Jonathan Fick
Seana Fidler
Johney Figgins
Branden Finch
Jeremiah Finney
Adam Fisher
Eric Flaherty



Roger Fleener, Jr.
Jennifer Flippo
Jose Flores
Christina Fouts
James Fox
Luther Fox
Ryan Franklin
David Freerksen, Jr.



David Frost
Jared Frost
Michael Fuller
Bradley Ganoe
Natasha Garber
Angela Gardner
Shawn Garrison
Kieondra Gates



Lisa Gathercole
Nicole Gazzo
Joshua Gerke
Joshua Gerrietts
Gregery Gifford
Corey Gipson
Joseph Goffman
Tiffany Good



Lindsey Gordon
Kristina Gourd
Robert Gourd
Sean Gourd
Daniel Govoni
Amanda Graham
Curtis Graham
James Grasso



Jamie Gray
Sheena Gray
Steven Green
Candice Griffin
Amy Griffiths
Tony Grimm, Jr
Kendra Grove
Jake Guile



Topper Gulick
Bruce Guy
Cam Ha
Andrea Hageman
Stephanie Hale
Demarco Hall
Ryan Hall
Tracie Halsband



J.D. Halter
Nabil Hanke
D Scott Hardwick
Danial Hardy
Kelly Hart
Tina Hartkopp
Aaron Haug
Jacob Haws



Kellie Hayes
Donald Haygood
Frederick Heard
Barrett Heck
Amanda Heiselman
Crystal Held
Linda Her
Maria Herrera



Nickolas Herrera
Andrew Hesseltine
Michelle Heuton
Nathaniel Hibben
Crystal Hildebrand
Jaime Hill
Phut Hoang Van
Holly Holmes



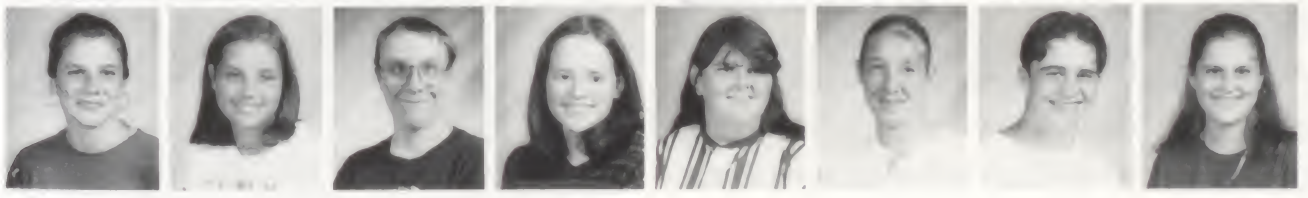
David Hood, Jr
Ryan Hoover
Travis Hopkins
Amy Hornocker
Sarah Housman
Jeremy Howard
Nicholas Howe
Jennifer Hufford



Amy Hughes
Alan Hulsebus
Sarah Hummel
Sarah Hunt
Laura Hyde
Matthew Inman
Corey Irvin
Brandi Jackson



Christon Jackson
Sandra James
Johnathan Jay
Marquita Jenkins
Amber Johnson
Bethany Johnson
Emily Johnson
Jeremy Johnson



Michelle Johnson
Theresa Johnson
William Johnson
Anna Jones
Bonnie Jones
Jessica Jordan
Adam Jordison
Danielle Kellis

Adam Kendrick
Jessica Kenney
Lalie Khamboun
Dustin Kidder
Kimberly Kigar
Justin Kimmel
Jack Kimmel III
Crystal Kinney

Tiffany Kintz
Sean Kirkpatrick
Stephen Kirkpatrick
Cole Kline
Sarah Kline
Billy Knapp
Heather Knight
Kristal Knouf

David Kouang
Nicholas Kraska
Lucas Krpan
Julia Laake
Valerie Lamb
Jason Lampman
Cory Larsen
Christina Lary

Bandi Latcham
Nicole Lawrence
Carlisa Lee
Jerry Lee
Jessica Lee
Michael Lee
Christina Leighton
Amber Leonardi

Brandy Lester
Lauretta Levenich
Roscoe Lewis
Chad Lint
Rachael Lint
Chanthasone Lo
Alonda Long
Robert Long



Stefanie Mix

City & Country: Elmshorn, Germany
Grade: 12
Age: 17
Height: 5'6"
Eye Color: Green
Hair Color: Brown
Pets: Hamsters (Maxi and Willie)
Family (names): Rita, Michael and Svenja.
Hobbies: Playing tennis, swimming, music, going to movies and traveling.
Future Goals/Plans: Becoming a translator for English, French and Spanish in Germany. Also she definitely wants to go to a Michael Jackson concert.
School Activities: Swimming



German Flag





Kalia Lor
Johnny Lovan
Brian Lowe
Laura Luce
Malaika Luster
Aquil Majied
Bradley Mannebach
Bouapha Manyvong

Cecilia Marshall
John Martin
Luke Martin
Lyndsey Martin
Michael Martin
Sara Martin
Sarah Martineau
Joseph Mastin

Thomas Mastin
Marshal Matlage
Dustin McAninch
Jeremy McBurney
Betty McCarl
Daffney McCaskill
Kena McCaughey
Jessica McClaskey

James McDaniel
Hugh McElvogue
Amy McGlaghy
Christine McGregor
Mark McMurry
Annamarie Mcauly
Israel Medina
Carrielynn Meek

Jairay Mendez
Cynthia Messenger
Julie Metheny
Timothy Michelsen
Andrew Miller
Ben Miller
Jonathon Miller
Stephanie Miller



Tatyana Bolshun

City & Country: Moscow, Russia
Grade: 12
Age: 17
Height: 5'3"
Eye Color: Gray
Hair Color: Red
Pets: cats and a mouse
Family (names): Nina and Vasili
Hobbies: Dancing
Future Goals/Plans: To go to college.



Russian Flag



Amanda Mincks
Justin Minor
Brian Mitchell
Tracy Mitchell
Matthew Moeller
Sara Mongar
Joel Moore
Adam Moraine

Jessica Moreno
Chester Morgan
Todd Morris
Eugenia Mota
Matthew Munoz
Michael Munyon
Richard Munyon
Taurean Murray

Katie Naset
Tiffany Nash
Ryan Nemmers
Shakeela Newsome
Kearstin Nichols
Jabre Norwood
Robert Nussbaum
Shelia Oakes

Thomas Ochoa
Angela O'Connor
Ryan Oldham
Abby Oliver
Michelle Oliver
Tiffany Oliver
Leslie Olson
Brian Overlin

Tabitha Overton
Kandra Paddock
Bonnie Padgett
Daniel Palmer
Melissa Papiani
Michael Parcel
Jeremy Parmenter
Charlotte Patterson

Lakesha Patton
Latoria Patton
Joseph Peacock
Theodore Pearson II
Michael Peel
Zachary Peterson
David Petithory
Derek Pettijohn

Joseph Pettinger
Cody Pfau
Jared Platt
Heather Plummer
Nichole Poindexter
Mark Potter
Amanda Pratt
Jonathon Pratt

Eric Randolph
James Randolph
Misty Rattray
Jason Ray
Amber Reed
Jesse Reeves
Kristin Reid
Mandy Reidburn

Justin Repplinger
Edward Rhodes
Talesaka Richard
Ross Rinehart
Nichole Risius
Alicia Rivas
Tyson Robinson
Lacey Robuck



Tiffany Roby
Joseph Romare
Michelle Rose
Kelli Ross
Mya Rounds
Mark Rumage
Duhran Sadler
Evan Salazar



Julie Samuelson
Souphaphon Sanachit
Anthony Sanders
Laurie Sanders
Sarah Sanders
Isidro Sandoval
Travis Schmitz
Jennifer Schneider



Stephen Sciachitano
Cassie Scott
Dustin Shannon
Keon Sharp
Elisha Sharpnack
Carl Shelton, Jr
Justin Sheridan
Jimmy Shipman



Brandi Short
Somkhit Sikham
Joseph Slater
Jason Slaughter
Nicole Slaughter
Rochelle Slaughter
Kristin Slemp
Andrea Small



Christina Smith
James Smith
Marlando Smith
Stephany Smith
Tyler Smith
Amanda Smithart
Jeremy Snyder
Erin Soderblom



Cory Sonner
Brian Sparks
Joshua Stapes
Justin Stevens
Nickelle Stevens
Carmel Stewart
Gina Stewart
Jessica Stewart



Emily Stokka
Pelon Streeper
Jason Street
Geri Sundell
Misty Swift
Leah Tedder
Tanesha Thompson
Ryan Thornton



Brandi Thurmond
Crystal Tobin
Terence Tolson
John Tonsi
Cesar Torres
Nathan Tounsley
Tiffany Tran
Reese Turner



Jessica Twombley
Billy Van Horn
Brandy Van Tassel
Benjamin Vanvleet
David Vasquez
Christobal Velasquez
Ashley Vitiritto
Brandie Voecks

BUNDLES OF JOY



Doesn't *it just seem like the freshmen get younger and younger every year? GRADS students often bring their children to class to brighten up the day. Sophomore* ***Julie Duff*** *and freshman* ***Amanda Clarke*** *manage to babysit and get their work done at the same time.*



"I work *at HyVee, I go to school, I'm on the wrestling team, and I have to be a mother at home," said sophomore* ***Angie Ruesten****. Luckily, she has a teacher like* ***Donna Adams*** *to help her with her schoolwork on dietary needs.*

Think you have it tough, trying to balance school, friends, work and activities? Try having a

kid on top of it all. A little, messy, squirmy, yet somehow adorable baby that's entirely dependent on you.

GRADS (Graduation Reality And Dual Role Skills) class is set up to help teen moms and dads cope with the pressure and responsibility of parenting and "help them prepare for their future roles as wage earners," said teacher **Donna Adams**.

It's not always easy.

"We're all teen moms, under 21, and we all have problems," admitted sophomore **Jacara Sheley**.

The class often hears presentations by speakers — lawyers advising them about parents' rights and child support recovery, dentists, CPR trainers, and birth-control advocates.

"Every semester we try to do something helpful for the children," explained **Adams**. This year, the class is working on a quilt in which each student works on five individual squares for their child.

Discussions and group unity are a prominent part of GRADS. "Barometers" is an activity which allows girls to rate their weekend from 1 to 10 and talk about their problems."There are problems with our parents, problems with the fathers, and the list goes on and on," said junior/senior **Jessica Schierholz**.

Luckily, the group has a teacher that they all admire.

"Mrs. Adams is a really great teacher," said senior **Annette Woods**. "She always helps us out, and if we have any problems she gives us numbers to call."

Adams also helps prepare the class for their future career and money management.

"Basically, we talk about what to do on an interview, how to dress, what you're going to say...we have a section



Katie Voll
Crystal Waldon
Garry Waldon, Jr
Adam Walker
Forrest Wallace, Jr
Waylon Wares
Teresa Warnock
Kari Warren



Jordan Watkins
Leslie Watley
Joseph Watts
Amanda Way
Amy Way
Amanda Webber
Mark Weckman
Brandon Weiland



Kathleen Welsher
Nicole Wennekamp
Dawn West
Detrisch West
Nicole West
Anthony Wharton
Bryan Wheeler
Brian White



Jessica White
Brandi Williams
Cory Williams
Howard Williams
Julius Williams
Michael Williams
Ronnie Williams
Adam Wilson



Douglas Wing
Kolisa Winston
Heidi Wiseman
Lisa Wolfe
Leona Wortham
Joanna Wright
Milton Wright
Michael Wyant



Jack Xiong
Joe Yang
Marchy Yang
Charles Yaw
Kurt Zehadt
Tammy Zimmerman

on career when we get into groups and videotape each other giving mock interviews," explained **Schierholtz**. "None of us like it. We laugh and giggle."

GRADS is more than a theoretical class that teaches a skills for the distant future. It applies knowledge and activities to the day-to-day problems and joys of being a parent.

Balancing *her son Richard on the table, sophomore* ***Julie Duff*** *studies a packet on children's nutrition. GRADS class teaches teens different skills in parenting and allows them to make crafts for their kids, something Richard is probably glad to hear.*



Out of the *Flow*



Shawn Bean
Latina Bear
Edgar Beerbower
Mason Benjamin
Roger Brass, Jr.
Jeremy Brown
Tanya Buchman
Brandon Burgan
Gerald Burkhart
Steven Butler
Jonathan Carstens
David Channon
Jason Cooper
Kevin Cooper
Timothy Cooper
Michele Curtis
Tasha Daman
Anthony Danielson
John Daye
Amy Dean
Amanda Duncan
Kali Dutenhoeffer
Cassandra Edwards
Allison Fausett
Steven Foley
Rickey Funderburk
Allan Gagnon
Norman Garcia-Tello
Timothy Glenn
David Gramblin-Beener
Raven Hamidi
Andrew Harris
Heather Haus
Courtney Hayes
Morgan Haynes
Eric Huss
Dustin Johnson
Katherine Leeper
James Madren
Christina Mallory
Dusty Martin
John Mc Pherson
David Meis
Megan Mitchell
Brian Moore
Tiffany Mundy
Kiona Mure
Jonathan Murphy
Rosalyn Ollie
Thad Oppenheim
Kenya Owens
Jennifer Palmer
Johnnie Phillips
Megan Phillips
Brandy Prock
Maria Pulido
Linda Quang
Jesse Rand
Uniz Rangel
Shawntell Rattray
Erica Reed
Michael Ritchie, Jr.
Charles Runyon
Michale Russell
Matthew Sanders
Khonesavanh Siharath
Amanda Small
Robbie Smith
Scott Smith
Nicole Spading
Josh Taha
Kelly Talamantes
Heather Taylor
Corey Thomas
Danielle Tilden
Melissa Tilden
Barbara Tilton
Yvonne Trenter
Robert Turner
Teresa Turner
Allen Ung
Marie Van Dyke
Henry Vargas
Roberto Vedia
Nathan Vestal
Marty West
James Williamson
Dorsey Wilson
Gregory Wright
Niki York
Allison Zenor

portal

Students submit stories, poems, art and pictures to go into the *Portal* each year. These are a few of the things that were submitted for consideration for the 1996-97 issue.

Why?

I never expected to feel this way.
I didn't think I'd hurt this bad.
Why? I want to know why?
My feelings for you were stong.
Why did you have to let me go?
This wasn't supposed to happen.
So why are you gone, gone forever.
Why did you love me so?
I never thought you'd go away.
So tell me why did you die today?

By Jill Cameron

Victimized

Have you ever had a feeling of hurt and pain,
that deep down feeling that's hard to explain?
When someone does something to make you mad,
and because of their actions you feel angry and sad?
Why are people so disrespectful and mean?
I ponder this thought with answers unseen.
Some things are hard to make clear,
but still I search for the answers without any fear.
It's hard to understand why people do what they do;
I guess that's the difference between me and you.

By Jill Nowadzky



PORTAL STUDENT COMMITTEE. FRONT ROW: Ben Watson. ROW 2: Laura Shelton, Andrea Curl, Kamilia Lee. NOT PICTURED: Glenna Frank, Kelly Garner, Scott Haworth, Angie Moyle, Adviser John Raymond.

CALCULUS



Look what it can do for you!

—Scott Haworth

Christina

Christina is my very best friend in the whole world. She can read my mind, and she comforts me whenever I am down. If I need her she's right there by my side no matter what it costs her. It's been that way ever since I was born. When I was a tiny baby, we became friends. I'm sure we'll be friends till the Lord calls one of us home. Even then she'll be in my heart and mind because I love her like no one else in the world. Sometimes I take advantage of her love and loyalty. Still, no matter how much I've hurt her, always her arms are open for me. She has cried all my tears with me and millions more I don't know about. With every high and low of my life, she's right beside me, like my shadow, she'd never leave me for anything; nor I, her. I have never met a stronger woman in my life. I'm so lucky. She's not just my best friend, she is also my mother.

By Sarah Southard



Bill Ackerman, **Soc. Sci.**
Donna Adams, **Fam/Con. Sc.**
Colleen Aldridge, **Associate**
Paul Allen, **Resource**
Montez Anderson, **Monitor**
Rhonda Anderson, **Assoc.**
Linda Baker, **Music**
John Bankus, **Soc. Sci.**



Pat Bannon, **Counseling**
Steve Beaver, **Associate**
Linda Berg, **Fam/Cons. Sc.**
Jeff Bock, **Graphic Arts**
D'an Boire, **Resource**
Ron Borstad, **English**
Rollie Bramhall, **Physics**
Nita Brower, **English**



Kathleen Brown, **MD SC**
Judy Brownsberger, **Sp. Educ.**
Jack Bryan, **Counseling**
Ken Burgess, **Resource**
Jim Bush, **Soc. Sci.**
Pat Bushong, **Secretary**
Kacia Cain, **Biology**
Gary Cameron, **Science**



Barbara Campbell, **SWS**
Bill Carlson, **Math**
Bob Carmichael, **MC**
Carolyn Chase, **Fam/Con. Sci.**
Ted Christensen, **Soc. Sci.**
Jane Christenson, **Secretary**
Nancy Christy, **Counseling**
Lonnie Clark, **Registrar**

Making a Difference

School Board elections, held on September 10, brought in three new members to take the place of four veteran members. The new members, **Margaret Borgen**, **Nadine Hogate** and **Mark Schuling**, joined President **Liz Goodwin**, Vice President **Laura Sands**, **Jane Hein** and **Harold Sandahl** in making decisions for the Des Moines Schools.

One of the many decisions made was a time change of when school started, moving it from 7:55 to 7:50 a.m. This change was made because of difficulties in scheduling Des Moines' mass transportation fleet.

"We had to reorganize the school bus schedules to be able to accommodate the students that attend schools with special programs such as English as a Second Language (ESL)," said **Sands**.

A major plan that the board is working with is Vision 2005, a plan "upgrade the schools in Des Moines," said **Sands**.

The district has a pressing need to repair buildings and provide modern technological equipment. The price tag is $315 million. (See infographic for a list of East's needs.)

The money for Vision 2005 was to come from a one-penny sales tax increase, but that was rejected by Polk County voters for the third time on December 10.

With only one outlet in her room, two computers, two printers and one lamp, English teacher **Linda Saddoris** said that the Vision 2005 plan was a good idea, considering that East has many needs that must be met in the near future.

"I think the plan would have been good because we do need help in basic structural repairs such as roofs and ceilings. It will also allow us to have the means to use more advanced technology in the rooms," said **Saddoris**.



Helping *a student, family/consumer science teacher* ***Donna Adams*** *instructs the student on how to work out the problem. Many teachers enjoy helping students when they need it.*



Bob Collins, **Soc. Sci.**
Pam Corey, **Associate**
Patty Couch, **Bkpg. Asst.**
Karen Cross, **Math**
Diane Crozier, **English**
Kathie Danielson, **English**
Dan Davis, **Math**
George Davis, **Phys. Ed.**

Clara Day, **Business**
Chris Dow, **Associate**
Diane Fleming, **Secretary**
Dennis Forker, **English**
Keri Frommelt, **Science**
Ken Gaeth, **Phys. Ed.**
Ruth Ann Gaines, **Drama**
Marlia Gatto, **Associate**

Ann Ginther, **Resource**
Jessica Gogerty, **Science**
Shirley Gooch, **Art**
Jerry Goodrich, **Art**
Don Graves, **Attendance**
Julia Hagen, **English**
Jeff Hall, **Tech. Ed.**
Kathy Hansen, **Spanish**

Nancy Hansen, **Business**
Dena Harms, **Math**
Mark Hawkins, **Instr. Music**
Deann Hebert, **Fam/Con. Sci.**
Jim Hickman, **Math**
Patricia Hill, **Associate**
John Hodson, **Government**
Ann Hoehle, **Library**



WHAT $20,305,240 WILL BUY FOR EAST:

- New auditorium sound system
- Repair roof over boiler
- Replace heat controls and exterior wood doors
- Replace sidewalk
- Replace all roofs west of gymnasium
- Remove asbestos
- Add emergency lighting
- Install elevator
- New dish machine, steamers and locks
- Update electrical distribution

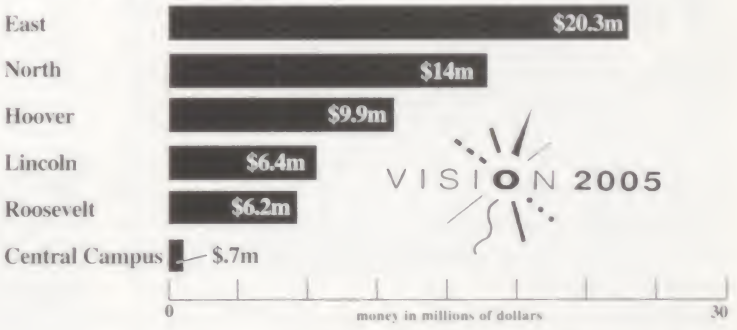
Infographic by Kristi Cox



SCHOOL BOARD. FRONT ROW: Vice President Laura Sands, President Liz Goodwin, Superintendent Gary Wegenke. BACK ROW: Harold Sandahl, Nadine Hogate, Jane Hein, Margaret Borgen, Mark Schuling.

Vision: 2005

Des Moines High Schools— who gets what?



Infographic by Adam Fisher

Patty Hoffman, **Counseling**
Deb Hoksbergen, **Associate**
Anita Holmes, **Social Worker**
Nancy Holmes, **Photo**
Andy Howard, **Phys. Ed.**
Bob Howe, **Bldg. Manager**
Daria Huang, **Math**
Mark Hurley, **Phys. Ed.**



Larry Hutzell, **Chemistry**
Terry Johnson, **Bookkeeper**
Russ Junck, **Tech. Ed.**
Mary Kaldenberg, **Bus./OE**
June Kalsem, **Library**
Dolores Keith, **Spanish/Eng.**
Ed Kelly, **Journalism**
Tom Kotecki, **MC**



Virgil Larsen, **Math**
Carole Larson, **Phys. Ed.**
Chris Larson, **Monitor**
Judy Larson, **Soc. Sci.**
Anda Liepa, **English**
Lowell Long, **Science**
Susan Lorence, **French**
Carol Lortscher, **Secretary**



Brian Luft, **Associate**
Barb Madden-Bittle, **Nurse**
Marjorie Mayes, **Secretary**
Kay McCollum, **English**
Chris McMurray, **Sp. Consult.**
Marilyn Miller, **Spanish**
Marty Mohler, **Tech. Ed.**
Ken Morton, **BD SC**





CUSTODIANS P.M. FRONT ROW: Joe Leo, Vanna Keo. Back Row: Daryl Jones, Richard O'Brien. NOT PICTURED: Kathy Barnes, Steve Barnes, Sarah Coats, Carolyn Fraaken, Carolyn Freland, Kay Wignall, Bea Rouse, Steve Oxford, Bruce Miller.

It Takes Hard Work For A Job Well Done

Ever wonder about all the work put into getting lunch ready on time and keeping our school clean? Well, thanks to the lunch room workers and the custodians everything gets done.

Keeping the school clean is a major job. East has a custodial group of workers during the day and also a night shift keeping our school clean.

"I've been here for twenty years," said building manager **Bob Howe**. "I have seen many changes, mostly good, throughout these years at East."

The custodial workers are transferred to different schools throughout their careers.

"There have been five changes of workers in the last few months at East," said **Howe**. "I see many people come and go."

Also there are many workers that help out for lunch. Though throughout the kitchen ladies are usually seen, there is one man, **Terry Davenport**, who is the dish room worker.

Serving at the snack bar is **Geneva Hanson**. It is hard work trying to keep everyone happy and to get everyone served.

"It is lot of fun when the kids joke around with us," said **Hanson**. "Especially when we have had a hard day."

The head cook, **Norma Toigo**, has been at East for 33 years and the cashier **Dixie Heimbaugh** for 21 years.

"I really enjoy working here," said **Heimbaugh**. "The kids are very friendly and so are the other staff members."







Carla Murphy, **Math**
Don Murphy, **Soc. Studies**
Linda Nemmers, **Math**
Ted Nemmers, **MD Res.**
Debbie Neustadt, **Science**
Randy Nordaker, **MD SC**
Mary Ann Ochs, **Business**
Dale Ogle, **Work Study**

Bill Oleson, **Tech. Ed.**
Harold Olsen, **Counseling**
Elaine Peterson, **Computer**
Phyllis Phoenix, **Business**
Jean Pillers, **Counseling**
Shawn Pippert, **Associate**
Russ Pixler, **Math**
Paul Poehlein, **Counseling**

Ric Powell, **Athletic Dir.**
Ned Rasmussen, **Tech. Ed.**
John Raymond, **English**
Griff Reese, **BD SC**
Clark Roberts, **Math**
John Rudisill, **Science**
Judy Rush, **English**
Linda Saddoris, **English**

Kathy Sams, **Associate**
Carla Sears, **MD SC**
Cindy Selden, **English**
Margaret Severino, **Spanish**
Jill Shaeffer, **Speech**
Diane Sheil, **Secretary**
Dan Sickles, **Associate**
Ada Stafford, **Associate**



Working *hard, head cook* ***Norma Toigo*** *prepares lunch for the day. She has worked at East preparing meals for 33 years.*

Getting *ready for lunch,* ***Lorraine Massey*** *gets things ready for the salad bar. Each day during the week there is a different meal to choose from on the bar.*



CUSTODIANS A.M. Bob Howe, Steve Barnes, Edward Donaldson, Dan Fraaken.





CAFETERIA STAFF. FRONT ROW: Dixie Heimbaugh, Ruth Foster, Kathy Wonders, Delores Weeks, Beverly Johnson, Lorraine Massley, Geneva Hanson, Marketa Welch. BACK ROW: Kathy Clater, Barbara White, Terry Davenport, Wanda Stoner, Francine Tolson, Elinor Emerson, Grace Devilbiss, Norma Toigo.



Journalism *adviser* ***Ed Kelly*** *presents Principal* ***Jerry Stilwell*** *with an award from the Iowa High School Press Association.* ***Stilwell*** *was named the association's Administrator of the Year for his support of the Quill and the Scroll.*

Enjoying *a sunny day, Vice Principal* ***Donna Christensen*** *watches an EHS football game. Football games were just one of the many school events supervised by the administrators.*



Vision 2005

dominates big year for EHS future

The 1996-97 school year was an important year for the future of East High School. The EHS administration (Principal **Jerry Stilwell** and Vice Principals **Donna Christensen**, **Ken Miller** and **Gary Jotzke**) guided the school through many important issues, such as Vision 2005.

Vision 2005, the Des Moines Public Schools' plan to overhaul the school system was defeated on December 10. The plan included 6.8 million dollars for East, according to **Stilwell**.

The administration put a lot of time into getting the plan passed because of the impact it would have had on East. The school district will try to get the sales tax passed again next year.

"(Vision 2005) is so important that it will impact every student, every staff member and every parent," said **Miller**.

Another vital activity for the administrators this year was the beginning of an evaluation by the North Central Association of Schools, East's accrediting body. This is a recuring event that takes several years to complete each time.

"Every public high school has to belong to an association that accredits; we are in the process of getting an evaluation from our association," said **Stilwell**.

Also this year, EHS received a grant of $10,000 from the Iowa Department of Education to work on "school to work" programs.

"Students need to be prepared when they get out of high school, whether it is for a technical school, a college, or a full-time job," said **Stilwell**.

Whether they were fighting for needed repairs in the Vision 2005 program or just supervising school activities, the administration worked hard this year to make East an exceptional school.





Don Starcevich, **MC**
Ken Stock, **Business**
Carolyn Strickler, **LD Res.**
Chuck Sutherland, **Phys. Ed.**
Jennifer Swartz, **Orchestra**
Leah Taylor, **Math**
Stan Thompson, **Government**
Troy Tyler, **Monitor**



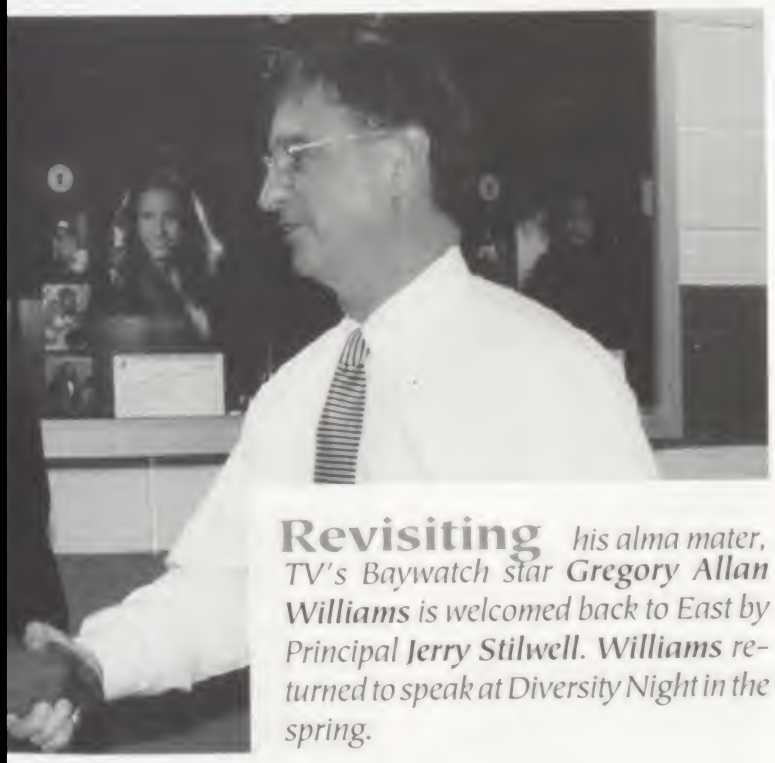
Fred Vanderley, **Soc. Sci.**
Jim VanTuyl, **Social Science**
Joyce Vickroy, **Phys. Ed.**
Delores Weeks, **Cafe. Mgr.**
Phillip Wells, **SUCCESS**
Mary Westover, **English**
Steve Wetter, **Psychologist**
John Williams, **Speech/Debate**



Fannie Wilson, **New Horizons**
Mel Wilson, **Soc. Sci.**
Patty Wilson, **MS Res.**
Chaney Yeast, **SUCCESS**

Doing *his part for the school, Principal* ***Jerry Stilwell*** *participates in a blood drive sponsored by student government. Several dozen EHS students and staff members gave blood at this blood drive in April.*





Revisiting *his alma mater, TV's Baywatch star* ***Gregory Allan Williams*** *is welcomed back to East by Principal* ***Jerry Stilwell. Williams*** *returned to speak at Diversity Night in the spring.*

What do you like most about East?

"It's a great school. We have a really good program and offer a variety of courses. We have an excellent staff."
--Principall Jerry Stilwell



"The sense of community. Students, parents and teachers working together for common goals."
--Vice Principal Donna Christensen



"The willingness of students to take on difficult tasks."
--Vice Principal Ken Miller



"The students and the community."
--Vice Principal Gary Jotzke



FIGHTING FOR EQUALITY

How many clubs at East have a two week sign-up period each fall after which the club is closed to any further membership?

Actually, there's only one, and it is "the most active group in the school," according to its sponsor **Ruth Ann Gaines**.

The group is the Student Leadership Council, a group of 48 EHS students who "want to ensure equality in the school," said **Gaines**.

The council sponsors a variety of activities, from student exchanges between schools to student forums and trips.

"We took a trip to Minneapolis last fall for a multicultural conference. We looked at ways to change people's minds about racism in schools," said council secretary junior **Amber Devan**.

The council, founded by **Gaines** in the fall of 1994, was led this year by the two co-chairs, seniors **Nicole Crook** and **Jamaal Clarkson**.

"Leadership Council not only helps people deal with their problems surrounding them, but with their own problems," said **Crook**.

To be able to get more things done, each member of the council volunteers for one or more subcommittees. They include Voices of Change, Diversity Trainers, Student Exchanges, the Forum committee and the Celebrations committee.

The best known committee is Voices of Change, which is the performing group for the Student Leadership Council.

"We perform for important things. We performed for all of the teachers at the NAME (National Association for Multicultural Education) Convention in November and we also performed at Boystown," said senior **Stewart Hanke**.

The celebrations subcommittee plans assemblies and cultural activities, such as the African-American Extravaganza.

The Diversity Trainers are a group of students who educate others about diversity and understanding.

"We go out to junior highs and elementary schools to talk to kids about racism and getting along," said **Devan**, chair of the Diversity Trainers.

The subcommittees are assisted by a group of about 20 faculty advisors.

Why join the Student Leadership Council?

"I hope that it will change other people's minds about diversity like it changed mine," said junior **Tiffani Cason**.







Participating *in a "slavery simulation," junior* ***Amber DeVan*** *and senior* ***Michelle Slaughter*** *go along with Dr. Karen Donaldson's audience participation. DeVan was secretary of the Student Leadership Council this year.*





During *a break in the conference, seniors* ***Michelle Slaughter*** *and* ***Tiffani Cason*** *talk about what's going on. This conference was held at in St. Paul, Minnesota in the fall.*

In a group *with students from other area schools, freshman* ***Clyde Copeland*** *participates in a small group activity. These activities were developed by Dr. Karen Donaldson and used during a multicultural conference that was attended by Student Leadership Council members.*

Sing your heart out



Practicing for several months paid off for seven East High students as they performed in the South Central Honors Choir on December 2. The students are seniors **Adam Erickson**, **Scott Haworth**, juniors **Kari Teske**, **Renee Hesseltine**, **Holly Resse**, **Katie Nevins**, and sophomore **Landon Heck**. These students are seven of 100-120 students who were chosen for the Honors Choir.



The South Central Honors Choir gave these students the chance to perform the All- State music they spent months perfecting for the All-State Choir auditions held in September.

"The Honors Choir was good to have because the people that didn't make All-State got the chance to perform and put on a concert in return for working hard," said **Teske**.

Not making All-State isn't the end of the world, but giving up isn't the thing to do either when students have the opportunity to perform the music they dedicated so much time to.

"The students who didn't make All-State shouldn't give up and disregard this experience to actually perform the music they worked hours on," said **Teske**.

"It was a good opportunity after all the hard work we put into it," said **Hesseltine**.

Although the concert was held at Adel High School this year instead of Drake University, the students enjoyed the experience.

"Adel was a different environment from Drake, but it's been held at Adel before and we had fun," said **Hesseltine**.



Beginning *rehearsal, the group warms up singing "Alleluia" a cappella. The students really got into that song because it is very emotional.*



Drake Honors Choir



Conversing *with instructor* ***Linda Baker****, junior* ***Holly Reese*** *receives guidance on a performance technique after class. The students spent many hours perfecting the All-State tryout music.*

After *class junior* ***Becca Stamper*** *and sophomore* ***Landon Heck*** *visit before going on with the rest of their day. Many friendships developed within the group.*







Concluding *rehearsal with one last song, the choir commences with the first chord. A chord is a combination of three or more tones sounded together in harmony.*

Gathering *around the piano, these students rehearse their All-State music as director* ***Linda Baker*** *responds with a smile to the final chord.*

STARTING FROM SCRATCH

It certainly doesn't look like much. The windows are shattered. Termites have long since gnawed out the inside. The paint is peeling off the siding. It's a shell of a house, condemned and forbidding, looking like the next north wind will send it toppling.

Yet it's the job of the home remodeling class to turn this abandoned old shack, which they purchased for $1, into a livable home which will sell for $75,000.

The project takes two years to complete. Happily, the house, located at 3120 East Washington, has most of the outdoor construction finished. This year's classes have mainly indoor work to do.

"Last year we worked outside all winter, but this year we work mostly inside," said teacher **Bill Oleson**. "We work outside in the hot and cold."

Which is fine for some, excruciating for others.

Bad weather isn't the only problem the home remodleing classes have to face. As in any long-term project, they've come across inconsistancies in financing and in transporting the students and materials.

"We used to have an old crummy van," joked **Oleson**. "Now we have a *new* crummy van."

Yet the students are very self-reliant. Businesses such as Sutherland's, Payless, Thrasher Plumbing and Heating, and Bruni Electric contribute resources, but it's the students who do all the work.

"Everything we do, we do by ourselves," boasted **Oleson**. "We don't contract anything. We do everything from demolition to finish work."

Students are divided into two classes, a morning and afternoon shift. They work in groups of two and often rotate groups to get used to working with a variety of different people.

"Attendance is important because it's the first thing an employer will look at. They need 95% attendance to pass." he said.

In fact, one of the most important things about the class is the way it prepares students for the future.

"They learn hands-on skills to use tools, measurement, problem solving...it prepares them to get into a $30,000 to $40,000 a year job," **Oleson** said.

In fact, some students have already gotten involved in a union or apprenticeship position.

By the end of this year the group will celebrate with an open house that school district associates and the govenor are invited to. And, of course, the profits from the house will go right back into the school system.

And as soon as this one gets sold, next year's classes will start from scratch. They'll find another abandoned old house with the windows shattered, termites at home gnawing on the inside, paint peeling off the siding...





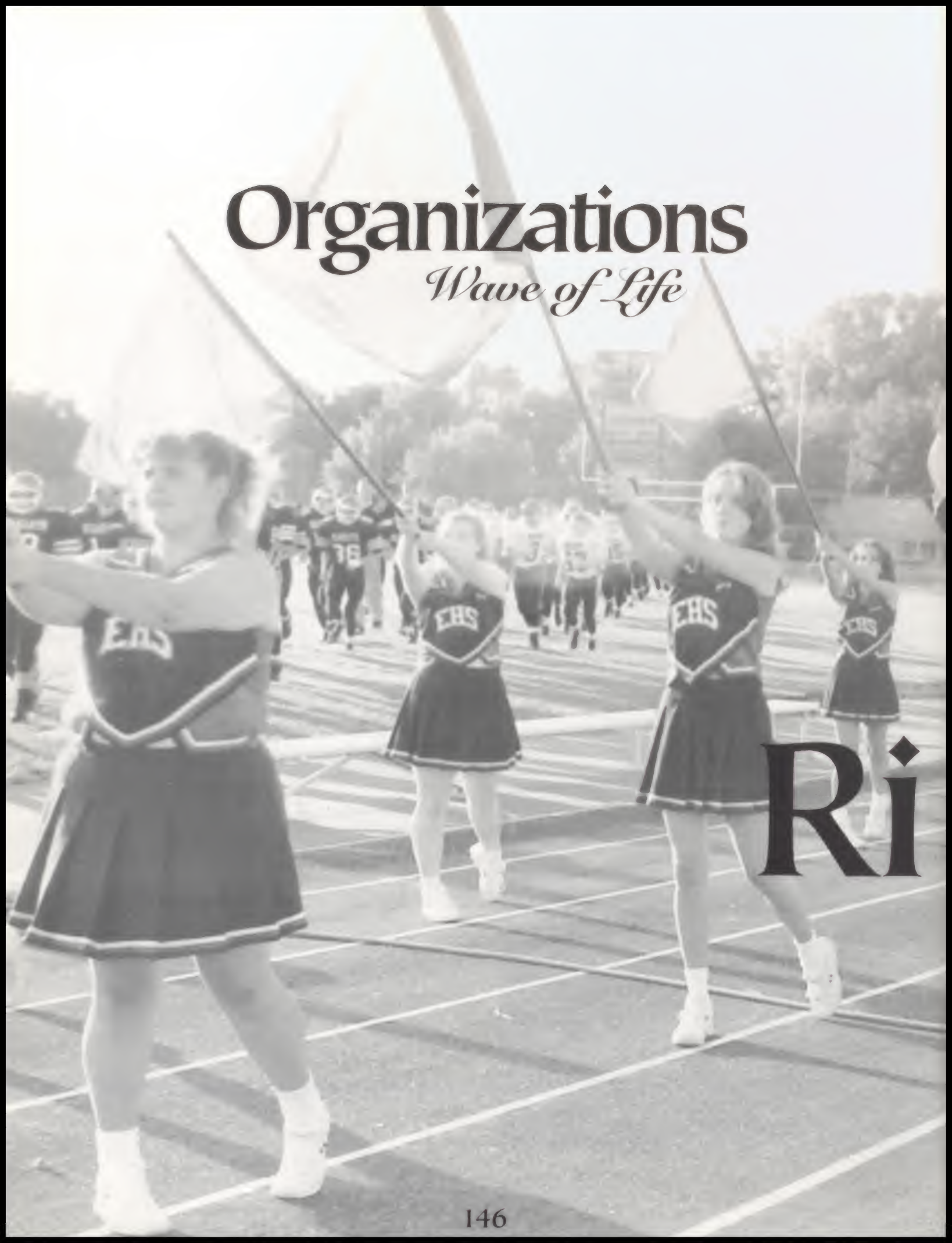
Don't fall! *Senior* ***Jason Straub*** *and junior* ***Nick Smith*** *apply siding while teacher* ***Mark Oleson*** *watches. Siding is one of the last things the class does before painting.*



Accuracy *is a key issue for home remodeling students. Alum* ***Dan Stoutenberg*** *gets ready to put sheet rock on the walls.*



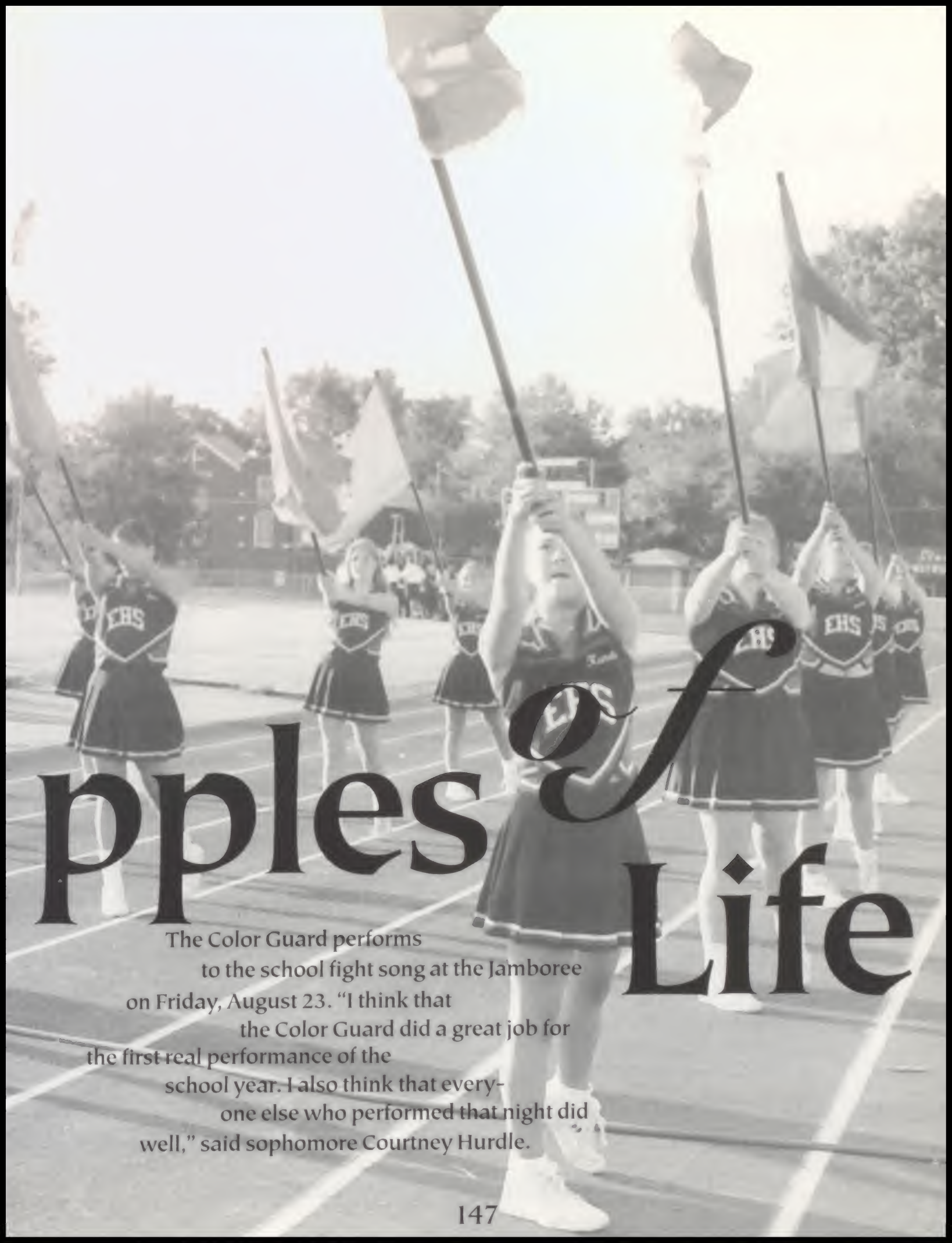
A common rule *for all amateur Bob Villas: when washing siding off the house, plan to get wet.* ***Stoutenberg***, ***Straub***, *alum* ***Mike Enos***, *and senior* ***Dale Straub*** *put the finishing touches on the house.*



Organizations

Wave of Life

Ri



pples of Life

The Color Guard performs to the school fight song at the Jamboree on Friday, August 23. "I think that the Color Guard did a great job for the first real performance of the school year. I also think that everyone else who performed that night did well," said sophomore Courtney Hurdle.

For the Service of Humanity



"For the service of humanity," is East's motto. It really applies to the people who are the Scarleteers, office aides and the PEOPEL P.E. helpers. They are helping East to grow, and they help EHS students survive their high school days.

The Scarleteers is an organization sponsored by secretary **Diane Flemming**. At the beginning of the year they show the freshmen and the new students around the building so they know where their classes are and become a little more acquainted with their new surroundings.

"I like helping. It's a lot of fun."
–Senior Amber Swayne

Everyone knows how hard it is the first day as a freshman, not sure what's going happen. Freshmen don't really get beat up and stuffed in trash cans and the Scarleteers show them a little what it's really going to be like.

"I think of myself as a role model and if the kids see me being nice maybe it will make it that much more easier on them," said junior **Ashley Inthalangsy**.

"I know how hard it was for me, and I think that if I show someone else around, they will maybe be happier and enjoy their high school career more," said senior **Glenna Frank**.

Office aides are really three different groups of people: helpers in the VP, attendance, and counseling office. They may not be curing the sick and helping the blind, but they all work together to help the school run better by delivering messages, collecting cards, and running errands.

"I like being an office aide because it gets me out of a study hall where I just sit and do my homework. I can do that at home," said senior **Kati Jividen**.

PEOPEL P.E. is a gym class that students can take instead of a regular gym class. They act as peer helpers for special needs students

"The students who are in here are not helpless they can do it themselves, but some of them need a little extra help in some things. We are there to show them how," said junior **Steve Porter**.

The class is offered twice weekly during fifth period. **Joyce Vickroy**, the teacher in charge of the program, is looking for new members.

"I really like being in there. You get to know the kids and you have fun with them. Some of them are really funny, and it's nice knowing you're helping someone," said senior **Jaimee Swayne**.



SCARLETEERS. Front Row: Glenna Frank, Kati Jividen, Kari Teske, Ryan Cook. Back Row: Ashley Inthalangsy, Diane Flemming, Amy Klopfenstein. Not Pictured: Doug Smith.



PEOPEL P.E. Back Row: Kati Jividen, Steve Porter, Tasha Welch. Row 2: Kari Teske, Autumn Davis. Front Row: Jamiee Swayne, Kaseem Majied, Amber Swayne. Not Pictured: Johanne Thompson, Jeremy Venn





Reach! *Senior* ***Autumn Davis****, freshman* ***Cory Thomas****, and sophomore* ***Alvaro Castro*** *are getting warmed up for a day of exercise.*







Walk *it off. Senior* ***Jaimee Swayne*** *and freshmen* ***Amanda Way*** *and* ***Shelly Drake*** *run before class.*

Stretch *those muscles. Seniors* ***Jaimee Swayne*** *and* ***Marty Osborn*** *stretch out before gym.*

OFFICE AIDES (alpha)

Baccam, Anourine
Banks, Amy
Barefield, Elizabeth
Bell, Danielle
Beng, Jenny
Bennett, Brooke
Blakeman, Courtney
Bloomquist, Kelly
Booth, Jennifer
Breese, Stephanie
Burch, Stephanie
Bushong, Mike
Carey, Angie
Carney, Tracy
Childs, Lottye
Cochran, Brad
Collins, Jeff
Collins, James
Conlin, Amanda
Crane, Russell
Dahlberg, Heather
Doornenbal, Lori
Duffy, Tom
Easter, John
Eddis, Tom,
Elliott, Joy
Fagen, Melissa
Fallis, Stephanie
Faux, Brenda
Fidler, Seana
Flagg, Nicole
Florez, Joe
Forest, Tricia
Forker, Amy
Fox, Amanda
Foy, Clarence
French, Amanda
French, Nicole
French, Nicole
Gardner, Rawshawnda
Gibb, Stephanie
Gobin, Anand
Goffman, Joe,
Graham, Amanda
Grant, Amanda
Green, Kerry
Grimm, Tony
Hagins, Mike
Haws, Stacy
Herrera, Maria
Hutchison, Melissa
Inthalangsy, Ashley
Jackson, Sarah
James, Valora
Jividen, Kati
Johnson, Julie
Jones, Desiree
Kinney, Kenielle
Kock, Nicole
LeClere, Elizabeth
Lloyd, Joy
Lozano, Abby
Mata, Genaro
Mathews, Tara
Matticks, Presha
McCarl, Betty, Jo,
McCarl, Heather
McCaughey, Kena
Michael, Cindy
Moberg, Teresa
Nowadzky, Jill,
Patterson, Natalie
Perkins, Vanessa
Potts, J.J.
Pratt, Amanda
Pratt, Jennifer
Randolph, Jimmy
Renslow, D.J.
Robuck, Lacy
Robuck, Tara
Ross, Monty
Sams, Tim
Sargent, Amanda
Sawhill, Kendra
Sawhill, Keri
Schillinger, Michelle
Shannon, Dusty
Shaver, Dawn
Smith, John
Stewart, Joseph
Strahl, Amanda
Taha, Christina
Vonahnen, Marc
Weeks, Jennifer
Wilson, Adam
Wilson, Katie
Woodard, Melissa
Yaw, Christina



Returning *from the play "To Kill A Mockingbird" these students come off the bus one-by-one. The Booster Club paid for the buses that transported the students to and from the play.*



Keeping *customers happy, PTSA member* ***Wanda Lamb****, serves sophomore football players* ***Kyle Williamson*** *and* ***Floyd Wright*** *while fellow teammate* ***Michael Kingrey*** *thinks about what to buy. At athletic events, PTSA members volunteer at the concession stand.*

Waiting *patiently to be served are freshman* ***Auston Edwards*** *and Booster Club Vice President* ***Donna Christensen****. The Booster Club and PTSA help greatly at the athletic events, volunteering for many different duties.*





Passionate Boosters
Aiding EHS athletics

Helping the school is what the Booster Club and PTSA are all about.

"They [the Booster Club] have helped the athletic department with contributions and donations," said Athletic Director **Ric Powell**.

The Booster Club donates at least $10,000 to the athletic department every year. This year, the Booster club donated $3000 to the cheerleaders, $1800 to the boys tennis team for warm-ups and a tennis ball machine, $1800 for the banner that hangs in the big gym and padded chairs for the basketball teams, and $1000 to the wrestling team for new wrestling mats for the newly-renovated wrestling room.

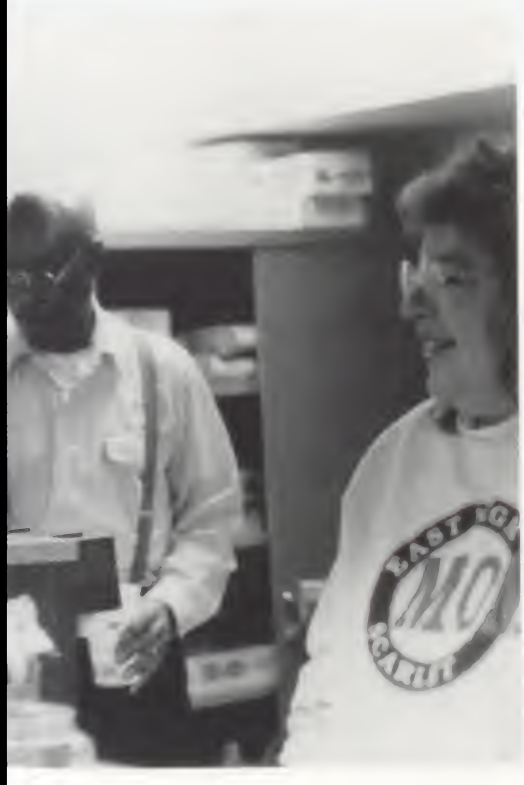
"We contribute a lot to the school to provide the teams with the best possible clothing and equipment available and give back whatever is left to the student athletes," said Booster Club president **Kelly Cochran**.

All the funds, except for administration costs, go back to the students.The club provided many volunteers for many of the East High athletic events, working in the concession stands at games, collecting money at the entrance and at their sales stand.

"I feel that it's important to volunteer at these events because it shows school spirit and it also shows that you're there supporting the students all the way," said Booster Club member **Toni Roof**.

The Booster Club is open to anyone who is committed to East High athletics. To join, an interested family fills out a form and pays a fee of $10 at the beginning of the school year.

"Booster Club is a place for parents to become involved with the school," – Member Jane Christensen





BOOSTER CLUB. FRONT ROW: Toni Roof, Denise Rourke, Becky Torgeson, Mary Cochran, Betty Lethcoe, Mary Irvin, Ruth Ann Signs, Cindy Carey. BACK ROW: Peg Froehle, Kelly Cochran, Raelene Leonard, Bob Sams, Ted Nemmers, Virgil Larsen, Nancy Lippincott, John Lippincott, Vic Irvin, Sharon Page, Norm Page, Hank Carey.



BOOSTER CLUB OFFICERS. FRONT ROW: Betty Lethcoe, Treasurer; Sharon Page, Secretary. BACK ROW: Kelly Cochran, President; Hank Carey, Vice President.

Getting *the order right, PTSA member* ***Stanley Satterfield, Sr.*** *makes fellow member* ***Teresa Foley*** *laugh. PTSA members also volunteered at EHS events helping out the Booster Club.*

Getting ready for the Future



The parties, dances and football games are almost over. Now what do you do? For the New Horizons Students that's not a very hard decision.

"I enjoy being in New Horizons, it has kind of helped me decide what I'm going to do in the future. I'm still debating on being in designing or dancing," said sophomore **Chantell Harris**.

"If the student has zeal and skill, there's always an interested employer." –Sponsor Fannie Wilson

This program, offered at East for the past 28 years, is designed to encourage students to stay in school, and most important, to prepare them for being successful after school in the working community.

"Students are interested in getting into the program because they realize the importance of having experience before graduating," said sponsor **Fannie Wilson**.

Junior **Rosa Dozal** thinks the program is good because it helps her stay motivated. She leaves after school and goes to work at the Boys and Girls Club.

"I work with a lot of kids in order to help them, and that's what I want to do in the future," said **Dozal**.

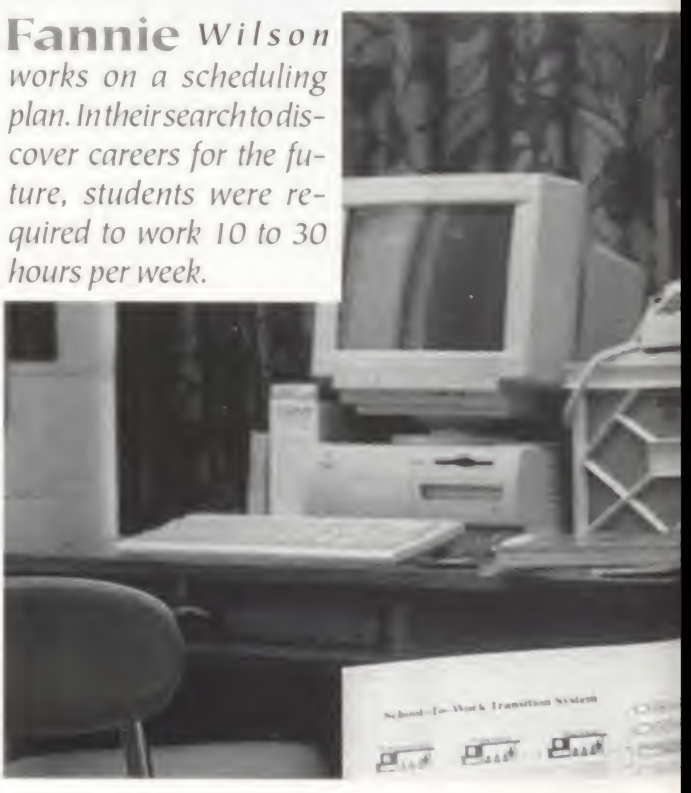
There are 81 students in the program, all selected by their counselor to join.

Approximately 5% of the students will enroll in a 4-year college, 10% will enroll in a community college and the others will go directly to work after graduating, said **Wilson**.



NEW HORIZONS. Front Row: Jerry Burkhart, Douglas Beach, Jennifer Deaton, Lisa Smith, Michelle Sabin, Amanda Pratt. Row 2: La Dondra Moon, Tonnette Haygood, Lamonte Fisher, La Toya Patton, Tiphany Van Blaricum, Michelle Schillinger. Row 3: Marlin De Van, Kamilia Lee, Teresa Gustafson, Asia Majied. Back Row: Billy Muniz, Todd Lund, Timothy Mastin, David Smith, Trond King.

Fannie *Wilson works on a scheduling plan. In their search to discover careers for the future, students were required to work 10 to 30 hours per week.*





"Let *me see now."* *Sophomore* ***Chantell Harris*** *and senior* ***Montez Deering*** *compare goals in the class room. Students had to report to the room once per week, during study center or before or after school.*

Working *on the dryer hose of an elderly woman's house, sophomore* ***Brad Reed*** *takes a break to smile. Ten "handyman" students worked in the community repairing items for the elderly and handicapped.*







Showing *off her portfolio, sophomore* ***Angela Jackson*** *proudly poses for the camera. All horizons students had to build a career portfolio during the year to help them develop a road map to career planning.*

Programs guide towards Brighter Futures

For most students, high school is about hard classes, hanging with friends, and extracurricular activities.

But for the students involved in the SB and U B programs at East, it's also about the future.

"Science Bound is a program that was designed to encourage minority students to explore an interest in mathematics and sciences," said East science teacher and sponsor, **Lowell Long**.

There are about 20 students at East presently in the program and their opinions of the program are mostly positive.

"It's really great! We do all sorts of projects that we take to the Science Fair and we go on picnics; it makes learning fun!" said sophomore **Will Sitthisay**.

"Upward Bound is definitely an enrichment for all kids." –Sponsor Patty Hoffman

The kids go to camps in the summer at Iowa State University, and take trips during the school year. But probably the most fun they have is getting ready for the Iowa Science Fair, where students can show off their projects and win ribbons and other awards.



SCIENCE BOUND. FRONT ROW: M. Lovanh, L. Baccam, K. Sipaseuth, L. Moon, N. Meksay. ROW 2: V. Mata, S. Hacknorath, N. Lee, A. Long, T. Butts, L. Long. BACK ROW: K. Vongchanh, B. Lovan, C. Mercer, O. Hacknorath, W. Sitthisay, J. Brown, A. Gardner. NOT PICTURED: N. Crooks, S. DeLaCruz, J. Fox, D. Haygood, C. Jackson, K. Lovan, T. Miller, M. Slaughter, J. Wright.

The group meets every Tuesday in Long's room 210. There they plan activities, study, and even get on the "information superhighway." The Internet allows them to not only get "in touch" with other S B students, but to also communicate with people at ISU.

"I love being able to do fun things with the computer!" says sophomore **Marlisha Slaughter**. "Technology is so great!"

"They're a great group of students and this program is really great for them," said **Long**. "We have several students who are going to ISU on scholarships."

As for the students in Upward Bound, the future seems to be coming too soon.

Upward Bound is a program to encourage students to go onto post secondary education, such as college and business schools.

"The kids really like the help UB provides for them in planning for college," said East High counselor **Patty Hoffman**, who is also the Target School Coordinator for East. "I'm the person who gets the kids to the information and helps get any students who express interest into the program."

There are 26 students from East that are involved, some have even been in it for up to three years!

"I've been in it for a couple years and I love it!" says junior **Landna Baccam**. "It's fun and you get to meet a lot of really neat people."

But the thing that the students really enjoy are the trips they take at the end of their camp. Last year, the kids went to Branson, Missouri and spent two to three days just taking in the culture and sites.

Upward Bound students meet monthly to discuss possible trips, plan seminars and just see how things are going.

Thanks to programs like Upward Bound and Science Bound students are able to pave the way to their dreams and goals. That's the main goal of both groups. To encourage, enable, and guide students to making their futures just a little brighter.





"Future's *so bright, we gotta wear shades!" think junior* **Kevin Minard** *and sophomores* **Kumla Kamvanh** *and* **Will Sitthisay** *, shown here with friends.*



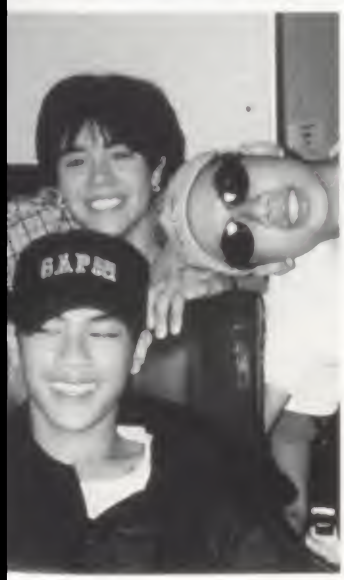
Lookin' *good in their knee - high fishing boots and life jackets, sophomores* ***Nophalak Meksay, Marlisha Slaughter, Manilla Lovan,*** *and* ***Tamika Miller*** *strike a pose showing their fashion sense. They went with the rest of the SB group to Rathbun's DHR for a day of fishing and fun!*



UPWARD BOUND (DMACC). FRONT ROW: Amirah Camp, Karmon Colemon, Tyechia Burgess, Alonda Long, Bianca Bradley, Carmel Stewart. BACK ROW: Tony Grimm, Clearance Foy, Robert Long.



UPWARD BOUND (Central). FRONT ROW: Ramon McCarrell. ROW 2: Dennis White, RaShawnda Gardner, Kamilia Lee, Landna Baccam, Khamla Kamvanh. BACK ROW: Nikhom Vansylalom, Kevin Minard, William Sitthisay, Siaolong Southammavong. NOT PICTURED: Curtiano Allen, Jamaal Clarkson.





Holding *on to each other for the "fun" of it! Sophomore* ***Will Sitthisay,*** *junior* ***Kevin Minard,*** *sophomore* ***Kumla Kamvanh*** *and a friend hold on while attempting to sit on a lop - sided swing at the fun house in Silver Dollar City in Branson, Mo.*



Taking *a break to stretch their typing fingers, juniors* ***Lori Doornenbal*** *and* ***Heather McCarl*** *and seniors* ***Brian Corbin*** *and* ***Amber Swayne*** *relax after a hard day's work in Office Education class.*



Looking *at past yearbooks for an example, junior* ***Jamie Hayes*** *and senior* ***Jeff Metheny*** *plan ads for this year's book.* ***Metheny*** *sold over $1,000 worth of ads during the first semester.*

BPA & Ad Sales take

Care of Business



It's been every student's dream since the beginning of time:

"I wish I could get paid for going to school."

For a select few EHS upperclassmen in **Nancy Hansen**'s Ad Sales class or **Mary Jane Kaldenberg**'s Office Education course, this dream becomes a reality.

In the Ad Sales class, 24 students each semester sell approximately 330 ads for the Quill annually, totaling over $20,000 in ad space.

"From that amount of money I have the liberty to pay students commission earnings and travel expenses. In that way, this is the most 'hands-on' type of any career class," said **Hansen**.

> "BPA is a good experience for going into 'the real world.'"
> –Senior Debra Palmer

"We sold ads most of the time, but we did do some bookwork too," said junior **Alesha McElvogue**.

This year the ad sales class enrollment dropped from the traditional 48 each semester to only 24 per term. **Hansen** has a theory as to why:

"With the seven period day students are able to get credits faster; and are taking fewer elective classes," she said.

The Office Education program is composed of three parts.

Nineteen students took the Office Education class during second period each school day.

"The students receive a grade and a credit for this class. Written business communications and proper business etiquette and dress are some of the units taught," said **Kaldenberg**.

All of the students in the OE class also have "on-the-job training" with a real business in Des Moines. They get paid up to $10 per hour and receive a grade based on evaluations completed by their employers every six weeks.

"It gives (us) a chance to get oriented with the business world," said senior **Christina Taha**.

All Office Education students also participate in the Business Professionals of America (BPA) club.

"BPA gives students the opportunity to compete in business contests at the regional, state and national levels," said **Kaldenberg**.

East's 20 BPA members competed at Regionals at the American Institute of Business in November and collectively earned 45 awards.

"It was a fun experience. I met a lot of new people and took first place in the Office Specialist competition," said senior **Melissa Woodard**.





BUSINESS PROFESSIONALS OF AMERICA. FRONT ROW: Sara Vestal, Lori Doornenbal, Heather McCarl, Angie Jennings, Stephanie Carlson, Sponsor Mary Jane Kaldenberg. ROW 2: Angela Hovey, Christina Taha, Joy Elliott, Stephanie Breese, Patty Mills, Melissa Woodard. BACK ROW: Shaun Rivas, Amy Winebrenner, Amber Swayne, Elizabeth Barefield, Brian Corbin, Katy Knight, Debra Palmer. NOT PICTURED: Lisa Dix, Amanda Hull, Alesha McElvogue, Jennifer Grund, Katie Wilson.





AD SALES (FALL). FRONT ROW: Nancy Hansen, Malissa Baccam, Amy Banks, Sarah Campbell, Krystal Young, Amy Goddard, Sabrina Overton, Jill Ackelson. ROW 2: Brian Akerberg, Courtney McClelland, Cindy Thompson, Angie Moyle, Alesha McElvogue, Jennifer Jacobe, Patty Mills, Brad Wadsworth. BACK ROW: Ryan Hart, Vilay Lovan, Adam McFadden, Jeff Metheny, Megan Plummer, Ashley Aldini, Shawna Gering-Brown.

Laughing *at last year's efforts, seniors* ***Angie Moyle*** *and* ***Amy Goddard*** *really are hoping they can do as well this year. As members of the ad sales class, they sold ad space to area businesses.*



AD SALES (SPRING). FRONT ROW: Kathy Waldron, Tricia Forest, Anthony Crum, Laurie Brown, Lacy McCuen. ROW 2: Ryan Haag, T.J. Nicoletto, Anthony Graham, Jason Miller, Jennifer Booth. BACK ROW: Nancy Hansen, Amanda Fox, Kaiphat Phaydavong, Angi Allison, Nick Winterberg, Frank Ewurs.

For choirs it's a year of Adventure

During the last year Chamber Choir members acquired a prestige all their own as the new incarnation of the former A Cappella Choir.

"Our choirs do a lot during the school year and it's important for us to be recognized for our hard work and dedication, along with others and their accomplishments," said sophomore **Landon Heck**.

That's just exactly what choral instructor **Linda Baker** intends to do next year for both the Chamber and Treble Choirs.

"I really enjoyed all of the fun things that we made happen this year. I just hope that next year's Chamber Choir will be as committed as this year's choir," said junior **Rebecca Stamper**.

"I'm looking forward to seeing what next year's choir will be like," –Sophomore Courtney Carpenter

The entire Treble Choir traditionally wears robes, while the girls in the Chamber Choir wear dresses and the boys wear something that resembles a suit. The Chamber Choir received all new outfits last year, including matching costumes and jewelry.

"I think that our new attire made us look more organized and ready to go at our performances. We look a lot nicer than we did the year before," said sophomore **Anesa Gardner**.

Approximately 35 girls made up the entire Treble Choir, while the Chamber Choir is made up of 30 members, both male and female. Both choirs perform at all home concerts and require auditions.

"Although there are only a few of us guys in the Chamber Choir, I don't feel the least bit intimidated by the other girls," said senior **Scott Haworth**.

The Chamber Choir performed at community events throughout Des Moines and took an annual spring trip to perform in a national competition. Several members also performed last June at Carnegie Hall in New York City.

"Treble Choir changed a lot from last year. It's not a very interesting class, but it has its bad and good times, like any other class," said sophomore **Courtney Carpenter**.

"Many of the students that perform in the Chamber Choir, plan to continue music in college and in the future," said **Baker**.

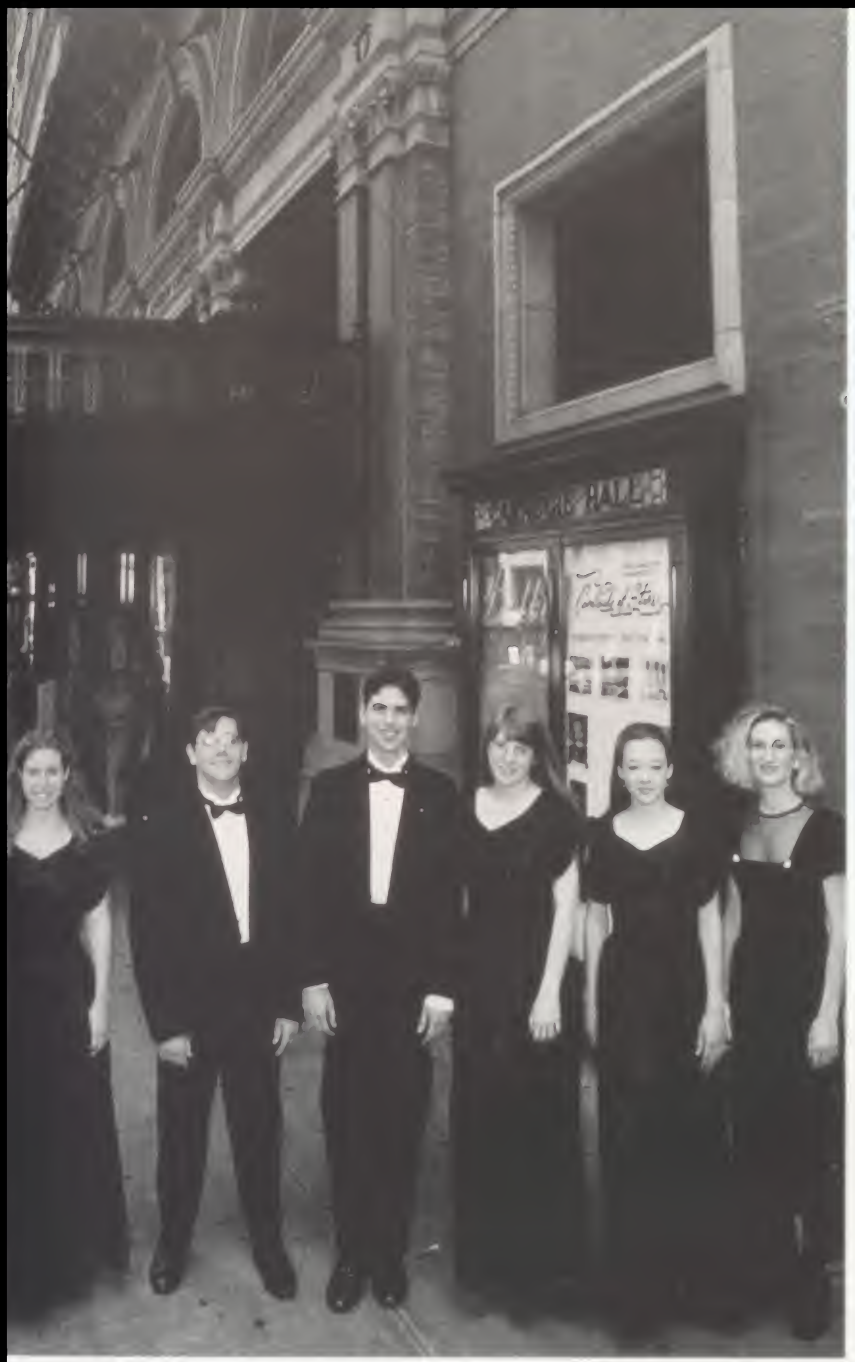




CHAMBER CHOIR. FRONT ROW: Beth LeClere, Michael Gary, Renee Hesseltine, Derek McChurch, Kari Teske, Cody Pfau, Katie Nevins, Sandy Mendenhall, Scott Hunt. ROW 2: Emily Lewis, Scott Haworth, Rebecca Stamper, Jared Rose, Jason Mason, Katie Sawhill, Marlin Devan, Jeff Dougherty. BACK ROW: Leah Browne, Amber Swayne, Adam Erickson, R.J. Montis, Holly Reese, Justin Bauman, Lanea Erickson, Renee Bernhardt, Landon Heck, Sherida Oltman, Billie Sevenbergen, Anna LeFleur. NOT PICTURED: Anesa Gardner, Aaron Long, Kate Pagel, Keri Sawhill.



TREBLE CHOIR. FRONT ROW: Candi Bockhoven, Cheryl Welker, Angie Davis, Theresa Warnock, Brandi McAninch, Cam Ha, Tara Baker, Meredith Smith, Courtney Carpenter. ROW 2: Mindy Kohrs, Nicole West, Keniele Kinney, Carmel Stewart, April Smith, amirah Camp, Crystal Tobin, Kristen Reid, Heather Knight, Kim Graham. BACK ROW: Melissa Wheeler, Krystal Knouf, Kelly Hart, Jessica Lee, Tamara Gregory, Angela Cupp, Dietrish West, Diane Bailey, Elizabeth Mefford, Shawna Lore, Shannon Iverson, April Butler, Amber Bucklin, Kellie Hayes.



Taking *time out of their busy schedule Chamber Choir members juniors* ***Rebecca Stamper, Holly Reese, Renee Hesseltine,*** *seniors* ***Scott Hunt, Adam Erickson,*** *alum* ***Kelly Mrogenski,*** *junior* ***Kari Teske,*** *and teacher* ***Linda Baker*** *pose for the camera. These students, along with students from across the United States, were led by guest conductor Rene Clausen in the New York premiere of his own "Communion," "Whispers of Heaven Death," and "Gloria" at Carnegie Hall.*





Focusing *on hitting the right notes mixed, treble, and prep choirs perform at the winter concert December 19, right before Christmas break. The all-girls treble choir performed at all home concerts.*

Taking *a practice time-out for a quick shot are junior secretary* ***Kari Teske,*** *senior treasurer* ***Adam Erickson,*** *senior president* ***Sherida Oltman,*** *senior publicity* ***Emily Lewis.*** *The entire choir takes a vote each year to see who will become the new officers.*



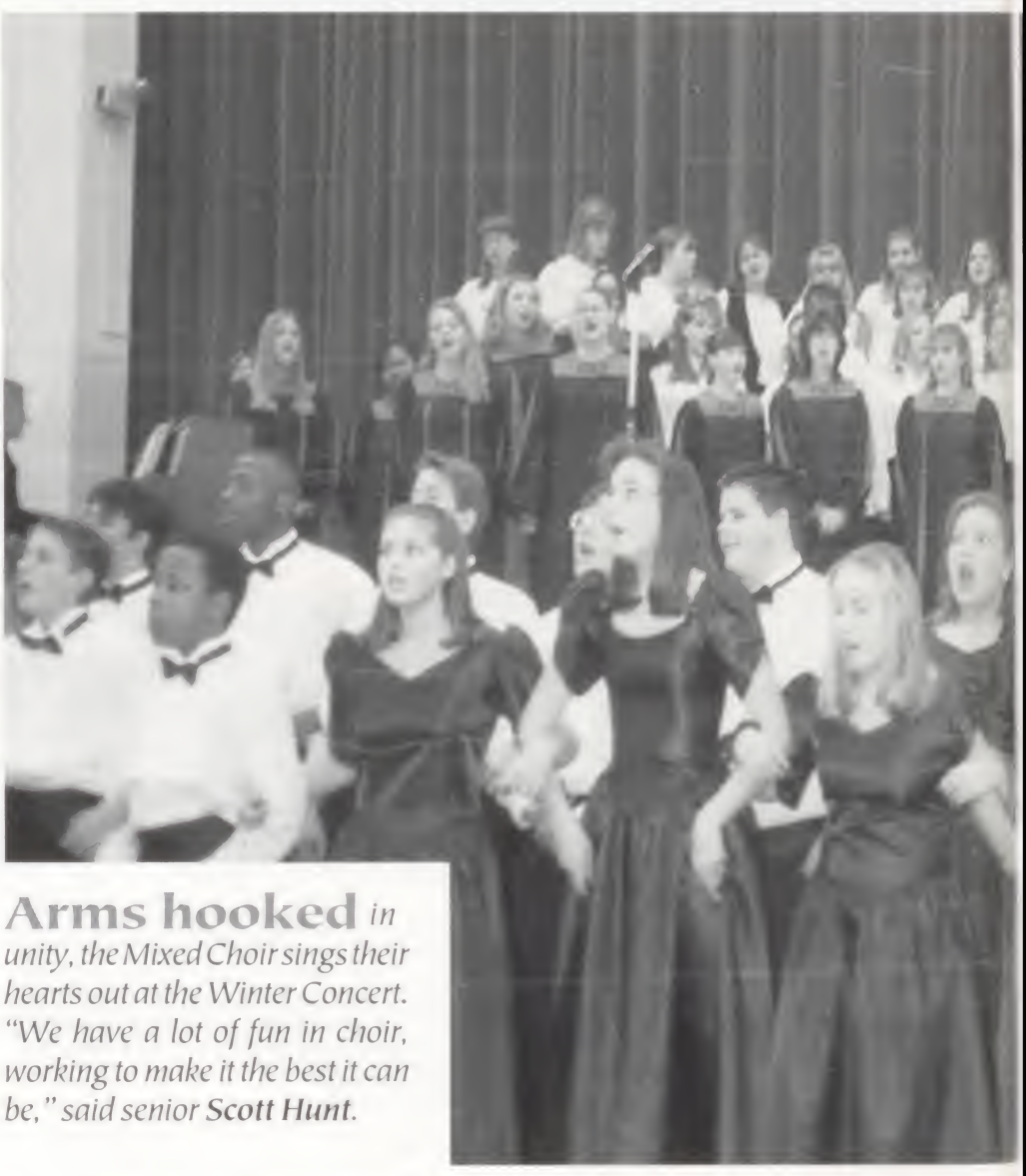


PREP CHOIR. FRONT ROW: Justin Repplinger, Clyde Copeland, James Fox, Adam Moraine, Gary Bennett, Alisha Wallace, Sheila Countryman, Sarah Hummel. ROW 2: Amanda Webber, Sandra James, Sarah Housman, Emily Stokka, Anita Cam, Sarah Hunt, Crystal Hildebrand, Ryan Hall, Stephanie Caldwell, Chandal Clemons, Nicole Wennekamp, Jessica Twombley, Morgan Haynes, Maryanna Boucher. ROW 3: Michelle Rare, Andrea Hageman, Amanda Heiselman, Sheila Oakes, Dorene Black, Heather Adamson, Tres Busby, Nicole Risius, Kandra Paddock, Eric Brown, Christon Jackson, Latoria Patton, Malaika Luster, Tyechia Burgess, Michelle Curtis, Brandi Williams. BACK ROW: Tony Baker, Amy Welch, Brandy Van Tassel, Carrie Chance, Shelly Dake, Jessica Randolph, Nicole Poland, Nathan Crooks, Justin Sheridan, Ronnie Williams, Michael Dare, Greg Gifford, Jessica Jordan, Christina Smith, April Steen, Julanda Brown, Lacey Robuck.

Do-Re-Mi . . . *Teacher **Linda Baker** and her trusty piano drill a dozen budding sopranos at a sectional. "Miss Baker's really nice," said freshman **Tracy Halsband**, "but she gets fed up with everybody talking in class."*



Most students *have the opportunity to be in more than one music group at a time. Senior **Jaime Swayne** is in both Mixed Choir and Show Choir.*



Arms hooked *in unity, the Mixed Choir sings their hearts out at the Winter Concert. "We have a lot of fun in choir, working to make it the best it can be," said senior **Scott Hunt**.*



MIXED CHOIR. Front Row: Linda Her, Tory Browne, Sarah Lewis, Nikki Atkinson, John Easter, Michelle Murphy. Row 2: Scott Hunt, Jaime Swayne, Beth Lamb, Jennifer Ball. Back Row: Amanda Strahl, Courtney Hurdle, Lissa Baker, Garry Waldon, Jaime Hill. Not Pictured: Jackie Beener, Tyrone Bragg, Heather Collins, Clarence Foy, Josh Hayes, Chad Lint, Diane Lovan, Jessica Miller, Lacey Miller, Brian Muir, Michael Parcel, Brandi Short, Julius Williams.



All in perfect Harmony

There's a restless wave of chatter among Prep Choir members as the last round of applause echoes backstage from the previous act. In just a few minutes the group will be on stage under the bright lights with all eyes upon them, and everything they worked for in class will count.

Teacher **Linda Baker** eases the tension with encouraging words, but the truth is nobody is as nervous as she is. A thousand thoughts flit about her head as the group takes the stage. Will they remember all the words to the songs? Will they stay on their own parts when singing harmony? Stay on pitch?

"The Choral festival was an excellent experience for anyone who wanted to see a great performance."
— Senior Scott Hunt

"I get nervous sometimes in front of a bunch of people," admitted freshman **Tracy Halsband**. But singing in front of people can also be exhilarating, she added, as long as it's in a group.

"Sometimes she calls our names in class and we have to sing by ourselves and everybody looks at you," said freshman **Jessica Jordan**. "You're thinking everybody's noticing you're singing the wrong note."

Prep Choir consists of about 60 freshmen and sophomores, all of whom have had different musical backgrounds and levels of experience.

"One of the most important (and hardest) things to learn is breath support and how to sing a harmony part and stay on that part. There are a lot who've never practiced it before," said **Baker**.

Halsband's favorite song was "One Sweet Day," by Mariah Carey and Boys II Men.

"It was also the easiest one because we already knew it," she said.

But **Baker** tries to avoid an excess of contemporary pop when selecting the repertoire.

"Rule of thumb is to pick songs that are meaningful to me . . . I try to steer away from pop music, because it won't be teaching them a whole lot," explained **Baker**.

Prep Choir requires no audition to join and can sometimes be a stepping stone to audition-based choirs, like Mixed Choir, which had 29 people.

In November Mixed Choir participated in the Central Iowa Metro League Choral festival at Drake, performing 5 songs.

It's not unusual for **Baker** to dip into the pool of eighth graders and skim out a serious singing talent.

"If a student has an unusually good voice and good sight-singing skills then they can go into Mixed Choir," said **Baker**.

But talent doesn't just happen. A singer, regardless of age, experience, or ability must work at being his or her best for that golden moment, when the last note has been sung and the applause fills the air.

The singers smile and take a bow. **Baker** sighs in relief and forgets the sweat that's trickling off her brow. She looks at the crowd on their feet, realizing it's been worth it all along.

Acting for the present
Training for Future



What do scenes, parts, actors, actresses, **Ruth Ann Gaines**, and **Steve Beaver** all have in common?

They are all part of the drama department that the Theater Art students must use to put on a play.

"This class gives people the opportunity to participate in theater production," said director **Gaines**. "It opens doors for some people."

"It opens doors for some people." –Teacher Ruth Ann Gaines

"Theater Arts takes a lot of memorization," said senior **Barb West**.

Remembering the parts is a big key to the plays, as well as getting along with other members.

"You have to be able to work as a team," said **West**.

"The past seniors help the present seniors and they help the future ones," said sponsor **Beaver**.

In Theater Arts everyone must put in all of their effort to make a play successful, but some students think this class shouldn't be taken as seriously as others.

"People should be more laid back," said senior **Jodie Griffin**. "This class would be more fun if they were."

Theater Arts is an elective class open to all grade levels, but most students take at least one drama class first before taking it.

Most students think this is an easy class.

Everything is done at school but the members must build sets, work backstage, and learn parts.

"We work hard to put the show together and sometimes we have to take work home," said senior **Kate Wilson**.

Working on the set crew is just one of the things a student can tryout for. After tryouts, the students decide what they want to work on.



THEATER ARTS. FRONT ROW: Joe Florez. ROW 2: Jessica Boozell, Kate Wilson, Jodie Griffin, Lisa Johnston, Coleen Parcel, Dawn Porter, Nicole Crook. BACK ROW: Shannon Kingrey, Laura Pastore, Amy Welch, Anthony Grother, Stephanie Gibb, Dana Gerlach. NOT PICTURED: Tiffany Cason, Tamara Gregory, Tory Baker, K.T. Harrington, Edward Haworth, Elizabeth Lamb, Kailee Mauk, Shawn Pepel, Hillary Reynolds, Gina Siders, Marlisha Slaughter, Alvin Snyder, Frank Swoboda, Kathleen Wilson, Clarence Foy, Barb West.



While *senior* ***Barb West*** *turns into the Wicked Witch of the West, junior* ***Kailee Mauk*** *and senior* ***Jodie Griffin*** *listen to* ***Ruth Ann Gaines*** *as she gives instructions.* ***West, Mauk,*** *and* ***Griffin*** *each played more than one part in the cast.*



All *dressed up, sophomore* ***Stephanie Gibb*** *and senior* ***Nicole Crook*** *are ready to perform for the "Wizard of Oz." These costumes were made by themselves with help from the Theatrical Shop.*

Primping *before playing Dorothy, junior* ***Gina Siders*** *twirls her curls. "This was a big part for me to learn, but I still had fun."*







Posing *for the camera, sophomore* ***Marlisha Slaughter*** *shows her stuff as she turns into Jade, from the Wizard of Oz. This East High production was shown December 5-6.*

Getting *groomed up for the "Wizard of Oz" performance, senior* ***Dawn Porter*** *said, "It was hard learning how to project my roar. It took about two weeks to learn how to do it right."*

The Silent Art...

Bodies in Motion

Students at Adams Elementary School sat assembled in December, waiting in anticipation for the white-faced, red-lipped East High mimes to perform. As time passed, they began to wonder if the mimes had silently slipped out on them. Little did they know that the mimes were putting on a show for Longfellow students, oblivious to the fact that they had scheduled two performances at once.

"Performing is the best part of miming." –Senior Jodie Griffin

Mistakes like that are easy to make when you're in popular demand.

The Scarlet mimes perform numerous shows, such as at Mercy, for terminally ill children, the Willis Adult Daycare Center, a Des Moines Schools administrator's meeting, the Central Campus open house, and at elementary schools.

"Performing is the best part of miming," said senior **Jodie Griffin**. "The elementary school kids just love it, and it gives you the greatest feeling."

It was this kind of enthusiasm for performing that made **Ruth Ann Gaines** found the miming program 24 years ago. She was an English teacher, and when she saw how much the students loved the section on drama, she began the miming program.

"The kids absolutely loved it," said **Gaines**, whose entire career now is teaching drama.

Steve Beavers, Gaines' assistant, is another teacher who has a passion for drama.

"When you mime, you tell stories, make pictures without words, convey messages with body actions and movements. Miming will improve your acting all over," he said.

Miming isn't something that can be done without a lot of hard work, repetition, and bravery.

"Rehearsal and commitment is key," said **Beavers**. "There is a lot of repetition involved, and you can't be embarrassed to try new things."

Putting on a good performance involves practice and a desire for perfection, repeatedly going over scenes so that motions are clear and concise, and making sure the audience follows the idea of the skit.

"I don't consider myself a perfectionist, but I work hard, and I've made a lot of improvement," said junior **Ed Haworth**.

"You need to be energetic and put forth all your effort. Also using big, over-exaggerated facial expressions is a key," said junior **Stacy Griffith**.

Despite all of the repetition and reearsal, not one performance could be successful if the students weren't willing to work together.

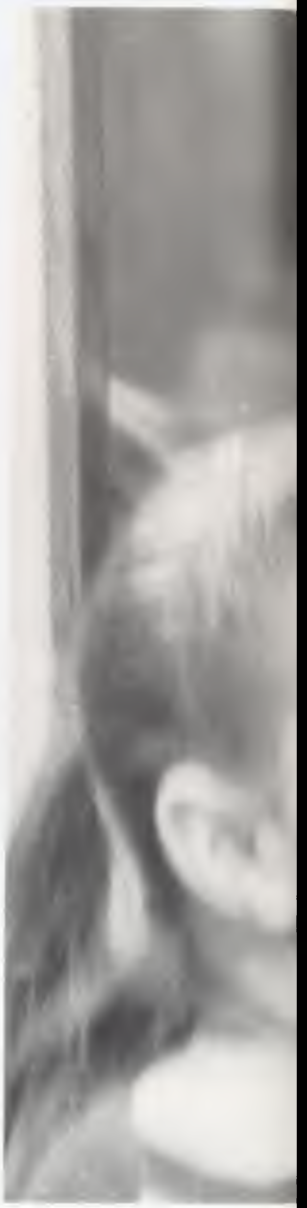
"A major part of the class is learning to get along with other people," said **Gaines**.

If one person isn't willing to work with the group, the audience will know.

The most difficult thing about miming is trying to get everyone to do the right part," said **Griffin**. "Everyone wants to do their own thing."

In a school where grammar and speech are required and stressed, the mimes aren't speaking at all.

They rely on the power of body language to get their message across. The sound of applause at the end of a show is the only sound they need to hear.







Getting *ready for her first skit, junior* ***Karen Djuth*** *is getting help putting her make-up on from junior* ***Kailee Mauk****. They visited Adams Elem. on Jan. 30.*

Resting *before the performance, senior* ***Denny McMahon*** *has just finished his transformation into a mime. The group performed about once a month all year.*







SCARLET VIBRATIONS. FRONT ROW: A. Ragen, S. Griffith, K. Wilson, J. Griffin, L. Johnston, K. Mauk, D. Porter, H. Garrison, M.Colvert. BACK ROW: J. Davis, A. Boylan, E. Haworth, D. McMahon, B. Porter, T. Cason.

Carefully, *sophomore* ***Michelle Colvert*** *concentrates and helps another mime with the lines of her mask. Daily, fifth period was their silent practice time.*



KEY CLUB. Front Row: Marie Blackford, Shari Hansen, Maddy Wiseman, Kristina Hughes, Melissa Wiseman. Row 2: Laura Fetter, Jen Watkins, Glenna Frank, Laura Shelton, Andrea Curl, Melissa Mauk. Row 3: Steve Porter, Kati Jividen, Heather Knight, Leah Tedder, Patchay Kamvanh. Back Row: Cornell Collins. Not Pictured: Kingkeo Calo, Nicole Crook, Jennifer Fallis, Jenie Fuller, Elizabeth Govoni, Kelly Potter.



Earning money for the Community

Money. All groups struggle with the challenge of raising enough money to accomplish their goals. They try everything from selling candy to washing cars.

Key Club found the solution to be working at a concession stand in the Des Moines Metro Ice Sports Arena for the Buccaneers. Some of the money they earned will go towards a nation-wide project to raise money for Iodine Deficiency Disorder.

"The first time I worked the hot chocolate machine exploded all over and made a huge mess." –Senior Kati Jividen

"It was something fun and easy that everyone could do and we made a lot of money," said senior **Kelly Potter**.

Senior **Glenna Frank** said, "It was a lot of hard work but it was a great way for us to make money, so it was definitely worth it."

Not only was it a great way to raise money but it was also fun.

"I enjoyed working at the Bucs' games because I got to meet new people while earning money for a worthy cause. It never got boring since something different was always happening," said senior **Marie Blackford**.

Each person has their own reason for joining. Key Club members yearly give up their time, from working at the Bucs' games to tutoring at middle schools, to help others in their community.

Senior **Melissa Mauk** said, "I enjoy being able to give something back to the community. When I help others, not only do they gain something but I do to."

"I like helping others and setting a good example for them," said senior **Jen Watkins**.

"I got involved partly because my friends were and I also like to help people," said senior **Laura Fetter**.

Key Club did several projects throughout the year: tutoring at Goodrell Middle School, baking casseroles for the homeless, visiting patients at Blank Children's Hospital, cleaning the school grounds and giving the eighth graders who feed into East May baskets.





People *contributed ideas and suggestions at the Key Club meetings. This year involvement in the club was up with more people and more participation in activities.*

Leading *the meeting, senior* ***Glenna Frank*** *talks about the upcoming activities that Key Club is planning. The officers discussed activities and dates at the officer meetings and got input from others at the club meetings.*





KEY CLUB OFFICERS. FRONT ROW: Glenna Frank (Pres.), Andrea Curl (Sec.). BACK ROW: Kelly Potter (Treas.), Kati Jividen (VP). NOT PICTURED: Jenie Fuller (Historian), Steve Porter (Publicity).





Getting *pizza for a customer, senior* ***Laura Fetter*** *works at a Bucs' game. The Key Club members took turns working at the games. They worked from about 6 to 10 p.m. making $5 an hour. Even though it was hard work, they had fun doing it.*

Dressed *up for the occasion, seniors* ***Kati Jividen*** *and* ***Glenna Frank*** *and junior* ***Steve Porter*** *pass out candy at Halloween Fun Night, which was sponsored by Senior Board. The money that was earned went to the "Combat Hunger" program.*

Catch the Spirit with Pep 'E' Club

There's something new with the Pep "E" Club this year. Teachers **Linda Nemmers** and **Joyce Vickroy** are the new head sponsors. **Shirley Blenderman**, the head sponsor in past years, retired after 25 years of teaching.

"I think that everything is going really great. The board is organized and I enjoy working with them. Everyone is doing a wonderful job. This is a fun experience for me," said **Vickroy**.

"I'm really proud of all the effort everyone has made."
–Linda Nemmers

"I have been involved with Pep 'E' Club since I was a freshman. I was sorry to see Mrs. Blenderman leave after so many years, but I'm having a great year working with Mrs. Nemmers and Mrs. Vickroy. We are all doing a wonderful job," said senior President **Jenie Fuller**.

Under new leadership, the Pep "E" Club is still carrying on all of its normal activities.

"Everything is still fun and we want to believe that we are peppier this year than ever before," said sophomore member **Zak Banks**.

Some of the activities include: Thanksgiving baskets, Spree, decorating the library for Christmas, selling things, making signs, Homecoming accessories, and visiting nursing homes.

"Going to Valley View Village nursing home was my favorite thing we did this year. I got to dress up like a clown and make people laugh; it was exciting," said junior member **Brandon Thompson**.

This year's officers consist of: President **Jenie Fuller**; Vice President **Jenny Fallis**; Secretary **Melissa Bannick**; Treasurer **Jill Ackelson**; Publicity **Kati Jividen**; Historian **Jenny Leete**.

"I think everyone really pulled together to make this a terrific year," said senior board member **Amy Hollingsworth**.



Decorating *the Pep "E" Club Christmas tree, sophomore* ***Stephanie Fallis*** *puts on the finishing touch: the star. Every year the Pep "E" Club representatives decorate a tree located in the library.*

While *at an assembly, Pep "E" Club members sit together and keep the crowd cheering. This has always been a tradition at assemblies and athletic events.*



Keeping *each other warm, these Pep "E" Club members, regardless of the temperature, are cheering for the Scarlets. The football game was played at Hoover against Roosevelt.*

Having *fun and entertaining people, these Pep "E" Club members are enjoying their time at Valley View Village. Pep Club members are not only active at school, but also help out in the community.*





PEP "E" CLUB BOARD. Front Row: Kati Jividen (Publicity), Melissa Bannick (Secretary), Jenny Fallis (Vice President) Jenie Fuller (President), Jill Ackelson (Treasurer), Jennifer Leete (Historian). Row 2: Angi Allison, Katie Anderson, Melissa Lamb, Sadanna Panvaree, Amy Hollingsworth, Stephanie Breese, Nikki Littell, Angie Jennings, Jaimee Swayne, Kingkeo Calo, Mary Ann Murphy, Krystal Young, Angela Hovey. Row 3: Emily Sawhill, Kendra Sawhill, Kari Teske, Amy Nemmers, Nicole Slater, Bethanie Roof, Megan Hill, Amy Banks, Julie Johnson, Rachelle Pucta, Kate Olson, Presha Matticks. Row 4: Linda Nemmers (Sponsor), Stacey Zelenovich, Stephanie Fallis, Shawna Finch, Christina Ackelson, Melissa Papiani, Laura Luce, unknown, Heather Knight, Nickell Stevens, Brandi Williams. Back Row: Kamilia Lee, Angie Beason, unknown, Jill Nowadzky, unknown.









Helping East
Helping all



With most extracurricular activities, students sign up to compete in an event for a chance to earn awards and recognition. But in Student Government, students get a chance to benefit the community.

"It's the best way to really get involved in making East better" –Senior Glenna Frank

Student Government (SG) holds food drives, blood drives, and toy drives for the needy and other charitable causes, according to sponsor **Carla Murphy**. They also arrange and conduct Homecoming.

Students enjoy being able to do something for their school.

"I joined to get the chance to express my school spirit in a creative way, and letting the school get the chance to participate in a community service," said president **Sadanan Panvaree**.

SG meets regularly to discuss ideas, hear members opinions, and decide their next projects.

"We try to hear everyone's opinion and decide in a democratic manner, so everybody's happy," said **Panvaree**.

The students work hard to get their job done, so that everyone can have a good time.

"It's a good experience, working with other students," said sophomore **Stephanie Gibb**.

SG was developed in the 1920's, and has since been putting on Homecoming and other functions.

"I think the students enjoy the experience of working with their peers, while helping their school," said **Panvaree**.



STUDENT GOVERNMENT. FRONT ROW: P. Kamvanh, M. Mauk, K. Calo, S. Panvaree, A. Hollingsworth, A. Nemmers. Row 2: A. Swayne, J. Swayne, A. Beason, S. Zelenovich, M. Hill. Row 3: K. Olson, K. Teske, J. Nowadzky, S. Halsten, B. Roof. Row 4: E. Lewis, G. Frank, M. Murphy, J. Leete, K. Young, J. Pratt. Row 5: K. Kraska, K. Jividen, D. Calo, A. Baccam, H. Knight, B. Thurman. BACK ROW: J. Lim, C. Lo, D. Calo, M. Staley, N. Patterson, S. Gibb.



During *Homecoming week, Student Government organized a car rally leading from Doane's Park in Pleasant Hill to the school. This decorated car belonged to senior* ***Emily Lewis****.*



Washing *a car, seniors* ***Sadanan Panvaree*** *and* ***Kati Jividen****, sophomore* ***Stephanie Gibb****, and senior* ***Soukham Baccam*** *work hard in the heat of July. The money earned at this fund-raising car wash went towards Homecoming expenses.*



STUDENT GOVERNMENT OFFICERS. Front Row: Sadanan Panvaree. Row 2: Amy Nemmers, Amy Hollingsworth. Back Row: Patchay Kamvanh, Melissa Mauk, Kingkeo Calo.



As *plans for the community Fun Night were underway, seniors* ***Dawn Shaver*** *and* ***Crystal Patterson*** *and junior* ***Kate Olsen*** *meet to discuss last minute changes. The fee to enter was $1 and so many people came that they ran out of candy.*

Language classes Face off

"Mrs. Hansen is the best foreign language teacher in the Des Moines Public School District," said senior **Tim Sams**.

"No, Mrs. Lorence is the best," said junior **Julie Johnson**.

"Spanish Club gives you a chance to do fun things with new people in and outside of school."
–Junior Tascha Torgeson

This is some of the talk in the classrooms as well as the halls about the foreign language clubs.

To join either club all you have to do is be in Spanish or French class and pay a dollar.

The Spanish sponsor is Kathy Hansen and Susan Lorence is the French sponsor.

Both clubs try to have an activity every month.

The Spanish Club meets every Friday before School and French Club meets every Monday afterschol.

Both clubs offer you a chance to meet people.

"In French Club I meet a lot of people that i probably never would have met if I wasn't in the club and meeting new people makes the club even more exciting," said sophomore **Megan Wall**.

Both clubs consider culture as well as language.

"The Spanish culture is a very important part of Spanish Club. We learn about celebrations, dress and types of food," said sophomore **Megan Staley**.

"French Club goes places that show us their culture, like museums, restaurantsand plays," said junior **Kate Olson**.

There are many activities throughout the year that both groups participate in.

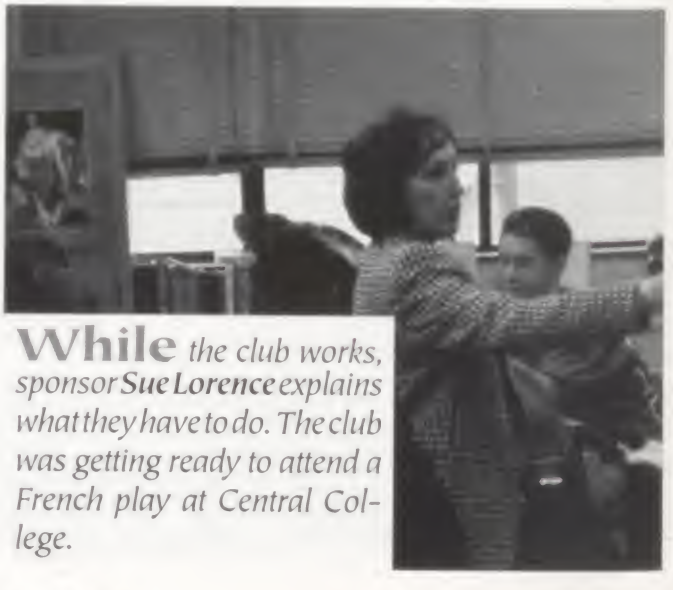
The Spanish Club handed out candy during the Fall Festival, went bowling, out to eat and had numerous parties after School.

"When they went out to eat dinner, they went to El Tapatio, an authentic resturant, because they don't speak English, and it was "very diverse," said **Staley**.

"We've tried to have fun activities, but they all fell through for some reason or another, except our trip to Central College to see the French play 'Jacques Pervert.' We also got to tour the French dorms at Central and that was a lot of fun," said **Olson**.



SPANISH CLUB. FRONT ROW: M. Bannick, C. Patterson, J. Weeks, J. Corbin, A. Davis, L. Baccam, E. Lewis, A. French, B. Stamper. Row 2: T. Torgeson, K. Calo, D. Cruchelow, N. Slater, R. Deierling, C. Standley, A. Kilgore, M. Smith. Row 3: L. Brown, J. Ackelson, S. Overton, A. Beason, R. Cook, J. Hill, K. Lee, J. Campbell, M. Staley, A. Erickson, L. McCuen. Back Row: S. Haworth, J. Hills, T. Sams, K. Murphy, A. Curry, S. Letze, K. Cummins, S. Hankey, K. Harrington. NOT PICTURED: N. Mooers, E. Olson, A. Crum, S. De La Cruz, A. Fisher, N. Garland, S. Gibb, D. Penake, M. Slaughter.



While *the club works, sponsor* ***Sue Lorence*** *explains what they have to do. The club was getting ready to attend a French play at Central College.*



While *sophomore* ***Justin Minor*** *shows off his Spanish dessert for the club, he gets ready for the party. The outfit he is wearing shows off the Spanish culture.*



FRENCH CLUB. Front Row: S. Lorence, J. Leete (vice president), J. Hansen (president), L. Wiseman. Row 2: N. Meksay, S. Martineau, G. Frank, K. Olson, C. Leach, J. Johnson, R. Puchta, A. Inthalangsy, K. Sipaseuth, K. Wonders, M. Slaughter. Row 3: B. Drey, B. Johnson, K. Jividen, M. Ann Murphy, L. Childs, A. Parker, M. Lamb, E. Govoni. Row 4: L. Olson, B. Bennett, B. Erickson, K. Alvarez, S. Kitthikoune, D. Calo, S. Hacknorath, K. Tiedemann, C. Birkhofer, C. Michael, A.Klopfenstein, H. Resse, A. Webber. Row 5: D. Black, D. Hutson, A. Camp, A. Mincks, A. Kerr, B. Guy, M. Weckman, D. Palmer. Back Row: N. Menough, M. Hall, T. King, M. Wall, M. Garlick, A. Fransworth, S. Porter, K. Sinclair, T. Page. Not Pictured: A. Snyder, J. Hibben, N. Hibben, A. Gorman, S. Yang, S. Chau, Christie Timmerman, Luke Harris, Leann Sou, Daniel Govoni, M. Murphy, S. Atkinson, J. Hayes.





While *juniors* ***Ashley Inthalangsy*** *and* ***Steve Porter*** *work at their group study, the whole class presents speeches. The rest of the class gets to grade how well they think that they did.*

Standing *at the front of the room, seniors* ***Jeff Gathercole*** *and* ***Chris Standley*** *do a situation skit. Others of the class also had to write a skit and perform it.*



ACADEMIC LETTER WINNERS. FRONT ROW: Khou Yang, Nophalak Meksay, Patchay Kamvanh, Shawna Finch, Jennifer Jacobe, Raychelle Puchta, Josie Owens, Amy Nemmers, Crystal Patterson, Sherida Oltman. ROW 2: Landna Baccam, Presha Matticks, Kim Scarlet, Carrie Alderman, Lauren Rice, Lance Lethcoe, Jason Irvin. ROW 3: Jamie Swacker, Kelly Kraska, Deana Cruchelow, Elizabeth Drey, Jacki Jacobus, Jennifer Fallis, Laurie Brown. ROW 4: Laura Fetter, Melissa Wiseman, Nicole Slater, Andrea Curl, Amy Braaksma, Manivone Kitthikoune. ROW 5: Chao Xiong, Bryan Ford, Jennifer Watkins, Abigail Burkhead, Stephanie Fallis, Stacey Letze, Katie Sawhill, Bridget Lee, Kelly Bloomquist, Savanchay Hacknorath. ROW 6: David Djuth, Nathan Richards, Nick Crawford, Anthony Davis, Michael Peterson, Adam Erickson, Travis McKean. ROW 7: Cortnei Davenport, Steven Kitikiatisak, Sarah Ingersoll, Laura Wiseman, Angla Curtis, Rebecca Stamper, Holly Reese, Jami DeMoss, Scott Haworth. BACK ROW: Renee Hesseltine, Lance Larsen, Lee Sayaxang. NOT PICTURED: Stephanie Bernard, Carol Blair, Jason Boehme,Ryan Cook, Josh Hibben, Sarah Huffman, Glenna Frank, Kati Jividen, Abby Lozano, Jeremy Mally, Jeannie Moores, Saengchanh Phaviset, Raffaela Punelli, Alexandria Rocha, Marlisha Slaguther, Lindsey Stocker, Frank Swoboda, Christina Taha, Krystal Tharp, Keri Thornton, Kristin Tiedemann, Tiffany Torrans, Ralph VanDyke, Winell Waterhouse.



Carefully *explaining the routine, teacher* ***Carla Murphy*** *tells students what will go on during the letterwinners presentation. Students who receive a 3.6 or above grade point average for the entire school year receive an academic letter.*



NATIONAL HONOR SOCIETY. FRONT ROW: Katie Anderson, Noi Vongchanh, Glenna Frank, Krystal Young, Nichole Garringer. ROW 2: Carol Blair, Jen Watkins, Laura Fetter, Jamie Swacker, Adriana Shilling. ROW 3: Lee Sayaxang, Melissa Mauk. ROW 4: Jennifer Fallis, Jenie Fuller, Jodi Fenton, Abby Lozano, Scott Haworth. ROW 5: Winell Waterhouse, Kati Jividen, Maddy Wiseman, Andrea Curl, Jacki Jacobus. BACK ROW: Tony Davis, Lance Larsen, Matt Humphrey, Adam Erickson. NOT PICTURED: Crystal Patterson, David Penake, Christina Taha, Courtney Davenport, Michael Patterson.





High Standards
Work Well Done

Promoting high academic standards and getting good grades are part of the National Honor Society and being an academic letterwinner.

Getting an academic letter is a special honor for students who work very hard to get a 3.6 or above grade point for the entire school year.

"I was very honored to get a letter. I worked hard on my grades and it is nice to have something to show for it," said junior **Sarah Ingersoll**.

"It took a lot of hard work and dedication to receive an Academic Letter."
–Senior Jamie Swacker

Students who work towards this award have to be taking five or more academic classes to be eligible.

"I didn't have the time for fun classes. My day was filled with academic classes and my night filled with homework," said junior **Angla Curtis**.

One of the main objectives behind National Honor Society is to translate ideas into action.

"We have several committees to assist us in doing National Honor Society: service projects, publicity, Scarlet Standouts, fundraising, and research," said sponsor **Linda Saddoris**.

The service committee identifies needs in the school, the community and tries to address them. For example, they make Christmas food baskets, tutor, and do hunger awareness programs.

"It has been hard work, but it has been worth it because we know we are giving something back to our school and our community," said senior vice president and service project chair **Jen Watkins**.

The publicity committee disseminates information regarding student interest projects.

"I am the only person on this committee so it's fun but also hard because no one is there to help me out," said senior publicity chair **Adriana Shilling**.

The Scarlet Standout committee receives information from teachers about students who show academic or performance leadership in the school.

"Doing Scarlet Standout projects was a lot of work, but I think it is great the school recognizes students and the work is worth it," said senior chair **Laura Fetter**.

The fundraising committee raises money for the group's projects.

"On one fundraising event we had about 30 cases of candy and had to sort them out for each different person; we had candy everywhere," said senior fundraising chair **Maddy Wiseman**.

Research committees investigate other schools to determine how East can further expand the horizons for National Honor Society in East.

"We hope to learn how to improve our chapter by communicating with National Honor Society at other schools," said senior secretary and research chair **Glenna Frank**.



National *Honor Society member* ***Laura Fetter*** *(with her mother) is proud to receive the Dartmouth Award. Every year a lucky student is selected for this special award.*



During *a presentation, these girls are inducted into National Honor Society (NHS). Students who want to be in NHS fill out applications and teachers pick who the members will be.*



Posing *with* ***Dolph Pulliam*** *members of the NCYL group from East end the day with another group picture. Along with, Pullium, Olympic athlete* ***Carlos Kirby*** *also spoke at the conference.*





Taking *a break after lunch, seniors* ***Joel Jones, Matt Leonard, Jay Wedman,*** *and* ***Tony Davis*** *converse with students from different schools.* ***Carol Harder*** *was the motivational speaker through the conference.*

Posing *in front of the picture displays, senior* ***Christina Taha*** *tries to find herself among the 240 or so pictures. These pictures are displayed at various businesses around the Des Moines area.*



NCYL & Kiwanians
Future Leaders

Looking *at the camera, seniors* ***Glenna Frank, Adam Erickson,*** *and* ***Letisha Taycher*** *work on a group project to get to know each other. A lot of time was spent discussing leadership roles facing teens today.*





Do you know what two leadership programs are offered to seniors in the Des Moines area? National Council On Youth Leadership (NCYL) and Kiwanians.

NCYL had 242 seniors from the Des Moines area attend this youth conference in November at Drake.

"I felt honored to be selected for this leadership seminar. I liked meeting seniors from all over the Des Moines area. I really liked our speaker, Carol Harder," said senior **Adam Erickson**.

"I was surprised and honored at receiving the scholarship. It will definitely help me in my college career."
–Senior Glenna Frank

NCYL was held at Drake University for an evening and then the next full day. Throughout the seminar there were many speakers from Dolph Pulliam to an admissions counselor from Drake University. Throughout the seminar they learned how to form a positive attitude, to prepare for college, and how to get along with people.

"I really liked the 'get to know you games' we played. At first we felt really stupid. Once we started to get to know each other, it was a lot of fun," said senior **Joel Jones**.

The last night of the seminar, there was an awards assembly to honor all the seniors that attended this conference and their parents. Scholarships were given out to selected individuals. **Glenna Frank** was the only student from East that recieved a scholarship.

Kiwanians is another leadership program offered to seniors. The Kiwanians are selected by the advisors based on leadership skills. One senior a month is selected to go to 801 Grand and have lunch with the downtown Kiwanians.

After each Wednesday lunch there would be a speaker from different organizations and a short meeting.

"I really enjoy being part of NCYL leadership conference and Kiwanian of the Month. I tend to see the same kids," said senior **Crystal Patterson**.



KIWANIANS. FRONT ROW: Jenny Fallis, Nicki Littell, Sadanan Panvaree. ROW 2: Jenie Fuller, Jerry Stilwell, Jill Ackelson, Adam Fisher, Matt Leonard. NOT PICTURED: Crystal Patterson.



MARCHING BAND. FRONT ROW: B. Reuppel, J. Anderson, A. Anderson, J. Bosley, C. Blair, K. Anderson, T. Welch, A. Curl, B. Davis, C. Ulmer, P. Gilbert, Advisor Mark Hawkins. ROW 2: K. Paddock, A. Ragan, J. Davis, J. Leete, G. Siders, J. Thompson, C. Hunt, S. Griffith, B. West, M. Kimbal, B. Porter, C. Hurdle, A. Parsons, K. Jividen, A. Moyle. ROW 3: T. Busby, A. Oliver, K. Ross, C. Kinney, A. Curits, M. Wall, A. Curl, H. Martineau, D. Porter, C. Tonsi, D. McChurch, M. Wiseman, E. Stokka, J. Norwood. ROW 4: K. Knouf, S. Martin, S. De la Cruz, S. Kline, J. Samuelson, A. Griffiths, A. Schaffer, K. Tiedmann, M. Garlick, S. Atkinson, A. Franklin, C. Birkhofer, P. Messenger, L. Wolfe, J. Oldham. ROW 5: M. Anderson, L. Covalt, B. Thurmond, J. Ray, G. Sundell, D. Kouang, C. Gipson, J. Farrell, T. Groehole, S. Ingersoll, M. Gary, C. Mercer, B. Heck, S. Appleby, C. Bump, R. Curtis. BACK ROW: N. Herrera, D. McCashill, M. Potter, H. Alford, C. Welch, L. Fox, R. Montis, S. Saddoris, E. Herrera, K. Thompson, J. McDaniel, J. Mason, R. McCarrell, K. Potter, T. Mitchell, D. White, J. Embrey, D. Randall. NOT PICTURED: A. Mincks.





JAZZ BAND. FRONT ROW: Pat Gilbert, Carol Blair, Jake Anderson. ROW 2: Josh Farrell, Tim Froehle, Nick Herrera, Ethan Herrera, Brad Reuppel, Andy Anderson. ROW 3: Luther Fox, R.J. Montis, Sean Saddoris, Ken Thompson, Jamie McDaniel. BACK ROW: Scott Appleby, Mike Gary, Chuck Mercer, Kelly Potter, Barrett Heck.



Marching & Jazz Band



Standing *by the congas, junior* ***Chuck Tonsi*** *awaits the correct time to play. Senior* ***Tasha Welch*** *is preparing to direct the Marching Scarlets during their first song of their half-time show. The Scarlets played and performed during all of the home football games.*

The Percussion is the Heartbeat of Band

Just as every human has a heartbeat, so does every marching band.

It's the percussion, better known as drumline, and they play either in the pit or march on the field with the rest of the band.

Senior **Dawn Porter** said, "I liked playing in the pit because I didn't have to march."

> "Playing the set is the most fun thing you could ever do in your life."
> –Junior Andy Anderson

Whether on the march or in the pit, certain odd things have to be dealt with.

In the pit a person has to be able to "listen back," which is being able to play as the sound from the band hits the person's back, and not as the drum major conducts.

"You have to concentrate really hard because you can't hear anyone but the trumpets," said junior **Chuck Tonsi**.

Drummers, like everyone else in the band, have to learn how to march, but with a twist. Everyone else learns to march with their feet facing the direction they are going, but the drummers "crab walk." If you are into country line dancing, it is the same as the "grapevine." For those not into line dancing, it is just taking the left foot over the right foot.

Sophomore **Jake Anderson** said, "The foot work is not that hard. The only problem is every now and then my drum will bounce just right and hit me."

In jazz band, however, the drummers are stationary. The main drums that are used are in the drum set, which is played by junior **Andy Anderson**.

Also in jazz band is the auxiliary percussion, consisting of all the other percussion equipment, or "toys" as the percussionists call them.

A new addition to the jazz band is the vibes. This is different from other percussion equipment in that it has notes and its set up is like that of a piano. This piece of equipment was played by senior **Carol Blair**.

"I enjoy playing the vibes because I am very good at it and I am the only one who can play them," said **Blair**.

Even though the two bands are different, they still have a few things in common.

Both groups practice hard preparing for contests.

"We all spend a lot of time practicing the music," said junior **Patrick Gilbert**, "and we all go into a contest with the attitude to win."



One, *two, a-one-two-three-four! Junior* ***Andy Anderson*** *counts off at the set as the jazz band waits to play. The set is also used for pep band during the varsity home basketball games.*

Concerts *and individual competitions were the daily life of orchestra members. They practice almost every day during fifth period, when their director is available from teaching at middle schools.*



ORCHESTRA. FRONT ROW: Shakeela Newsome, Scott Bauer, Melissa Woodard, Eric Flaherty, James Grasso. BACK ROW: Amanda Webber, Christina Lary, Director Jennifer Swartz, Michelle Oliver, Jessica Miller. NOT PICTURED: Ben Davis, Mya Rounds.



CONCERT BAND. B. Reuppel, J. Anderson, T. Reasby, C. Tonsi, B. Davis, J. Bosley, A. Anderson, C. Uhlmer, A.B. Curl, P. Gilbert, D. Porter, C. Blair, D. White, R. Curtis, J. Embry, D. Rendall, C. Bump, M. Gary, S. Appleby, B. Heck, E. Stokka, C. Mercer, J. McDaniel, K. Thompson, J. Mason, E. Herrara, A. Franklin, L. Leverich, J. Norwood, R. McCarrell, L. Fox, R.J. Montis, S. Saddoris, K. Anderson, D. Kouang, J. Farrell, L.A. Covalt, G. Sundell, M. Anderson, J. Ray, C. Gipson, D. McCaskill, H. Alford, N. Herrara, C. Welch, T. Froehle, M. Potter, K. Knouf, B. Thurmond, T. Mitchell, K. Potter, S. Atkinson, M. Wiseman, B. West, J. Oldham, P. Messenger, C. Birkhofer, L. Wolfe, A. Mincks, D. McChurch, K. Ross, A. Oliver, S. Martin, A. Schaffer, H. Martineau, J. Samuelson, K. Tiedmann, A. Griffiths, S. Kline, S. De la Cruz, T. Busby, A. Curtis, M. Garlick, M. Wall, A.E. Curl











A Fresh Start

Same Song, New Notes

Returning to school this year, students saw some new faces, particularly in the music department, where both the concert band and orchestra have new sponsors.

New teachers usually have their own style and tend to change things; however, **Mark Hawkins** in band and **Jennifer Swartz** in orchestra decided not to.

"I think band is fun, but I don't like the way people think of us."
–Sophomore Carrie Birkhofer

"I expected things to change because the entire orchestra last year was made up of seniors, but things didn't," said six-year orchestra member, sophomore **Scott Bauer**.

Even though they haven't actually changed things, some say the new instructors have made a difference.

"I think **Hawkins** has taken more control of it," says six-year band member, sophomore **Derek McChurch**, referring to **Hawkins'** discipline.

"They used to do everything in a free-flowing, easy-going way and now we have to be as good as possible. The standards for excellence are really high and (**Hawkins**) knows we can be winners," said sophomore Colorguard member **Courtney Hurdle**.

Hawkins' decision to teach at East was influenced by his past experience as a student teacher at East 11 years ago.

"When I was a student teacher, I liked the student body and staff," said **Hawkins**.

Hawkins also said that he has brought loyalty, and a new personality. **Swartz** has also brought a new personality, but a different type of loyalty.

She explained that last year's teacher had worked with East and Roosevelt students in orchestra.

"This is the first time a teacher has devoted time to one high school," said **Swartz**.

Swartz and **Hawkins** have both had a successful year. For **Swartz**, it was regaining junior **Ben Davis** (their star performer), for **Hawkins**, it was **McChurch's** trip to All-State.

"I'm proud to be able to walk into a room the first time and have someone make it that far. He's an exceptionally bright and intelligent student," said **Hawkins**, referring to **McChurch**.

Although **Hawkins** and **Swartz** are both in the music department, they keep their classes separate. The orchestra is too small to combine with the band class according to **Hawkins**.

Swartz has twelve students, only a few compared to the 78 concert band students.

"We get more one-on-one assistance and we get a better chance of learning. We have improved since the beginning of the year," said sophomore orchestra member **Jessica Miller**.

Along *with playing in assemblies and at basketball games, the band participated in a parade and several contests during the spring. Practice time was during first hour and on students' own time if they wished.*

Practice and Pride make Perfect Cheers



Go Big Red" is one of the familiar cheers heard throughout the sports seasons.

"I love to cheer. It gives me some way to use my voice, and I really enjoy talking, so cheering is a way to get rid of some of my energy," said junior **Jayne Corbin**.

"Cheering this season was a lot of fun. There are advantages and disadvantages but it's all worth while."

–Junior Jennifer Weeks

The cheerleading season began withcheerleading camp at Iowa State University. They learn new cheers and dance routines in which they placed second in. Throughout their time at camp a lot of hard work and dedication was put into. The cheerleaders work on cheers the majority of the time there.

"Camp was hard but it paid off. We had fun meeting new people and seeing old faces," said junior **Sarah Christenson**.

Not only are they peppy, they have an outstanding amount of school spirit. The cheerleaders are always getting the crowd pepped up at games and assemblies.

"The crowds are usually willing to do the cheers with us. My favorite part is the crowd yelling the cheers back to us. I also think the cheers get the players pumped up too," said senior **Melissa Bannick**.

There are a lot more people on the squad this year than in years past. Each person had to tryout and get a score to determine what they'd cheer for this year.

"Tryouts make me nervous. Although I've cheered for two years, I was especially nervous this year. Varsity seems much more different than freshman and sophomore cheerleading," said junior **Julie Johnson**.



Getting *the crowd pumped up before a football game is what the girls love to do. The main part of cheering is rooting for the team and getting the crowd into the game.*

VARSITY CHEERLEADING. FRONT ROW: Rachelle Puchta, Jennifer Weeks. ROW 2: Jennifer Jacobe, Sabrina Overton, De Enda Lopez. ROW 3: Jayne Corbin, Julie Johnson, Josie Owens, Khamnoy Sipaseuth, Ashley Inthalangsy. BACK ROW: Rickie Carlson, Joy Elliot, Leslie Evans, Tricia Forest, Melissa Bannick, Nicki Littell, Sarah Christenson. NOT PICTURED: Angie Jennings.



Holding *the pyramid steady, seniors* ***Joy Elliot, Nicki Littell, Sabrina Overton*** *and* ***Stephanie Carlson*** *balance junior* ***Ashley Inthalangsy*** *at the top. The pyramid is just one of many stunts practiced at summer camp.*





Showing *us what's for dinner, junior* ***Rickie Carlson*** *is having some fun at camp. The cheerleaders have a lot of free time at camp to get to know fellow cheerleaders.*



Stopping *to get a picture taken at the Homecoming assembly, seniors* ***Stephanie Carlson, Nicki Littell, Joy Elliot*** *and* ***Sabrina Overton*** *grin big smiles. The cheerleaders found themselves becoming good friends.*

Cheerleaders have to Get up

Ninth and tenth grade cheerleaders start the third week of June and do two to three weeks of practice. When school starts the cheerleaders go to practice once a week until January and finally get a break. It's a lot of behind-the-scenes work.

"It's hard getting up that early. We have to get up at 7:00 a.m.," said sophomore cheerleader **Megan Wall**.

Denise Rourke has been a sponsor for two years.

"It's really fun. I like the kids they make me feel young," said **Rourke**.

"It's really fun. I like the kids they make me feel young." – Denise Rourke

Sophomore cheerleaders went to a camp and won first place in a dance contest and beat the varsity cheerleaders.

They got spirit sticks every day, a trophy and **Chantele McFadden** and **Evie McPherson** received all-star awards.

They won spirit sticks, awarded every night, for their good attitude and lack of complaining.

"It felt good to know that other people thought our squad had spirit," said sophomore **Shawna Finch**.

Freshman cheerleaders don't get to go to camps since they're held in the summer and most of the cheerleaders don't have enough experience to go to the camps.

"I thought it was good that we don't have camps because we don't know that much until we get to sophomore level," said freshman cheerleader **Tiffany Good**.

When cheerleaders try out they get a form to sign up for football, or winter sports, or both.

"Cheering for the football team was really fun and everyone stuck with it even though we had a rough season," said sophomore **Stacey Zelenovich**.

For winter sports **Rourke** splits them up and rotates them all so they get a chance to do all the sports. When they get to varsity they can pick their favorite sport to perform at.

"I like boys basketball the best because the crowds are big and fun to cheer for," said freshman **Sheena Gray**.

For winter sports, choices are boys and girls basketball and wrestling.

"To select the cheerleaders, they get a form to sign and they mark their favorite. I pick the one with the most points and they get first pick," said **Rourke**.





FRESHMAN CHEERLEADERS. FRONT ROW: Amber Reed, Brooke Bennett, Kristen Reid. ROW 2: Tiffany Good, Lisa Gathercole, Tracie Halsband, Stephanie Miller. BACK ROW: Jenny Edwards, Danielle Kellis, Nickelle Stevens, Sheena Gray, Angie Cupp.



SOPHOMORE CHEERLEADERS. FRONT ROW: Shawna Finch, Jennifer Lim. ROW 2: Courtney LaRue, Megan Wall, Julie Rice, Mollie Schirman, Chommany Lo, Kerrie Green. BACK ROW: Chantele McFadden, Stacey Zelenovich, Stacey Letze, Beth Drey, Evie McPherson.



Feeling *the rush of the crowd, freshman cheerleaders entertain the fans during the Jamboree. This was the first chance in the season for them to cheer for the football team.*

"Lets *go Scarlets," sophomore cheerleaders pep up the crowd at the football game against Roosevelt. Even though they lost 46-0 the cheerleaders still had spirit.*







Even *though camp is a lot of hard work, they still have time to smile for the camera. Summer camp was run by the United Cheerleading Association.*

Cheerfully *smiling at the camera, sophomore co-captains* ***Shawna Finch*** *and* ***Stacey Zelenovich*** *show their pearlies at fall Pep assembly. Each year there is a fall Pep assembly for the fall sports players.*



Half *asleep, seniors* ***Jenny Grund*** *and* ***Ashley Aldini*** *sing a lullaby. Last summer singing lullabies was mild compared to some of the other creative stuff they did.*

Who's creepin'? ...The Steppers

There were hippie werewolves, black cats, and Casper the friendly ghost creepin' out on the stage. Who were the girls under the costumes? None other than the Steppers performing at State on December 6-7.

"I felt we did really good at State in our novelty dance considering we got a Division I rating and a third place trophy," said junior **Jill Nowadzky**.

"When Tascha and I wore our black cat costumes in the winter assembly performance we got a bigger reaction than we expected. Our costumes were skin tight, shiny black vinyl," said junior **Kate Olson**.

"Steppers are cool."
–Junior Bethanie Roof

Doing well at State took preparation; not only from the girls, but from the new sponsor as well.

"Things were a little rough this year, but I think things will be ten times smoother next year and I feel confortable leaving the squad," said senior **Jenny Grund**. "I enjoyed being captain and I'll miss it a lot."

What else exciting happened this year besides State?

"For the homecoming game we hung a sign on the bridge over University that said 'WELCOME TO THE JUNGLE HOOVER' and while we were hanging it a train was coming," said junior **Sarah Halsten**, "but it didn't phase me."

What other cool things did the Steppers do besides almost getting killed?

"The funkiest dance we ever did, which was my favorite, was 'Love Rollercoaster' by the Red Hot Chili Peppers," said junior **Danielle Bell**.

The first couple of dances the Steppers performed at the football games were dances they learned at last summer's camp at Buena Vista College in Storm Lake.

"(At camp) we danced from morning till night but it was a lot of fun and at the same time a lot of work," said junior **Jenny Booth**.

"I thought the funniest thing at camp was when Bethanie (Roof) and Kate (Olson) were inside of a wall," said senior **Ashley Aldini**. "I'm going to miss Steppers and all the crazy times we had."



Kicking *as one, the Varsity Steppers perform at the Spotlight Parade. The Steppers call this a "fan kick."*



VARSITY STEPPERS. Front Row: Jenny Grund, Sarah Halsten. Row 2: Krystal Tharp, Christi Fetters, Jenny Booth, Jill Nowadzky, Kate Olson, Bethanie Roof, Tascha Torgeson, Carrie Whalen. Row 3: Shawna Corbin, Ashley Aldini, Erika Gervais, Tessa Hill, Jodie Griffin, Heather Weber. Back Row: Danielle Bell, Tiffany Mayse, Kate Pagel, Kathy Waldron, Carrie Birkhofer, Stephanie Bernard.





Naughty, *naughty! Biker woman junior* ***Tascha Torgeson*** *with the "I LOVE MOM" tattoo touches junior* ***Sarah Halsten's*** *rather large balloons. They were dressed up for a skit they performed at camp last summer.*



Scary? *That is exactly what the Steppers were at the winter assembly. They performed their novelty dance for which they received a third place trophy at State in December.*

"Omigosh *I am like so totally cool" thinks junior* ***Kate Olson*** *as she struts her stuff. Peace! Junior* ***Bethanie Roof*** *just chills. The girls were all dressed up for a performance at camp last summer.*

Smiling, *junior* ***Clarence Foy*** *poses for the camera at a banquet. Foy was the only male on the entire SDS squad and he encouraged other young males to join and be part of the team.*

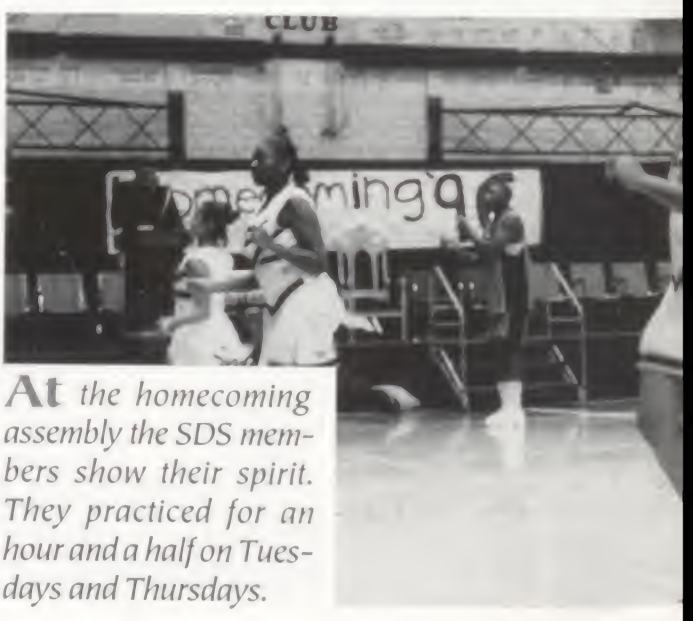
With *humor, sponsor* ***Fannie Wilson*** *and junior* ***Angela James*** *discuss the squad's next big event. Things soon got serious, though, because they demand perfection in all the routines.*







SCARLET DANCE SQUAD. FRONT ROW: Martina Carr, Angela James, Courtney Carpenter, LaDondra Moon. ROW 2: Malaika Luster, Rashanda Gardner, Tonnette Haygood. Back Row 3: Leona Wortham, Chantell Harris, Tanesha Thompson, Alonda Long, Michelle Oliver. NOT PICTURED: Julanda Brown, Karmon Coleman, Clarence Foy.



At *the homecoming assembly the SDS members show their spirit. They practiced for an hour and a half on Tuesdays and Thursdays.*



Hip Hop Halftime

Just last year a courageous sophomore joined a group that no one would have expected a boy to participate in. The group was none other than the Scarlet Dance Squad(SDS).

Junior **Clarence Foy** is the only boy to join the squad.

"I think it's extremely masculine for a boy to be in the group. Clarence gets a lot of recognition," said sponsor **Fannie Wilson**.

"I think it is extremely masculine for a boy to be in the group," –Fannie Wilson

Besides the one boy in the group, there are 14 other members. The group is designed to promote school spirit through creative dance.

They participate in games, assemblies, the Drake Relay parade, and basketball jamborees.

"I like being on the squad because it is different," said sophomore **Courtney Carpenter**, who has been on the squad for almost 2 years.

While in school the SDS members practice from 3-4:30 p.m. on Tuesdays and Thursdays. During the summer they practice at the YMCA.

"The practices are fun but there are strict rules. You have to pay attention and if you don't get the dance, someone will help you out," said co-captain and junior **LaDondra Moon**.

The group started in Oct. '94 when some students decided that they wanted to represent the school by using creative dance skills.

Usually anyone can make up the dances but juniors **Moon, Tonette Haygood** and **Rashawnda Gardner** have done the most.

Tryouts are in April and, if needed, in November. Participants are judged on: enthusiasm, appearance, confidence, rhythm, attitude, control of movement, knowledge of the dance routine and creativity.





SDS *members perform at halftime during a home basketball game. They alternate with the Steppers every other home game.*

Scarlet Dance Squad



At halftime, the Marching Band, Steppers and Colorguard provided fanfare for the presentation of the Homecoming attendants and their parents.



Colorguard twirls to the top

No Límits

The only two girls in Colorguard from Des Moines that went to the 1996 Citrus Bowl over Christmas break were from East High School.

Seniors **Barb West** and **Angie Moyle** were chosen out of the 8 members on the squad that tried out.

Out of all the competitors for the trip, only 30 out of 100 could go to the bowl in Florida.

"Colorguard has been a very fun experience and its made school fly by," said senior Stacy Griffith.

When the camp directors chose them, "We started jumping up and down," said seniors **West** and **Moyle**.

The $800 cost for room and board included uniforms and warm-up suit, but did not include airfare. This included one admission to Universal Studios, Walt Disney World, a New Year's Citrus Eve party at Sea World and the chance to perform "live" on ABC in the half-time show.

"A lot of girls had the chance to go but chose not to," said **West**.

The money was a real barrier. The total cost ran to nearly $2000.

"I could've gone, but it was definitely too expensive for me," said sophomore **Courtney Hurdle**.

The Colorguard had to practice every day in preparation for the half-time show and put in a lot of time and energy.

"This is our last year of high school and we wanted to do all of the extra activities that we could," said **West**.

"I didn't even think I was going to make it," said **West**, "and I ended up getting a medal for being 'All American'. I also received a white ribbon along with two blue ones."

The squad performed a flag-twirling and dancing routine at the football games, marching competitions, and state competitions during marching band season. They also performed at state Colorguard competition and many basketball games.





Posing *for the camera, bottom to top,* ***Stacy Griffith, Brandy Porter, Barb West*** *and* ***Angie Moyle*** *smile pretty. They participated in individual competition, performing their own flag routines, on Nov. 2 at Lincoln.*



COLORGUARD. Front Row: Amanda Ragan. Row 2: Jessica Davis, Stacy Griffith, Angie Parsons. Row 3: Christina Hunt, Gina Siders, Brandy Porter, Mindy Kimball. Row 4: Courtney Hurdle, Kati Jividen, Barb West. Back Row: Johanne Thompson, Jennifer Leete,Kandra Padock, Angie Moyle.



COLORGUARD CAPTAINS.
Angie Moyle (flag captain), Stacy Griffith (rifle captain).



The *proud Scarlets in Colorguard perform a flag routine at a fall football game. Hard work and long practices paid off in these displays for family and friends.*

What was your most embarrassing moment?



"When I performed Island Dance I really got into it and I shaked my butt so hard my pants fell around my ankles," said sophomore Courtney Hurdle.



"I had just put lotion on my hands and I was about to do a toss with the flag and it slipped out of my hands then hit Amanda Ragan in her head," said junior Stacy Griffith.



"I was trying to do a move and lost control and swung around and gave myself a black eye," said junior Jessica Davis.

Swimming With the Fish





Going into a room filed with tanks of all sizes and shapes, a person would feel like stepping into a new dimension.

But here in reality, students do this every day.

The class is Marine Biology and is held at Central Campus.

Students take the class for many different reasons.

"I took the class to learn about marine life," said senior **Jeremy Noble**. "I like taking care of the fish and learning their habits."

Sophomore **Brian Humphrey** took the class because he likes to work with the fish. "I also took the class because I want to get a job in marine biology."

In the class, the students learn how to take care of all sorts of marine animals, each is assigned an aquarium tank to take care of.

"I liked feeding the lobster that I didn't know I had," said junior **Angie Gilbert**.

The class isn't all fun and games. The students have to take tests over the animals and knowledge of where they live or their scientific name.

Learning how to scuba dive is also a part of the class.

Senior **Abby Lozano** said the "scuba was great except for when we had to do our open water dive at Gray's Lake during October. It was freezing, but it was worth it to be certified."

Some students took the class because they care about the environment and hope to help it some day.

"I took the class because I care about living things. I love the interaction with the animals, so I love to take care of the tanks," said junior **Ben Forest**.



Concentrating *on their dissected shark, seniors* ***Soukham Baccam, Laura Fetter,*** *and junior* ***Kelly Kraska,*** *try to figure out which part is what.* ***Fetter*** *said, "I am not going to have this as a career, but I want to keep this a strong hobby. Marine biology has really helped me realize how awesome the creation of this world is."*



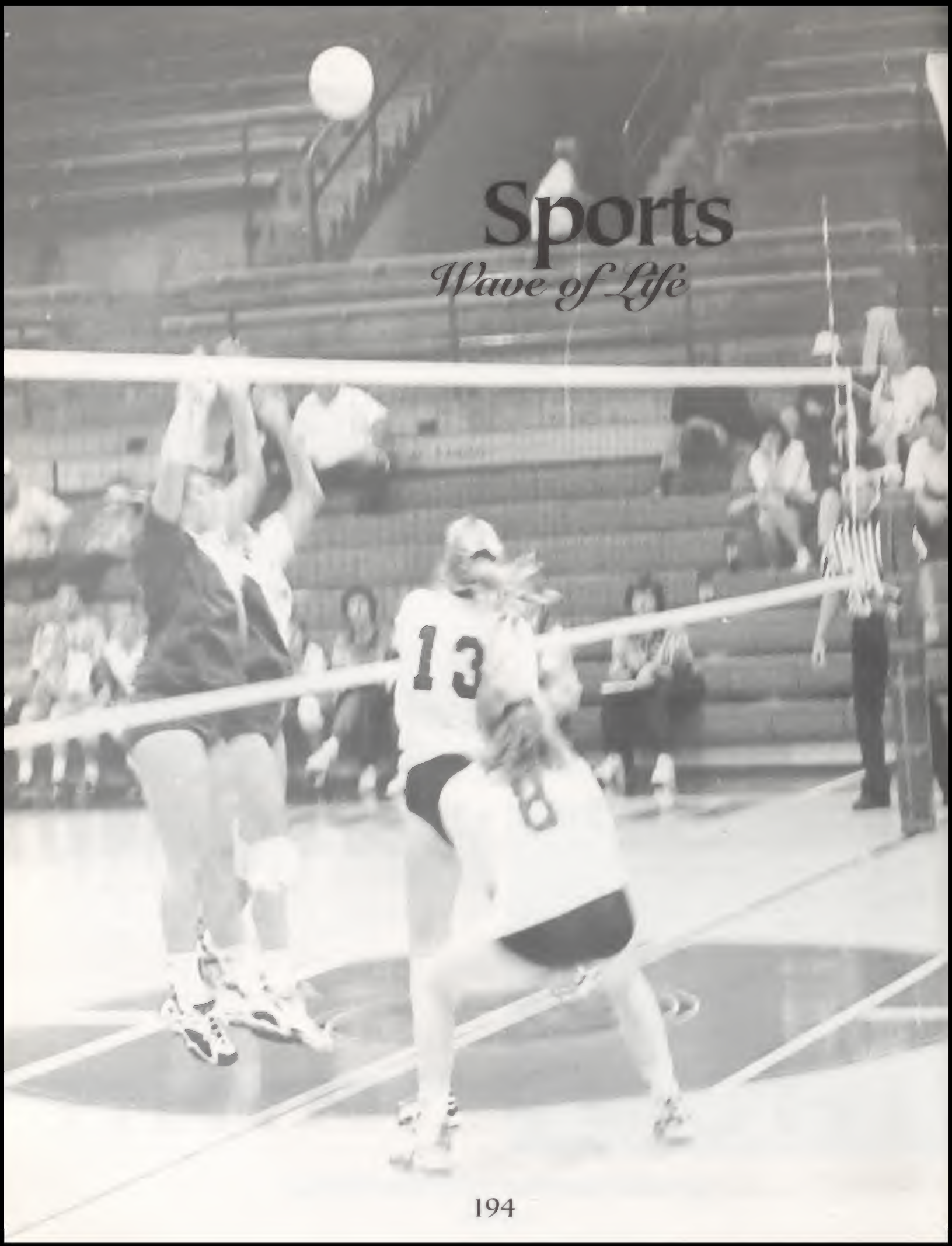
"**See** *there is a difference between the two jaws" and you can see this as senior* ***Jeremy Noble*** *holds them up in his hands. "I am looking forward to the Florida trip because I will finally be able to see the fish we studied in the class room in their natural habitat," said Noble.*

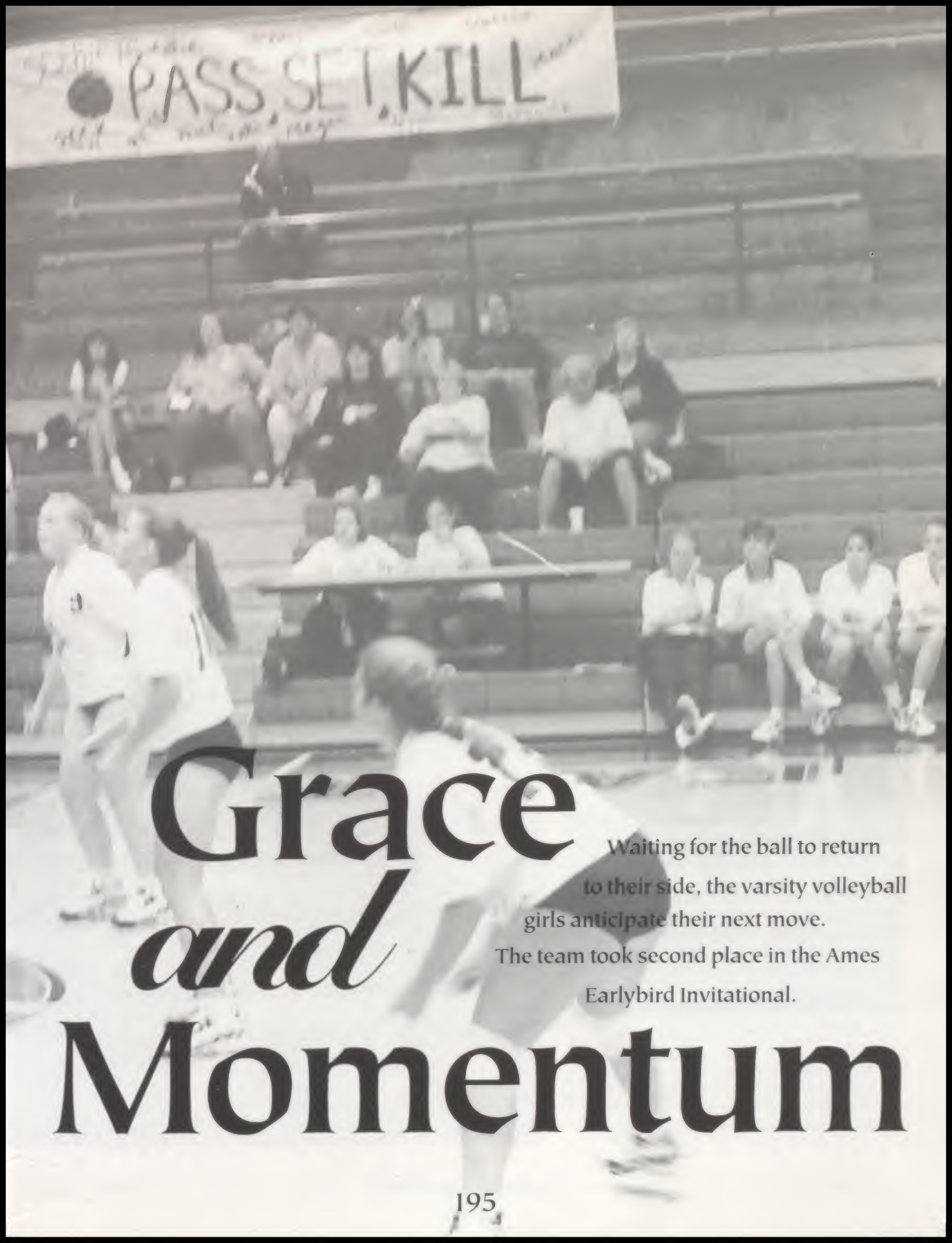
"**Working** *with the animals is my favorite part of the class," said sophomore* ***Brian Humphrey****. Humphrey is holding one of his marine animals from his tank. "I would like to get a job in the area of marine biology," said Humphrey.*





Look *closely at the insides as senior* ***Abby Lozano*** *holds a shark open. "I took the class last year," said senior* ***Jay Wedman****, "and I had lots of fun. I also wanted to go to Florida again."*


Sports
Wave of Life
13



Grace *and* Momentum

Waiting for the ball to return to their side, the varsity volleyball girls anticipate their next move. The team took second place in the Ames Earlybird Invitational.

SCARLETS WIN AT METRODOME

fall one game short of State





*Ready to make the play, seniors **John McCaughey** and **Anthony Crum** stand at their positions. This duo led the Scarlets in many offensive categories, including hits, doubles and home runs.*

For athletic director and head baseball coach **Ric Powell**, this season was special. Not only was it his tenth year as coach of the Scarlets, but he also took the team on a first-ever trip to Minneapolis.

"We made a special trip to play in the MetroDome (where the Minnesota Twins play). To my knowledge, this has never been done before by an Iowa high school team," said **Powell**.

What's even more important, according to **Powell**, is that the Scarlets won the game at the MetroDome, 12-2 over Oskaloosa.

"It was a lot of fun. You can tell people you've actually played in the Dome," said senior **Gene Olson**.

In order to earn money for the trip, team members sold Scarlet Power Cards, held a hit-a-thon and sold tickets to Twins games.

"We sold a lot of cards...it was exciting trying to get support from our friends and family," said junior **Josh Stewart**.

Another highlight of this season was senior **Chris Standley**'s outstanding performance, especially on the bases. He broke the school record for stolen bases in a season, with 38.

"I didn't know there was a record to be broken," said **Standley**. "I was just doing what I was supposed to be doing--playing to help the team."

Their outstanding seasons earned **Standley** and senior **Anthony Crum** the honor of being named to the First Team All-State. These two, along with senior **John McCaughey** and alumnus **Pat Lowe**, were named First Team All-Conference.

Alumni **Scott Rourke** and **Brad Zelenovich** earned Second Team All-Conference honors, with six Scarlets earning honorable mentions.

One other highlight of the season was when **Olson** pitched a no-hitter and fell only one out short of a perfect game against North on June 13.

Even with many outstanding individual performances throughout the season, the Scarlets fell one game short of making the state tournament, losing to Urbandale (a team they had defeated in the first game of the season, 12-6) by a score of 3-1 in sub-state finals

"I felt horrible. I knew we could have won that game. We just had a couple of errors that really hurt," said **Standley**.

The team finished with an overall record of 25-15, with a conference mark of 12-9.

"It was a real disappointment that we didn't make State; we were ranked all season," said **Powell**.

The team has high hopes for next season, with many talented returning players.

"All I have to say is that next year we're going to State and not losing in the sub-state final like we have five years in a row," said **Crum**.







Showing *off his psychic powers, senior* ***Robert Apt*** *practices his Homecoming king wave. Apt was reliable at the plate with four home runs and 11 RBI's in only 29 at bats.*

Varsity Baseball

Metro 12-9
Overall 25-15

East	vs.	Opponent
12	Urbandale	6
5	Valley	9
18	Roosevelt	0
8	Roosevelt	2
3	Linn Marr	1
12	C.B. Lincoln	3
5	North Polk	4
5	Ankeny	9
3	Hoover	4
11	North	3
14	North	0
12	Oskaloosa	2
8	Dowling	7
10	S.E. Polk	9
7	S.C. West	4
14	Tri Center	1
3	Indianola	10
13	Lincoln	0
16	Lincoln	13
14	S.E. Polk	13
13	Newton	1
13	Hoover	16
14	Hoover	16
5	Davenport Assumption	15
9	Estherville	1
6	Ft. Dodge	16
8	Roosevelt	6
3	C.B. Jefferson	4
13	Clarinda	1
2	Dowling	12
7	Dowling	13
10	North	3
10	S.E. Polk	9
2	S.E. Polk	10
4	Indianola	15
0	Indianola	11
4	Lincoln	3
11	Roosevelt	1
7	Hoover	6
1	Urbandale	3



A group *of Scarlets walk victoriously off the field at the MetroDome. The team was excited after beating Oskaloosa, 12-2.*

COUPLE OF BREAKS AWAY FROM ALL THE WAY

players build for the future



Famous *baseball players* ***Stan Musial****, far left, and* ***Bob Feller****, far right, pose for a picture in the governor's office at the Iowa Statehouse. Photo by Bob Nandell/ Courtesy of The Des Moines Register.*

The freshman and sophomore baseball teams had their ups and downs this year. Both teams tried very hard and sometimes the result of the game was good, and other times not so good.

"I think that we had an all right season, but it could have been a really good one if we would of had a few more breaks go our way," said sophomore **Alvin Snyder**. "I think that we had two really good coaches and we should improve a lot next year."

This year the freshmen baseball team had ten eighth graders on it.

"Having ten eighth graders on the team was the most East's freshman baseball has ever had," said Coach **Don Sears**.

Every game the freshman played was a double header.

"We had enough players so one group played the first game and the other group played the second," said sophomore **Dan Rendall**.

The sophomore team also had ups and downs this year.

"We started off hot but let down towards the end of the season. We had a lot of close games and a lot of close calls," said junior **Jason Irvin**.

Just like the freshman team, the sophomore team had good and bad days.

"We started out as 8-0 and then we ran into some problems against Dowling," said junior **Justin Shelburg**. "Then our losing streak kept going, ten games later we were 10-8."

For the most part, playing was fun for the team. Fans helped them out with encouragement and helped to keep their spirits up.

"I think we had the best team spirit," said junior **Brian Johnson**. "Everyone helped and supported all of the members on the team."

In clutch situations when the team was up to bat all the players would be up off the bench screaming and cheering for their teammates.

"We would turn our hats backwards and scream and cheer," said **Shelburg**. "Those are what we called 'rally caps'."

The sophomores ending record was 13 wins and 11 losses.

"We fought hard to the very end and never gave up," said **Irvin**.



Heat *and humidity can't stop the East High fans from supporting their teams. Although the scores and stats may fluctuate, the spirit generated by the loyal fans never does.*



Sophomore *Scarlets keep close track of the action at left field during a particularly hot summer game.*





Freshmen Baseball

Overall 14-14

East	vs.	Opponent
2	Roosevelt	9
6	Indianola	3
7	Indianola	1
3	North	0
4	North	6
3	Johnston	10
2	S.E. Polk	10
1	S.E. Polk	8
2	Indianola	8
13	Indianola	7
2	Lincoln	11
4	Lincoln	3
3	Hoover	4
3	Hoover	2
8	Roosevelt	4
9	Roosevelt	6
4	Lincoln	7
0	Lincoln	13
6	Dowling	3
1	Dowling	0
11	North	0
5	North	2
14	Fort Dodge	10
10	Fort Dodge	3
4	S.E. Polk	4
1	S.E. Polk	1
14	Dowling	14
4	Dowling	4

Sophomore Baseball

Overall 13-11

East	vs.	Opponent
10	Urbandale	7
6	Roosevelt	2
9	Roosevelt	8
12	Johnston	2
10	Johnston	4
8	Hoover	5
5	North	2
8	North	7
5	Dowling	9
8	S.E. Polk	9
1	Indianola	2
6	Lincoln	3
6	Lincoln	7
1	Hoover	2
8	Hoover	2
0	Roosevelt	10
2	Dowling	14
1	Dowling	7
5	North	2
2	S.E. Polk	3
6	S.E. Polk	9
6	Indianola	9
12	Indianola	11
10	Lincoln	4

VARSITY SOFTBALL FLEW OUT WITH A HIT

varsity heart-break, last game lost, 6-5





All good things must come to and end. That's what the varsity softball players were thinking this year.

"We started the season strong, although we did have a few letdowns. Our expectations were very strong during districts in hopes that we would advance on to State," said junior **Crystal Leach**.

There were many who felt it was a terrific season and were sorry to see it end. The girls were a team with leadership skills that carried them through the year. Not only were they friends on the field, but off the field as well.

"I think that we had good leaders on the team this year. If one person got down her teammates tried to pick her up. If one person made an error someone else made up for that error up at bat," said sophomore **Kari Cummins**.

The Scarlets had a great season defensively, but when it came down to offense, that seemed to be the key for these ladies.

"Hitting seemed to be a lot better than in the past few years," said head coach **Bob Savage**.

A few injuries were acquired over the season, but that's expected when great teams go head to head.

"I remember when I was playing a JV game. Next thing I knew a girl was sliding into my shin. She spiked me and as a result of that I was out for a lot of the season," said freshman **Tifany Oliver**.

A sense of loss was apparent when the two seniors graduated because many of the girls were good friends with them.

"I was friends with both Amy (Flynn) and Jenny (Young) and they were two key players. There both going to be missed next year," said junior **Courtney Blakeman**.





Warming *up before a game, the varsity girls trot off the field. The girls played their games at night, despite the hot weather.*





Preparing *for a game, junior* ***Amy Nemmers*** *stares intensly at the ground. Varsity girls took their wins and losses hard. That's why it was so important for them to take games seriously.*

Full *of giggles before the game, junior* ***Nicki Mooers*** *talks to her teammates while the groundskeeper prepares the field for the game.*





Taking *a break from their busy day, senior* ***Missy Gray****, junior* ***Nicki Mooers****, alumna* ***Amy Flynn*** *and junior* ***Courtney Blakeman*** *all stand together to get a picture. Many girls on the softball team were close friends,too.*

What? *Are you talking to me? Junior* ***Crystal Leach*** *stares in awe as she talks to someone while she waits to bat.*

Varsity Softball

Metro 14-8

Overall 24-14

East	vs.	Opponent
10	Norwalk	1
2	Lincoln	7
3	Dowling	4
4	Indianola	2
5	S.E. Polk	6
6	Hoover	2
4	Ankeny	5
2	North	0
3	Roosevelt	4
5	Hoover	3
2	Indianola	1
5	Dowling	0
2	S.E. Polk	6
7	Lincoln	5
4	Roosevelt	5
5	North	1
3	S.E.Polk	0
4	Indianola	1
6	North	1
6	Indianola	5

PREPARING FOR WHAT'S TO COME

some 9 and JV players will be playing together soon on varsity



Preparing for a higher level is something everyone has to do, especially when it comes to a sports team. As soon as a softball player begins competing at a high school level being part of the varsity team is the main focus. It all begins with the freshman team.

Freshman **Nickelle Stevens** said that it was harder than she expected.

"Our coach Shannon Carlson got frustrated with us a lot, but that was because she wanted the best from us," said freshman **Jennifer Blakeman**.

. The freshman coach was alumna **Shannon Carlson**. She had played softball all five years at East.

The girls had a fun time while gaining experience. There were also a lot of times that can't be forgotten.

"One time while we were at practice we kept missing a lot of balls that were hit to us and for every ball that we missed we had to run a lap," said freshman **Mandy Reidburn**. "Some of the girls were running really slow and coach Carlson got so mad that she left and locked us in the field."

The next higher level after freshman is JV. There were more expectations on JV.

"This season was a lot of fun, and I think one thing that made us more of a team is that we knew each other really well," said junior **Holly Reese**.

A lot of people have the impression that they could have been a better team this season. Their record wasn't that hot.

"Our record was just an indication of how we did, because we improved throughout the season," said coach **Lizz Frey**.

She said that the team was strong but was a reflection of a younger squad. The girls out were talented but inexperienced and next season has a good outlook.

"I don't think we did as well as we could have, but I think coach Frey is a good coach and taught us well," said sophomore **Jessica Miller**.

There were a lot of good and bad times, a lot of wins and losses. Lastly, there were a lot of memories to go with the times.

"In a lot of our games we would do really good in the first couple of innings, then somehow we let down," said junior **Amanda Grant**.

"One time against Hoover, the field lights kept going off and on right in the middle of the game," said sophomore **Stacey Zelenovich**.

Mmmm *sunflower seeds! Junior* ***Amanda Grant*** *shows off her sunflower seeds. Sunflower seeds play a big role in softball. There were many different flavors such as salsa, barbecue and ranch.*

What's *wrong, where's all the excitement? The girls were listening to what the coach had to say as the girls came in from the field.*











Gasping *for air, junior* ***Courtney Blakeman*** *listens to what Coach Frey has to say after she hit a triple and two people scored. She had one of the best hitting averages on JV.*



What *a pose! Junior* ***Amanda Grant, Courtney Blakeman*** *and* ***Angie Beason*** *are being cute before a game.*



JV Softball

METRO 8-7-2

EAST	VS:	OPPONENT
6	Norwalk	4
1	Dowling	1
5	Indianola	1
1	Hoover	4
7	S.E. Polk	8
2	Ankeny	2
3	North	1
6	Roosevelt	0
4	Hoover	6
3	Indianola	10
14	Pella Christian	3
2	Dowling	8
5	S.E. Polk	3
0	Lincoln	5
14	Roosevelt	0
8	North	0
7	Lincoln	10

Chillin' *in the shady dugout are freshmen* ***Mandy Reidburn*** *and* ***Tiphany Oliver****. The freshman games were usually hot.*

Freshman Softball

METRO 15-9-1

EAST	VS.	OPPONENT
6	Dowling	2
11	Dowling	2
1	Indianola	0
3	Indianola	11
10	Hoover	9
4	S.E. Polk	8
5	S.E. Polk	0
6	Ankeny	5
14	North	4
18	North	10
11	Roosevelt	4
7	Roosevelt	0
6	Hoover	6
0	Indianola	12
5	Indianola	9
5	Dowling	8
6	Dowling	0
8	S.E. Polk	7
4	S.E. Polk	2
1	Lincoln	8
1	Lincoln	6
14	Roosevelt	5
10	Roosevelt	0
2	North	5
2	North	8

PUTTING FORTH AN EFFORT

kickin' off the season with a bang



This years boy's soccer team was one that everyone will remember. Although they didn't win more than one game, they did their best.

They won their first game in three years. The game was against Russell.

They scored eighteen goals all season.

"The guys were great," said senior manager **Angi Allison**. "They put forth a lot of effort in all of their games."

Working hard and having fun while doing so, will help them with their team work for next year.

During the off season, many of the boys soccer members play on other leagues to keep in shape.



The boys soccer team relaxes while listening to music on the bus to an away game. Relaxing on the bus on the way to the games helped the team prepare for that day's excursions.





Junior *team captain* ***Travis Farley*** *prepares to kick the ball to one of his team mates during practice. Even though the team only won one game, they worked hard during the hot summer practices.*

Boys Soccer

Metro 0–7
Season 1–15

East	vs.	Opponent
2	Ankeny	6
0	Ames	12
2	Mason City	3
0	Urbandale	7
0	Lincoln	2
0	Dowling	3
0	Roosevelt	9
1	Hoover	5
0	North	5
3	Hoover	4
10	Russell	0
1	S.E. Polk	2
0	Indianola	3
0	Lincoln	6
0	Dowling	7
1	Lincoln	7





Ready *to block, senior team captain* ***David Penake*** *works on being goalie during a practice game. Being the only goalie, he was one of the key players on the team.*

Junior ***Grant Scott*** *stretches out before a game. The team members warmed up before the game started by running laps.*

GIRLS, KICKIN THROUGH THE COMPETITION

East's first girls soccer team





Starting off their debut year, the girls soccer team gave a good performance considering their scores. They ended the season with a score of 0-6-1. It wasn't the best but they say they're still working out the "kinks."

East High has never had a girls soccer team before this year. But some girls wanted to play. What were they supposed to do? Organize a girls soccer team for East. Other schools had one, why not East?

"I thought it was a good idea, and I was very excited to be the coach," said Head Coach **Chaney Yeast**.

In all 25 girls joined the team. There were five juniors, 14 sophomores and six freshmen. Although no seniors joined, the girls thought they did well.

"I have a lot of friends that are seniors and it's too bad that none of them joined but we still did pretty good without them," said senior **Stacy Vahey**.

A lot of the girls didn't know what to expect when they joined. Sure they knew about soccer and have seen it, but they didn't know what it was going to be like to actually play.

"I wasn't sure how it was going to be. There's more to it than I thought. But what was the worst was when you got kicked in the shins," said junior **Megan Hill**.

There weren't any serious injuries this year outside of a couple scrapes and bruises. But in all the girls did well considering it was their first year.



Trying *to get to the ball, sophomore* ***Shawna Lore*** *passes an opponent. Six awards were given out to the girls for special achievements.*



Defending *her ground, sophomore* ***Tracy Lowe*** *kicks the ball to another player. Lowe plans on playing soccer again next year.*

Diving *for the ball, a "dog pile" occurs. This often happens when people got in the way!*



Girls Soccer

METRO
0-6-1

EAST	vs.	OPPONENT	
2		North-Jamboree	1
0		Ankeny	6
1		Mason City	1
0		Hoover	1
0		Roosevelt	9
0		Urbandale	9
0		North	1
0		Urbandale-Tourney	15
0		Ankeny-Tourney	5
0		Dowling	14
1		Hoover-ACT	4
1		SE Polk	1
0		Indianola	6
0		Ames	9
0		Lincoln	2







Hold, *thrust, throw, junior* ***Elizabeth Govoni*** *throws in the ball from out of bounds. She won the Best Defense Award and was one of the few members to have played competitive soccer before.*

BOYS TRACK DARTED PAST ALL THE REST

Track men finish 3rd in the metro





Everything is silent. The air is thick with anticipation. Then out of nowhere a shot rings out—Bang—sending the runners on their way to victory or defeat.

The East High track team did very well this year finishing third in the state. In one of their better victories at the Dragon Invitational, against Johnson, East came in first.

The team did well with almost everybody planning on returning next year.

"Yeah, I'm coming back next year. I really enjoy running track and I wouldn't think of not coming back," said sophomore **Landon Heck**.

"We as a team did very well. We only lost six seniors and if we all return, plus whatever we get as freshmen, our team should be really good.," said junior **Lance Lethcoe**.

There were thirty on the team—6 seniors, 6 juniors, 11 sophomores and 7 freshmen.

Preparing for baseball, **Derek McChurch** participated in the events. "I thought that it would benefit me for the baseball season. I ran in middle school and I had a lot of fun."

Most of the guys who run track are involved in other sports which helps to keep them in shape for the following season.

"I run track and play football. Running track helps with football and football helps with track," said junior **David Suggett**.



Participating *in the long jump, alum* ***Corey Cason*** *took his third jump. After all the jumps the best one is taken.*

Batons *in hand as they ru the 4x400.* ***Lance Lethcoe*** *wa confrence champion.*



Running *fast, junior* ***Greg Owens*** *and alum* ***Deangelo Dudley*** *are in the lead. The conference was held at Williams Stadium and took third place.*

Boys Track

METRO
3RD

STANDINGS -

5th	Hi Covey Relays
2nd	Roosevelt Invitational
5th	Norwest Boys Classic
2nd	City Series
5th	9-10 Confrence
1st	Dragon Invitational
3rd	Confrence
4th	State Meet



Look *at em go, alum* ***Pat Lowe*** *and senior* ***Kaiphat Phaydavong*** *run the hurdles. Phaydavong got seventh in the 100 m hurdles.*







Sprinting *to the end, sophomore* ***Stacey Zelenovich*** *races to finish with good ratings. Each member of the team strives for success in their events.*

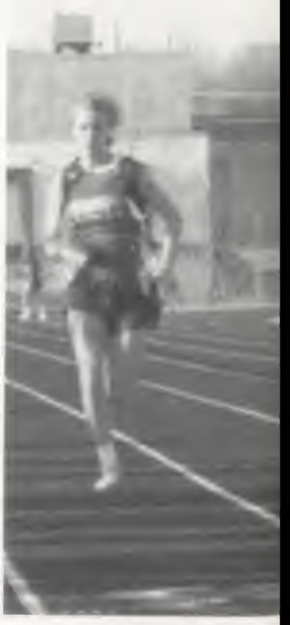
Girls Track

Conference 5th District 7th

Place	Meet
6th	Rams Relays
4th	Roosevelth Inv.
6th	Urbandale Inv.
5th	Lincoln Relays
4th	City Series
6th	Ankeny Inv.
5th	Lee Town
5th	Relays

"Let's *get started" is senior* ***Crystal Patterson****'s thought as she waits to run the 400.* ***Patterson*** *had a good year in 400 and 4 x 400.*

Racing *to the finish line, junior* ***Tricia Forest*** *tries to do her best at winning her event. Forest made lots of improvements during her second season of track.*





EACH PERSON'S EFFORT BRINGS TEAM SUCCESS

the girls are ready for a great future





He started coaching at junior high schools, slowly working his way up to the high schools, getting better as the years went by.

To prove this, Coach **George Davis** has coached girls track for twenty-four years. During this time, **Davis** has brought twenty-one state championships back to the school at which he coached.

"I love to coach track," said **Davis**, "and the older I get the more I respect track."

Track has a team concept, yet a person has to be an individual.

Each member's season is different and might be more successful than others.

Junior **Sarah Ingersoll** said, "My season went well. I got all my best times in all of my events."

The track season was fun, "even though I didn't run half the season," said junior **Jessica Hill**.

"I think we had a great year," said junior **Amy Nemmers**. "It was a tough year, but we came together as a team."

Each event was more challenging than the next. The most challenging was the 400 meter hurdles, ran by senior **Crystal Patterson**.

Track is a lifetime sport, keeping a person is shape. A lot of training is put into it and a person can't be ready to participate after one night of practice.

Hill said that the practice was hard and "takes a lot of time and effort."

One aspect of track is that there is very little glory given to a peson even though a lot of effort is put into the events.

"As the year goes on, improvements can vary. Some will improve a lot," said **Nemmers**, "while others may not improve at all. Track is a sport where what a person puts into it is what a person gets back."

Everyone has a line that a person has said to them that stays with them wherever they go. Some are important guidelines that will help a person with their life, while others are not meant to be remembered.

But there are some that are said to be taken as a joke.

For example, junior **Rashawnda Gardner** said, "I love it when Mr. Davis tells me it's good that I can't breathe."

A SEASON OF ADVERSITY

hardest working team, spirit in years





Hut one! Hut two! HIKE!! These words were heard often on the field during any East High football game at Williams Stadium.

The Scarlets had many losses, but overall it didn't put many player's spirits down and when there was victory, spirit soared.

"Whenever we won, it felt good, but we had to concentrate on the next game after our win," said junior **David Suggett**.

Even though the season was full of ups and downs, it was memorable in many ways.

"I think the most memorable game was when we played Lincoln. It was a close game like last year's," said senior **David Penake**, who was on the injury list during the season.

With 23 players on the team, many players played two positions. There were also many injuries on the field and off.

"I played kicker and punter until I got hurt on our first game," said Penake.

There were big plays that many players wouldn't want to forget.

"David Suggett and I had a feeling that our defense wouldn't work so we decided to do the right thing," said junior **Jason Irvin**. "The other team was going to punt, I blocked it and Suggett recovered it."

With the ups and downs, some players thought the season could've been better.

"This was my senior year, I thought it would've been better if we won more games. Overall, it was okay," said senior **Zach Stammer**.

"I thought we did a pretty good job and I wished we won more games. To me personally, I had a fun time," said Suggett.







Offensive *players get the lowdown on the next play from* ***Coach Raz****. This year the team had a record low number of players, only about 30.*

Dodging *his opponents, senior* ***Chris Standley*** *runs with the ball into a defensive threat. Quarterback Standley broke his left hand during the season and missed three weeks of play.*

Varsity Football

METRO 1–6

OVER–ALL 1–9

EAST	VS.	OPPONENT
6	Sioux City N.	22
37	North	0
8	Roosevelt	22
32	Lincoln	33
20	Hoover	27
0	Mason City	51
0	Dowling	55
14	S.E. Polk	42
0	Indianola	19
20	Ottumwa	42



Standing *on the sideline watching the game, these players wait with anticipation for their chance to enter the game on the next possession.*

Receiving *their awards from* ***Coach Ned Rasmussen****, seniors* ***Steve Webb, Tim Sams, David Penake*** *and* ***Gene Olson*** *were introduced at the Thurs., Nov. 7 banquet.*

DEFEATS YIELD VICTORIES FOR THE SPIRIT

short on downs, long on desire





From the defeats to the victories— attitude, strength, practice and perseverance are what football is all about. It was a tough year for the underclassmen.

"The guys needed to have a more positive attitude to be able to be coachable," said sophomore coach **Jeff Hall**.

A positive attitude isn't all that lacked; the strength of the players wasn't as strong as expected, either.

"During the off-season we need to hit the weights more to get bigger and stronger to gain strength for the next season," said sophomore **Ben Cowie**.

The phrase "practice makes perfect" is true for many of the players.

"All I have to do is make every practice to improve my skills," said freshman **Justin Kimmel**.

"The practices get tougher as we get older, but that's a good thing because we learn and improve from them," said sophomore **Kyle Williamson**.

Attitude, strength and practice are what make up perseverance.

"Even if the team was losing, they remain enthusiastic because they learned from their mistakes and they worked from there to improve their skills," said freshman coach **Ken Burgess**.

The defeats didn't phase the underclassmen one bit, but some good came out of it.

"We had tough defeats, but we didn't let that bother us because we went out there and gave all we had," said sophomore **Jason Nutt**.

The basic message of perseverance is to continue despite the difficulties.

"All that matters is that you should never give up when you know you put in so much," said sophomore **William Sitthisay**.





Sitting *on the sideline with a sprained ankle, freshman* ***Mike Parcel*** *cheers on his teammates. Sprained ankles were one of the many injuries associated with football.*

Trying *to avoid getting tackled by the Rough Riders, sophomore* ***Jason Nutt*** *throws the ball to sophomore* ***Michael Mauk****. Fumbles were something the football teams had to deal with, even if they didn't like it.*



The *referee makes a call as the Rough Riders and the Scarlets pile on top of each other. Strength is something that lacked with the underclassmen.*





Warming *up before the game helped pump up the freshman team. The feshmen had many tough defeats for their first year.*

Sophomore Football

Metro
8th Place

East vs.	Opponent	
14	North	18
0	Roosevelt	46
0	Lincoln	42
0	Hoover	50
6	Mason City	52
3	Dowling	50
0	S.E. Polk	42
0	Indianola	28
0	Ottumwa	46

Freshman Football

Metro
8th Place

East vs.	Opponent	
0	Indianola	50
6	Lincoln	44
6	Hoover	22
12	Roosevelt	14
0	North	14
0	Dowling	46
6	S.E. Polk	40
6	Ankeny	47
7	Ames	27







On your *marks... get set... go! Boys cross country members take off running for the finish line. Everyone on the team put forth their best effort in every race.*

Waiting *for their race, these boys pose for a quick snap shot. They were very successful this year, finishing second in the city.*



Stretching *out before the long run, junior* ***Josh Hibben*** *and freshman* ***Nate Hibben*** *get ready for the race. Stretching is very important for the runners so they don't get cramped up.*

RUNNING SECOND IN THE CITY

over the river and through the woods





Running second place in the city was a big success for the boys cross country team this year. The team had great dedication and commitment to accomplish their goals.

"For the size of our team this year, we were very successful. We did what we could with what we had. Our team's dedication and commitment got us a second place," said junior **Lance Lethcoe**.

The team had its ups and downs this year, but in the end they did really well.

"People quitting and not turning in their warm-ups were negatives, however our team rose above these problems and exceeded many expectations," said junior **Ryan Rinehart**. "We didn't have many runners but our leading runners Ryan McIntosh, Lance Lethcoe, and Josh Hibben were very capable."

Cross country is a very tough sport. A runner has to be in extraordinary physical shape and have a mind-set not to give up but to do the best.

"This is my first year of cross country. I've played a lot of sports and I think cross country is the toughest of them all," said freshman **Nate Hibben**. "Besides having to be in extraordinary physical shape, you have to have great mental toughness when you are running 3.1 miles, and you're already dying after a half of a mile."

Although the team finished second in the city their goal is to be number one.

"We did really well this year as a team. We were second in the city and next year our goal is to be the best in the city.We also hope to have more runnners on the team," said junior **Josh Hibben**.

The team encouraged all of the members in their races. It helped the boys to finish their season with great success.

"Wow! I think we did very well this year. Our team was pretty young but they did their job. I'm proud to be on the team. Way to go guys," said junior **Ryan McIntosh**.

Cross Country

Metro 6th Place
District 11th Place

East	vs.	Opponent
5th		S.E Polk
8th		Urbandale
6th		Hoover
5th		Karpan
4th		Cardinal
2nd		City Series
7th		Ankeny
3rd		Urbandale
3rd		Augustine
6th		American Conference



Running *to the finish line, senior* ***Christina Taha*** *gives her best to finish with a good time. Taha was one of the two senior members of the team.*

Taking *a break, members of the cross country team pose for a picture at the end of a meet. The team was affected by the low numbers participating.*





Pretty *maids all in a row. Members of the cross country team take time out during pre-season for some group shots. The team ended up 8th in the Metro league.*

They're *off! Cross country members take off from the starting line to see which team can get the best times. Each team averaged about 20 members each.*



Run Scarlets Run

running to the finish line



Cross Country

Metro 8th Place
Districts 15th Place

East	vs.	Opponent
8th		S.E. Polk
12th		Urbandale
10th		Hoover
6th		Johnston
7th		North
13th		Newton
5th		City Series
5th		Urbandale
14th		Ankeny
8th		Conference

Top Runners

1. Raffaela Punelli
2. Sarah Ingersoll
3. Nicole Jacobs

Practice, hard work, and dedication are what it takes to be a member of the girls cross country team. Sometimes, the simple disadvantage of members works against you.

The team only had seven girls finish the season.

"I thought we did well for the small team we had. We were running against teams that had 20 girls or more," said sophomore **Raffaella Punelli**.

This year the team had no freshmen. The middle schools have a new cross country program that might get incoming freshmen interested in cross country next year.

"Our number one runner (Punelli) is a sophomore so I am looking forward for some strong leadership from her next season. Also the new middle school program will hopefully bring some interest to the incoming freshmen," said coach **Carole Larson**.

Despite the teams size, the girls had a lot of fun throughout the year.

"We did really bad place-wise, but as a team we got along great and had a lot of fun throughout the season," said senior **Christina Taha**.

"Cross country is such a difficult sport and it takes so much strength mentally and physically. I really do get a great feeling when I have pushed myself to the limit and I know the race or workout is over and successful," said junior **Nicole Slater**.

"The girls are hard-working. They have a great attitude and they never give up," said **Larson**.



"Coach *can I go in?" These juniors and sophomores view their teammates playing while sitting on chairs sidelined. With a large number of girls out for volleyball the bench was quite full during the season. Making sure everyone plays is difficult for a coach to do but playing time is based on effort, coming to practice and attitude.*

Getting *ready to pass the ball junior,* ***Kate Weick*** *positions her body for making the pass while sophomores* ***Shawna Lore*** *and* ***Jessica Hill*** *eagerly wait to see where the ball is headed. Junior varsity matches took place at 6 p.m. on game nights and practices from 4:15–6:15p.m. every day.*



JV Volleyball

Metro 4-23

East	vs.	Opponent
0	SE Polk	3
3	Roosevelt	0
0	Indianola	3
0	Hoover	2
0	Indianola	2
0	Dowling	2
1	Grandview Baptist	1
0	Ankeny	2
0	Hoover	2
0	Hoover	3
1	Dowling	2
0	Roosevelt	2
0	Dowling	3
0	SE Polk	2
0	Winterset	2
0	Ankeny	2
0	Hoover	2
0	Lincoln	3
0	North	3
1	Marshalltown	2



Receiving *words of wisdom from coach* ***Lizz Frey****, the team huddles during a time-out during the game, yelling a cheer that goes: "Blood makes the floor shine kill, kill, kill!" The team only gets to yell this when they really, as the coach says, "wax the other team" (beat them badly).*



Varsity Volleyball

Metro 6-1

East	vs.	Opponent
0	Urbandale	2
0	Knoxville	2
1	Nevada	1
2	Newton	1
2	Ames	1
1	Urbandale	2
3	S.E. Polk	0
1	C.R. Jefferson	1
0	Carroll Kuemper	2
2	Valley	0
2	Council Bluffs T.J.	1
2	Dowling	1
2	Valley	1
0	Indianola	3
1	Roosevelt	1
2	Praire City-Monroe	0
0	Pella Christian	2
0	IA City High	2
3	Hoover	0
2	Gladbrook-Reinbeck	0
1	OSPGF	1
0	Waterloo West	2
3	Roosevelt	0
0	Johnson	2
0	Western Christian	2
1	Marshalltown	2
1	Ames	2
2	Dowling	0
0	C.R. Kennedy	2
0	Dubuque Wahlert	2
2	C.R. Regis	0
0	Waterloo West	2
3	Lincoln	1
3	North	0
3	Marshalltown	1
3	Norwalk	1
1	Indianola	3

VOLLEYBALL: SETTING, SPIKING, AND SERVING THROUGH THE SEASON

team-work was there till the end



Spiking *the ball, junior* ***Megan Hill*** *shows her strong arm swing hitting from the middle, while freshman* ***Mandy Reidburn*** *watches to see if Hill spikes her set. The team took second place in the conference with a 5-1 record, losing only to the conference champs.*

The girls volleyball teams have had a productive season. Though, the varsity and junior varsity teams have had dramatically different seasons, both were rewarding in many ways.

The varsity squad came out roaring at the start taking second place in the Ames Early Bird Invitational and winning the consolation bracket at the Metro Classic.

"The team had a very strong showing against tough teams and gave the impression of only good things to come," said coach **Lizz Frey**.

"We knew we had to do really well in our first tournament because last year we gave a very poor showing there. We really proved to ourselves what we could accomplish as a team," said sophomore **Stephanie Fallis**.

Still, improvement was needed.

"The team had strengths in skill and playing together, yet our biggest weakness was that we didn't communicate as much as we should have, so we let ourselves down on the court," said junior **Nicki Mooers**.

The junior varsity team focused this year on giving players experience on the court. Although the team didn't win many games all the practice wasn't a waste.

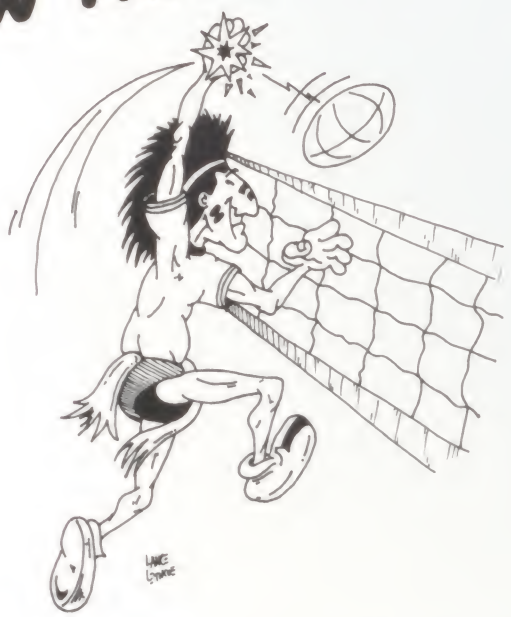
"I had the most fun during practice. Yeast is a great coach, her practices were physically hard but a lot of fun without goofing around," said sophomore **Tara Mathews**.

The squad didn't get to play in as many tournaments this year due to the fact that the tournaments were scheduled the same day as several opponents' Homecoming Dances.

"It was kind of nice having a couple more Saturdays free, but we really could have used the playing experience to improve ourselves for next year," said junior **Becca Stamper**.

Digging New Records

It was a 'killer' of a season



Where *will the ball go? The freshman team is always down and ready for each play to begin. Their hard work really paid off by the end of the season.*



Ending the season with a bang, the freshman and sophomore volleyball teams had a great year. The freshman team started off the season with a more promising team and confident attitude.

"We only lost one conference match to Indianola," said freshman coach **Mary Decker**.

The girls have improved their skills and attitudes throughout the year.

"All of the girls have the potential to go beyond the sophomore level. And if they are willing to work in the off season, most of them will be able to go on to JV or varsity next year," said Coach **Decker**. Upper level players need skill, experience and maturity.

The girls practiced every week night from 4 -5:30 (when they didn't have a game.)

"We really improved on working as a team and that helped raise our goals as a team," said freshman **Lindsey Bennett**.

Everyone worked hard at practice.

"We were determined to win and we knew what we had to do to reach our expectations," said sophomore **Megan Cardines**.

All in all, the Lady Scarlets had a great year.



After *a pep talk, the sophomore team comes together in a huddle to get fired up, yelling words of encouragement. The girls were very determined to keep their spirit up.*



Receiving *encouraging high fives from freshmen* ***Tifany Oliver*** *and* ***Amy Hornaker****, freshman* ***Sheena Gray*** *has made an ace serve. An ace is when the ball goes over the net and either hits the floor or becomes unplayable off of someone's arm.*





Doing *a warm-up drill before the start of the game, the freshman team works on passing. Each team gets six minutes on the net for hitting and three minutes for serving.*



Sophomore Volleyball

Metro
0–16

East	vs.	Opponent	
0		S.E.Polk	3
0		Indianola	3
0		Hoover	3
0		Hoover	3
1		Dowling	1
1		Roosevelt	2
0		Dowling	3
1		Lincoln	3

Freshman Volleyball

Metro
40–42
2nd Place

East	vs.	Opponent	
1		Indianola	2
0		Hoover	2
2		Hoover	1
2		Roosevelt	1
2		Dowling	0
2		Roosevelt	1
2		Dowling	0
2		Lincoln	1
2		North	0
2		Marshalltown	1

"HELP! I'M SURROUNDED BY FRESHMEN!" team doubles in size with 12 freshmen





"Help! I'm surrounded by freshmen!"

Considering that the girls swim team gained 12 freshmen this season, one may have expected to hear this phrase being yelled from the pool quite frequently. However, what the freshmen may have lacked in experience they made up for in contributions to the team.

"They all came to practice with good attitudes and worked hard," said girls swimming coach **Ken Gaeth**, who announced his retirement at the end of the season.

Just to let the freshmen know their place on the team, the upper-class swimmers held a group initiation.

"We took the freshmen into the showers after a meet one night. When they least expected it, we sprayed them all with shaving cream," confessed senior **Abby Lozano**.

The 12 freshmen were very crucial to the team because there is a limit to how many events a single individual can do in each meet. A person can only swim four events in each meet.

"The freshmen really helped out. With so many team members, the four event limit per person was no problem," said junior **Renee Hesseltine**.

Even with the huge number of freshmen contributing, the team finished the season at a disappointing 1-10, with their one victory coming over North in the final meet of the season.

"It was a disappointing season, especially since many of the meets were so close," said senior **Jamie Swacker**.

Gaeth was impressed with this year's squad, despite the lackluster record.

"They never gave up; they always tried to win and kept a good attitude even at 1-10. This team was better than last year's 5-4 team," said **Gaeth**.

They won their final meet against North even after the loss of **Lozano**, who was in a car wreck on October 16, making her unable to swim the last few meets of the season.

"I got whiplash, so I couldn't swim in my last home meet. It was very disappointing," said **Lozano**.

Several meets, including the one-point loss to Lincoln, were lost due to East's lack of a diving board. East's team forfeits 13 points to the other team at all away meets because the team has no divers.

"The board was taken out several years ago when the boys stopped having diving at their meets and when our board did not meet new state requirements," said **Gaeth**.

Next year's girls swim team looks to be in good shape, with six returning upperclassmen along with the numerous freshmen.

"(Even though) we worked (the freshmen) in with some initiation, I hope they stick with it and the program continues to grow. It's an extremely difficult sport," said senior **Crystal Patterson**.





In order *to relax, the team goofs off during warm-ups for a meet. The team needed to relax sometimes, due to the "long, hard practices," according to junior* ***Renee Hesseltine****.*

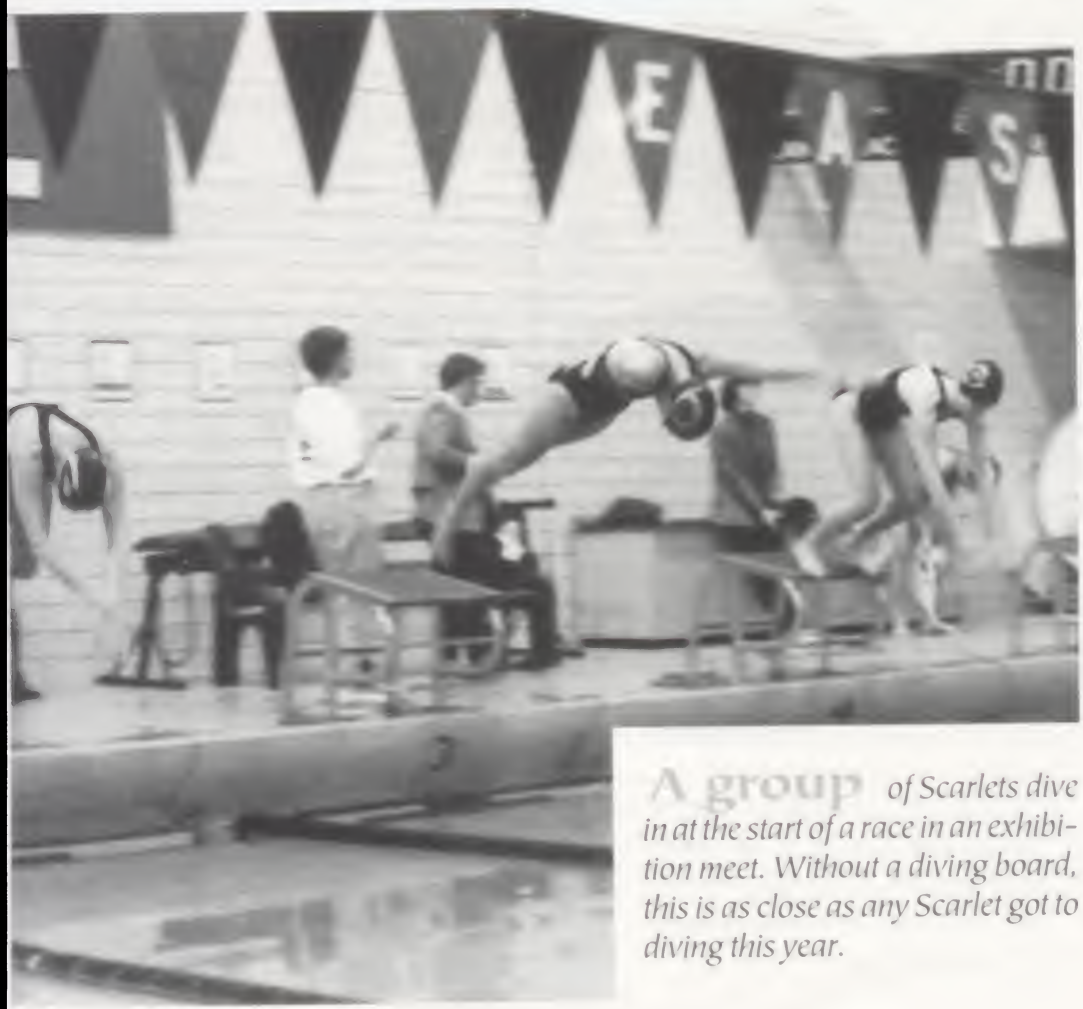


Girls Swimming

Metro 1–6
Overall 1–10

East vs.	Opponent	
69	S.E. Polk	101
83	Perry	87
51	Indianola	118
89	Hoover	94
60	Roosevelt	109
76.5	Carroll	92.5
69	Dowling	100
48	Boone	53
47	Grinnell	54
78	C.B. Lincoln	92
91	Lincoln	92
113	North	50

Coach ***Ken Gaeth*** *hands out the event assignments and gives last minute advice to the team. At the end of the season,* ***Gaeth*** *announced his resignation as coach.*



A group *of Scarlets dive in at the start of a race in an exhibition meet. Without a diving board, this is as close as any Scarlet got to diving this year.*



During *a break in the meet, senior* ***Crystal Patterson****, freshman* ***Lesley Olson*** *and sophomore* ***Beth Drey*** *huddle for warmth. Patterson was team co-captain with senior* ***Lara Jones*** *this year.*

Flying *through the water, senior captain* ***Jay Wedman*** *demonstrates the good techniques of the individual medley.* ***Joshua Hayes*** *and* ***Wedman*** *were the only swimmers that participated in this event.*



Focused *on being the first to make it to the other side, swimmers dive into the water. The team had an outstanding 200 free style relay team, which placed first in several meets.*





Looking *down the line, the team takes last minute instructions from their coach as they are presented to the student body. Once again, recruit numbers were down.*

Proud *Coaches* ***Mark Hurley*** *and* ***Susan Monahan-Blair*** *announce the team members at the Homecoming Assembly in September.*





DIVE ON IN, MAKE A BIG SPLASH

building for a strong future



Boys Swimming

Metro
0-9
Districts
8th Place

East	vs.	Opponent
62	North	83
34	S.E. Polk	132
33	Indianola	104
33	Perry	57
13	Grinnell	80
34	Hoover	135
36	Roosevelt	120
32	Dowling	134
48	Lincoln	118

Although there were only twelve members that made up the entire boys swim team, they did quite well considering the fact that this was a rebuilding year for them. The team mainly consisted of freshmen and sophomores.

"We needed a lot more kids to come out for swimming. It would of been nice if we would have had more kids willing to join the team," said Coach **Mark Hurley**.

During the month of February, seven members of the team qualified for the district tournament. These members included senior **Anthony Davis**, juniors **Joshua Hayes** and **Patrick Gilbert**, sophomore **Landon Heck**, and freshmen **Kurt Zeliadt** and **Joshua Barker**.

"Despite our size we did the best that we could have done this season. I'm looking forward to next year," said sophomore **Ryan Witt**.

The meets are based on a point system that determines if the team wins or loses. If there are not enough people to fill up every event, it's difficult to come out with a victory. The season record illustrated that.

Captain **Jay Wedman** and co-captain **Patrick Gilbert** also felt that it would have helped the team out a lot more if more guys came out for the sport this year.

"For the most part we had a great season. I just hope that we'll have an even better one next year. Right now we're looking forward to rebuilding our team for the future," said **Hayes**.

Several members of the team ended the season with spectacular time improvements.

"For the most part, I was really pleased with our season. Although we didn't win a lot of our meets, we improved tremendously," said **Heck**. "I thought that everyone worked really hard together. Hopefully, it all pays off in the end."

Boys Golf

Districts
12th

East	vs.	Opponent
188	Johnston	161
188	Roosevelt	159
155	North	225
191	Dowling	145
173	S.E. Polk	162
177	Lincoln	160
181	Indianola	156
176	Hoover	148

Meets	Place
Newton Inv.	22nd
Conference 1st Half	7th
City Golf Meet	4th
Conference 2nd Half	7th
Valley Inv.	10th
District	12th

"Behind *your head and swing!" This never had to be said because both teams knew what they were doing. Senior* ***Matt Leonard*** *takes time to concentrate on hitting the ball.*





Pausing *for a pose, freshman* ***Barrett Heck*** *holds his club with glory. Along with* ***Heck****, junior* ***Justin Shelberg*** *looks forward to the next season "because I'll be one of the best players in the state."*





Girls Golf

Conference
5th

East	vs.	Opponent
230	Pella Christian	221
219	Lincoln	215
219	North	280
250	Hoover	283
223	Dowling	210
228	Indianola	260
245	Roosevelt	207
219	SE Polk	208

Meets	Place
Valley Classic	10th
City Series	3rd
North Invitation	9th
Newton Invitation	8th
Conference Meet	5th



Having *fun posing for the camera senior* ***Jill Cameron****, junior* ***Maya Coleman****, senior* ***Erika Gervais*** *and junior* ***Lottye Childs*** *take a time out of their busy schedules to play a round of golf. "It's challenging," said sophomore* ***Angela Avery****, "but I think I will play again next year."*

Playing *with an oversized golf ball, junior* ***Justin Shelberg*** *gets ready to swing with a smile on his face. Shelberg had a memorable round when the boys golf team was playing against S.E. Polk. They were losing, but he birdied the last four holes.*

CAN THE DREAM OF GLORY COME TRUE?

make a wish upon a star





The crowd quietly awaits for the golfer to make the shot. He swings. The crowd oohs and aahhs watching the golf ball as it flies through the air. The ball hits the ground and rolls towards the hole. But it doesn't roll far enough, and falls short of the hole.

Any golfer's dream ends in a nightmare when the ball doesn't quite go in the hole. Maybe a dream will come true-a hole in one.

"I've always dreamed about getting a hole in one," said junior **Maya Coleman**, "but it hasn't came true yet."

"I've been playing golf since eighth grade," said junior **Justin Shelberg**. "I've always liked playing golf so I decided to play competitively for the school."

The teams love to play golf. They make jokes with each other and have a chance to meet new people. The most exciting moment is when people are watching you play.

"It's nice to have your friends watch you play," said junior **Lottye Childs**, "and when you have a good swing, someone is there to cheer for you."

The teams had hard practice, three hours at Grandview golf course every day since August 19.

"Even though we didn't do to well this year, our team will probably do better next year," said senior **Matt Leonard**. "I won't be here next year, and I will miss playing."

People usually join sports because they like to play the game, but some people have other reasons.

"I joined because it was something I've never done before. It sounded exciting," said **Coleman**.

Besides practice, the students enjoyed goofing off and snacking on food.

"Mr. Schnoor (the coach) always had animal crackers and peanuts every day at practice. We took them when he was not looking, and when he caught us he got upset," said **Childs**.

TENNIS TEAMS MAKE A RACKET



The tension is high. The afternoon sun beats down upon your head, making the palms of your hands sticky as you clutch the tennis racket. From the stands you hear Mom and Dad cheer and yell words of encouragement as you warily eye your opponent, guessing at his next move. Dead silence reigns over the court as your opponent tosses the ball up and aims - at you!

Though a player doesn't have time to think of all those hours put into practice, all those laps jogged, and all the drills, in the long run, they really come into play.

"Tennis is an exercise of every kind of talent," said boys tennis coach **Stu Card**. "Endurance, reflexes, coordination, you name it."

Both teams have different ways of preparing for the matches.

"I tell them if they get really nervous or if they make a bad stroke to just pick at the strings of their racket," said girls tennis coach **Joyce Smith**.

The boys tennis team had a slightly more unusual tradition. They wore their hats backwards and carried around a stuffed McDonald's Happy Meal toy, a camel the size of a hand, for good luck.

But the question is, did the good luck charm work?

"We got our butt kicked a lot," said junior **Keven Minard** bluntly.

But junior **Mindy Kimball** was more optimistic.

"We didn't have a very good season, but we stuck together and kept our spirits up," she said.

Leonard, however, had few qualms about the season.

"We had a good year," he said, "because most of the team consisted of seniors. We didn't win a lot of games, but we had a lot of fun."

He added, "We had (alum) **Freddie Muller**, probably the best player that went through East in a long time."

The older team members passed their knowledge and experience onto the younger ones. This helped not only to improve everyone's game, but it bonded people together and made it easier for them to work together when playing doubles.

"(Alumna) **Sue Lee** was someone I could count on to guide me through," said sophomore **Evie McPherson**. "She taught me a lot from her own experience, like how to prepare for matches."

Coach **Joyce Smith** recommends that everybody take private lessons, but admits that can sometimes be an impossibility.

"The problem is not all can afford it," she said, "but if they play and play and play they can really improve even without lessons."

Things can get pretty heated and competitive out on the court, especially under the ladder system the girls team uses to determine rank.

"It got tense sometimes because one of your best friends would challenge you for a better spot," admitted **Kimball**.

But **McPherson** has a philosophy that helps get her through and improve her concentration.

"When I'm playing a match I try to concentrate less on *being* the best and more on *doing* my best," she said.

And when it all comes down, that's all that really matters.





Senior ***Matt Leonard's*** *familiar "Quasimodo" pose was not unusual in tennis matches. "At Roosevelt I beat my opponent in the first set, but lost the next. I was really disappointed; I should've won," he recalled.*





Alumna ***Kelly Mrogenski*** *demonstrates her impressive forehand stroke. Of all the strokes, Coach* ***Joyce Smith*** *said, serving is the most important. If a player can't hit the ball into the serving box, they have no chance of winning a match.*

Girls Tennis

Metro 0 – 7
Overall 1 – 11

East	vs.	Opponent
1	Johnston	10
2	Urbandale	9
0	Ankeny	11
4	Hoover	7
0	Roosevelt	11
4	North	7
1	Dowling	10
5	SE Polk	6
1	Indianola	10
0	Ames	11
0	Lincoln	11
9	Saydel	2





Juniors ***Courtney McClelland*** *and* ***Mindy Kimball*** *brush up on their of teamwork.*

Obviously *not everyone on the boys tennis team wears their shirts to every meet. Though the team depends on how well the members play together, individual initiative plays a large role.*

Boys Tennis

Metro 1 – 6
Overall 1 – 10

East	vs.	Opponent
1	Urbandale	10
2	Ames	9
0	Ankeny	11
0	Hoover	11
3	Roosevelt	8
11	North	0
0	Johnston	11
0	Dowling	10
5	SE Polk	6
5	Indianola	6
2	Lincoln	9

NEW COACH, NEW SEASON, NEW HONORS

everyone's making changes



The varsity boys basketball team stepped out on the court this year under the leadership of a new head coach, **Andy Howard**.

Howard came from Roland-Story High School to be closer to his home in Ankeny. He said he likes the job.

"I thought the school had good potential and the job was a good challenge for me," said **Howard**.

His challenge was adapting from a small school to a large school.

The players also had to adapt, which wasn't too difficult, according to senior **Lance Larsen**. The techniques of a new coach seemed to have their effect.

By making them work harder, **Howard** "helped us to believe in ourselves—and have fun at the same time," said **Larsen**.

The team started on November 14, practicing every day after school.

This year it paid off.

Two senior players, **Chris Standley** and **Justin Bauman**, received the McDonald's Award, given to 1500 of the best varsity players across the nation.

A committee meets in the spring to choose 20 of the 1500 to play in a game in Colorado Springs, Colorado.

"I think they are good players and they deserved this award," said **Howard**.

"I'm extremely proud to have received the award. It's probably the highest honor I've received all year," said **Bauman**.





Costumes, *uniforms and fun were all seen on this Halloween night. Seniors* ***Adam McFadden*** *and* ***Lance Larsen*** *spent the night out with Coach Howard's boys.*



Free *throws, field goals and three-point shots were all a factor in senior* ***Justin Bauman's*** *game. This year he was rewarded with the McDonald's Award, along with Sr.* ***Chris Standley.***

Coaching *comes naturally to Coach* **Howard.** *He was the varsity coach at Roland-Story High School before coming to East.*







Taking *advantage of the rebound, senior* ***Justin Bauman*** *leaps for the bank shot. He averaged 10.5 rebounds per game.*

Leading *the cheers, these girls are a regular sight at each game. From left to right:* ***Jennifer Jacobe, Jennifer Weeks, Melissa Bannick, Julie Johnson.***

Varsity Basketball

Metro 4-14

East vs.	Opponent
58	Urbandale 73
77	North 59
26	Valley 98
54	Indianola 78
44	Dowling 65
58	Hoover 71
54	Roosevelt 65
74	S.E. Polk 84
61	Johnston 70
64	Lincoln 77
44	Indianola 53
54	Dowling 55
68	North 59
47	Hoover 79
60	North 66
56	Urbandale 68
47	Roosevelt 44
63	S.E. Polk 55

SHOOTING HOOPS WITH THE BEST

a slow start finishes strong





With the season in full force the freshman and sophomore boys basketball started off with hard competition.

"Practice was hard for the most part. We did a lot of conditioning on our muscles," said freshman **Adam Wilson**.

For the freshman boys, in their first season at East, it's hard getting playing time on a team with over thirty players.

"Everyone played a fair share of the time. We all worked together as a team," said freshman **Ryan Thornton**.

The sophomore team had a great season this year with 7 wins.

"I thought we played well this year. Everyone came together in the middle of the season and started playing like a team," said sophomore **Will Sitthisay**.

There were good times on the team and there were bad times, luckily there were only a couple of injuries this season.

"I was out for a few games, but it was no big deal. I got hurt once during football and then basketball," said sophomore **Jason Nutt**.

After the season was over, many players looked back on all of their memorable moments. Some moments were funny and some ended in injuries. All in all the season ended strong.

"My most memeorable game was when I scored 14 points in one game," said freshman **Luke Krpan**.





In anticipation, *the team discusses the next play with sophomore coach* ***Brian Luft****. This is Lufts' first year at East and also his first year of coaching.*

Defending *his opponent, sophomore* ***Will Sitthisay*** *looks down the court to see who's open. When East plays North it is always a big rivalry.*

Looking *to pass the ball, sophomore* ***Randy Slaughter*** *waits for a teammate to get open. East lost the game to Dowling 59-53. There were many games that were close this season.*





Rebounding *the ball, the sophomore team warms up at half time in the Hiatt gym. A few games were played at Hiatt when the East gym was taken for other basketball games.*

Freshman Basketball

Metro 10-8-0

East	vs.	Opponent
83	Roosevelt	53
58	S.E.Polk	68
74	Urbandale	32
62	Fort Dodge	65
66	Carlisle	46
64	Indianola	62
45	Lincoln	46
64	Dowling	79
67	Roosevelt	39
51	Hoover	58
66	S.E.Polk	64
67	Lincoln	64
64	Grandview Park	45
57	Indianola	46
66	North	71
52	Dowling	65
60	Hoover	45
56	North	60

Sophomore Basketball

Metro 7-12-0 Districts 0-2

East	vs.	Opponent
45	Valley	63
53	Indianola	48
62	Dowling	80
51	Hoover	59
87	Roosevelt	79
50	S.E. Polk	54
57	Johnston	51
52	Lincoln	60
66	Indianola	43
53	Dowling	59
56	North	61
56	Hoover	71
64	North	68
56	Urbandale	74
72	Roosevelt	54
79	S.E.Polk	70
74	Lincoln	75

As *junior* ***Crystal Leach*** *sets up the play, the crowd goes wild. She was a starting guard for two years.*

Rebound *that basketball! The girls basketball team played Lincoln but lost 49 to 85.*





Varsity Basketball

Metro 6-8
Overall 9-10

East	vs.	Opponent
64	Ames	33
61	Glenwood	47
65	S.E. Polk	56
52	Lincoln	87
56	Indianola	74
49	Ballard	67
46	Valley	72
39	Dowling	75
69	Hoover	57
62	Waukee	53
56	Roosevelt	45
66	S.E. Polk	62
49	Lincoln	85
55	Indianola	86
46	Dowling	75
50	North	49
30	Hoover	36
72	North	62
47	Urbandale	71
49	Roosevelt	56
57	S.E. Polk	76

Warming *up before a home game junior* ***Crystal Leach*** *sets up the play, the crowd goes wild. She was a starting guard for two years.*





Coach *George Davis and assistant coach Debbie Ford pep up the team before the game. Davis talks to his team to keep them focused.*



FIRING UP THE HOOPS

young team ends with high hopes





Twenty-five years ago Coach **George Davis** began coaching girls basketball and he never coached as young a team as this year. "We had three freshmen on the team and they were a nice addition," said Davis.

Freshmen **Jessica Jordan** and **Jackie Beener** contributed several minutes for the Scarlets. Freshman **Tifany Oliver** played for a few minutes each game.

"I think having the freshmen on the team was real positive and the team will be good next year," said junior **Megan Hill**.

Varsity had some victories and defeats, but "the girls met most of our goals," said **Davis**.

One goal was to improve their game by playing and sticking to the game plan even though they would be down.

"I think the team worked harder when we were down than when we were winning by a lot," said **Oliver**.

They had a lot of difficulties with teammates that were injured and teammates that were sick.

"I think Nicki Mooers' knee injury hurt us a lot and she could not play to her full ability when we played S.E. Polk," said junior **Crystal Leach**.

At one point the team had a four-game winning streak against Hoover, Roosevelt, S.E. Polk, and Waukee.

"I was proud of our team in winning four games in a row because we stuck together," said junior **Maya Coleman**.

The season ended with 9 games won and 11 lost.

"The season went great because our team worked really hard and worked together," said **Leach**.

The team will be pretty good next year because they have lots of returning players.

"I am looking forward to next year since we had such a good season this year," said **Oliver**.

Freshman Basketball

Metro 9-7-0
Overall 11-8

East	vs.	Opponent
64	North	12
43	Ames	27
46	Roosevelt	16
32	S.E. Polk	46
54	Lincoln	38
38	North Polk	46
24	Indianola	54
31	Dowling	49
26	Waukee	35
73	Roosevelt	34
42	S.E. Polk	43
71	Lincoln	28
59	Grandview	22
42	Indianola	62
48	Hoover	35
33	Dowling	51
67	North	42
46	Hoover	17
48	North	17

Sophomore Basketball

Metro 2-15-0
Overall 3-17

East	vs.	Opponent
35	Winterset	34
25	Urbandale	68
21	S.E. Polk	39
28	Lincoln	63
35	Indianola	55
27	Ames	49
24	Valley	60
12	Dowling	52
12	Hoover	36
21	Waukee	42
25	Roosevelt	35
21	S.E. Polk	56
30	Lincoln	62
33	Indianola	46
18	Dowling	44
44	North	36
18	Hoover	44
53	North	43
13	Urbandale	36
26	Roosevelt	39







The *pass is fired and now sophomore* ***Stacey Zelenovich*** *concentrates on what she will do next. This is her second year of playing basketball at East.*

Releasing *the ball, sophomore* ***Abi Burkhead*** *hopes to make the shot. All of the practice and hard work helped our during hard times throughout the games.*



HARD WORK AND DEDICATION

it all pays off in the end



Watching *the shot go up, sophomore* ***Anesa Gardner*** *waits to see if the ball will go in. The sophomore girls were 3—17 this year.*



Hard work and dedication are a big part of being on a sports team. Freshman and sophomore girl basketball players are very dedicated to their teams.

"It was great playing on a team where everybody stuck together and played hard throughout our wins and losses," said sophomore **Stacey Zelenovich**.

Improvements were made during the season.

"Our fundamentals improved mainly, but they started playing great defense towards the end of the season," said sophomore coach **Lowell Long**.

The sophomore girls were 3 –17 and all of the girls put forth their best effort in every game that they played.

"The season was one of constant improvement, 100% effort all of the time," said **Long**.

It also takes a lot of hard work and dedication from the coaches to have a good team. Coach Long has been coaching for ten years.

"I have always been interested in athletics. Once out of college I worked at every athletic event at Tech where I started teaching," said **Long**. "They had to let me coach after a while."

All of the hard work, practice and learning to work together is rewarding in the end.

"I had a lot of fun playing," said freshman **Tifany Oliver**. "It was a good experience."



Going *up for the shot, sophomore* ***Stacey Zelenovich*** *concentrates on her form. The sophomore girls put forth 100% effort all of the time.*

Memorable Moments



"My best memory of wrestling was when I went to State. It was a lot of fun. I was the only one that went, and I was only a sophomore," said junior **Nick Kligopoulos.**



"My best memory indvidually was beating Al Voight (Lincoln) at the Conference Tournament and also placing second," said senior **Steve Webb.**



"My best memory was beating S.E. Polk as a sophomore on varsity; it was the first time in 20 years," said junior **Joe Furby.**



"The best thing that ever happened to me was getting third at the Conference Tournament," said sophomore **Brad Cochran.**

As *sophomores* **Judy Kligopoulos** *and* **Amy Forkner** *get ready for the camera, they never lose their pride in the wrestlers whether they win or lose. Both girls have been wrestling mangers for two years and they love watching the guys — win or lose.*





As *junior* **Nick Kligopoulos** *is trying to pin his man, the rest of the crowd roots him on. He has been wrestling for six years and has gone to State twice.*

Wrestlers *decided to remodel the wrestling room in September, and senior* **Ryan Vitiritto** *paints and draws the new and improved mascot. The room was finally done in November.*



As *senior* **Steve Webb**, *and juniors* **Nick Kligopoulos** *and* **Maurice Currie** *get ready for State, they still have time to smile for the camera.* **Webb** *and* **Currie** *had never been to State before, but this will be* **Kligopoulos'** *second year.*





Wrestling Improvements

wrestlers bring in the new and get rid of the old

EHS wrestling has been around for many years, but in the last two years there have been many improvements made to the wrestling program.

The wrestling room was remodeled in November, the room was enlarged to add practice space.

"It's a lot bigger and is great to practice in, especially when you have a lot of people who go out for the sport," said junior **Joe Furby**.

The last two years provided several new coaches. Since September of 1995 it has been **Larry Jackson**.

"Jackson is a friend and coach, whenever anyone on the team has a problem he is there for that team member," said junior **Nick Kligopoulos**.

Junior **Derek Donaldson** said, "Jackson's a nice guy, and he knows a lot about wrestling. He's a great teacher, and he makes us work hard to get us to the place we want to be."

There's also help from **Shawn Pippert**, **Curtis White**, and **Gary McCull**.

Senior **Steve Webb** said, "I think we have the best coaches in the state. All of them care and take part in practice."

Donaldson and **Kligopoulos** both hope that next year they will have a stronger and more unbeatable team.

"Next year I think we'll be stronger with all the sophomores and freshmen coming up. We should have a lot of seniors to wrestle," said **Kligopoulos**.

The guys wrestle for a lot of different reasons.

"It's a physical sport, and it keeps you in shape. It also keeps you at a decent weight, and it's great to be competitive. Wrestling is 'beautiful violence' to me," said **Donaldson**.

Wrestling isn't much of a team sport. Even though you're there with your team you still wrestle by yourself.

"It's one-on-one competition, and you also can't give excuses because no one is to blame except yourself," said **Webb**.

"My mission for next year is 'Mission Vets,' which is to try to get as many people to state as possible," said **Jackson**.

Next year the wrestlers are going to practice in the off - season.

"I think we should work with the boys on freestyle wrestling. We also need to practice during the off - season because it should bring our team closer and make our team stronger," said coach **Gary McCall**.

Varsity Wrestling

Metro 4-8

	Win/Loss
Nick Kligopoulos	18 — 5
Marty Signs	1 — 5
Jeremy Milligan	4 — 3
Brad Cochran	17 — 15
Steve Webb	14 — 11
Ryan Hale	15 — 17
Toby Herrera	10 — 14
Zak Banks	12 — 11
Maurice Currie	9 — 18
Joe Furby	7 — 1
Derek Donaldson	18 — 10
Billy Formaro	8 — 14
Jake Farrell	8 — 9
Jason Embry	0 — 1
Jason Mason	1 — 7

Pin your man

new skills + hard work = promising team





The roar of the crowd, wrestlers in their starting position, tension in the air, the referee blows the whistle and the match begins. This is the world of wrestling — a tense, dramatic sport.

"You have to be ready to act and react to whatever your opponent does during a match," said junior **Brian Johnson**.

Being a wrestler means a lot more than just being on a team.

"We are all one big family and I think we've accomplished a lot and worked on many new skills this year," said Head Coach **Larry Jackson**.

Practices lasted 1 to 2 hours after school each day, and sometimes on Saturday mornings.

"At practice I wore sweat pants and a long sleeve shirt. I wanted to sweat a lot to keep my weight down," said freshman **Todd Morris**.

Trying to make weight for each wrestling meet isn't that easy to do.

"I just try to eat healthy and work hard at practice to stay within my weight class. Some people starve themselves but I don't think that's a real good idea at all," said sophomore **Corey Irvin**.

From practicing hard to learning new techniques, the wrestlers' hard work pays off in the end.

"One of the teams' goals was to win at least a few meets and we accomplished that," said freshman **Josh Gerrietts**.

But as the saying goes, "winning isn't everything."

"Losing is all a part of sports, we just don't let it get us down," said **Gerrietts**.

"We put all of our effort into each meet and do the best we can, that's all that counts," said junior **Monty Ross**.





After *his match against a North opponent, sophomore* ***Jason Mason*** *is announced the winner of the match.* ***Mason*** *has wrestled for two years at East.*

Getting *pumped up before the wrestling meet, sophomores* ***Tyler Baker*** *and* ***Joel Metheny*** *practice their moves on each other. Hard work, team work and dedication make the team.*



Using *strategy to pin his opponent, this freshman wrestler gives it his all. The wrestlers practiced every day after school for two hours to build up skills.*



Freshman & JV Wrestling

Hoover Invitational
3rd place

North Invitational
(cancelled)

Newton Invitational
3rd place

Valley Frosh Tourney
6th place



VARSITY BASEBALL. FRONT ROW: Chris Standley, Tim Sams, Anthony Crum, Jason Kristufek, Travis Risius, Jeff Gathercole, Chad Lortscher. ROW 2: Linnea Powell (bat girl), Gene Olson, Donny Anderson, Robert Apt, Ken Rodine, John McCaughey, Scott Rourke, Scott Powell (bat boy). ROW 3: Mark Stanley (manager), Mike Peterson, Ken Burgess (coach), Ric Powell (head coach), Tom McDonald (coach), Josh Stewart, Brandon Sayles (manager). BACK ROW: Pat Lowe, Brian Archer, Brad Zelenovich.



SOPHOMORE BASEBALL. FRONT ROW: Tim Page, Brian Johnson, David Suggett, Dale Brockman, Jeremy Johnson. ROW 2: Bill Olson, Justin Shelburg, Chris Stewart, Derek Donaldson, Frank Ewurs, Jason Irvin. BACK ROW: Justin Dehnert, Ryan Goddard, Brian Carico (Coach), Josh Stewart, Chris Murphy (Assistant Coach), Mark Mullin, Drew Davis.



FRESHMAN BASEBALL. FRONT ROW: Mike Stoker, T.J Michelson, Jacob Haws, Lucas Krpan, Dray Grantham, Nate Tounsley, Bryan Ford, Pat McNeley. ROW 2: Ryan Maschke, Brad Moore, Matt Constable, Joe Stewart, Clint Czizek, Alvin Snyder, Don Haygood. ROW 3: Stephan Joanides, Floyd Wright, Don Sears (Coach), Brad Hamilton (Coach), Jamie McDaniel, Kyle Williamson. BACK ROW: Justin Bolander, David Freerkson, James Randolph, Dan Rendall, Josh Stapes, Adam Sparks.



VARSITY SOFTBALL. FRONT ROW: Crystal Leach, Amanda Grant, Beth Gale, Joy Elliot. ROW 2: Tiphany Oliver, Courtney Blakeman, Jackie Beener, Amy Flynn, Jenny Young, Amy Nemmers, Nicki Mooers, Jessica Piper. BACK ROW: Kari Cummins, Coach Bill Carlson, Head Coach Bob Savage, Coach Lizz Frey, Missy Gray.



JV SOFTBALL. FRONT ROW: Joy Elliott. ROW 2: Beth Gale, Angela Hoard, Tara Mathews, Jessica Hoard, Keri Thornton, Angie Beason. BACK ROW: Stacey Zelenovich, Amy Banks, Courtney Blakeman, Coach Lizz Frey, Kari Cummins, Jessica Miller, Holly Reese.



FRESHMAN SOFTBALL. FRONT ROW: Tiffany Nash, Lacey Miller, April Parker, Amanda Conlin, Stephanie Widlund, Brandi Short, Shannon Root. ROW 2: Kena McCaughey, Shawna Lore, Stacey Zelenovich, Amy Griffiths, Brooke Bennett, Jackie Beener. BACK ROW: Nickelle Stevens, Lindsey Bennett, Mandy Reidburn, Coach Shannon Carlson, Sheena Gray, Jennifer Blakeman, Tifany Oliver.

BOYS TRACK. Front Row: Tywon Dudley, Derek McChurch, Moses Ward, Jesse Tharp, Ryan McIntosh, Landon Heck. Row 2: Jason Irvin, Lance Lethcoe, Kaiphet Phaydavong, Chad Donahue, David Suggett, Tim Froehle, Rob Rodriguez, Manager Beth Lamb. Row 3: Coach Tyron Tyler, Coach Ned Rasmussen, Coach Don Graves, Coach Mark Hurley, Coach Bob Baldus, Coach Pat Lewis, Manager Yolanda Pierson. Row 4: Jon Grother, Kaiphat Phaydavong, Deangelo Dudley, Corey Cason, David Djuth, Travis Ford, Greg Owens. Back Row: Pat Lowe, Kevin Lightner, William Bruten, Josh Hibben. Not Pictured: Chris McKean, Dan Rendall, Maurice Currie, Kal Lovan, Sabas Ramirez, Troy Vance.





GIRLS TRACK. Front Row: Anne Cady, Diana Sheets, Trisha Wood, Darvette Smith, Amanda Suggett, Rachelle Shutt, Jessica Haug. Row 2: Rashawnda Gardner, Christina Taha, Raffaela Punelli, Traci Williams, Josie Owens, Crystal Patterson, Keri Thornton, Kimberly Scarlett, Stacie Hornocker. Row 3: Tricia Forest, Coach Lowell Long, Coach Rob Luther, Coach George Davis, Coach Gayle Burgett, Abigail Burkhead. Row 4: Keri Sawhill, Nicole Slater, Kate Olson, Nicole Jacobs, Renee Hesseltine, Amy Nemmers. Back Row: Megan Hill, Anesa Gardner, Tiffany Torrans, Natalie Patterson, Stacey Zelenovich, Tracy Lowe.

GIRLS SOCCER. Front Row: Dawn Hutchinson, Brenda Villarreal, April Schatz, Angie Avery, Patchay Kamvanh, Vanessa Kinnear, Brandan Thompson, Elizabeth Govoni. Row 2: Kari Teske, Alisha Kalar, Dawn Ferguson, Stacy Vahey, Megan Staley, Kelly Kraska, Brady Shanahan, Jennifer Campbell, Olga Sklavenitis. Back Row 3: Manager Stephanie Fallis, Nicole Crook, Tracy Lowe, Coach Chaney Yeast, Coach Angel Smyth, Shawna Lore, Trisha Harwell, Kati Jividen. Not Pictured: Meredith Garlick, Megan Hill, Manager Stacie Hornocker, Crystal Patterson.



Picture Not Available

BOYS SOCCER. David Penake, Chad Campbell, Travis Farley, Chad Foster, Tanner Guy, Josh Jorgensen, Nick Kligopoulos, Kris Lightner, Kal Lovan, Tony Ly, Grant Scott, Michael Mauk, Bryan Shepherd, Craig Webber.



BOYS TENNIS. Front Row: Fred Muller, Jason Shelburg, Kevin Minard, Adam Ivanovich, Ryan Carlstedt, Matt Parsons. Back Row: Phil Richards, Brian Roeder, Coach Stu Card, Joe Robinson, Matt Leonard, John Hull.



GIRLS TENNIS. Front Row: Stacey Long, Kelly Mrogenski, Heather Armstrong, Evie McPherson, Sue Lee, Glenna Frank. Row 2: Sadanan Panvaree, Courtney McClelland, Tatum Armstrong, Mindy Kimball, Leann Sou, Kristina Hughes, Laura Shelton. Back Row 3: Sarah Jackson, Amanda Myer, Jenni Myer, Jessica Hoard, Jackie Flagg, Amy Braaksma, Coach Joyce Smith, Cara Kidd, Jaime Griffin, Angela Hoard, Sandy Mendenhall, Christy Grasso, Teresa Corbin.



BOYS GOLF. Front Row: Tom Mastin, Dray Grantham, Barrett Heck. Back Row: Matt Bird, Dan Gilbert, Cory Sonner, Aaron Long, Matt Leonard, Justin Shelburg.



GIRLS GOLF. Front Row: Lottye Childs, Maya Coleman, Jill Cameron. Back Row: Erica Gervais.

VARSITY FOOTBALL. Front Row: M. Devan, K. Phaydavong, M. Ward, N. Kligopoulos, N. Convery, T. Duffy, B. Formaro, L.J Lockman, D. Suggett. Row 2: S. Webb, T. Dudley, B. Johnson, W. Kenney, T. Head, J. Leader, J. Hills, J. Clarkson, C. Standley, D. Donaldson. Row 3: T. England, M. Tigges, K. Burgess, T. Tyler, D. Bhye, N. Rasmussen, B. Carico, P. Starcevich, J. Hall, J. Ivanovich, A. Abbas. Row 4: A. McFadden, T. Sams, J. Irvin, M. Ross, T. Mentzer, S. Michael, E. Taylor, T. Page. Row 5: B. Shanahan, T. Leabo, D. Penake, C. McWilliams, M. Hagins, K. Phaydavong, T. Reasby, Z. Stammer, G. Olson. Back Row: A. Kilgore, D. Davis, J. Dehnert, J. Cason, J. Stewart, J. Hanson, C. Flagg.

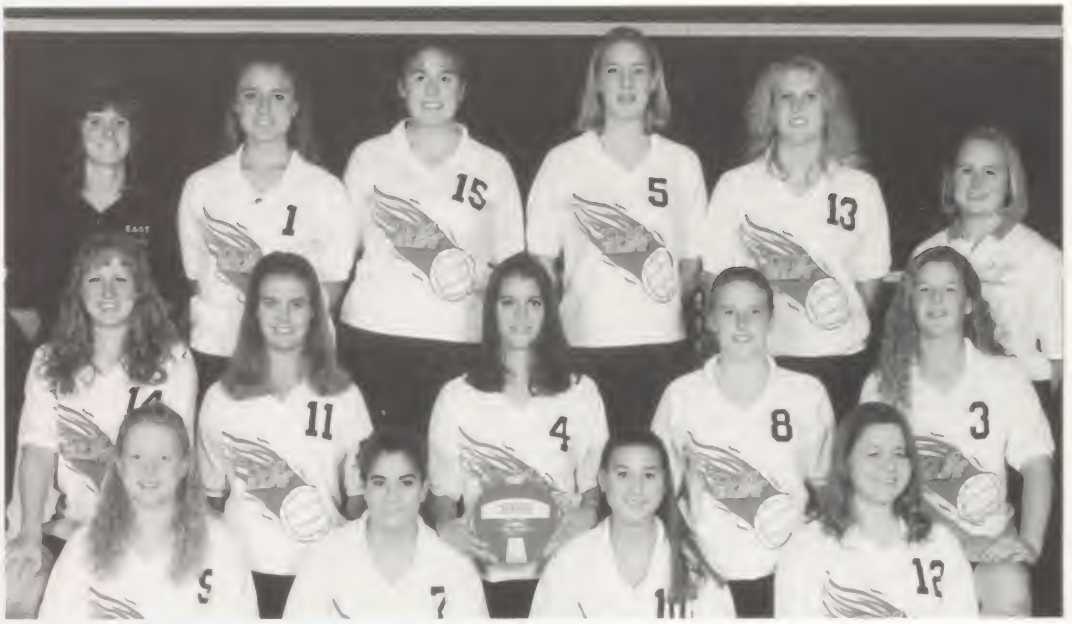




SOPHOMORE FOOTBALL. Front Row: R.Cunningham, A.Powell, A.Kilgore, B.Cochran, M.Gardener, C.Webber, B.Carey, M.Signs. Row 2: T.Baker, R.Long, M.Charvat, A.Boylan, R.Crane, J.Embrey, C.Lowe, D.Martin, N.White. Row 3: D.Walker, J.Mason, J.Street, Coach J.Hall, Assistant Coach T.England, R.Funderburk, J.Belcher, D.Gibson. Row 4: B.Knapp, K.Williamson, J.Nutt, C.Mercer, W.Sitthisay, L.Hayworth, R.Hall, T.Froehle, B.Cowie. Row 5: M.Gary, R.Rodriguez, C.Ulmer, B.Shepherd, A.Sparks, G.Villarreal, M.Lewis, F.Wright, M.Mauk. Back Row: R.Montis, B.Jay, D.Rendall, K.Scott, J.Lint, T.Bennett, G.Phillips, B.Summy, C.Busch. Not Pictured: J.Milligan, J.Reed, R.Rinehart, A.Stevens, S.Adamson, J.Metheny, A.Snyder, M.Kingery.

FRESHMAN FOOTBALL. Front Row: J.Grasso, H.Jackson, S.Martineau, J.Norwood, N.Kraska, B.Lowe, M.Parcel. Row 2: T.Crowder, T.Morris, G.Bennett, R.Nemmers, D.Hall, A.Edwards, J.Fick, M.Matlage. Row 3: B.Sparks, I.Sandaval, Assistant Coach A.Abbass, Coach K.Burgess, Assistant Coach J.Ivanovich, J.Mendez, K.Sharp. Row 4: M.Williams, D.Frost, M.McMurray, D.Haygood, C.Larsen, M.Wyant. Row 5: M.Anderson, J.Kimmel, C.Lint, A.Danielson, A.Wharton, D.Pettijohn. Back Row: C.Shelton, D.Shannon, B.Overlin, R.Franklin, R.Williams, J.Davidson. Not Pictured: M.Bushong, T.Grimm, D.Freerkson, P.Davis, T.Michelson, F.Wallace, J.Taha, J.Barker, S.Davis, W.Butts.





VARSITY VOLLEYBALL. FRONT ROW: Mandy Reidburn, Jessica Hill, Crystal Leach, Katie Anderson. row 2: Natalie Patterson, Jenny Fallis, Nicki Mooers, Jessica Piper, Tifany Oliver. back row: Coach Lizz Frey, Kari Cummins, Stephanie Fallis, Jessica Jordan, Megan Hill, Coach Chaney Yeast.



JV VOLLEYBALL. FRONT ROW: Stephany Denning, Tara Mathews, Jessica Hill, Amy Banks. ROW 2: Tracy Lowe, Holly Reese, Becca Stamper, Sandy Mendenhall, Mindy Kimball. BACK ROW: Coach Chaney Yeast, Kari Cummins, Natalie Patterson, Shawna Lore, Assistant Coach Nicky Hansen. NOT PICTURED: Katie Anderson.



SOPHOMORE VOLLEYBALL. FRONT ROW: April Schaffer, Shannon Root, Nicole Lovell, Jenni Flippo. ROW 2: Kristin Tiedemann, Shannon Kingrey, Stephanie Widlund, Stacie Hornocker, Amanda Conlin. BACK ROW: Shannon Iverson, Meredith Garlick, Coach Chaney Yeast, Megan Staley, Jami DeMoss. NOT PICTURED: Nophalak Meksay, Megan Cardines, Stacey Cardines, Courtney Reeves.



FRESHMAN VOLLEYBALL. FRONT ROW: Jessica Kenney, Tara Baker, Jessica Twombley, Cam Ha, Seana Fidler, Jenni Flippo, Geri Sundell. ROW 2: Heidi Austin, Amy Hornocker, Bonnie Padgett, Nicole Gazzo, Amanda Pratt, Sheena Grey. BACK ROW: Assistant Coach Dave Frost, Lindsey Bennett, Lacey Robuck, Tifany Oliver, Jessica Jordan, Valeri Lamb, Jenny Blakeman, Coach Mary Decker.



BOYS CROSS COUNTRY. FRONT ROW: Eric Flaherty, Ryan Rinehart, Lance Lethcoe, John Barach, Derek McChurch. BACK ROW: Josh Hibben, Ryan McIntosh, Nate Hibben, Sabas Ramirez, Dillon Wonders.



GIRLS CROSS COUNTRY. FRONT ROW: Kendra Sawhill, Nicole Jacobs, Raffaela Punelli. BACK ROW: Abi Burkhead, Coach Carole Larsen, Sarah Ingersoll, Nicole Slater.



BOYS SWIMMING. Front Row: Assistant Coach Sue Manahan-Blair, Kaiphat Phaydavong, Patrick Gilbert, Jay Wedman, Anthony Davis, Coach Mark Hurley. Row 2: Manager Brenda Faux, Joshua Hayes, Ryan Witt, Landon Heck, Manager Brandy Porter. Back Row: Justin Repplinger, Joshua Barker, William Stradley, Kurt Zeliadt.



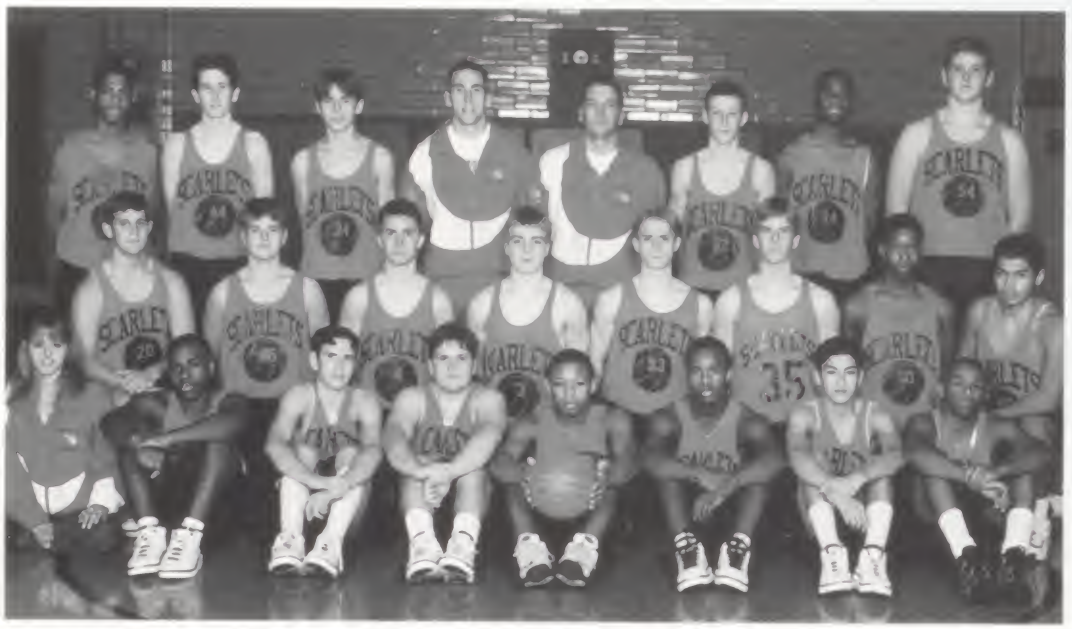
GIRLS SWIMMING. Front Row: Chandal Clemons, Lesley Olson, Christina Ackelson, Melissa Papiani, Laura Luce, Julia Bryan, Bandi Latcham, Brandi Thurmond, Krystal Knouf, Angela O'Conner, Katie Voll, Anna Jones. Back Row: Coach Ken Gaeth, Crystal Patterson, Jamie Swacker, Tascha Torgeson, Amy Nemmers, Laura Pastore, Renee Hesseltine, Kate Olson, Courtney McClelland, Stephanie Mix, Abby Lozano, Lara Jones, Beth Drey, Assistant Coach Stan Thompson.



WRESTLING. Front Row: J. Owens, J. Corbin, L. Evans, T. Forest, J. Elliot, R. Puchta. Row 2: T. Bragg, J. Taha, B. Cochran, J. Garretts, R. Cunningham, M. Signs, N. Kligopoulos, J. Milligan, J. Milligan, T. Morris, B. Formaro, J. Medina, D. Hood. Row 3: B. Carey, D. Martin, S. Adamson, M. Parcel, R. Turner, R. Rinehart, K. Hamm, T. Leabo, S. Webb, R. Hale, B. Corbin, J. Ferrell, B. Johnson, D. Suggett, T. Baker, D. Gibson, J. Embry, B. Lowe, A. Rustan. Row 4: M. Herrera, L. Harris, C. Irvin, J. Reed, T. Murray, S. Henderson, G. McCall, L. Jackson, C. White, S. Pippert, K. Butts, B. Howard, T. Butts, A. Markle, J. Kligopoulos. Back Row: B. Lamb, A. Forkner, R. Goddard, T. Mentzer, B. Knapp, M. Ross, T. Herrera, J. Rose, T. Page, R. Shutt, Z. Banks, J. Metheny, J. Mason, D. Randel, J. Metheny, C. Reeves. Not Pictured: M. Currie, J. Furby.



VARSITY BOYS BASKETBALL. FRONT ROW: Genaro Mata, Oulay Haknorath, Adam McFadden, David Hutson, Siaolong Southammavong, Lance Lethcoe, Chris Standley. ROW 2: Manager Brandon Sayles, Clarence Foy, Lance Larsen, Coach Andy Howard, Assistant Coach Chris Larson, Josh Olson, Greg Owens, Manager Elizabeth Barefield. BACK ROW: Van Garmon, Matt Leonard, Kaseem Majied, Justin Bauman, Mike Peterson, Adam Calvert, Joe Cason. NOT PICTURED: Matt Tigges.



SOPHOMORE BOYS BASKETBALL. FRONT ROW: Randy Slaughter, Alvin Snider, Luke Hayworth, Unknown, Aquil Majied, Will Sitthisay, Chuck Mercer. ROW2: Kyle Williamson, Unknown, Josh Belcher, Jason Nutt, Michael Mauk, Stephan Joanides, Unknown, Unknown. BACK ROW: Andre Robinson, Jason Smith, Unknown, Coach Matt Carter, Coach Brian Luft, Dillon Wonders, Nate Robinson, Mark Mitchell.



FRESHMAN BOYS BASKETBALL. FRONT ROW: Preston Davis, Huck Jackson, B.J. Vanvleek , Jabre Norwood, Lucas Krpan, Alston Edwards, Roscoe Lewis. ROW 2: Jared Platt, James McDaniel, Bryon Boggs, Donny Haygood, Isidro Sandoval, Matt Constable, Cory Aswegan, Carl Shelton. BACK ROW: Manager Kolisa Winston, Coach Rob Luther, David Freerksen, Jimmy Randolph, Nate Hibben, Keon Sharp, Jason Ray, Coach Brian Carico, Manager Laura Luce. NOT PICTURED: Luther Fox, Coach Wells , David Frost, Adam Wilson, De Marco Hall, Ryan Thorton, Jeff Buehler, Ed Rhodes.



VARSITY GIRLS BASKETBALL. Front Row: Jessica Hill, Jenny Booth, Kari Teske, Renee Hesseltine, Kim Scarlet, Beth Gale. Row 2: Amy Nemmers, Jackie Beener, Crystal Leach, Maya Coleman. Row 3: Kendra Sawhill, Jessica Jordan, Coach George Davis, Assistant Coach Debbie Ford, Megan Hill, Nicki Mooers. Back Row: Jill Cameron, Christina Taha. Not Pictured: Tifany Oliver, Stacey Zelenovich.



SOPHOMORE GIRLS BASKETBALL. Front Row: Jessica Hill, Stacie Hornocker, Shawna Lore, Stephany Denning, Tara Mathews. Row 2: Tracy Lowe, Jennifer Ball, Amanda Conlin, Jo Jo Jackson, Jessica Randolph, Abi Burkhead. Back Row: Stacey Zelenovich, Anesa Gardner, Head Coach Lowell Long, Sara Kelley, Assistant Coach Shane Cook, Meredith Garlick, Megan Staley. Not Pictured: Nikki Atkinson.



FRESHMEN GIRLS BASKETBALL. Front Row: Jenni Flippo, Amirah Camps, Shakeela Newsome, Leah Tedder, Tanesha Thompson, Sarah Martineau, Sarah Dority. Row 2: Daffney McCaskill, Nicole Wennekamp, Geri Sundell, Melissa Papiani, Alonda Long, Karmon Coleman, Tina Hartkopp, Nicci Gazzo. Back Row: Amy Hornocker, Marie Chapple, Mandy Reidburn, Coach Dan Sickles, Tifany Oliver, Coach Ken Morton, Lindsey Bennett, Tabitha Overton, Heidi Austin. Not Pictured: Erica Reed.



Working *with the saxophone section of the jazz band, director* ***Mark Hawkins*** *plays along with his trumpet. The band worked towards perfection during practices and went to several contests.*



Scarlet *volunteers were always welcomed at all of the activities.* ***Stanley Satterfield*** *and another parent serve the students at the concession stand during a basketball game.*



Those *students who tried out for all-state and did not make it formed the Drake Honors Choir. "It was great to get together with a bunch of really good singers from all over. We learned a lot from the director and had a lot of fun," said junior* ***Holly Reese****.*



"**Go,** *Fight, Win!!" The EHS cheerleaders supported their teams at all of the games. Freshman* ***Sheena Gray*** *plans to be a cheerleader again next year.*



Before *the opening performance of "The Wizard of Oz," sophomores* ***Stephanie Gibb*** *and* ***Frank Swoboda*** *pose for a fun picture. Gibb played Melinda, the good witch of the North, while Swoboda was the wizard. Gibb also did a lot of make-up, including the wizards.*

Completing part of a Wave

The people who make up the school—teachers, students, office secretaries, custodians and the cafeteria workers—all come together in perfect form when they surf the EHS wave of life.

Each person must ride their own personal wave of life. Here at EHS, we are trying to show how the four years spent here are a time to follow the wave on which our life rides. Seniors are just beginning to reach the crest and are just beginning to sense their future course.

Academically, brain waves have prepared all students for their final goals in life, including a career choice.

Power waves were generated as all the active teams practiced for the "big game."

"Going with the flow" is a big part of the ride through life, too, and the interpersonality of all of us works towards happiness and harmony.



EHS has a very diverse school community and each person joins with others in taking part in the EHS wave of life. Each person has their own goals, yet here in the school everyone is working hard to teach, learn and achieve excellence as a group.

So now, when you think of a wave, don't just think of a wave on the ocean. Think of the psychic wave that you and all fellow students, teachers, office secretaries, custodians and the cafeteria workers have shared in four years together, working towards the same goal—completing the wave of life.



Congratulations!

Jamie R. Swacker

From your Mother and Father:

Sharon E. Deery-Swacker

James H. Swacker

Congratulations!

Lara R. Jones

From your Aunt and Uncle:

Sharon E. Deery-Swacker

James H. Swacker



Congratulations Graduates!

Chad Ira	1988
Scott Swacker	1989
Kaylee Brown	1990
Michelle Williams	1990
Stephanie Ira	1990
Amy Brown	1990
Kristie Swacker	1991
Sarah Brown	1992
Andrea Brown	1992
Kellie Swacker	1992
Erin Brown	1995
John Swacker	1996

Present Students

Anna Jones	2000

Good Luck And Best Wishes
From the Swacker Family



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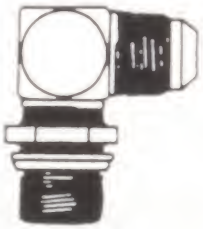
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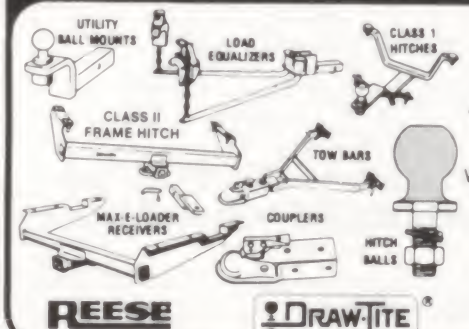
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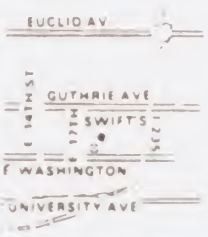
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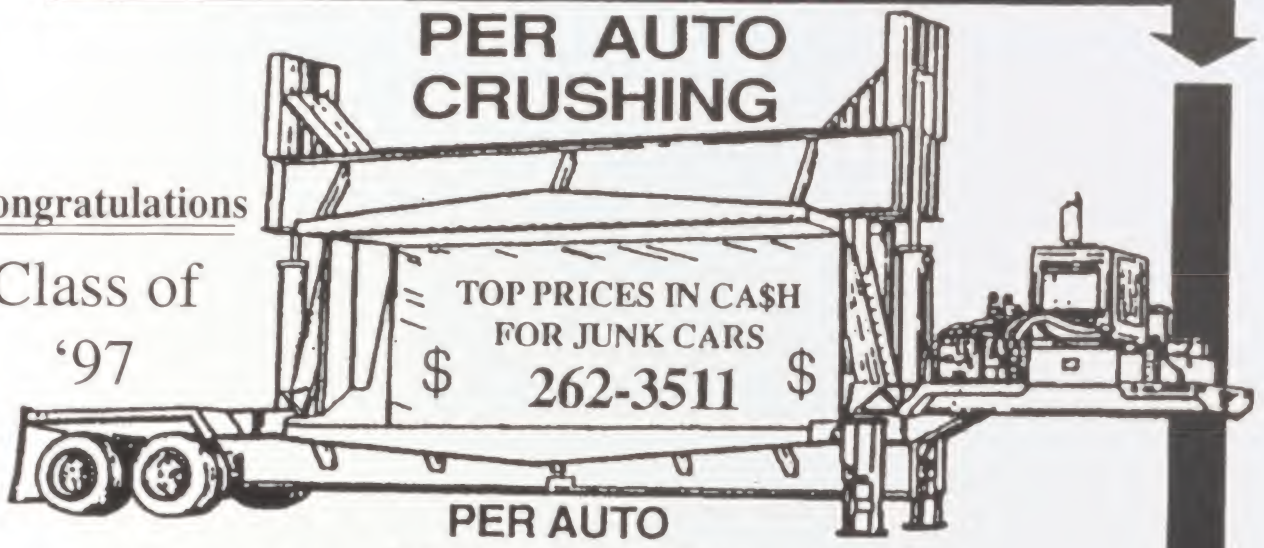


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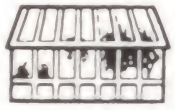
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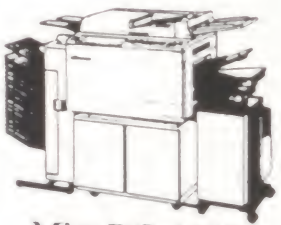
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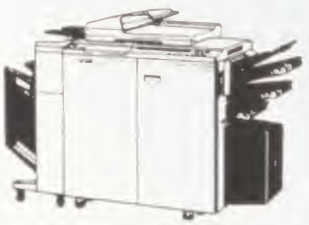
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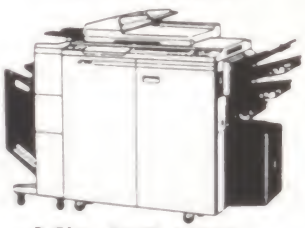
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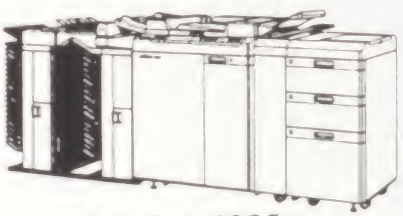
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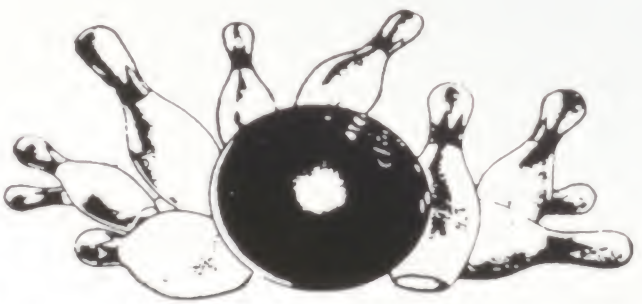
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1. Melissa Bannick, 2. Nathalie Baccam, 3. Jim Sears, 4. Anne Holinssworht, 5. Sara Vostal, 6. Matt Forest, 7. Emily Lewis, 8. Tresha Matlock, 9. Stacy Haws, 10. Melissa Bos, 11. Amanda Fox, 12. Adriana Shilling, 13. Jamie Swacker, 14. Slawomir Blondowski, 15. Jessica Piper, 16. Jenny Fallis, 17. Kati Jividen, 18. Jenie Fuller, 19. Kristi Cox, 20. Michelle Slaughter, 21. Kristin Hughes, 22. Chad Lortscher, 23. Jennifer Jacobe, 24. Angela James, 25. Maddy Wiseman, 26. Ashley Aldini, 27. Adam Erikson, 28. Krystl Young, 29. Andrea Curl, 30. Angi Allison, 31. Sadanan PanVeree, 32. Nick Winterberg, 33. Kingkeo Calo.

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- Love your neighbor, but don't pull down the hedge. *Switzerland*
- Getting up early doesn't make the dawn come any sooner. *Chile*
- In love, there is always one who kisses and one who offers the cheek. *France*
- Some men plant opinions they seem to pull up. *England*
- Vodka is the aunt of wine. *Russia*
- To get to know a friend, you must share an inheritance with him. *Germany*

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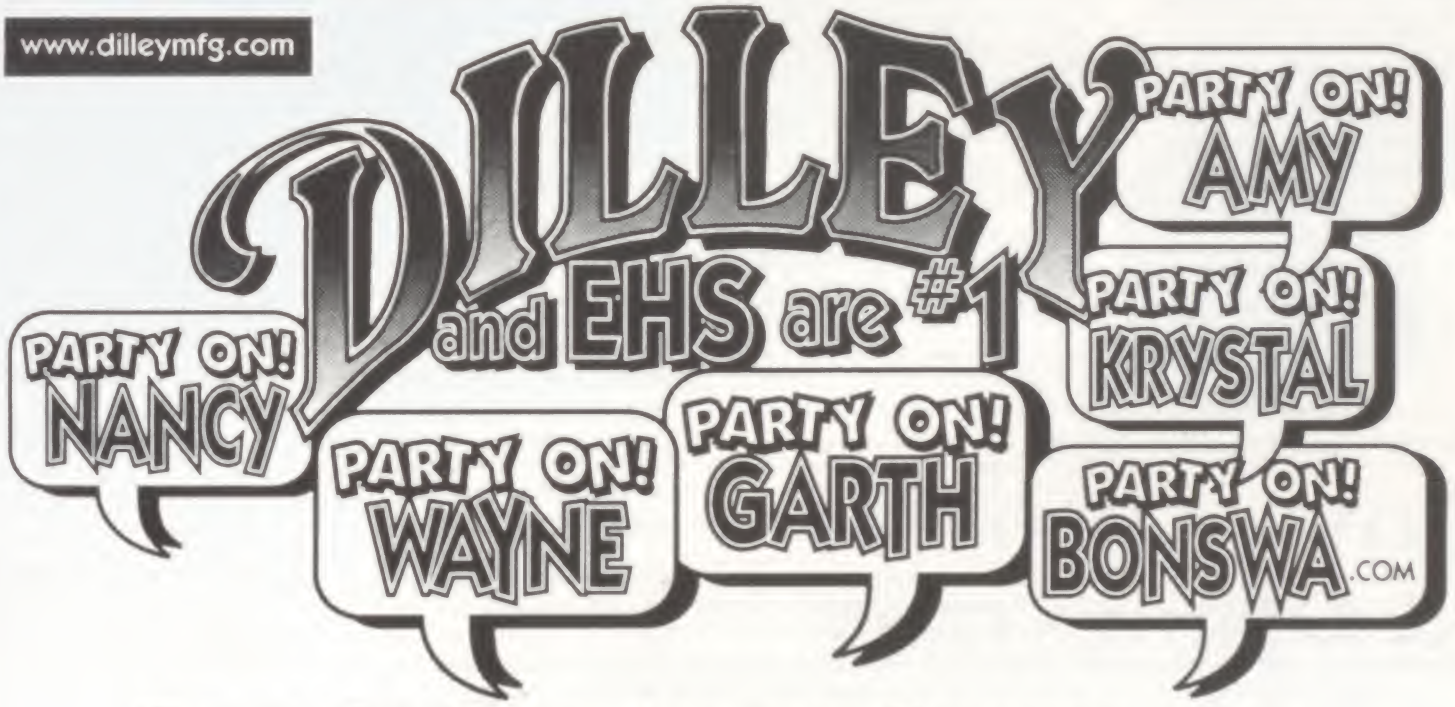
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Angi Allison

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And, if a storm should ever come one day,
Remember how very much we love you.

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Angie Moyle — 3 Years
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Acheivement, Citrus Bowl.
Future Plans — UNI Elementary Ed.



Barb West — 1 Year
2 Superior & 1 All Star Ribbon
Medal Winner, Citrus Bowl,
Academic Acheivement, ISDTA
Individual Competition.
Future Plans — UNI Theatre Arts



Kati Jividen — always voices her oipinion & will say whatever is on her mind. She would do anything for her friends & always stands up for them. If you get on her bad side, you'd better watch out!
Junior Gina Siders & Brandy Porter

Barb West — We'll never forget the times when music would come on & all you'd have to do is turn around & see Barb jamming. We'll never forget you, & we've had really good times. We hope you succeed in all you do. **Juniors Jessica Davis & Amanda Ragan**

Johanne Thompson — is a very spontaneous kind of girl. When anyone needed a laugh, we depended on her!!
Sophomore, Courtney Hurdle & Junior Stacy Griffith

Jennifer Leete — is so hilarious, she's like the comedian on the squad, she always makes everyone laugh. She is kind hearted and a good citizen. She always thinks of others before herself. She also is one of the best people on guard.
Junior, Mindy Kimball & Freshman Kandra Paddock

Angie Moyle — is always in a good and funny mood. Angie loves New Kids on the Block and she always wanted to do every single routine to that group!! **Juniors, Angie Parsons & Christina Hunt**



Jennifer Leete — 3 Years
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Johanne Thompson — 2 Years
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Jason '93



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David,
My how fast — and ooohhh how well — you have grown!
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Class
of
'97



Our love and best wishes,
Mom, Dad and Mike

Congratulations Seniors



Tiffani Cason	Dennis McMahon
Nicole Crook	Brad Reuppel
Jodie Griffin	Tara Robuck
Dawn Porter	Mark Presswood
Barb West	Sara Vestal
Kate Wilson	Twyon Dudley
Stuart Hanke	Lisa Johnston
Angela McCann	Coleen Parcel

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Drama

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PEP 'E' CLUB





Front Row: Kati Jividen (Hist.), Jenny Leete (Publicity), Jenie Fuller (Pres.), Jenny Fallis (V. Pres.), Melissa Bannick (Sec'y), Jill Ackelson (Treas.).
Row-2: Angi Allison, Mary Ann Murphy, Amy Hollingsworth, Sadanan Panvaree, Stephanie Breese.
Row-3: Mrs. Vickroy (Advisor), Chasyti Williams, Angela Hovey, Presha Matticks, Mrs. Nemmers (Advisor).

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Congratulations







Jenie Marie Fuller





Jennifer Ann Fallis

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May all your dreams come true.

Love,
Dad & Mom EHS '66
Adam EHS '94
Michael EHS '00

Love,
Dad EHS '71
Mom '71
Stephanie EHS '99

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Your room has become what it is today, a total mess!
You've been a dancer, in Colorguard, and even an 8th-grade Queen.
You've been all around the country and so many sights you've seen.
People feel you're fun loving, outgoing, and full of affection,
But are a little leary about your famous sense of direction!
Your interests are many, quite varied, and cover a large range—
Like MTV, writing, and even the Phoenix Sun's Danny Ainge!
You've got several close friends and some of them are boys!
Hey! When did that happen? When did you give up toys?
Your Mom and Dad know you'll make your future special
no matter what you do,
Because you are your parents' Darling Daughter and they're proud of you!
Whether you become a famous writer or you decide to teach,
Angie, just believe...
and there isn't a goal that you can't reach!

—Uncle Gary

Good Luck in the future!



Love,
Mom, Dad, and Ryan



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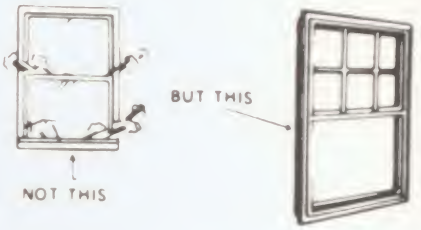
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Love,
Mom, Dad, Stacy, Cory, & Ricky





Stefanie Mix

Liebe Stefanie!

Dieses Ereignis—Deinen High-School-Abschluß—möchten wir zum Anlaß nehmen, Dir zu sagen, daß der Gedanke, Dich ein Jahr nicht bei uns zu haben, uns sehr schwer fiel, aber da es Dein größter Wunsch war, stimmten wir diesem zu. Wir waren natürlich beruhigter, als wir von Dir hörten, wie nett und hilfsbereit Deine Gastfamilie ist. Der Familie Anspach sind wir sehr dankbar, daß sie Dich so freundlich aufgenommen hat. Wir freuen uns natürlich mit Dir und sind sehr Stolz auf Dich, daß Du dieses Jahr so fantastisch gemeistert hast und hoffen, daß alle Deine Erwartungen und Wünsche in Erfüllung gegangen sind.

Als letztes möchten wir Dir noch sagen, daß Du uns immer nur Freude bereitet hast und wir sehr dankbar sind, daß wir Dich haben.

Alles Liebe für Deine weitere Zukunft.

Mom und Dad



German Foreign Exchange Student



Congratulations, Kati!

You started out life so tiny
You had to grow up missing so much
Every year I watched you grow and change
It amazes me so much.

It was my pleasure to have raised you
My joy to know the person you have become
I've always been so proud of you
I will love you always.

Dad



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Congratulations Seniors

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in all you do!



Back Row (L. to R.): Patchay Kamvanh, Melissa Mauk, Kingkeo Calo
Middle Row: Amy Nemmers, Amy Hollingsworth
Front Row: Sadanan Panvaree

From your 1996-1997
Student Government Officers

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—NICKI LACQUEMENT—

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—LESLIE FOREMAN—



—NICOLE KOCK—

Today is the day we break from one into six. Each of us will take different roads always wondering when we will reunite again.



—MEGAN PLUMMER—



—SADANAN PANVAREE—

Today is the day to cherish the good times and memories of bad times become a blur only because...

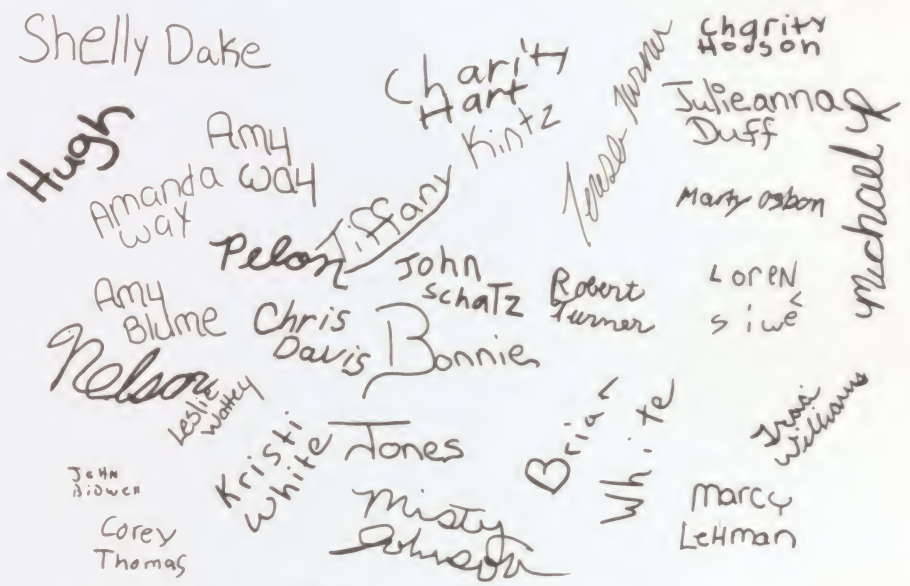
Today is the day!



—SHERIDA OLTMAN—

T • H • A • N • K • S

The Scroll staff welcomed aboard these new members of the **Circulation Department** in 1996-97. Many thanks for the hard work!



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Daniel 12:3

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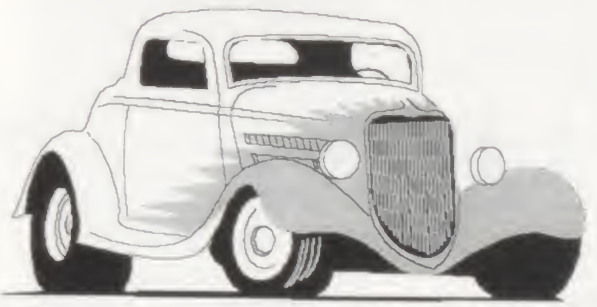
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Mom & Dad



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Dad, Mom, & Kari,
Grandpa & Grandma Barker,
Grandpa & Grandma Elliott







CONGRATULATIONS CLASS OF '97!



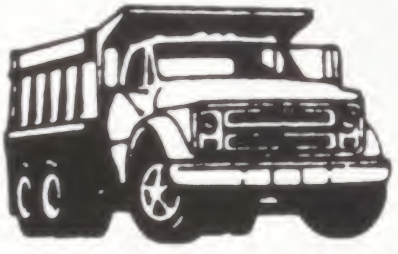
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Kim Gilmore
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Des Moines, IA 50317
265-7824



Congratulations, Katy Knight!

To our last Graduate —
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May your dreams come true and
Know that we will always
be here for you.

Love Always,
Mom & Dad



Congratulations, Matt Humphrey





May Your Steps Guide You...

You've gotten where you are
because of your determination
to be the best you could be—
We're very proud of you, Matt.
May your dreams come true.
Good Luck at Iowa!

Love,
Mom, Dad, Brian
& Your Grandparents

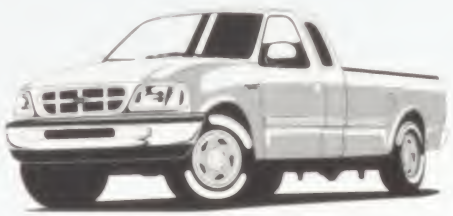




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Congratulations, Seniors! — Class of 1998!



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Feb 1 & 2
Alyce Trunk Show
Fashion Show
February 1 at 9:00 am
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Congratulations

to the '97

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Graduating Class

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Bob Laden

Tim Pearson

(Class of 1968)

Greg Brandt

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Congratulations

Scarlet Seniors!



Front Row: Lance Larson, Adam McFadden, Chris Standley. Back Row: Joe Cason, Mike Petersen, Justin Bauman, Van Garman, Matt Leonard. Not pictured, Josh Olson.

Boys Varsity Basketball

Congratulations, Seniors!



Bev, Linda, Amy, Heidi, Wendi, Janet

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East High School
Diploma
Patty Mills
Class of '97"



Believe it or not the time is here
for us to let go of what we hold dear
Just keep in mind as you travel in life
that we LOVE YOU in happiness and strife
We know that whatever you do will be with your usual zing
hence your nickname "Wild Thing "

LoveYou Always,
Mom, Dad, Tony



Congratulations, Jenny Grund!

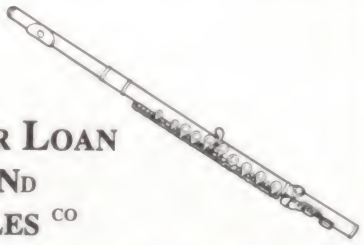
We are so very Proud of you.
May all your dreams come true.

Love,

Mom, Dad, & Mike







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EHS Senior Board



Good Luck to the Class of 1997

Jill Ackelson
Melissa Bannick
Stephanie Breese
Talisa Butts
Jenny Fallis
Adam Fisher
Jeny Fuller
Amy Hollingsworth
Lara Jones
Nicki Littel
Abby Lozano
Sherida Oltman
Sabrina Overton
Sadanen Panvaree
Crystal Patterson
David Pennick
Chris Standley
Amber Swayne
Jaimee Swayne
Steve Webb

CONGRATULATIONS



AMY MARIE HOLLINGSWORTH



You've always dreamed
of this day
and it is finally...***HERE!!***
We are very proud of you!!
Keep reaching
for those Stars, Sis!!

❤ *Always,*
Mom, Dad, & Kevin



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To Our Son, Adam Kilgore—

Speak gently to yourself.
Speak freely
in praise of all you are.
Speak clearly
with pride in all you've been.
Speak bravely
with hope for all you may become.
Find in yourself
the powers that only you possess,



the pains
that only you can overcome,
the promises
that only you can keep.
Look deeply
into the mirror of your life
and discover the very special person
that only you can be.

All our love,
Dad, Mom, and Andy

Congratulations, Jen Watkins!



"The Spirit of the sovereign Lord is upon you, because the Lord has annointed you to preach Good News..." *Isaiah 61:1*

Love,

Dad, Mom and Sarah



Congratulations—Marty Osborn!



The Lord...
has been with you.
May He be
in the decisions
of your future, also.

Love,
Mom



Congratulations - Amanda Fox!



—1979—

We've watched you grow these 18 years, and... We're Proud of you for graduating!

Love, Mom & Dad



—1997—



Congratulations, Presha Matticks!

We are so Proud of you...
and all you have achieved.
We hope all of your dreams
for the future become a reality.
All our Love,
Mom & Bob



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Congratulations Adam James Fisher and the Class of '97

We are all very proud of you.
Good Luck in the future-

"In everything you do- put God first and He will direct you."
—Proverbs



Love, Dad -class of '66, Mom
Aunt Kathy, Erika, and Amanda
Grandma Hansen, Grandma Fisher

Congratulations, Seniors!

EHS



L. to R.: Kellie Potter, Joe Bosley, Katie Anderson, Andrea Curl, Maddy Wiseman, Brad Reuppel, Carol Blair, Sean Saddoris, Dawn Porter, Ken Thompson.

MARCHING SCARLETS & COLORGUARD



Majors: Carol Blair and Katie Anderson
Not Pictured: Natasha Welch



L. to R.: Jenny Leete, Barb West, Kati Jividen, Captain, Angie Moyle.
Standing: Johanna Thompson

Congratulations
Melissa Bannick!



UN Trip
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Senior Board
Junior Board
Scarlet Standout
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Student Government
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You have grown into a responsible young adult.
We are so very Proud of you...
and support you in whatever you choose to do.
We Love You,
Mom & Frank

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Congratulations, Class of 1997!



Back Row: Peggy Froehle, Kelly Cochran, Raylene Leonard, Bob Sams, Ted Nemmers, Virgil Larson, Nancy Lippincott, John Lippincott, Vic Irvin, Sharon Page, Norm Page, Hank Carey. Front Row: Toni Roof, Denise Rourke, Becky Torgeson, Mary Cochran, Betty Lethcoe, Mary Irvin, Ruth Ann Signs, Cindy Carey.

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Bon Voyage!!



Au revoir, Seniors!!

Club Français

Congratulations and Good Luck, Seniors!

Somebody said that—"it couldn't be done,"—but he with a chuckle replied
"maybe it couldn't," but he would be one who wouldn't say "No" 'til he tried.
So he buckled right in with the trace of a grin; and if he worried, he didn't show it.
He started to sing as he tackled the thing that "couldn't be done," and he did it!
Somebody scoffed: "Oh, you'll never do that—at least no one ever has done it."
But he took off his coat and took off his hat, and the first thing he knew, he'd begun it.
With the lift of his chin and a bit of a grin, without any doubting or "quiddit,"
He started to sing as he tackled the thing that "couldn't be done," and he did it.
There are thousands to tell you "it cannot be done."
There are thousands to prophesy failure.
There are thousands to point out to you, one by one, the dangers that wait to assail you.
But just buckle right in with a bit of a grin, then take off your coat and begin it.
Just start in to sing as you tackle the thing that "cannot be done," and you'll do it.



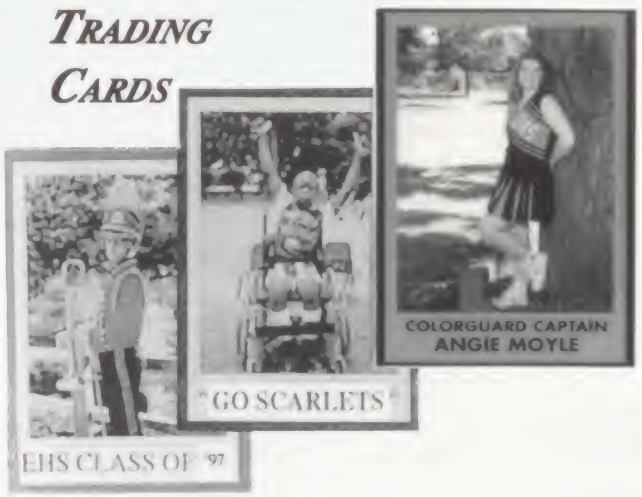
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¡ Felicitaciones Seniors!
¡ Buena Suerte!
El Club de Español

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CONGRATULATIONS- AMY AND STACEY!



—Amy Goddard—

All THE DREAMS
I DREAMED FOR YOU
THROUGHOUT THE YEARS
ARE COMING TRUE

MAY ALL YOUR DREAMS
COME TRUE

I'M SO PROUD OF YOU!

LOVE
MOM













—Stacey Hull—

You DID IT!

FOURTH GENERATION
TO GRADUATE FROM EHS.
WE ARE SO VERY PROUD OF YOU!
WHAT A BEAUTIFUL,
SWEET & HAPPY YOUNG WOMAN
YOU ARE!
YOU HAVE A WONDERFUL FUTURE
AHEAD OF YOU.
ENJOY EVERY MINUTE!

LOVE ALWAYS,
MOM, DAD & KATIE





Congratulations Graduating Class of '97!

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Congratulations, Amy Leeper & Amanda Hull! Class of '97

Friends Forever









—Amy Leeper—

"Pooh Bear"

—Amanda Hull—

"Mandy May"



—East High School Hy-Vee Employees—

(Alphabetically listed): Amy Banks, Stephanie Bernard, Danielle Blue, Megan Cardines, Angela Carey, Shawna Corbin, Thomas Eddis, Shawna Finch, Anesha Franklin, Anesa Gardner, Vijaianand Gobin, Amy Goddard, Jeffrey Gowen, Amy Hollingsworth, Dawn Hutchison, Josephine Jackson, Dustin Johnson, Jessica Jordan, Crystal Kinney, Neng Lee, Deenda Lopoez, Adam McFadden, Abby Medearis, Sarah Moran, Michelle Murphy, Martin Osborn, Tabitha Overton, Kate Pagel, Nathan Richards, Angela Rustan, Tim Sams, Mollie Schirman, Nicole Slaughter, Rochelle Slaughter, William Stradley, Leah Tedder, Joseph Thompson.

We are Proud of our East High School Employees, and...

We Salute the Graduating Class of 1997

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1997 Quill Production





Plexiglass? *Pop-up book? Yeah, sure. Who comes up with these ideas anyway?*



That's *whose brother? You know a kid that looks like that should be careful about going out in daylight.*

Let's see... *that's 'i before e, except after c' ...Yes! —my name looks terrific in Tiepolo.*

COLOPHON

The Herff Jones Yearbook Company of Shawnee Mission, Kansas produced 1090 copies of the 1997 Quill. Twenty-four staff members put together the **336 page** spring-delivery book on 80 lb. Bordeaux paper.

The laminated lithograph cover is printed with four color process soy ink. The 8.5" x 11" book is printed with offset lithography and is smyth-sewn, rounded and backed.

An opening color section features UV laminated photos.

The majority of the copy throughout the book is 10 point Tiepolo.

All pages were submitted on Sy-quest cartridges using 12 Macintosh computers and the applications Word 5.0, FreeHand 5.0, and PageMaker 5.0. Most of the ads and backgrounds for some of the pages were submitted as camera-ready art.

Books were sold from September through November for $35, or included with a $60 Activity Ticket. The 1997 Quill was completed on March 7. The Herff Jones representative was Paul Havnen.

ACKNOWLEDGMENTS

Quill Staff:
Jennifer Fallis—Co-editor
Jenie Fuller—Co-editor
Andrea Curl—Design Editor
Angla Curtis—Academics Editor
Jamie Swacker—Ad Editor
Cindy Michael—People Editor
Rachel Deierling—Copy Editor
Jill Nowadzky—Copy Editor
Ryan Cook—Organizations Editor
Patchay Kamvanh—Ad Editor
Amanda Grant—Sports Editor
Anourine Baccam—Ad Editor
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Angela Beason—Staff
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Chris Fidler—Staff
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Stacie Hornocker—Staff
Ben Jones—Staff
Amy Klopfenstein—Staff
Bridget Lee—Staff
Steven Porter—Staff
Courtney Reeves—Staff
Shannon Root—Staff

Photography:
Thanks to all the photo lab students, too numerous to mention, for their talent. Thanks, especially, to adviser Nancy Holmes for her patience and perseverance.

Ad Production:
To the many students under adviser Nancy Hansen's direction in the marketing sales and desk-top publishing classes, thanks for all your hard work.

Special Thanks:
Mr. Jerry Stilwell–Principal
Mr. Jeff Bock–Graphic Arts Adviser
Mrs. Nancy Hansen–Advertising Sales Manager
Ms. Nancy Holmes–Photography Adviser
Mr. Ed Kelly–Publications Adviser





Playing *with plate negatives on the spring trip to Kansas City. It doesn't take much to amuse some people.*

A yearbook is like a time capsule, sealing away a snapshot of the world.

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Grammy Winners

1996-97

Record of the Year: "Change the World" E. Clapton
Album of the Year: "Falling Into You" Celine Dion
Best New Artist: LeAnn Rimes
Rock Album: "Sheryl Crow" Sheryl Crow
R & B Album: "Words" Tony Rich Project
Rap Album: "The Score" Fugees
Country Album: "The Road to Ensenada" Lyle Lovett
Rock Gospel Album: "Jesus Freak" DC Talk
Producer of the Year: Babyface
Male Rock Vocal: "Where It's At" Beck
Female Rock Vocal: "If it Makes You Happy"S. Crow
Metal Performance: "Tire Me"
Hard Rock Performance: "Bullet With Butterfly Wings" Smashing Pumpkins
Rock Performance: "So Much to Say" Dave Mathews Band
Rock Song: "Give Me One Reason" Tracy Chapman

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dyed hair
corduroys
y-necklaces
butterfly clip
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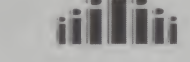
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2. Seinfeld
3. Friends
4. Naked Truth
5. Single Guy
6. Touched by an Angel
7. 60 Minutes
8. NYPD Blue
9. 20/20
10. Home Improvement
11. Drew Carey Show
12. Primetime Live
13. Cosby
14. Walker, Texas Ranger

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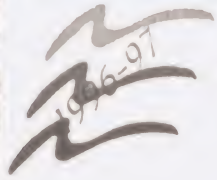
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Prices

Milk (gallon)	$2.29
Gas (gallon)	$1.20
Bread	$ .99
Pop (2 liter)	$1.19
School Lunch	$1.60
McDonald's Hamburger	$ .59
Candy Bar	$ .60
Homecoming Ticket	$15
Minimum Wage	$4.75/hr
Quill	$35
Movie	$6
CD	$13
DM Register (daily)	$ .35



School Spirit

Fight Song:
We have the right to fight for East High. Our gallant team will always try to be the best team in the nation although the odds are sometimes high. We've got the red and black tradition of fighting fair and square tonight. We're gonna fight, fight, fight for a victory. A cheer for East. Fight, fight!

School Song:
Dear East High you are the school for me. You will always win the victory. Red and Black to you we'll be true. And we will bring great honors to you. Hip-hooray here's to the Black and Red. O'er the world your fame is widely spread. Onward we will do or die for dear East High!

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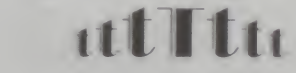
Popular Movies

The English Patient
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